



Trinity Episcopal Church

March 1, 2026: The Second Sunday in Lent - 10am Choral Eucharist

Welcome to Our Parish

We are glad to have you with us for our worship today, to share in the inclusive, ever-abundant love of God. If you would like to learn more about life here at Trinity, please fill out a **Welcome Card** found in the pew racks in front of you; join us for refreshments after the service; and visit our **website** at trinitysb.org.

For an explanation of why worship at Trinity looks and sounds like it does, scan the QR code for our **Guide to the Episcopal Liturgy**.



Open Communion. Whatever tradition you come from, and wherever you are on your journey of faith, you are welcome at our communion table. You will find simple directions on how to participate in the Holy Communion section of the program. Gluten-free wafers are available—just ask when the bread is presented to you.

Prayer Ministers. During communion at the 10am service, two prayer ministers are available at the back of the church to pray. The three of you will pray together in a circle and you will be offered anointing with oil.

Children. On Sundays, Trinity offers religious formation for our children (ages 3 to 12) through the Catechesis of the Good Shepherd program. It takes place as early as 9am in the church school building behind the sanctuary. Children are brought into the church during the offertory hymn to join us for communion at the 10am service.

Nursery and Toddler Care is from 9:45am to the end of the 10am service on Sundays in the nursery upstairs. During the offertory hymn, you are welcome to gather your child from the nursery to join you for communion in the church.

Trinity's Youth Group (grades 7-12) meets weekly during the school year for fellowship and reflection.

Our ushers are always glad to be of assistance, including answering questions, providing hearing loops as needed, and giving directions to the church school building, the nursery, and other on-site facilities.

Hearing Loop installed in the sanctuary.



Reflections on the Lenten Season

adapted by Kate Bowler

Lent begins with dirt—ash smeared across foreheads. and words from the scriptures that refuse optimism: remember that you are dust, and to dust you shall return. No pivot. No lesson tied up with a bow. Just an embodied reminder that fragility is our baseline.

The ache of that reality is not going away.

Not the ache of grief that fades and flares when you least expect it—at the grocery store, in the line at the pharmacy. Not the ache of bodies that don't cooperate, that wake us up at 3:00 a.m. with pain or panic (often both). Not the ache of loneliness, or regret, or unfinished stories, or prayers that keep circling back unanswered. Not the low-grade ache that hums beneath our productivity and self-improvement projects, reminding us that something is still missing, no matter how organized the calendar looks.

We keep waiting for a version of ourselves—or a version of the world—where that ache resolves. Where it finally quiets down. Where we get to say, Ah. This is it. I've arrived.

But Lent interrupts that wonderful fantasy.

Lent is the forty day season that begins on Ash Wednesday and leads us, slowly and deliberately, toward Easter. It mirrors Jesus's forty days in the wilderness and has been practiced by the church since at least the fourth century. Ash Wednesday marks the start of that journey, when the church tells the truth about our limits out loud—using ash because words alone won't do.

Lent doesn't promise relief. It doesn't offer a five-step plan for transcendence. It simply invites honesty. Forty days to stop pretending that we are fine, that we are in control, that we can outrun our limits with enough discipline or optimism. For the next forty days we'll practice living with the ache of being human, as God created us beautifully and finitely to be.

Ministers of Today's Liturgy

8am Service

Preacher: The Rev. John Draper

Presider: The Rev. Sarah Thomas, Associate Rector

Deacon: The Rev. John Draper

Director of Music: Thomas Joyce

Lay Eucharistic Minister: Michael Dean

Reader: Jax Ranck

Intercessor: Mark Benson

Acolyte: Michael Neal Arnold

Ushers: Jim Micallef, MK Micallef

9am Catechesis of the Good Shepherd

Catechists: Stephanie Perez, Mary Gibson, Robin Selzler, Cathy Jones-Aidnik

Volunteers: Jackie Pabon, Libby Yardi, Aaron Sizer, Meg Beard

Director of Children and Youth: Theo Patterson

9am Nursery

Zoe George, Ella Illman

10am Service

Preacher: The Rev. John Draper

Presider: The Rev. Elizabeth Molitors, Rector

Deacon: The Rev. John Draper

Director of Music: Thomas Joyce

The Trinity Choir (Tenors and Basses)

