



Instructions for Taking the ImPACT Test

(Use a computer with a **hand held mouse** and Google Chrome, Firefox, or Internet Explorer)

ImPACT cannot be administrated using an iPad/Phone of any kind!!

1. Open one of the above listed internet browsers
 - Make sure you turn off pop-up blocker under Tools
2. Go to www.impacttestonline.com/testing

Enter Code: **0WXGRK3AMW**

- **Your Specific High School Should Appear after clicking Validate**
- **Click “Launch Baseline Test”**
- Click “English” then follow prompts and answer questions.
- Follow the rest of the prompts, answering all questions **HONESTLY** and trying your best at the test.
- When the test is complete and you get to the page that says “Print Confirmation,” please email to ojackson@independence.k12.oh.us. This will send confirmation that you have completed the test to your athletic trainer.
 - You do not need to print confirmation.

Test Tips ***Please read before beginning the ImPACT Test!***

- If you are connecting to the Internet via Wi-Fi it must be a consistent connection. Any interruption in connection will cause a fail.
- Work quickly, but accurately. **DO YOUR BEST.** Do not take breaks or step away from the test. **The test is not able to be paused or saved at any point.**
- Turn OFF all Cell phones prior to test. No phones in sight or on vibrate!
- Make sure no other applications are open on the computer other than ImPACT.
- When it asks for number of years of education completed, freshmen will answer 8, sophomores 9, juniors 10, and seniors 11.
- Current level of participation will be “high school”
- Years of experience at this level will be 0 for freshmen, 1 for sophomore if they played as a freshman, 2 for a junior who played their freshman and sophomore years, etc.
- When it asks for current symptoms, 1 will be least severe and 6 is greatest. If you feel normal you should put “not experiencing.”

About ImPACT

ImPACT is a 20-30 minute computer test developed to help sports-medicine clinicians evaluate multiple aspects of neurocognitive functioning following concussion. You are taking a baseline test. In the event you suffer a head injury, we may use this as a tool in deciding when it is safe for you to return to your sport.