# 🖶 Trinity Episcopal Church

July 20, 2025: Sixth Sunday of Pentecost, 10am Choral Eucharist

### Welcome to Our Parish

We are glad to have you with us for our worship today, to share in the inclusive, ever-abundant love of God. If you would like to learn more about life here at Trinity, please fill out a **Welcome Card** found in the pew racks in front of you; join us for refreshments after the service; and visit our **website** at **trinitysb.org**.

For an explanation of why worship at Trinity looks and sounds like it does, scan the QR code for our **Guide to the Episcopal** Liturgy.



**Open Communion.** Whatever tradition you come from, and wherever you are on your journey of faith, you are welcome at our communion table. You will find simple directions on how to participate in the Holy Communion section of the program. Gluten-free wafers are available just ask when the bread is presented to you.

**Prayer Ministers.** During communion at the 10am service, two prayer ministers are available at the back of the church to pray. The three of you will pray together in a circle and you will be offered anointing with oil.

**Children.** During the summer months, children ages 4 - 11 are invited to join our arts and crafts program, Summer Sacred Arts, in the Guild Hall at 9:45am. This program provides a fun and creative outlet for kids. Events vary week by week and are supported by parish volunteers who share their interests and artistic gifts with our children. Children are brought into the church for communion time, at roughly 10:45am.

**Nursery and Toddler Care** is from 9:45am to the end of the 10am service on Sundays in the nursery upstairs. During the offertory hymn, you are welcome to gather your child from the nursery to join you for communion in the church.

**Trinity's Youth Group** (grades 7-12) meets weekly during the school year for fellowship and reflection.

**Our ushers** are always glad to be of assistance, including answering questions, providing hearing loops as needed, and giving directions to the church school building, the nursery, and other on-site facilities.



### **Ordinary** Time

For years, when my child was little, long trips in the car meant enjoying the treat of listening to books-on-tape. Among our favorites were the Winnie-the-Pooh books, read by the gravelly-voiced Charles Kuralt. Through simple, everyday stories about the lives of Pooh and Piglet, Owl and Tigger, and all the other residents of the Hundred Acre Wood, we came to know their values and how they cared for each other. The stories explored what it meant to be a friend and a neighbor; what it felt like to be excluded or included; the reparative cycle from hurt to forgiveness, from isolation to reconciliation.

While I love the high drama and excitement of the "big" seasons and celebrations of the church year—Advent and Christmas, Lent and Holy Week, Easter and Ascension and Pentecost—there's so much to appreciate about the long unfolding season of the weeks between Pentecost and Advent, what in 'church-speak' we call Ordinary Time. Over the next 5+ months, we'll hear stories of Jesus' day-to-day work and ministry in the scriptures, learning through narrative and parable what it means to be a neighbor, to be included, to be healed and forgiven and reconciled.

Our challenge in this Ordinary Time is to not take the everyday-ness of the stories of Jesus encountering and loving humanity for granted, but appreciate the rich gifts of the quotidian. I'm reminded of Mary Oliver's poem of wise counsel, especially apt this season: Instructions for living a life...

Pay attention. Be astonished. Tell about it.

Welcome to this Ordinary, and astonishing, time.

Elizabeth+ The Rev. Elizabeth Molitors, Rector



### Ministers of Today's Liturgy

#### 8am Service

Preacher: The Rev. Elizabeth Molitors, Rector
Presider: The Rev. Sarah Thomas, Associate Rector
Deacon: The Rev. John Draper
Director of Music: Thomas Joyce
Organist: Joel Lefever
Lay Eucharistic Minister: Michael Neal Arnold
Reader: Sarah Fenstermaker
Intercessor: Marty Scharlemann
Acolyte: Michael Dean
Ushers: MK Micallef, Jim Micallef

#### 9:45am Nursery

Theo Patterson

#### 9:45am Summer Sacred Arts

**Project Leader:** Katie Sherwood **Helpers:** Rowena Cortina, Theo Patterson **Director of Children and Youth:** Theo Patterson

