



ST. JAMES CATHEDRAL
The Seventeenth Sunday in Ordinary Time
July 28, 2024

EUCHARIST: Food for the Multitude

1st in a series of 5

July 28, 2024

This year, the Lectionary takes us through the Gospel of Mark—except for a five-week stretch of summer Sundays when we read John, Chapter 6. This offers us an opportunity for an extended reflection on the Bread of Life—the Eucharist. In this series of five bulletin inserts, we'll reflect on this central mystery of our faith.

THE SIGN

The people are hungry and there is practically nothing to eat—all they can find are five barley loaves and two fish. Jesus takes these offerings, blesses them, and shares them with the crowd. And, wondrously, everyone eats their fill.

John tells us that this miracle is a *sign*—that is, a manifestation of divine power with a distinct purpose: to lead to people to faith. This sign points toward the Eucharist. Notice how carefully Jesus' actions are described: “he took the loaves, gave thanks, and distributed them.” The parallels with the Last Supper are hard to miss: “the Lord Jesus, on the night he was handed over, took bread, and, after he had given thanks, broke it” (1 Cor 11:23-24). Taking, blessing, breaking, giving—this is the pattern of every Eucharist.

After all have eaten their fill, Jesus tells his disciples to gather up the fragments, so that nothing is wasted. And the scraps fill twelve wicker baskets! Why are there so many leftovers? In the Scriptures, the number twelve indicates completeness. This extraordinary superabundance suggests that Jesus performed this miracle not just for those who gathered with him on the hillside, but for all believers, down through the ages—including us. There is enough for all.

ONE AND MANY

In the Eucharist, Christ comes to each of us: Body and Blood, soul and divinity. We call this sacrament *communion* because here we “are united in a hidden and real way to Christ who suffered and was glorified” (*Lumen Gentium*, 7). Sharing in this sacred meal, we are nourished in spirit, cleansed from sin, and strengthened in charity. This sharing is profound, intimate, and personal. Each of us needs this union with Christ on our own journey of faith.

But there is more. Participation in the Eucharist not only unites us with Christ, but with all who share in this sacrament. In receiving the



The Feeding of the Multitude, Arcangelo di Jacopo del Sellaio (1441-1493)

Body of Christ, we become one body with Christ and with one another, so much so that the community of believers is also called “the Body of Christ.” In the words of St. Augustine (354-430), “Since you make up the body of Christ and are his members, your mystery rests on the table of the Lord; you receive your own mystery. You answer ‘Amen’ to the reality of what you are; your reply gives consent to it. For on hearing the words, ‘The Body of Christ,’ you reply, ‘Amen.’ Be in fact a member of Christ’s body for your affirmation, ‘Amen,’ to ring true.”

No matter how many gather to celebrate the Eucharist—whether it is one or one million—we always receive this sacrament in the midst of the multitude: that is, the Church. We are in this together.

—Corinna Laughlin

THE FAITH OF THE SAINTS

In asking for grace and the Eucharist, I do not ask for them for myself alone. I ask for *us*, that is, for all people. I ask nothing for myself alone. Everything I ask for in the Lord’s Prayer is either for God or for all people.

—St. Charles de Foucauld (1858-1916)

Whole may His body be in smallest bread,
Whole in the whole, yea, whole in every crumb;
With which be one or be ten thousand fed,
All to each one, to all but one doth come;
And though each one as much as all receive,
Not one too much, nor all too little have.

—St. Robert Southwell (1561-1595)

ORDER OF CELEBRATION FOR THE
Seventeenth Sunday in Ordinary Time

CELEBRATION OF THE SACRAMENT OF BAPTISM (Noon)

PRELUDE

Elegy
 George Thalben-Ball (1896–1987)

Pastoral
 Mary Elizabeth Downey (1895–994)

The Introductory Rites

ENTRANCE

The Kingdom of God
 LAUDATE DOMINUM

1. The king - dom of God is jus - tice and joy;
 2. The king - dom of God is mer - cy and grace;
 3. The king - dom of God is chal - lenge and choice;
 4. God's king - dom is come, the gift and the goal;

For Je - sus re - stores what sin would de - stroy.
 The cap - tives are freed, the sin - ners find place,
 Be - lieve the good news, re - pent and re - joice!
 In Je - sus be - gun, in heav - en made whole.

God's pow - er and glo - ry in Je - sus we know;
 The out - cast are wel - comed in God's ban -quet to share;
 God's love for us sin - ners brought Christ to his cross:
 The heirs of the king - dom shall an - swer his call;

And hope and here - af - ter the king - dom shall grow.
 And hope is a - wak - ened in place of de - spair.
 Our cri - sis of judg - ment for gain or for loss.
 And all things cry "Glo - ry!" to God all in all.

WELCOMING OF THE CHILDREN TO BE BAPTIZED (Noon)

PENITENTIAL ACT

Missa Orbis factor
 Vatican XI

Cantor, then ALL:

1., 3., 4. Lord have mer - cy.
 2. Christ have mer - cy.