Prayer Ministers: Chris Boesch

Acolytes: Terre Sanitate, Ana Miller

Readers: Cathi Speake, Anne Crowe

Intercessor: Ellen Whittet

Lay Eucharistic Ministers: Anna Kokotovic, Susannah Rake, Ralph Armbruster-Sandoval

Stream Team: Austin Miller

Audio Guild: Mitchell Thomas

Ushers: Steve Gibson, Kaye Cantu, Jenna Conarro, Mel Sahyun

Greeters: John Spence, Caryl Ann Casbon, Laura Ringquist

Welcome Table: Kate Wallace

Altar Guild: Chris Boesch, Terre Sanitate

Coffee Hour Helpers: Claude Garciacelay, Alexander Thomas, Matthew Kramer

Remember in Your Prayers

Men of Lompoc prison, people of Ukraine, Israel and Palestine, undocumented immigrants, Griffin Arnold, Valerie and Andrew Arnold, James and Patricia Wright, Megan, Brett Evans, Aaron, Wendy, Robert F. Adams, Megan, Dylan, Ned, Paul D. and Caitlin D., Emmie and the Hoffman family, Ken Sorgman, Ben Howell, John Albright, Wendy Comstock, David Korol, Esequiel Stevens, Don Zimmerman, Ray and Rogelia Cano, Ryley, Nels Henderson, Steve Bauer, Becky and Kyle, the Cobell Family, Kevin and Liam Hess, Mac McNeel, Beth Miller, Kasurina, Sean and Aiden Ruskey, Candace Hartung, Brenda, the McPhee family, Michael and Nancy Harahan, Marjorie Woodward.

Those with Long Term Illness:

Rachel Roitman, Judy Boyd, Ellen Sherman, Stephanie Campbell, Royal Claydon, Greg Hawkins, Carolyn Roberts, Michael Wilds, Karen Myers, Johnny Mac, Karen McKenzie, Joan W., Cindy Sprague, the Rt. Rev. William Smalley, Ada A., Tim, Molly Ferro, Jane G., Gloria C., Barbara Winslow, Gail Lanonette, Kathy Floyd, Scott Smallwood, Joaquin and Jan, Quinn Sellars, Jane Arnold, Billy Jones, Gina B., Nadine Wilcox, Jane Ramshaw, Travis Stockstill, Virginia Burris, Kathy and Steve Stuck, Bruce Freeman, Rev. Mary Atwood, Randy Howard, Dinah, Jerry Gardner, Louise Fisher, Jane Ellison, Brett Evans, Esperanza.

For the Departed:

All victims of gun violence, Dave Wyman, Latif, Jack Carey, Linda D., Zdenka Garciacelay, Kent Eyman, Dorothy, Edwin Weston, Heidi, Elizabeth Reifel, Joe Poprock, Rick Huyett, Stephanie, Rev. Bryan Jones, Ernestine Ygnacio-De Soto, Jay and Kristen Ruskey, The Rev. Jesse Jackson, Cynthia Louise Callahan, Mary Weston.

In the Armed Services:

Michael C. Fish, David Dees, Frederick Johnston, Nicole A. Dennis, Kyle Ray, John Whitney, Sean Dunbar, Nicholas Hoegh Guldberg, Ryan Carey, Ben Wilson, Hannah Vadnais.

Postulant for Holy Orders (diaconate):

Phylene Wiggins

Pastoral Care:

If you would like names added to the prayer list, please contact the office. Names will be removed after 90 days. If you would like to receive communion at home, are going into the hospital or are otherwise in need of pastoral care, please email office@trinitysb.org or call 805-965-7419.

Prelude

Master Tallis's Testament

Herbert Howells (1892-1983)

All who are able, please stand

Processional Hymn 148

Creator of the earth and skies

Opening Acclamation

Presider Create in us clean hearts, O God;
People **And renew a right spirit within us.**

Confession

Deacon Let us confess our sins against God and neighbor.
People **Most merciful God, we confess that we have sinned against you in thought, word, and deed; by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your son, Jesus Christ, have mercy on us and forgive us; that we may delight in your will and walk in your ways, to the glory of your name. Amen.**
Presider Loving God have mercy on you, forgive you all your sins through our savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Trisagion

All are invited to sing

David Hurd, Hymnal 1982

Ho - ly God, Ho - ly and Might - y, Ho - ly Im -
mor - tal One, Have mer - cy up - on us. Ho - ly God,
Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy
up - on us. Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Collect of the Day

from *Feasting on the Word*

Presider God be with you.

