



Trinity Episcopal Church

October 4, 2026: Nineteenth Sunday after Pentecost - Feast of Saint Francis - 10am Choral Eucharist

Welcome to Our Parish

We are glad to have you with us for our worship today, to share in the inclusive, ever-abundant love of God. If you would like to learn more about life here at Trinity, please fill out a **Welcome Card** found in the pew racks in front of you; join us for refreshments after the service; and visit our **website** at **trinitysb.org**.



For an explanation of why worship at Trinity looks and sounds like it does, scan the QR code for our **Guide to the Episcopal Liturgy**.

Open Communion. Whatever tradition you come from, and wherever you are on your journey of faith, you are welcome at our communion table. You will find simple directions on how to participate in the Holy Communion section of the program. Gluten-free wafers are available—just ask when the bread is presented to you.

Prayer Ministers. During communion at the 10am service, two prayer ministers are available at the back of the church to pray. The three of you will pray together in a circle and you will be offered anointing with oil.

Children. On Sundays, Trinity offers religious formation for our children (ages 3 1/2 to 12) through the Catechesis of the Good Shepherd program. It takes place as early as 9am in the church school building behind the sanctuary. Children are brought into the church during the offertory hymn to join us for communion at the 10am service.

Nursery and Toddler Care is from 9:00am to the end of the 10am service on Sundays in the nursery upstairs. During the offertory hymn, you are welcome to gather your child from the nursery to join you for communion in the church.

Trinity's Youth Group (grades 7-12) meets weekly during the school year for fellowship and reflection.

Our ushers are always glad to be of assistance, including answering questions, providing hearing loops as needed, and giving directions to the church school building, the nursery, and other on-site facilities.

Hearing Loop installed in the sanctuary.



Ordinary Time

For years, when my child was little, long trips in the car meant enjoying the treat of listening to books-on-tape. Among our favorites were the Winnie-the-Pooh books, read by the gravelly-voiced Charles Kuralt. Through simple, everyday stories about the lives of Pooh and Piglet, Owl and Tigger, and all the other residents of the Hundred Acre Wood, we came to know their values and how they cared for each other. The stories explored what it meant to be a friend and a neighbor; what it felt like to be excluded or included; the reparative cycle from hurt to forgiveness, from isolation to reconciliation.

While I love the high drama and excitement of the “big” seasons and celebrations of the church year—Advent and Christmas, Lent and Holy Week, Easter and Ascension and Pentecost—there’s so much to appreciate about the long unfolding season of the weeks between Pentecost and Advent, what in ‘church-speak’ we call Ordinary Time. Over the next 5+ months, we’ll hear stories of Jesus’ day-to-day work and ministry in the scriptures, learning through narrative and parable what it means to be a neighbor, to be included, to be healed and forgiven and reconciled.

Our challenge in this Ordinary Time is to not take the everyday-ness of the stories of Jesus encountering and loving humanity for granted, but appreciate the rich gifts of the quotidian. I’m reminded of Mary Oliver’s poem of wise counsel, especially apt this season: Instructions for living a life...

Pay attention.
Be astonished.
Tell about it.

Welcome to this Ordinary, and astonishing, time.

The Rev. Elizabeth Molitors

Ministers of Today's Liturgy

8am Service

Preacher: The Rev. Sarah Thomas, Associate Rector

Presider: The Rev. Elizabeth Molitors, Rector

Deacon: The Rev. John Draper

Director of Music: Thomas Joyce

Tenor Soloist: Lorenzo Johnson

Lay Eucharistic Minister:

