# Faculty Success Program



An intensive 12-week program designed to improve research productivity and work-life balance.

Learn empirically tested skills and strategies to manage time, clarify priorities, and build a thriving mentoring network within and beyond your campus within the context of a supportive team of faculty coaches who are completely dedicated to YOUR success.

## What's Included:

- 12 Weekly Training Modules: To learn the skills and strategies designed to align your time with your priorities and maximize your productivity.
- 12 Small Group Accountability Calls: To connect weekly with a small, hand-picked group of your peers and our dedicated faculty coaches to receive direct guidance, problem-solving, and support to keep you consistently moving forward towards your goals.
- Exclusive Faculty Success Program Online Community: To interact with other program participants, ask questions, share resources, exchange ideas, track daily writing, and much more.

# **Sessions:**

- January May
- May August
- August November

Please email <a href="mailto:jmhayn0@uky.edu">jmhayn0@uky.edu</a> for registration information.

## **PRODUCTIVITY**

"This fall, my department chair decided to put me up for tenure early! In fact, after my first annual review, at the end of my first year, I was seriously debating whether to quit my job. I decided at that point to do the Faculty Success Program and to do work I thought was important. At the end of that year, my research was covered in an article in the New York Times."





## COMMUNITY

"I have become part of a community of scholars that support and hold me accountable. The results? Over the course of a sabbatical, I completed a book manuscript, wrote chapters for two peer-reviewed volumes, turned a manuscript into an article, wrote three chapter drafts, and a book proposal. The Faculty Success Program changed my life."

David Cook-Martin, PhD Associate Professor Grinnell College

## **BALANCE**

"I just completed a positive formal review where my research productivity, teaching, and service were deemed 'superb on all counts.' This is with efficient prepping for my teaching, not working nights and weekends, and getting 8 hours of sleep most nights.

YOUR SYSTEM WORKS!"

Janet Tomiyama, PhD
Assistant Professor
University of California, Los Angeles





## LASTING CHANGE

"Before the program, I had a strong desire to be more productive and enjoy work-life balance, but I felt stuck and burnt out. The program provided me with the very intimate knowledge of how to create and practice core habits that got me to be more productive AND more relaxed. I know exactly where my career is going and how I'm going to get there. Thank you!"

Rahuldeep Singh Gill, PhD Assistant Professor California Lutheran University