People **And also with you.**

Presider Let us pray. God our helper, our shade, our protector, you are able to give life to the dead, to call into being things that do not exist. We trust in your power to make all things new; to keep us in sunlight and moonlight, along rocky paths and pathways unknown; until all our going and coming brings us at last to your kingdom promised in Christ, in whose name we pray. **Amen.**

Please be seated.

First Lesson

Genesis 12:1-4a

The LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the LORD had told him; and Lot went with him.

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Psalm 121 *All are invited to sing the ANTIPHON at the ringing of the handbell*



My help comes from the Lord, the mak - er of heav - en and earth.

ANTIPHON

I lift up my eyes to the hills; *
from where is my help to come?

My help comes from the Lord, *
the maker of heaven and earth.

He will not let your foot be moved *
and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;

The Lord himself watches over you; *
the Lord is your shade at your right hand,

So that the sun shall not strike you by day, *
nor the moon by night.

The Lord shall preserve you from all evil; *
it is he who shall keep you safe.

The Lord shall watch over your going out and
your coming in, *
from this time forth for evermore.

ANTIPHON

Second Lesson

Romans 4:1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Reader	Hear what the Spirit is saying to God's people.
People	Thanks be to God

All who are able, please stand.

Gospel Acclamation *All are invited to sing*

Come and Bring Light - Open Our Eyes
Words and Music by Kevin Keil (b. 1956)
Adapt. Thomas Joyce

Cantor - All - Verse - All

Come and bring light to a peo-ple in dark-ness. Come set us free from the chains we have made.

We are your peo-ple, the flock that you tend. Lord, o - pen our eyes once a - gain._____

The Choir sings the verse:

{Lent I} To the ones broken-hearted: open our eyes. To the plight of the poor: open our eyes.
To the innocent children: open our eyes. Teach us compassion and love.

{Lent II} To the victims of violence: open our eyes. To the ones who seek justice: open our eyes.
To those sitting in prison: open our eyes. Teach us compassion and love.

{Lent III} When a color divides us: open our eyes. When the darkness surrounds us: open our eyes.
When we choose to look elsewhere: open our eyes. Teach us compassion and love.

{Lent IV} To those full of life's sorrow: open our eyes. To the needs of the lowly: open our eyes.
To the ones who seek peace: open our eyes. Teach us compassion and love.

{Lent V} To those suffering illness: open our eyes. To those trapped by addiction: open our eyes.
To those lost or forgotten: open our eyes. Teach us compassion and love.

The Holy Gospel

John 3:1-17

Deacon The Holy Gospel of our Savior Jesus Christ according to John.

People **Glory to you, O Christ.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things?"

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Deacon The Gospel of the Lord.
People **Praise to you, O Christ.**

Please be seated.

Sermon

The Rev. John Draper

[Allow for a few moments of silence]

All who are able, please stand.

Affirmation of Faith

Sister Joan Chittister, OSB

**We believe in God who made us all,
and whose divinity infuses life with the sacred.
We believe in the multiple revelations of God,
alive in every human heart, expressed in every culture,
found in all the wisdoms of the world.
We believe in Jesus, the Christ, who leads us to the fullness of humanity,
to what we are meant to become.
Through Christ, we become new people,
called beyond the consequences of our brokenness,
lifted to the fullness of life.
We believe in the Holy Spirit, the breath of God on earth,
who keeps the Christ vision present to souls yet in darkness,
gives light to hearts now blind, infuses energy into spirits yet weary, isolated,
searching and confused.**

We believe in God who is life. Amen.

Prayers of the People

adapted from White & Graves, *Hear Our Prayer*

Loving God, fill all those who lift their hearts to you with a spirit of rebirth, that we might find your joy and pour it out for others in your name. Answer us as we say, God in your mercy, **hear our prayer.**

We pray for the church universal, for our understanding of your holy word to increase and our ability to live the life of service you ask of us to be a source of peace and joy. God in your mercy, **hear our prayer.**

We pray for all nations, that all governments, authorities, and leaders might sacrifice their own desires and power to benefit those with no power. May we become united in our work toward peace, security, and service to the least of these. God in your mercy, **hear our prayer.**

We pray for the world itself, for this earth and all your creation, that we may all work together to repair the harm we have done and to discover new, more sustainable ways of life. God in your mercy, **hear our prayer.**

We pray for those who suffer, for those in trouble and despair, for those who are ill and frightened, for those who are grieving, anxious or hopeless. We pray that those in greatest need may feel you close about them. We pray especially for those on our parish prayer list and for those we name aloud or silently.

