CAVALIER WRESTLING CLUB





The Cavalier Wrestling Club offers instruction, supervised practice sessions, and opportunities for competition in the oldest sport known to man. In practice and competition, wrestlers are matched with opponents of similar size, age, and skill level. This practice makes the sport of wrestling open and equally challenging to all who participate. Fun, fundamentals, learning, and participation are emphasized. Developing wrestling skills, improving your physical condition, and building character, discipline, and self-confidence are goals of the program. Gaining new friends, new experiences, and realizing new potentials are highlights of membership.

WHO: Any 7th or 8th grader

WHERE: Purcell Marian High School wrestling room. Purcell's address is 2935 Hackberry Street, Cincinnati, Ohio 45206. Use the parking lot behind the school, which can be accessed from either Hackberry St. or Woodburn Ave. Enter the Eveslage Athletic Center via the doors near the football field and follow the signs to the wrestling room. Practice will start on Tuesday November 7th.

WHEN: Practices are held on Tuesdays and Thursdays from 6:30 - 8:00. New wrestlers will be accepted until December 31, 2017. Tournaments are optional and are held on Saturdays or Sundays. The season ends with the Cincinnati Youth Wrestling City Tournament in early February.

COST: \$70 due at or before first practice

EQUIPMENT: gym shorts, t-shirt, and gym or wrestling shoes. Wrestling headgear is recommended.

REGISTER: Complete the registration form at the first practice, with check payable to Purcell Marian Athletic Department

QUESTIONS: Contact head youth coach Ethan Fuqua <u>JKDE27@gmail.com</u> or head varsity coach Bill Antle (513) 391-6729 <u>billantle@purcellmarian.org</u>