Reader: Sarah Fenstermaker

Intercessor: Dawn Draper

Acolyte: Michael Neal Arnold, Jax Ranck

Ushers: Jim Micallef, MK Micallef

9am Catechesis of the Good Shepherd

Catechists: Mac McNeel, Mary Gibson, Cathy Jones-Aidnik

Volunteers: Libby Yardi, Robin Selzler, Betsy Sweda, Rebecca McNamara

Director of Children and Youth: Theo Patterson

9:00am Nursery

Jeannie Christensen, Madison Miller

10am Service

Preacher: The Rev. Sarah Thomas, Associate Rector

Presider: The Rev. Elizabeth Molitors, Rector

Deacon: The Rev. John Draper

Director of Music: Thomas Joyce

Conducting Assistant: Grace Wenzel

The Trinity Choir

Acolytes: Terre Sanitate

Readers: Kate Wallace, Susie Bartz

Intercessor: Shawn Carey

Lay Eucharistic Ministers: Chris Boesch, Jeffrey Krutzsch, Clare Carey-Pisani

Prayer Ministers: Helene Gardner, Anna Kokotovic

Stream Team: Mateo Carey-Pisani

Audio Guild: Aaron Sizer

Ushers: David Gartrell, Becca Lowi, Jim Sterne, Alex Thomas

Greeters: Carol Carpenter, Sarah Adams, Kristine Carlson

Welcome Table: Mel Sahyun

Altar Guild: Chris Boesch, Terre Sanitate

Flower Guild: Jasmine Peterson

Coffee Hour Helpers: John Spence

Bouquet Blessings: Mary Gibson, Susan Zink

Remember in Your Prayers

People of Ukraine, Israel and Palestine, undocumented immigrants who are being targeted, all the war torn areas of the Middle East, and around the world, incarcerated men of Lompoc Prison, Dana, Fred, Jean, Ted Anderson, Kristi Wallace, Marj Huske, James Salmey, Jessica, Inayet Riaz, Mary Heumphreus, Katie Rinker, Miles, Lisa Gorrell, Shea, Nathaniel's family, Noel Smith, George Richardson, Loren Wiebe, Patty, the Howard Clark family.

Those with Long Term Illness:

Rachel Roitman, Judy Boyd, Ellen Sherman, Stephanie Campbell, Royal Claydon, Greg Hawkins, Carolyn Roberts, Michael Wilds, Karen Myers, Johnny Mac, Karen McKenzie, Joan W., Cindy Sprague, the Rt. Rev. William Smalley, Ada A., Tim, Molly Ferro, Jane G., Gloria C., Scott Smallwood, Joaquin and Jan, Quinn Sellars, Jane Arnold, Billy Jones, Gina B., Nadine Wilcox, Jane Ramshaw, Travis Stockstill, Virginia Burris, Rev. Mary Atwood, Randy Howard, Dinah, Louise Fisher, Jane Ellison, Brett Evans, Esperanza, Rayanne, Michael Rappatoni, Michael Pugh, Ron Dammann, Kelly, Wendy, Libby Shibley, Nancy Harahan, Michael Harahan, Molly Laula, Don Zimmerman, Jimmy Gillinger.

For the Departed:

All victims of gun violence, Jeannie Cavender, Donald Duclow, Jill Harper, Sally Webb, Barbara, Carol, Mandy, Henry Wildenborg, Darrell Heacock, Bill Thomas, Rev. Sidney Breese, Gladys Secunda, Ted Williams Jr., John Albright, Dolly Parton, Jeff Gorrell, Wendell Berry, Dick Dunlap, Annie Dillard, Nathaniel, Marsie, Leslie Parrish, PC.

In the Armed Services:

Michael C. Fish, David Dees, Frederick Johnston, Nicole A. Dennis, Kyle Ray, John Whitney, Sean Dunbar, Nicholas Hoegh Guldborg, Ryan Carey, Ben Wilson, Hannah Vadnais.

Postulants for Holy Orders:

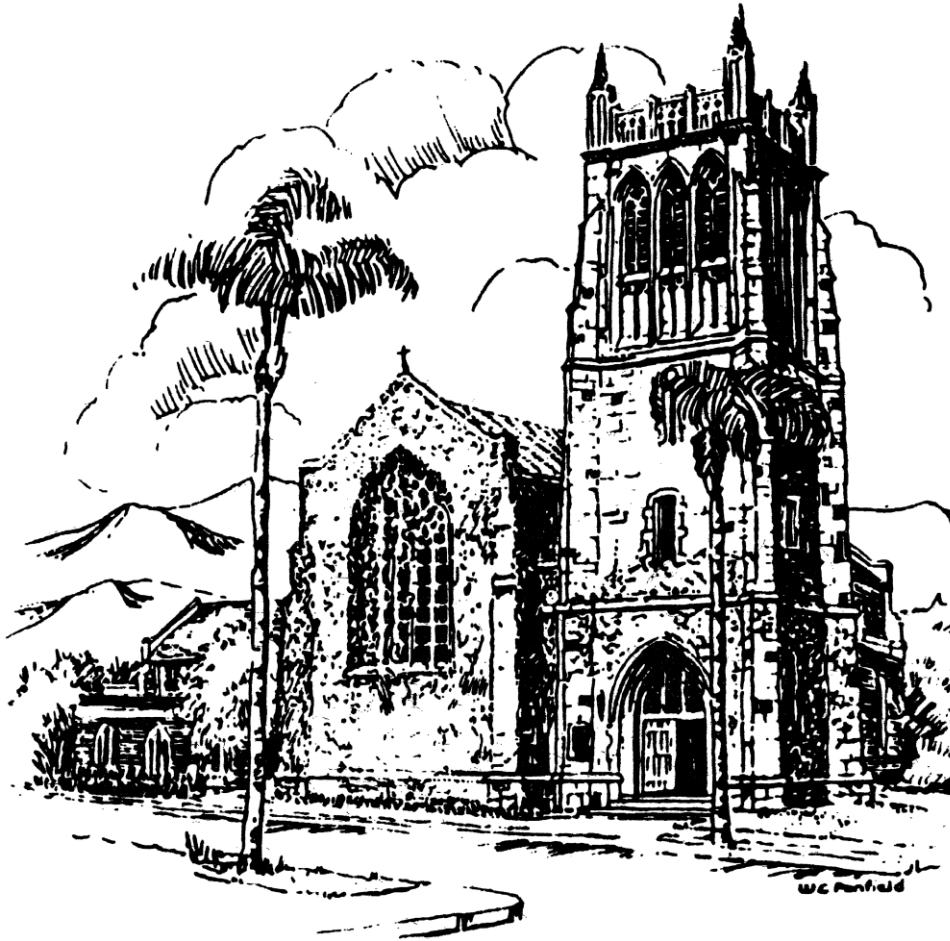
Phylene Wiggins (diaconate, diocese of Los Angeles)
Gregory Canarro (priesthood, diocese of New York)

Pastoral Care:

If you would like names added to the prayer list, please contact the office. Names will be removed after 90 days. If you would like to receive communion at home, are going into the hospital or are otherwise in need of pastoral care, please email office@trinitysb.org or call 805-965-7419.

Flower Dedication:

Today's flowers are given by Diana Buzarak, with love and gratitude to my husband, my four sisters and the folks at Trinity.



Prelude Contemplation on "Tallis' Canon" Richard Purvis (1913-1994)

All who are able, please stand for the Processional Hymn

Processional Hymn #593 Lord, make us servants of your peace

Opening Acclamation

Presider Blessed be the one, holy, and living God.
People **Glory to God for ever and ever.**

Collect for Purity *All pray together*

Loving God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Jesus Christ our Savior. Amen.

Hymn of Praise

All are invited to sing

Canticle 13

John Rutter, *The Hymnal* 1982

Glo - ry to you, Lord God of our an - ces - tors;
you are wor - thy of praise; glo - ry to you.
Glo - ry to you for the ra - di - ance of your ho - ly Name;
we will praise you and high - ly ex - alt you for ev - er.
Glo - ry to you in the splen - dor of your tem - ple;
on the throne of your ma - jes - ty, glo - ry to you.
Glo - ry to you, seat - ed be - tween the Cher - u - bim;
we will praise you and high - ly ex - alt you for ev - er.
Glo - ry to you, be - hold - ing the depths;
in the high vault of hea - ven, glo - ry to you.
Glo - ry to you, Cre - a - tor, Christ, and Ho - ly Spi - rit;
we will praise you and high - ly ex - alt you for ev - er.

Collect of the Day

Presider God be with you.

People **And also with you.**

Presider Loving God, grant your people grace to renounce gladly the vanities of this world; that, following the way of blessed Francis, we may, for love of you, delight in your whole creation with joy; through Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.
Amen.

Please be seated.

First Lesson

Job 39:1-18

“Do you know when the mountain goats give birth?

Do you observe the calving of the deer?

Can you number the months that they fulfill,

and do you know the time when they give birth,

when they crouch to give birth to their offspring

and are delivered of their young?

Their young ones become strong; they grow up in the open;

they go forth and do not return to them.

“Who has let the wild ass go free?

Who has loosed the bonds of the swift ass,

to which I have given the steppe for its home,

the salt land for its dwelling place?

It scorns the tumult of the city;

it does not hear the shouts of the driver.

It ranges the mountains as its pasture,

and it searches after every green thing.

“Is the wild ox willing to serve you?