#### 10am Service

Preacher: The Rev. Elizabeth Molitors, Rector Presider: The Rev. Sarah Thomas, Associate Rector Deacon: The Rev. John Draper Director of Music: Thomas Joyce **Organist:** Joel Lefever Cantors: Becky and Holly Hoffman Violist: Eleanor Linton Prayer Ministers: Caryl Ann Casbon, Jay Casbon Acolvtes: Terre Sanitate, Eliza Selzler Readers: Andrew Siegel, Kate Wallace Intercessor: Carol Ann Manzi Lay Eucharistic Minister: Ed Savage, Susannah Rake Audio Guild: Aaron Sizer Stream Team: Austin Miller Ushers: Steve Gibson, Becca Lowi, Kathleen Rogers, Marcella Simmons Greeters: Mel Sayun, Cyndie Genzmer, Jim Sterne Welcome Table: Susan Zink Altar Guild: Susan Adams, Marcella Simmons, Nollie Lei Dawson Coffee Hour Helpers: MK Micallef Flower Guild: Will Barring, Rachyl Pines

### Remember in Your Prayers

Veronica, Men of Lompoc prison, victims of gun violence, people of Ukraine, Israel, Palestine, Lebanon, Armenia, and Sudan; victims of human trafficking, undocumented immigrants, Randy Howard, Joan W., Sharon Beasley, David Davis, Gus Garciacelay, Sharon Bowler, Eric de Haas, Jay Patterson, Dane Goodman, Gonzales friends and family, Isabella and family, Steve and Monica, the teachers, staff, and students of Dos Pueblos High School, John Larson, Henderson family, Diane Duncan, Aaron, Stephanie, the Campbell Family, Calvin and June Ward, Chuck Lean, Daniel, John and Yvette Hoffman, the families of victims lost in the Texas floods,Cyndie Genzmer.

### Those with Long Term Illness:

Irene Sahyun, Rachel Roitman, Dave Wyman, Judy Boyd, Royal Claydon, Greg Hawkins, Carolyn Roberts, Michael Wilds, Karen Myers, Johnny Mac, Jack Carey, Karen McKenzie, Cindy Sprague, the Rt. Rev. William Smalley, Rick Huyett, Ada A., Tim, Kate, Molly Ferro, Jane G., Esperanza Ruano, Gloria C., Barbara Winslow, Gail Lanonette, Kathy Floyd, Vera Grigorian, Scott Smallwood and family.

#### For the Departed:

Charlie Zimmer, Marco T. Caponi, Kent Carlander, Edwin Weston, Rodger Dawson, Don Webb, Greg Howell, Jett Racobs, Nancy Campbell, Marc, Robert,Will, Joel Gonzales, Jake Curtis, Michael Ochsner, Alexander Wood, Steve Henderson, David Edwards, Jim Heine, Melissa and Marc Hortman, Blanca Victoria Reese, Mark, John McCoy, Walter Patterson, Lynda Rothman.

#### In the Armed Services:

Craig and Catherine Christ, Michael C. Fish, David Dees, Frederick Johnston, Nicole A. Dennis, Kyle Ray, John Whitney, Sean Dunbar, Nicholas Hoegh Guldberg, Ryan Carey, Ben Wilson, Hannah Vadnais.

#### **Postulant for Holy Orders**

(diaconate): Phylene Wiggins

#### **Pastoral Care:**

If you would like names added to the prayer list, please contact the office. Names will be removed after 90 days. If you would like to receive communion at home, are going into the hospital or are otherwise in need of pastoral care, and would like to pray with or be visited by clergy, please email office@trinitysb.org or call 805-965-7419.

#### Flower Dedication:

Today's altar flowers are given by given by John and Anna DeVore, with prayers for peace, justice, and hope.

Give ear unto me, Lord, I beseech thee, for I have walked in thy commandments, Let me be judged with righteous judgment, O let my sentence come from thy presence.