[Pause to offer names.]

God in your mercy, **hear our prayer.**

We pray for our own lives and the needs of those we love. We pray for those we do not know and for those we have neglected or harmed. Be mercifully present to us and to all. God in your mercy, **hear our prayer.**

We pray for the departed, for those who are dying and for all those who watch and wait with them. May light perpetual and joy unending be theirs to claim.

[Pause to offer names.]

God in your mercy, **hear our prayer.**

The Presider adds a concluding Collect:

Loving God, like Nicodemus we do not fully understand the mysteries of your love and we sometimes willfully ignore the truth of your word. Bring us again into new life lived in you and share with us the joy of your eternal kingdom. To you, to Christ and to the Holy Spirit we pledge our lives. **Amen.**

The Peace

Presider The peace of Christ be always with you.

People **And also with you.**

Please be seated.

Announcements

The Offertory

To donate, make or pay your pledge, scan the QR code or visit trinitysb.org/giving. We also gratefully receive checks or cash in the offertory plate.



Please stay seated as the offering plates are passed, then stand, as you are able, as the ushers bring forward the offerings of bread, wine, and money to the altar.

Offertory Anthem

Love Bade Me Welcome (from *Five Mystical Songs*)

Ralph Vaughan Williams (1872-1958)

Love bade me welcome: yet my soul drew back.
Guiltie of dust and sinne.
But quick-ey'd Love, observing me grow slack
From my first entrance in,
Drew nearer to me, sweetly questioning
If I lack'd anything.

A guest, I answer'd, worthy to be here:
Love said, You shall be he.
I the unkinde, ungrateful? Ah, my deare,
I cannot look on thee.
Love took my hand, and smiling did reply,
Who made the eyes but I?

Truth Lord, but I have marr'd them: let my shame
Go where it doth deserve.
And know you not, sayes Love, who bore the blame?
My deare, then I will serve.
You must sit down, sayes Love, and taste my meat:
So I did sit and eat.

~ from *The Temple* by George Herbert (1593-1633)

Entrance of the Children into the Sanctuary

Offertory Hymn 487

Come, my Way, my Truth, my Life

The Great Thanksgiving

adapted from *Prayers for an Inclusive Church*

Presider	God be with you.
People	And also with you.
Presider	Lift up your hearts.
People	We lift them to the Lord.
Presider	Let us give thanks to the Lord our God.
People	It is right to give God thanks and praise.

God of blessings, we thank you always for making us in your image to serve the peace of all creation. You shared your name with our mothers and fathers: Sarah and Abraham, who left their home and became a blessing to the nations; Moses and Miriam, who went through the sea and wilderness to the place of revelation; Deborah and Samson, who gave hope and justice to a people ruled by fear; Ruth and Jonah, who went to foreign soil and found a God who loves the stranger.

From our ancestors in faith came Jesus, the son of promise to fulfill the law, embody your love and draw all people to himself. He accepted death to break its fearful hold; he was raised to life to share it in abundance; he comes again to break the bread and pour the wine of hope.

Therefore, with all the people whose story you have shaped, with women and men of faith in every part of the world we glory in your generous love and sing in praise of you:

Sanctus *All are invited to sing*

David Hurd, *Hymnal* 1982

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and earth
are full of your glo ry. Ho-san-na in the high - est. Bles-sed is the one
who comes in the name of the Lord. Ho-san-na in the high - est.

We ask that your Holy Spirit will fall upon us and upon these gifts that these fragile, earthly things may be to us the body and blood of Jesus Christ; who, on the night he was betrayed, gathered with his faltering friends for a meal that tasted of freedom. Calling them to his table, he took bread, gave thanks, broke it and said: "This is my body, which is given for you. Do this to remember me." In the same way after supper, he took the cup, saying: "This cup is the new covenant in my blood. Do this, whenever you drink it, to remember me." As on that night, so here and now he offers himself in touch and taste beyond all words can hold.