Will it spend the night at your crib?

Can you tie it in the furrow with ropes,

or will it harrow the valleys after you?

Will you depend on it because its strength is great,

and will you hand over your labor to it?

Do you have faith in it that it will return

and bring your grain to your threshing floor?

“The ostrich’s wings flap wildly,

though its pinions lack plumage.

For it leaves its eggs to the earth

and lets them be warmed on the ground,

forgetting that a foot may crush them
and that a wild animal may trample them.
It deals cruelly with its young, as if they were not its own;
though its labor should be in vain, yet it has no fear;
because God has made it forget wisdom
and given it no share in understanding.
When it spreads its plumes aloft,
it laughs at the horse and its rider.

Reader Hear what the Spirit is saying to God's people.
People **Thanks be to God**

Psalms 121 *Sung by the choir* Anglican chant by Walford Davies (1869-1941)

I lift up my eyes to the hills; *
from where is my help to come?

My help comes from the Lord, *
the maker of heaven and earth.

The Lord will not let your foot be moved *
and the One who watches over you will not fall asleep.

Behold, the One who keeps watch over Israel *
shall neither slumber nor sleep;

It is the Lord who watches over you; *
the Lord is your shade at your right hand,

So that the sun shall not strike you by day, *
nor the moon by night.

The Lord shall preserve you from all evil; *
the Lord shall keep you safe.

The Lord shall watch over your going out and your coming in, *
from this time forth for evermore.

Second Lesson

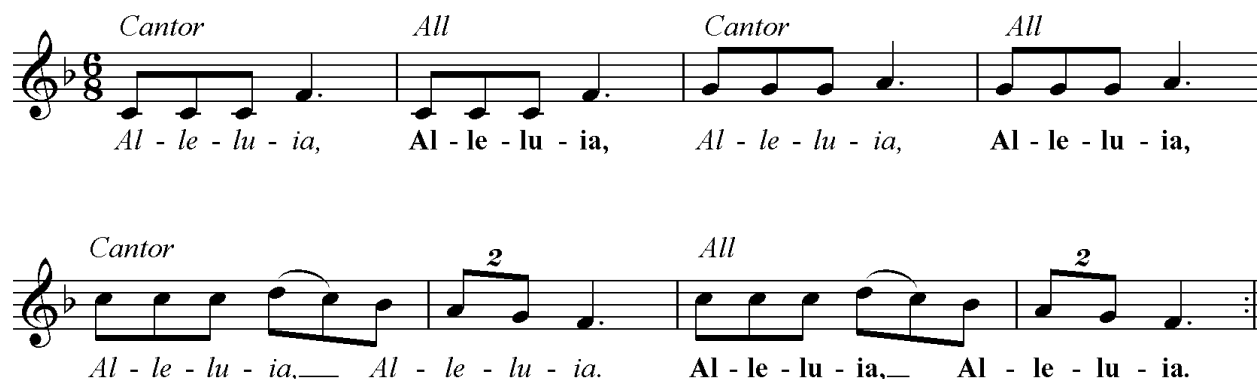
Acts 4:32-35

Now the whole group of those who believed were of one heart and soul, and no one claimed private ownership of any possessions, but everything they owned was held in common. With great power the apostles gave their testimony to the resurrection of the Lord Jesus, and great grace was upon them all. There was not a needy person among them, for as many as owned lands or houses sold them and brought the proceeds of what was sold. They laid it at the apostles' feet, and it was distributed to each as any had need.

Reader Hear what the Spirit is saying to God's people.
 People **Thanks be to God**

All who are able, please stand.

Gospel Acclamation *All are invited to sing*



The Holy Gospel

Luke 12:13-21

Deacon The Holy Gospel of our Savior Jesus Christ according to Luke.
 People **Glory to you, O Christ.**

Someone in the crowd said to him, “Teacher, tell my brother to divide the family inheritance with me.” But he said to him, “Friend, who set me to be a judge or arbitrator over you?” And he said to them, “Take care! Be on your guard against all kinds of greed, for one’s life does not consist in the abundance of possessions.” Then he told them a parable: “The land of a rich man produced abundantly. And he thought to himself, ‘What should I do, for I have no place to store my crops?’ Then he said, ‘I will do this: I will pull down my barns and build larger ones, and there I will store all my grain and my goods. And I will say to my soul, Soul, you have ample goods laid up for many years; relax, eat, drink, be merry.’ But God said to him, ‘You fool! This very night your life is being demanded of you. And the things you have prepared, whose will they be?’ So it is with those who store up treasures for themselves but are not rich toward God.”