O show thy lovingkindness, thy marvelous lovingkindness, O thou that art the Savior of them that trust in thee.

- Words based on Psalm 17

All who are able, please stand for the Processional Hymn

Processional Hymn

The church of Christ in every age



Words: Fred Pratt Green Music: *Dunedin*, Vernon Griffiths Source: *Wonder, Love, and Praise* 

**Opening Acclamation** 

PresiderBlessed be the one, holy, and living God.PeopleGlory to God for ever and ever.

#### Collect for Purity

Loving God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Jesus Christ our Savior. Amen.



Collect of the Day

adapted from Prayers for an Inclusive Church

Presider God be with you.

People And also with you.

Presider Let us pray. God of unnatural wisdom, you gave us Jesus our Rabbi to question the roles we play, the submissions we enforce: may your living truth free us from the lie of exclusion and make us all learners and doers of your word; through Jesus Christ, teacher and liberator. Amen.

Please be seated.

First Lesson

Genesis 18:1-10a

The LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, "My lord, if I find favor with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant." So they said, "Do as you have said." And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

They said to him, "Where is your wife Sarah?" And he said, "There, in the tent." Then one said, "I will surely return to you in due season, and your wife Sarah shall have a son."

Reader Hear what the Spirit is saying to God's people.

People Thanks be to God

Psalm 15 All are invited to read aloud

God, who may dwell in your tabernacle? \* who may abide upon your holy hill?

Those who lead a blameless life and do what is right, \* who speaks the truth from his heart.

There is no guile upon their tongue; they do no evil to their friend; \* they do not heap contempt upon their neighbor.

In their sight the wicked are rejected, \* but they honor those who fear God.

They have sworn to do no wrong \* and do not take back their word.

They do not give their money in hope of gain, \* nor do they take a bribe against the innocent.

Those who do these things \* shall never be overthrown.

#### Second Lesson

Colossians 1:15-28

Christ Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him—provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to

God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

Reader	Hear what the Spirit is saying to God's people.
People	Thanks be to God

All who are able, please stand.

#### **Gospel Acclamation**

All sing several times before and after the Gospel is read.



The Holy Gospel

Luke 10:38-42

The Holy Gospel of our Savior Jesus Christ according to Luke. Deacon People Glory to you, O Christ.

As Jesus and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

Deacon	The Gospel of the Lord.
People	Praise to you, O Christ.

Please be seated.

Sermon

[Allow for a few moments of silence]

All who are able, please stand.

Affirmation of Faith

Sister Joan Chittister, OSB

We believe in God who made us all, and whose divinity infuses life with the sacred. We believe in the multiple revelations of God, alive in every human heart, expressed in every culture, found in all the wisdoms of the world.

We believe in Jesus, the Christ, who leads us to the fullness of humanity, to what we are meant to become. Through Christ, we become new people, called beyond the consequences of our brokenness, lifted to the fullness of life.

We believe in the Holy Spirit, the breath of God on earth, who keeps the Christ vision present to souls yet in darkness, gives light to hearts now blind, infuses energy into spirits yet weary, isolated, searching and confused.

We believe in God who is life. Amen.

Prayers of the People

adapted from White & Graves, *Hear Our Prayer* 

Let us offer our prayers saying, God in your mercy, hear our prayer.

Grant your church such love for you that others are led into relationship with you by our faith and actions. God in your mercy, hear our prayer.

Open the hearts of each of us to feel your presence and respond to one another with love, this day and always. God in your mercy, hear our prayer.

Bless this nation, state, and local community. Bless all nations and people. Give us leaders who seek to serve all people with justice, compassion, and care. God in your mercy, hear our prayer.

Restore all things in your creation and heal the wounds we have inflicted on your earth and creatures. God in your mercy, hear our prayer.

End the cycle of violence and poverty through your grace and our efforts on behalf of victims and the vulnerable. God in your mercy, hear our prayer.

