## **CITY OF WILLISTON**

## **HEALTH AND WELLNESS FAIR**

[AND 5K FUN RUN & WALK]

## THURSDAY, SEPTEMBER 30 | 2-6p PUBLIC WORKS [1121 5th St E]

This FREE event is open to all City of Williston employees and their families. The first 100 people to attend the Fair will receive goody bags! The event kicks off at 2p with the 5K Fun Run & Walk, followed by the Fair at 3p. The Fair includes vendors, a blood drive, flu shots, giveaways, and more!



5K Fun Run & Walk | 2-3p

First 100 people get a FREE t-shirt! Start and end at Public Works.



Blood Drive | 2-6p

20 spots available! Email caitlinp@ci.williston.nd.us to sign up.



Flu Shots | 3-5p\*

FREE with insurance! Please bring insurance card.

\*While supplies last.

- Raffle Prizes
- 20+ Vendors
- Giveaways
- Glucose Screenings
- Blood Pressure Checks
- Tobacco Cessation
- Nutrition Education
- Fitness Demos

Questions? kristind@ci.williston.nd.us