Deacon The Gospel of the Lord.
 People **Praise to you, O Christ.**

Please be seated.

Sermon

The Rev. Sarah Thomas

[Allow for a few moments of silence]

All who are able, please stand.

**We believe in God who made us all,
and whose divinity infuses life with the sacred.
We believe in the multiple revelations of God,
alive in every human heart, expressed in every culture,
found in all the wisdoms of the world.**

**We believe in Jesus, the Christ, who leads us to the fullness of humanity,
to what we are meant to become.
Through Christ, we become new people,
called beyond the consequences of our brokenness,
lifted to the fullness of life.**

**We believe in the Holy Spirit, the breath of God on earth,
who keeps the Christ vision present to souls yet in darkness,
gives light to hearts now blind, infuses energy into spirits yet weary,
isolated, searching and confused.**

We believe in God who is life. Amen.

Prayers of the People

adapted from the Cathedral of St. John the Divine
and Steven Shakespeare

Let us join with all creatures in praising the Creator. As we give thanks, let our hearts be opened to the beauty, wonder, and bonds we share with all creation, saying God of love, **hear our prayer.**

Creator of mountain goats and wild asses, of ox and ostrich, we give thanks for the creatures who share this world with us, strong, strange, playful, and free. Open our eyes to glimpse your wisdom and delight in them. God of Love, **hear our prayer.**

God our Shepherd, you are our shade in the hot sun and our guardian in the night. Draw near to all who are weary or burdened, that they may find rest and healing in your care. God of love, **hear our prayer.**

Spirit who speaks through trees and whispers in the wind, deepen our kinship with the earth. Root us in wonder, that we may hear creation's song and walk gently upon the earth. God of love, **hear our prayer.**

We remember all who suffer from the wounds of environmental harm, those displaced by fire, flood, drought, or storm, and creatures whose habitats are destroyed. Strengthen us, that in your Spirit we may act with justice and compassion for all who suffer and for the earth itself. God of love, **hear our prayer.**

Come swiftly to the aid of all who suffer or are oppressed, for all who are ill, injured, or facing disability. Help them to know peace and wholeness. We pray for those on our parish prayer list and for those we name silently or aloud.

[Pause to offer names.]

God of love, **hear our prayer.**

We pray for those who have died, and for those who mourn.

[Pause to offer names.]

God of love, **hear our prayer.**

The Presider adds a concluding Collect:

God of abundance, you ask of us our lives, entire and whole: lead us out from prisons of greed to a place of riches where you meet us in our need. Receive the prayers of your people and the silent longings of every creature. Shape our hearts, that with Francis and all your saints we may dwell in compassion and reverence for all you have made, until we share in the peace of your reign, O God of all creation, now and forever. **Amen.**

Confession

Deacon We pray to you also for the forgiveness of our sins:

People **God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf;
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love and serve only your will. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider The peace of Christ be always with you.

People **And also with you.**

Please be seated.

Announcements

The Offertory

Donations are gratefully accepted. Scan the QR code, on the right, with your smart phone, or visit trinitysb.org/giving.

Please stay seated as the offering plates are passed, then stand, as you are able, as the ushers bring forward the offerings of bread, wine and money to the altar.



Offertory Anthem

The Canticle of Brother Sun and Sister Moon

Grayston Ives (b. 1948)

Most High, Omnipotent Lord, all praise, all honour and glory be given to Thee,
to Thee alone most High all praise belong.

Be praised O Lord for all thy works.

For Brother Sun, whose brightness makes the light by which we see.

For Sister Moon, whose beams were formed to shine so clear and bright.

For Brother Wind, whose clouds and breezes blow across the land.

For Sister Water, so precious, humble, lowly, chaste and pure.

Be praised O Lord for all thy works.

Be praised my Lord for Brother Fire whose flames and light illuminate the night.

Be praised my Lord for Sister Earth, for grass and plants and flowers and all our food.

Be praised my Lord for all thy love bestowed on us.

Bless those who walk the way of peace, in quiet to live.

By Thee O Lord most High they shall be crowned.

Be praised O heavenly Lord, all praise and blessing and glory be given to you,
with humblest thanks for all God's given you. Amen.