Heal all those who are sick in body, mind, or spirit. Bless us with good care through doctors, nurses, staff, medicines, and prayer. We remember all those on our parish prayer list, and others we now name, silently or aloud:

[Pause to offer names.]

God in your mercy, hear our prayer.

Surround the dying with your love and give strength to those who mourn. Bring all souls into the light of your perpetual love.

[Pause to offer names.]

God in your mercy, hear our prayer.

The Presider adds a concluding collect:

Accept the prayers of your people, offered in steadfast faith and hope in your care for us. For we ask these things in the name of Jesus Christ, in whom all the fullness of God was pleased to dwell. Amen.

#### Confession

Deacon People	We pray to you also for the forgiveness of our sins: God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done,
Presider	and the evil done on our behalf; Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen. Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Peace

- Presider The peace of Christ be always with you.
- People And also with you.

Please be seated.

Announcements

The Offertory

To make or pay your pledge, scan the QR code, on the right, with your smart phone, or visit <u>trinitysb.org/giving</u>. We also gratefully receive checks in the offertory plate or mailed to the Trinity office at 1500 State St, Santa Barbara, CA 93101.



Please stay seated as the offering plates are passed, then stand, as you are able, as the ushers bring forward the offerings of bread, wine and money to the altar.

Offertory Anthem

Eins bitte ich vom Herren, das hätte ich gern, dass ich im Hause des Herrn möge bleiben, mein Leben lang, zu schauen die schönen Gottesdienst' des Herren, und seinen Tempel zu besuchen.

One thing have I desired

Translation: One thing have I desired, for that I will seek, That I may dwell in the Lord's house forever and ever, beholding the beauty of the Lord my Savior, and to inquire in his temple.

- Words based on Psalm 27

Entrance of the Children into the Sanctuary

Offertory Hymn 440

Enriching our Worship

Blessed Jesus, at your word



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The Great Thanksgiving



Sanctus All are invited to sing

American Folk Melody: Land of Rest Arr. Marcia Pruner; Harm. Annabel Morris Buchanan



Presider Glory and honor are yours, Creator of all, your Word has never been silent; you called a people to yourself, as a light to the nations, you delivered them from bondage and led them to a land of promise. Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign and give himself for us, a fragrant offering. Through Jesus Christ our Redeemer, you have freed us from sin, brought us into new life, reconciled us to you, and restored us to the glory you intend for us.

> We thank you that on the night before he died Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat, this is my Body, broken for you. Do this for the remembrance of me." After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said: "Drink this, all of you: this cup is the new covenant in my blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me." And so, remembering all that was done for us: the cross, the tomb, the resurrection and ascension, longing for Christ's coming in glory, and presenting to you these gifts your earth has formed and human hands have made, we acclaim you, O Christ.

- People Dying, you destroyed our death. Rising, you restored our life. Christ Jesus, come in glory!
- Presider Send your Holy Spirit upon us and upon these gifts of bread and wine that they may be to us the Body and the Blood of your Christ. Grant that

we, burning with your Spirit's power, may be a people of hope, justice and love. Giver of Life, draw us together in the Body of Christ, and in the fullness of time gather us with all your people into the joy of your true eternal home. Through Christ and with Christ and in Christ, by the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise. AMEN.

#### The Lord's Prayer

And now let us pray together, in the words Jesus gave his disciples:

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

#### Fraction Anthem



Verse: The cantor sings

The bread which we break, Alleluia, is the communion of the body of Christ.

#### Antiphon: All sing

The Invitation

Presider These are the gifts of God for you the holy and beloved people of God.

#### The Holy Communion

Whoever you are, and wherever you find yourself on the journey of faith, you are welcome at God's table for communion. Please come forward to receive communion standing in a semi-circle around the altar. You have the option to receive only the bread, or the bread intincted (dipped) into the wine and placed into your hand by the clergy person distributing communion. If you wish to receive only the wafer, please say "bread only" as it's your turn to receive. Gluten free wafers are also available.

