



10<sup>TH</sup>  
ANNUAL

# STATE HEART

**Saturday, March 2, 2019**

**Li Ka Shing Knowledge Institute,  
2nd Floor, Allan Waters Family Auditorium  
209 Victoria Street, Toronto, ON**

**Fee: \$100**

Members receive 25% discount

For General Practitioners, Specialists, Nurses, Nurse Practitioners, Pharmacists, and Other Allied Health Professionals

## PLANNING COMMITTEE

## AGENDA

### Milan Gupta, MD, FRCPC, FACC

#### CO-CHAIR

Associate Clinical Professor of Medicine, McMaster University; Assistant Professor of Medicine, University of Toronto; Medical Director, Canadian Collaborative Research Network, Brampton, ON

### Peter Liu, MD, FRCPC

#### CO-CHAIR

Chief Scientific Officer & Vice President, Research, University of Ottawa Heart Institute; Professor of Medicine, University of Ottawa, Ottawa, ON

### Ajay Kapur, MD, FRCPC

Clinical Instructor, University of Toronto, Toronto, ON

### Marla Shapiro, CM, CCFP,

MHSC, FRCPC, CFP, NCMP Professor, DFCM, University of Toronto, Toronto, ON

7:15 a.m. Breakfast and Sign in

**8:00 a.m. Welcome**

#### Session 1

8:10 a.m. How to effectively manage obesity Dr. Sean Wharton

8:30 a.m. Pioneering approaches in heart failure Dr. Peter Liu

8:50 a.m. Atrial fibrillation guideline update Dr. Andrew Ha

9:10 a.m. Does the COMPASS point to low-dose rivaroxaban in ASCVD? Dr. Eric Cohen

**9:30 a.m. Panel Discussion**

**10:00 a.m. Health Break**

#### Session 2

10:30 a.m. CVD: Are supplements VITAL to REDUCE-IT? Dr. Deepak Bhatt

10:50 a.m. Familial hypercholesterolemia - more common than you think! Dr. Robert Hegele

11:10 a.m. Who deserves a PCSK9 inhibitor in 2019? Dr. Marc Sabatine

11:30 a.m. What should the 2019 lipid guidelines look like? Dr. Milan Gupta

**11:50 a.m. Panel Discussion**

**12:20 p.m. Lunch**

#### Session 3

1:20 p.m. What's new in hypertension diagnosis and management? Dr. Philip McFarlane

1:40 p.m. Glucose lowering agents and CV protection – 2019 update Dr. Milan Gupta

2:00 p.m. Does DECLARE change the diabetes guidelines? Dr. Marc Sabatine

2:20 p.m. What is new in transcatheter valve replacement (aortic and mitral)? Dr. Neil Fam

**2:40 p.m. Panel Discussion**

**3:10 p.m. Symposium Close**

#### College of Family Physicians of Canada – Mainpro+:

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Faculty of Medicine, University of Toronto for up to 5.5 Mainpro+ credits.

#### Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim a maximum of 5.5 hours (credits are automatically calculated).

**Register on-line at:**  
**www.ccrnmd.com**