- St. Francis of Assisi, 1224

Entrance of the Children into the Sanctuary

Offertory Hymn #405

All things bright and beautiful

The Great Thanksgiving

Enriching our Worship

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes, with some words underlined. Musical cues like 'Presider' and 'All' are placed above the staves. The first staff has a 'Presider' cue and the lyrics 'May God be with you.' followed by 'And also with you.' with an 'All' cue. The second staff has a 'Presider' cue and the lyrics 'Lift up your hearts.' followed by 'We lift them to the Lord.' with an 'All' cue. The third staff has a 'Presider' cue and the lyrics 'Let us give thanks to the Lord our God.' The fourth staff has an 'All' cue and the lyrics 'It is right to give God thanks and praise.'

Presider May God be with you. *All* And also with you.

Presider Lift up your hearts. *All* We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

All It is right to give God thanks and praise.

Presider We lift our hearts and give our thanks and praise to you, God of our ancestors: because you brought order out of chaos, you called a people to be your own, and in Moses you saw the misery of your people and heard their cries. In Elijah and the prophets, you pleaded with your people to be true to their identity as your chosen ones, and finally, in Jesus, you came to be with us, to deliver us from sin and death and oppression, through the liberation of the cross and the glory of the resurrection. And so we gladly thank you, joining with angels and archangels and all the company of heaven, to sing the hymn of your unending praise:

Sanctus *All are invited to sing*

Cantor sings once, then all sing once through.

Spanish traditional



Presider God of deliverance, you open up the gift of your scripture to reveal who you are, and who and whose we are. Through the gift of your holy communion, bring your whole creation into the form of your likeness. Have mercy on all who are oppressed; be close to all who live under hostile conditions and regimes; and hear the cries of all whose children are in danger. Send upon us, your people, the gift of wisdom, that we may know and follow the paths that lead to peace, grace, and truth. Build up in rulers and leaders the virtues of discernment and mercy. Show your face to those who ache for compassion, and hasten the coming of your righteous and just future. We pray in union with Christ, in the power of your Holy Spirit, God of glory, forever and ever. **AMEN.**

The Lord's Prayer

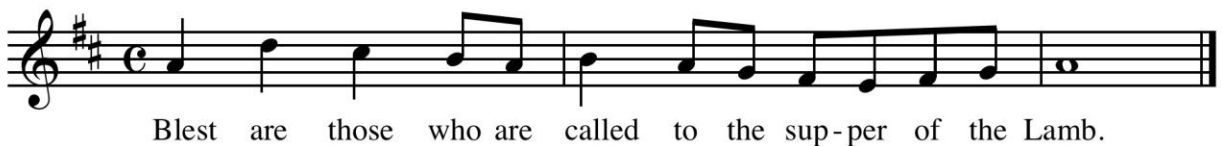
And now let us pray together, in the words Jesus gave his disciples:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Fraction Anthem *All are invited to sing*

Antiphon: *Cantor, then All*

Arlen Clarke, Music in the Service of the Church



Verse: *Cantor*

Taste and see that the Lord is good; happy are they who trust in God.

Antiphon: *All*

The Invitation

Presider These are the gifts of God for you the holy and beloved people of God.

The Holy Communion

Whoever you are, and wherever you find yourself on the journey of faith, you are welcome at God's table for communion. Please come forward to receive communion standing in a semi-circle around the altar. You have the option to receive only the bread, or the bread intincted (dipped) into the wine and placed into your hand by the clergy person distributing communion. If you wish to receive only the bread, please say "bread only" as it's your turn to receive. Gluten free wafers are also available.

Regardless of whether you're receiving the bread only, or the bread and wine, you will hear the phrases, "the body of Christ, the bread of heaven" and "the blood of Christ, the cup of salvation" as communion is offered to you. As the ushers invite your row forward, please come up the center aisle to receive communion, then return to your seat via the side aisle. If you're unable to leave the pew, please notify an usher and communion will be brought to you. If you do not wish to receive communion, simply cross your arms across your chest; this will signal to the clergy to offer a blessing in lieu of communion.

Communion Anthems

The Way of Peace

"Canon" by Thomas Tallis (1505-1585)
Arr. Sheldon Curry

O may I walk the way of peace, where there is hate, let me sow love,
when fear destroys, help me restore, be the peace I'm longing for.

