

Spring 2019 Class Schedule

Fundamentals of Nutrition

ALLH 220 • Tues & Thurs 2:00 pm - 3:50 pm • Jan. 14 - May 9, 2019

You can drive yourself crazy trying to keep up with the latest nutrition fads. Let's face it - all of the conflicting messages can be confusing. Join us for this class and learn the science behind the buzz. This course aims to develop a basic understanding of nutrition, its effect on human health and how to critically evaluate nutrition headlines and trends. This course fulfills a general education scientific ways of knowing requirement.

Principles of Macroeconomics

ECON 201 • Mon, Wed, & Fri 2:00 pm - 2:50 pm • Jan. 14 - May 9, 2019

Why does the cost of roses increase in February? Where do your taxes really go when you pay them? What about the decisions you make today, how will they impact your tomorrow? Have you ever wondered how Idaho's low unemployment rate impacts your community? These questions will be answered in a fun and interactive way. This course fulfills a general education social and behavioral ways of knowing requirement.

Math in Modern Society/Prep

MATH 123 • Mon, Tues, & Wed 10:15 am - 11:05 am • Jan. 14 - May 9, 2019

MATH 122 • Mon & Tues 11:05 am - 11:55 am • Jan. 14 - May 9, 2019

This MATH 123 survey course provides an opportunity to acquire an appreciation of the nature of mathematics and its relation to other aspects of our culture. The course is rigorous but not rigid and applies mathematics to real-world problems. MATH 122 is designed to provide additional instruction and support for MATH 123. MATH 123 fulfills a general education mathematical ways of knowing requirement.

Intermediate Spanish 2

SPAN 202 • Tues 6:00 pm - 7:50 pm • Jan. 14 - May 9, 2019

Do you know that the United States has the second largest Spanish-speaking population in the world after Mexico? Come and discover the cultures of the vibrant Latino people! Do you speak Spanish but feel limited because you haven't taken formal studies of the language? If the answer is yes, this is the course for you! This fun, interactive course is designed for students with native or near-native speaking ability but with little or no formal training in grammar, reading and writing. This course will be conducted entirely in Spanish. This course fulfills a general education humanistic and artistic ways of knowing requirement.

English Composition 1/English Composition Plus

ENGL 101 • Mon & Wed 6:00 pm - 7:20 pm • Jan. 14 - May 9, 2019

ENGL 100 • Mon & Wed 7:30 pm - 8:20 pm • Jan. 14 - May 9, 2019

Get back in the swing of college things, particularly writing. Writing for college isn't so very different than other kinds of writing. This class gives two extra hours of instruction and practice for those who feel they need it or whose placement scores are a bit lower. ALL students who successfully complete the class receive college credit without additional remedial study. ENGL101 course fulfills a general education written communication requirement.

