ANNOUNCING CCRN'S

Beyond The Scale

OBESITY SUMMIT '24

CCRN's inaugural **"Beyond the Scale - Obesity Summit"** will cover broad aspects of obesity medicine with a focus on the patient voice. With a patient focus at heart, this conference aims to deliver the latest evidence in management of obesity and related complications to Canada's healthcare professionals.

FRIDAY

December 13, 2024

10:00 am – 6:00 pm EST

Program Themes

THEME ONE: The brain, the liver and food

THEME TWO: Mental health

THEME THREE: The heart and beyond

Accreditation

CFPC Accreditation:
This 1-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 6.50 Mainpro+ credits.

RCPSC Accreditation:
This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the University of Calgary Office of Continuing Medical Education and Professional Development. This activity has been approved for a maximum of 6.50 hours (credits are automatically calculated).

AAFP Accreditation:
Members of the American Academy of Family Physicians are eligible to receive up to 6.50 Prescribed credit hours for attendance at this meeting/event due to a reciprocal agreement with the College of Family Physicians of Canada.

AMA Accreditation:
Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™.

This program has received an educational grant or in-kind support from:

Platinum: Novo Nordisk
Gold: Rythm Pharmaceuticals
Silver: Eli Lilly, Boehringer Ingelheim

Conference Learning Objectives:

- Examine the impact of obesity on patients and apply a patient focused approach to obesity management
- Recognize the role of nutrition in obesity management
- Recognize the pharmacological and psychological aspects of obesity care
- Define appropriate treatment strategies to reduce risk from comorbid conditions

Scientific Planning Committee



Milan Gupta Co-Chair
MD, FRCPC, FCCS, CPC(HC)
University of Toronto



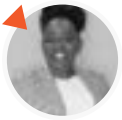
Sean Wharton Co-Chair
MD, PharmD
University of Toronto



Denise Campbell-Scherer
MD, PhD, CCFP, FCFP
University of Alberta



Sandra Elia
Ultra-Processed Food Addiction Counselor
Board Chair / Director, Education &
Patient Advocacy, Obesity Matters



Yvonne Kangong
MD, MPH, CCFP, DABOM
University of Calgary



Anil Maheshwari
MD, CCFP, DABOM, DABFM
McMaster University

Register Now

Visit: www.ccrnmd.com

For inquiries regarding this program, please contact info@ccrnmd.com.

CCRN Collaborative CME and Research Network

obesity canada / obésité canada
Education Recognition Program

AGENDA

Friday, December 13, 2024

Beyond The Scale
OBESITY SUMMIT '24

TIME	TOPIC	LEARNING OBJECTIVE	SPEAKER
10:00 - 10:10	Welcome and opening remarks and guest speaker introductions		
10:10 - 10:20	The impact of obesity: the patient voice	*Recognize the impact of obesity on patients' lives*	Sandra Elia
OPENING ADDRESS			
10:20 - 10:40	Integrated Obesity Care - specialists and generalists treating the same disease	*Describe a shared-care approach to managing patients with obesity*	Arya Sharma
10:40 - 10:50	Discussion		
THEME 01	**THE BRAIN, THE LIVER AND FOOD**		
10:50 - 10:55	Introduction		
10:55 - 11:15	What you need to know about steatotic liver disease	*Describe the impact of recent data and new treatment options for steatotic liver disease*	Lee Kaplan
11:15 - 11:35	Rare genetic forms of obesity – are they underdiagnosed?	*Explain how to diagnose rare genetic forms of obesity and examine treatment options*	Megha Poddar
11:35 - 11:55	Sorting through popular diets - is one best?	*Examine various diets to determine an appropriate approach for patients with obesity*	John Sievenpiper
11:55 - 12:15	Social determinants of health	*Identify non-medical factors that influence health outcomes for patients with obesity*	Lisa Richardson
12:15 - 12:40	Discussion		
12:40 - 1:20	**Lunch Break**		
THEME 02	**MENTAL HEALTH**		
1:20 - 1:25	Introduction		
1:25 - 1:45	Obesity and mental health issues: chicken and egg?	*Recognize the interplay of mental health issues and obesity*	Sanjeev Sockalingam

TIMES	TOPIC	LEARNING OBJECTIVE	SPEAKER
1:45 - 2:05	How can we implement best clinical practices to avoid weight bias, stigma & discrimination?	*Recognize the impact of bias, stigma and discrimination from the patient's perspective*	Angela Alberga
2:05 - 2:25	Physiology of energy regulation	*Discuss the regulation of energy and the impact on obesity treatments*	Eric Doucet
2:25 - 2:45	Behavioural and psychological interventions	*Utilize behavioural and psychological interventions that will help patients with obesity*	David Macklin
2:45 - 3:10	Discussion		
3:10 - 3:25	**REFRESHMENT BREAK**		
KEYNOTE ADDRESS			
3:25 - 3:30	Introduction		
3:30 - 3:50	The future of obesity management	*Explore future options in obesity management*	Daniel Drucker
3:50 - 4:00	Discussion		
THEME 03	**THE HEART AND BEYOND**		
4:00 - 4:05	Introduction		
4:05 - 4:25	The link between obesity, heart failure and cardiorenal disease	*Identify the interplay between obesity on heart failure and cardiorenal disease*	Darren McGuire
4:25 - 4:45	Targets for risk reduction in CAD: obesity, LDL-C, TG, Lp(a)	*Examine treatment strategies to reduce risk for patients with obesity and CAD*	Milan Gupta
4:45 - 5:05	Interventions in heart failure, sleep apnea and obesity	*Define treatment strategies for managing comorbidities for patients with obesity*	Atul Malhotra
5:05 -5:25	Discussion		
5:25 - 5:30	**MEETING CLOSE**		

Register Now

Visit: www.ccrnmd.com

For inquiries regarding this program, please contact info@ccrnmd.com.

Beyond The Scale
OBESITY SUMMIT '24

CCRN
Collaborative CME and Research Network