O may I walk the way of peace, where there is hate, let me sow love,
when fear destroys, help me restore, be the peace I'm longing for.

When tears flow free, reach out in grace when darkness comes reflect love's light, when
grief abounds show endless care, turn from violence anywhere.

May we care less to be loved than to love, to talk than to hear,
to rule than lift up, to keep than let go.

Teach us the ways of harmony, by pardoning we our guilt assuage,
by pouring out, we're made complete, thus we find the way of peace.

- After a prayer attributed to St. Francis

Lord, make me an instrument of Thy peace;
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.

O Divine Master,
grant that I may not so much seek to be consoled as to console;
to be understood, as to understand;
to be loved, as to love;
for it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.

- A prayer attributed to St. Francis

All who are able, please stand.

Post Communion Prayer

adapted from Steven Shakespeare

May we who have fed at Wisdom's table take her out to where tables are restricted and doors are closed. May the Spirit drive us to break bread on the altar of the world. Amen.

Commendation of Eucharistic Visitors

Presider Beloved community, we send our eucharistic visitors to share this Holy Communion with those who could not worship here today.

People **May they carry the prayers of all of us as they take the sacrament of the presence of Christ.**

Final Blessing

adapted from St. Clare of Assisi

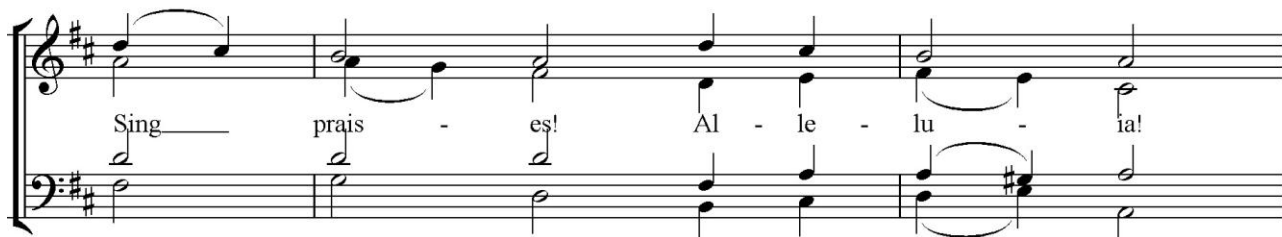
Be careful as you go out into God's creation, for it does not belong to you. Be gentle with yourself and with one another, for you are the dwelling place of God. Be alert and hesitant, for sometimes God is but a whisper. And the blessing of God who made you, who loves you, and who travels with you, be among you and remain with you always.
Amen.

Recessional Hymn

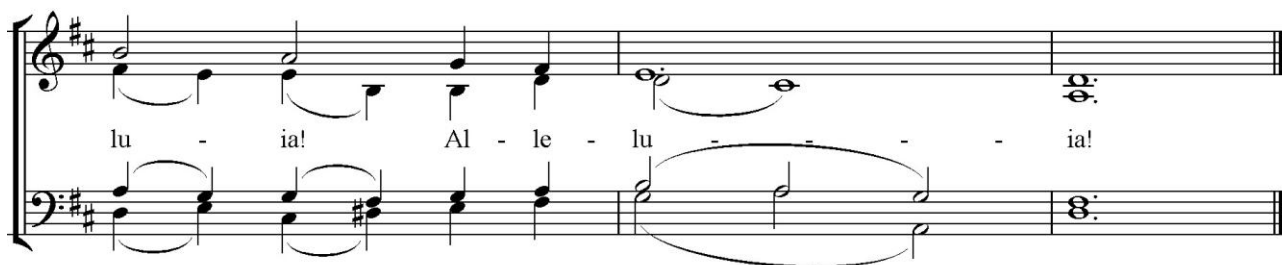
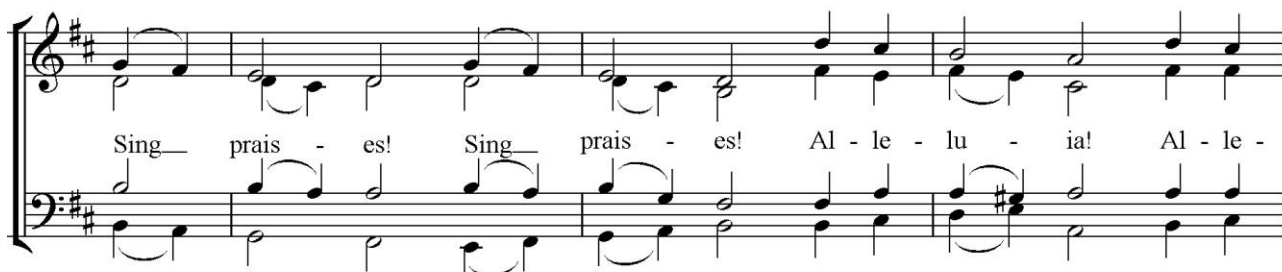
All creatures of our God, sing praise



