

# NEWS RELEASE

**For Immediate Release:**

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## **CHI St. Alexius Health announces online registration for the 3rd annual Sugar Bust Diabetes 5K and 1 Mile Fun Run.**

April 10, 2024, Williston, ND - CHI St. Alexius Health is excited to announce that online registration is now open for the 3rd annual Sugar Bust 5k and 1-mile walk/run, taking place on Saturday, June 15, 2024 at Spring Lake Park.

This event is for everyone, from competitive runners to those who want to enjoy a walk or jog supporting a great cause! The day will consist of a 5K Run and 1 Mile Walk/1 Mile Kids Fun Run with a free community fair to follow. Participants will enjoy inflatables, outdoor games, local vendors, food and fellowship following the race.

Pre-Day Registration - June 14, 2024 - Race Check-in

5 p.m. - 8 p.m. McAuley Room, CHI St. Alexius Health Williston - Pick up SWAG

Race-Day - June 15, 2024

8:45 a.m.      Race Check-in - Pick up SWAG

10 a.m.      5K Begins

10 a.m.      1 Mile Walk

10:45 a.m.      1 Mile Kids Fun Run

11 - 3 p.m.      Free Community Fair

"Our diabetes team has seen an increase in patients diagnosed with diabetes in our community, said Diabetes Educator Deb Bronson, RN, BSN, CDE." "Not all insurance plans pay for the tests needed for diabetes management. This event will raise funds to help off-set the financial burden patients might be faced with when receiving a diabetes diagnosis."

All the funds raised from this event are used to not only help CHI St. Alexius Health Williston's diabetes patients, by providing yearly eye exams, dental exams and A1C tests, but also for education, equipment and supplies for their diabetes clinic. 100% of every dollar raised helps our diabetes patients.

To sponsor this event or register to run go to:

<https://give.commonspirit.org/stalexiuswilliston/sugarbust>

A t-shirt and SWAG bag will be given to all runners that register prior to May 13, 2024. All registrants after this date will receive t-shirts/swag as inventory allows.

**About CHI St. Alexius Health**

CHI St. Alexius Health is a regional health network with a unified mission: nurturing the healing ministry of the Church while creating healthier communities. In 1920 the sisters of mercy came to Williston in hopes of bringing healthcare to the community. 100 years later we are still serving their mission of providing health care through Christ's healing ministry.

CHI St. Alexius Health is part of CommonSpirit Health, a nonprofit, Catholic health system dedicated to advancing health for all people. It was created in February 2019 through the alignment of Catholic Health Initiatives and Dignity Health. CommonSpirit Health is committed to creating healthier communities, delivering exceptional patient care, and ensuring every person has access to quality health care. With its national office in Chicago and a team of approximately 150,000 employees and 25,000 physicians and advanced practice clinicians, CommonSpirit Health operates 142 hospitals and more than 700 care sites across 21 states. In FY 2018, Catholic Health Initiatives and Dignity Health had combined revenues of \$29.2 billion and provided \$4.2 billion in charity care, community benefit, and unreimbursed government programs.