Great is the mystery of faith.

Christ has died

Christ is risen

Christ will come again.

Therefore we come in memory and hope, responding to your call and the promise that echoes from the dawn of all time. May mind and heart be held by your self-giving love as we stand before the cross, approach the empty tomb, and praise the one whose name is lifted high above all earthly power. Receive our humble offering and bind us in communion with all who share your gifts; through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, forever and ever. **AMEN.**

The Lord's Prayer

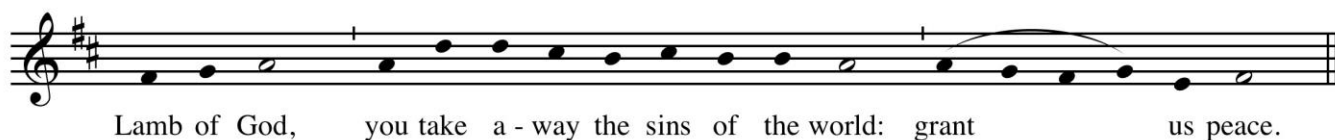
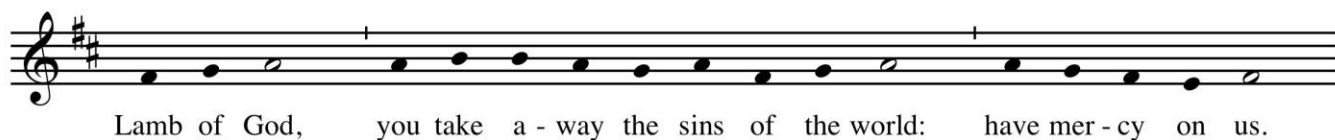
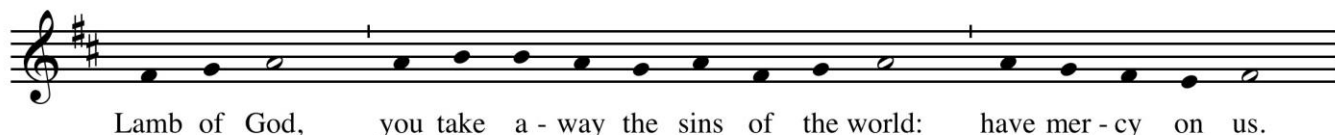
And now let us pray together, in the words Jesus gave his disciples:

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Fraction - Agnus Dei

All are invited to sing

David Hurd, *Hymnal 1982*



The Invitation

Presider These are the gifts of God, for you, the holy and beloved people of God.

The Holy Communion

Whoever you are, and wherever you find yourself on the journey of faith, you are welcome at God's table for communion. Please come forward to receive communion standing in a semi-circle around the altar. You have the option to receive only the bread, or the bread intincted (dipped) into the wine and placed into your hand by the clergy person distributing communion. If you wish to receive only the bread, please say "bread only" as it's your turn to receive. Gluten free wafers are also available.

Regardless of whether you're receiving the bread only, or the bread and wine, you will hear the phrases, "the body of Christ, the bread of heaven" and "the blood of Christ, the cup of salvation" as communion is offered to you. As the ushers invite your row forward, please come up the center aisle to receive communion, then return to your seat via the side aisle. If you're unable to leave the pew, please notify an usher and communion will be brought to you. If you do not wish to receive communion, simply cross your arms across your chest; this will signal to the clergy to offer a blessing in lieu of communion.

Prayer ministers are available at the back of the church to pray for personal needs or concerns or to share your joys. If desired, anointing with holy oil is available from the prayer ministers as well.

Communion Anthems

Lead, Kindly Light

John Rutter (b. 1945)

Lead, kindly Light, amid th'encircling gloom; Lead thou me on!
The night is dark, and I am far from home; Lead thou me on!
Keep thou my feet; I do not ask to see
The distant scene—one step enough for me.

~ John Henry Newman (1801-1890)

God Be In My Head

John Rutter

God be in my head and in my understanding.
God be in mine eyes and in my looking.
God be in my mouth and in my speaking.
God be in my heart and in my thinking.
God be at mine end and at my departing.

