



**Saturday, June 2, 2018**  
**8:30 a.m. – 3:10 p.m.**

**Li Ka Shing Knowledge Institute,  
 209 Victoria St. Toronto, ON, 2nd level  
 Allan Waters Family Auditorium**

## Registration:

**\$75 early bird** (until May 1, 2018)

**\$125 regular fee**

CCRN member discount available.

(covers attendance at the full day program, meeting materials, all meals, and refreshments).

For General Practitioners, Specialists, Nurses, Nurse Practitioners, Pharmacists, and Other Allied Health Professionals

## PLANNING COMMITTEE

**Milan Gupta, MD, FRCPC, FACC**  
 Associate Clinical Professor of Medicine,  
 McMaster University  
 Assistant Professor of Medicine,  
 University of Toronto  
 Medical Director, Canadian Collaborative  
 Research Network  
 Brampton, ON

**Robert Hegele, MD, FRCPC, FACP,  
 FAHA, FCAHS, FCCS**  
 Jacob J. Wolfe Distinguished Medical  
 Research Chair in Human Gene Function  
 Martha G. Blackburn Chair in  
 Cardiovascular Research  
 Director, London Regional Genomics Centre  
 Scientist, Molecular Medicine, Robarts  
 Research Institute  
 Distinguished University Professor,  
 Departments of Medicine (Division of  
 Endocrinology) and Biochemistry,  
 Western University, London, ON

**Ajay Kapur, MD, FRCPC**  
 Clinical Instructor  
 University of Toronto  
 Toronto, ON

**Marla Shapiro, CM, CCFP,  
 MHSC, FRCPC, FCFP, NCMP**  
 Professor, DFCM  
 University of Toronto  
 Toronto, ON

**Michel Sergerie, RN,  
 MSN, CCN(c)**  
 Associate Director of the Education  
 Directorate,  
 Montreal, QC

## AGENDA

7:45 a.m. **Registration and Breakfast**

8:30 a.m. **Welcome**

8:45 a.m. **Case: patient with diabetes, hypertension and stable CAD** Peter Lin

8:50 a.m. **What is the target A1c and how do we get there?** Milan Gupta

9:08 a.m. **What is the target BP and how do we get there?** Paul Oh

9:26 a.m. **What is the target LDL and how do we get there?** Robert Hegele

9:44 a.m. **What is the right anti-thrombotic strategy?** TBC

10:02 a.m. **Panel discussion** All session faculty

10:25 a.m. **Health break**

10:50 a.m. **Case: patient with HFrEF and AF** Alan Bell

10:55 a.m. **Stroke prevention: where do edoxaban and warfarin fit it?** Paul Dorian

11:15 a.m. **How do I decide about AF ablation?** Andrew Ha

11:35 a.m. **Which new heart failure drugs do I need to learn about?** Milan Gupta

11:55 a.m. **Panel discussion** All session faculty

12:20 p.m. **Lunch**

1:10 p.m. **Plenary lecture: Is inflammation the next holy grail?** Paul Ridker

1:40 p.m. **Case: patient with significant obesity and additional risk factors** TBC

1:45 p.m. **The role of exercise for weight loss** Simon Bacon

2:05 p.m. **Clarifying the diet controversy** David Jenkins

2:25 p.m. **How do I incorporate weight-loss drugs?** Narendra Singh

2:45 p.m. **Panel discussion** All session faculty

3:10 p.m. **Symposium end**

**Registration on-line at:  
[www.ccrnmd.com](http://www.ccrnmd.com)**