

# VIVO MICROBLADING-SHADING

## AFTER CARE INSTRUCTIONS

**Microblading/Shading post-care** is very important to the appearance and longevity of your new eyebrows. DO NOT let any water, lotion, soap, or makeup touch your eyebrow area during the first 7 days after your procedure. First 5 days, make sure your hands are completely clean or with Q-tips gently apply the post-care ointment. This can be done once in the morning, but be sure to use the ointment sparingly as your skin needs to heal itself. Please continue to apply the ointment for 5 days.

**The following must be AVOIDED during all 14 days post-procedure:**

- Increased sweating, Practicing sports, Swimming, Hot sauna, Hot bath, or Jacuzzi, Sun tanning or salon tanning
- UV/UVA Rays or chemicals as they have been known to cause a shift in color & premature fading
- Any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic acid on the face or neck
- Picking, peeling, or scratching of the micro pigmented area in order to avoid scarring of the area or removal of the pigment
- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris
- Drinking alcohol in excess, as it may lead to slow healing of wounds
- Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles
- Touching of the eyebrow area except for when rinsing and applying the post-care cream with a cotton swab.
- If you are due to give blood after the procedure, please inform your nurse about the Microblading treatment you have had as this might alter the results.

Please wash your face carefully around the eyebrow without getting water on the treated area. During the shower, keep your face away from the showerhead or take a bath. Itching and flaking may appear during the first seven days post-microblading procedure. However, experience has shown that by following these after-care instructions, these symptoms may quickly disappear. If you have any unexpected problems with the healing of the skin, please contact VIVO immediately, to discuss further instructions. **Contact a physician if any signs or symptoms develop such as the following: fever, redness at the site, swelling, tenderness of the procedure site, elevated body temperature, red streaks going from the procedure site towards the heart, and/or any green/yellow discharge that is foul in odor.**

*"Eyebrows - the frame to your gorgeous face!"*



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## HEALING PROCESS & WHAT TO EXPECT

**WHAT TO EXPECT AFTER YOUR MICROBLADING SESSION:** Your eyebrows will go through several phases during the healing cycle...

**Days 1-4:** The pigment will appear very sharp and dark. This is because the pigment is still sitting on top of your skin, and has not yet settled in completely. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab, as this is excess pigment and/or body fluid that is naturally exiting your skin. Your brows may swell and appear larger also.

**Days 5-7:** Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the pigment is fading too quickly, however, this is just superficial color and dry skin being naturally removed from your eyebrows.

**Days 8-12:** Your brows may look as though the pigment has completely faded – do not panic – take a deep breath and trust the process.

**Days 14-28:** Your brows may still look a little patchy or uneven, but the pigment will start to “reappear” as the pigment settles and the healing continues.

**Great News:** You may get your touch-up/**perfecting** procedure done at the 6-8 week point NO SOONER to allow for complete healing of the brows.

**Pro-Tip:** Once completely healed, always apply a layer of sunscreen SPF 30 up to SPF 50 on your eyebrows when exposed to the sun. Sun exposure might cause the color pigment to fade quickly.

\*\*The following picture is NOT my work, but it is a pretty good representation of the healing process. I do hope that you have NO large scabbing like this person, but it may happen – if it does NO PICKING!