~ Sarum Primer, 1514

Music at Communion

Handbells

All who are able, please stand.

Post Communion Prayer

from John Phillip Newell

Let us pray.

**Holy One beyond all names
Eternal Wellspring
May love rise again in us today
With food for every table
Shelter for every family
And reverence for every life.
Forgive us our failings in love**

**And free us from all falseness
That the light of our souls may shine
And the strength of our spirits endure
For Earth and all its people
This day, tonight, and forever.
Amen**

Commendation of Eucharistic Visitors

Presider Beloved community, we send our eucharistic visitors to share this Holy Communion with those who could not worship here today.
People **May they carry the prayers of all of us as they take this sacrament of the presence of Christ.**

The Blessing

adapted from The Rev. William Sloane Coffin

May God give us grace never to sell ourselves short;
grace to risk something big for something good;
and grace to remember that the world is now too dangerous for anything but truth
and too small for anything but love.
And may the blessing of God
who made you, who loves you, and who travels with you
be with you now and always. Amen.

Recessional Hymn 149

Eternal Lord of love, behold your Church

Dismissal

Deacon Let us go into the world in peace, to love and serve God and one another.
People **Thanks be to God.**

In observance of the season of Lent, the organ postlude is omitted until The Great Vigil of Easter.

“For God alone my soul in silence waits.” Psalm 62:1

Coffee Hour

Our fellowship continues—Join us for Coffee Hour on the Labyrinth.

*We are glad to have you with us for our worship today, to share in the inclusive, ever-abundant love of God.
If you would like to learn more about life here at Trinity, please visit our website at **trinitysb.org***

New to Trinity? Please know you are welcome! Fill out the newcomer card in the pew rack or complete the online form using the QR code below so we can get to know you better!





Upcoming Events and Announcements

COME BACK TONIGHT! Compline with Story and Sound, March 1, 7-8pm

The service is led by the Rev. Sarah Thomas. It begins with thirty minutes of rest and reflection through synthesized sound by DJ artist Andrew Elia. Then brewed herbal tea and a conclusion with the opportunity to hear a person share a personal story. This month we are delighted to welcome poet laureate of Santa Barbara, George Yatchisin.

Men's Group – Monday, March 2, 4pm

Trinity Men's Group meets on the first Monday of the month in the Trinity Library. After the meeting, anyone who finds it convenient is welcome to gather at Santa Barbara Public Market to share a meal.

Lenten Series on the Psalms – Wednesdays, March 4, 11, 18 and 25, 6:30-8:30pm

The Psalms are the heartbeat of the Hebrew Scriptures: raw, poetic, and startlingly honest. They give voice to human joy and grief, rage and hope, doubt and deep trust. Join us for the Wednesdays in Lent to engage in practices of reflection, journaling, and song.

Centering Prayer in the Chapel – Thursdays, March 5, 19, and 26, 3-4pm

We will gather, prepare our hearts and minds for our time of prayer, "sit" for 20 minutes, share some brief reflections, and close. No prior knowledge or experience is required. Please use the Micheltorena gate to enter campus and the Chapel door will be open.

Women's Group: *Women at the Well* – Saturday, March 7, 3-4:30pm

The Women at the Well meets monthly in the Youth Group room (enter from Micheltorena Street). An optional dinner at 5pm follows at The Natural Cafe on Hitchcock. Newcomers welcome!

Forum on the La Cobina Shelter Service Trip – Sunday, March 8, 11:30am

Come hear the stories from the Trinity youth group members and parishioners, and members of the Unitarian Society who returned from the recent service trip. This will also be a fundraiser for Border Compassion, the organizers of the trip whose mission is to offer humanitarian aid to families detained at the US/Mexico border.

Interfaith Dinner at the Islamic Society – Sunday, March 8, 5pm

The Islamic Society of Santa Barbara invites Trinity parishioners to a special Ramadan dinner, known as an *iftar*. No special attire or preparation is necessary, but please bring your favorite dessert to share, and please arrive on time, as an iftar begins by tradition at sunset. The number of guests is limited so, if you're interested, please sign up at the welcome table or email Eileen Read, eileenwhiteread@gmail.com.

Connect with us! Sign up to receive our weekly newsletter, Trinity Notes. Scan the QR code for current and past issues or visit Trinity's website at trinitysb.org/trinity-notes.