1. All crea - tures of our God, sing praise, with thank - ful hearts your voic - es raise,
2. Dear Mo - ther Earth, you day by day un - fold your bless - ings on our way,
3. Swift flow - ing wa - ter, pure and clear, make mu - sic for your Lord to hear.
4. Let all things their Cre - a - tor bless, and wor - ship God in hum - ble - ness,



O Bro - ther Sun with gold - en beam, O Sis - ter Moon with sil - ver gleam!
 All flow'rs and fruit that in you grow, let them God's glo - ry al - so show!
 Fire, so in - tense and fierce - ly bright, you give to us both warmth and light!
 Praise the Cre - a - tor, praise the Son, and praise the Spir - it, Three in One!



The Dismissal

Deacon Our worship has ended, our service begins. Go in peace to love and serve
 God and one another.

People **Thanks be to God.**

Postlude

Toccata-Improvisation on "Lasst uns Erfreuen"

Brenda Portman (b.1980)

Coffee Hour

Our fellowship continues at Coffee Hour. Please join us outside on the labyrinth.

*We are glad to have you with us for our worship today, to share in the inclusive, ever-abundant love of God. If you would like to learn more about life here at Trinity, please visit our website at **trinitysb.org**.*

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## Trinity Episcopal Church

### Upcoming Events and Announcements

#### Centering Prayer in the Chapel – Weekly, 3-4pm

All are invited to join in the practice of Centering Prayer, weekly on Wednesdays. No prior knowledge or experience is required. Please use the Micheltorena gate to enter campus and the Chapel door will be open.

#### Ted Lasso Biscuit Baking Class – Sunday, October 4, 1-2:30pm

Parishioner Anne Roediger and her daughter Rebecca will be sharing their expertise in making the popular biscuits in the Trinity kitchen. There are spaces for 20 participants, and the cost of the class is \$20. Proceeds will benefit the Cookie Walk Baking Fund. Visit Trinity's website, *Upcoming Events* to sign up.

#### Compline with Story & Sound – Tonight! October 4, 7-8pm

Compline returns for the season! Join us for an evening of meditative music and storytelling in the Trinity Sanctuary with incense, tea, blankets, and candlelight. We're excited to have Madeleine Eve Ignon, a multimedia and graphic artist, who will be our storyteller, in conversation with Rev. Sarah Thomas.

#### Men's Group – Monday, October 5, 4-5pm

Trinity Men's Group meets at 4pm on the first Monday of each month in the Trinity library. After the meeting, anyone who finds it convenient is welcome to gather at Santa Barbara Public Market to share a meal.

#### Annual Giving Kickoff Dinner – Saturday, October 10, 5:30-8pm

This festive, all-parish, family friendly gathering will be another opportunity to connect with new and long-time Trinity friends. We hope you will attend this special night of fellowship as we kick off our fall season of annual giving. Sign up to attend and to help at the event. Find both sign-up easels at coffee hour or sign up online on the website under *Upcoming Events*.

#### Choral Evensong Service – Sunday, October 11, 5pm

The Christian practice of sung evening prayer dates back centuries. It developed into Evensong in English cathedrals, combining songs, scripture, psalms, and prayers. A treasure of the Anglican/Episcopal tradition, we worship God together at the ending of the day. This will be the first time in decades that the Trinity Choir will be singing Evensong.

#### Flu Shot Sunday – October 11

Parish nurse Jan Fadden will visit Trinity to provide medical consultation in the Library after both services. Every October, Jan brings a supply of flu shots donated by Cottage Hospital. Stop by for a flu shot, or for a consultation with Jan.

Connect with us! Sign up to receive our weekly newsletter, Trinity Notes. Scan the QR code for current and past issues or visit Trinity's website at [trinitysb.org/trinitynotes](http://trinitysb.org/trinitynotes).