Regardless of whether you're receiving the bread only, or the bread and wine, you will hear the phrases, "the body of Christ, the bread of heaven" and "the blood of Christ, the cup of salvation" as communion is offered to you.

As the ushers invite your row forward, please come up the center aisle to receive communion, then return to your seat via the side aisle. If you're unable to make your way to the front of the church, please notify an usher and communion will be brought to you.

If you do not wish to receive communion, simply cross your arms across your chest; this will signal to the clergy to offer a blessing in lieu of communion.

Music at Communion Variations on *Be thou my vision* for Viola and Organ

Jan Bender (1909-1994)

Benedetto Marcello

Oh, hold thou me up

Oh, hold thou me up, guide me in the path of thy commandments. I am thy servant; teach me thy statutes. Hold up my goings in all thy paths so that my footsteps may not be moved.

I call upon thee in time of distress, for thou wilt hear me. Thou art my refuge, lead me and guide me. Hearken thou unto me; haste thee to help me. Oh, hearken, hearken unto my prayer.

- Words based on Psalm 17

All who are able, please stand.

Post Communion Prayer

Adapted from the New Zealand Prayer Book

Eternal Spirit, living God, in whom we live and move and have our being, all that we are, have been, and shall be is known to you, to the very secret of our hearts and all that rises to trouble us. Living flame, burn into us, cleansing wind, blow through us, fountain of water, well up within us, that we may proclaim your love to the world and continue in the risen life of Christ. Amen.

Commendation of Eucharistic Visitors

- Presider Beloved community, we send our eucharistic visitors to share this Holy Communion with those who could not worship here today.
- People May they carry the prayers of all of us as they take the sacrament of the presence of Christ.

#### The Blessing

Life is short, and we do not have much time to gladden the hearts of those who make the journey with us. So, be swift to love, and make haste to be kind. And the blessing of God, who made us, who loves us, and who travels with us, be with you now and always. Amen.

#### Recessional Hymn 488

Be thou my vision

The Dismissal

Deacon Our worship has ended, our service begins. Go in peace to love and serve God and one another.

People Thanks be to God.

Postlude Festal Fanfare

Henry Kihlken (1939-2017)

Coffee Hour

Our fellowship continues at Coffee Hour. Please join us outside on the labyrinth.

We are glad to have you with us for our worship today, to share in the inclusive, ever-abundant love of God. If you would like to learn more about life here at Trinity, please visit our website at trinitysb.org.

New to Trinity? Please know you are welcome! Fill out the newcomer card in the pew rack or complete the online form using the QR code below so we can get to know you better!



## Trinity Episcopal Church

#### **Upcoming Events and Announcements**

#### Care Kit Assembly – Sunday, August 3

At Coffee Hour after the 8am and 10am services, we will be packing Care Kits for our neighbors most in need. Sign up on the website under *Upcoming Events* to donate shelf-stable items or bring your donations with you on or before August 3.

#### Men's Group – Monday August 4, 4pm

Trinity Men's Group meets at 4pm on the first Monday of each month in the Trinity library. After the meeting, anyone who finds it convenient is welcome to gather at Santa Barbara Public Market to share a meal.

#### Trinity at the Pacific Pride Festival - Saturday, August 23, 11am-7pm

Celebrate Pride by joining Trinity at this year's festival at Chase Palm Park. Volunteers are needed to help represent us. Visit *Upcoming Events* on our website for more information.

#### Transition House Meal - Saturday, August 23, 4:15-6:30pm

Join team leader Ralph Lowi to help prepare and serve dinner to our neighbors at Transition House. One more helper is needed. Visit *Upcoming Events* on the Trinity website to sign up.

Connect with us! Sign up to receive our weekly newsletter, Trinity Notes. Scan the QR code for current and past issues or visit Trinity's website at *trinitysb.org/trinity-notes*.