GLORIA

Mass in Honor of St. Benedict
Robert Le Blanc (b. 1948)

ALL:

Glo - ry to God in the high - est, and on earth peace to peo - ple of good will. We
praise you, we bless you, we a - dore you, we glo - ri - fy you, we give you thanks for
your great glo - ry, Lord God heav - en - ly King, O God, al - might - y Fa - ther.

Cantor or Choir:

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

ALL:

For you a - lone are the Ho - ly One, you a - lone are the Lord,
you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spir - it, in the
glo - ry of God the Fa - ther. A - men, a - men, a - - - - men.

COLLECT (OPENING PRAYER)

The Liturgy of the Word

FIRST READING

II Kings 4:42-44

PSALM RESPONSE

Psalm 145

Columba Kelly, OSB (1930-2018)

The hand of the Lord feeds us and an - swers all our needs.

SECOND READING

Ephesians 4:1-6

ALLELUIA

Melchoir Vulpius (1570-1615)

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

GOSPEL

John 6:1-15

HOMILY

Father Michael G. Ryan

CREED (except at Noon)

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

All BOW

and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.

All STAND UPRIGHT

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,

and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic
and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

The Rite of Baptism (Noon)

INTERCESSIONS AND LITANY OF SAINTS

BLESSING OF WATER

PROFESSION OF FAITH All join in the response, **I do.**

ACCLAMATION FOLLOWING EACH BAPTISM

Norah Duncan IV



SPRINKLING WITH BAPTISMAL WATER

ENTRANCE OF THE NEWLY BAPTIZED

EXPLANATORY RITES

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00 & Noon)

(Sunday evening)

Hear my prayer
Moses Hogan (1957–2003)

The Call
Ralph Vaughan Williams (1872–1958)

SANCTUS

Corpus Christi Mass
Richard Proulx (1937–2010)

Cantor, then All:

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.

Choir: Heaven and earth are full of your glory.

Cantor, then All:

Ho - san - na in the high - est, in the high - est.

Choir: Blessed is he who comes in the name of the Lord.

Cantor, then All:

Ho - san - na in the high - est, in the high - est.

MYSTERY OF FAITH

Richard Proulx

Cantor, then All:

When we eat this Bread and drink this Cup,

we pro - claim your Death, O Lord, un - til you come a - gain.

AMEN

Richard Proulx

All:

A - men, A - men, A - - - men.

LORD'S PRAYER

AGNUS DEI

Holy Cross Mass
David Clarke Isele (1946–2016)

Cantor:

Lamb of God, you take a - way the sins of the world, have

Cantor:

mer - cy on us.

ALL:

Lamb of God, you

Cantor:

take a - way the sins of the world, grant us peace.

Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.

COMMUNION

Honora Dominum

Honor the Lord with your substance and with the first fruits of all your produce; then shall your barns be filled with abundance, and your presses shall run over with wine.

(10:00 & Noon)

Nos autem gloriari

Alfred Desenclos (1912–1971)

Let our glory be in the cross of our Lord Jesus Christ;
in him we have salvation, life and resurrection; through him we are rescued and set free.,

HYMN OF PRAISE

O God, beyond all praising

THAXTED

1. O God be-yond all prais-ing, We wor-ship you to - day
 2. Then hear, O gra-cious Sav-ior, Ac-cept the love we bring,

And sing the love a - maz-ing That songs can-not re - pay;
 That we who know your fa - vor May serve you as our king;

For we can on - ly won - der At ev - ery gift you send,
 And wheth - er our to - mor - rows Be filled with good or ill,

At bless - ings with - out num - ber And mer-cies with - out end:
 We'll tri - umph through our sor - rows And rise to bless you still:

We lift our hearts be - fore you And wait u - pon your word,
 To mar - vel at your beau - ty And glo - ry in your ways,

We hon - or and a - dore you, Our great and might - y Lord.
 And make a joy - ful du - ty Our sac - ri - fice of praise.

PRAYER AFTER COMMUNION

FINAL BLESSING AND DISMISSAL

PROCESSION

Preludium in E Minor

Nikolaus Bruhns (1665–1697)

Processional with Fanfares

Robert Below (1934–2000)

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ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

PAROCHIAL VICAR Rev. Alex Pablo**IN RESIDENCE** Rev. Bryan Hersey, Rev. David Brant**PASTORAL ASSISTANT for ADMINISTRATION**

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

John Simpson, Director of Faith Formation (206-654-4658)

John Marquez, RCIA (206-654-4640)

Patty Pruitt, Administrative Assistant (206-274-3108)

CHILDREN'S FAITH FORMATION

Tami Kowal, Director of Children's Faith Formation (206-219-5822)

Leticia Escobar, Faith Mentors & Faith Friends (206-619-0816)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharples, Spencer Truong, Peter Burns, Wendell Dyck, sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Peter Burns, Outreach Assistant

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Tom Bentler, Assistant Director (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Anisa Ralls, Director (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Erica de Klerk, Director, Refugee Welcome Coordinator

Patrick Suhrbier, Senior Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Immigration Legal Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome & Volunteer Coordinator (206-654-4650)

PARISH OFFICE

Yanti Kapoyos, Weddings and Funerals (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-622-3559)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Brian Jones, Khai Nguyen, Tan Nguyen, facilities

CELEBRATIONS of the SACRAMENTS**MASS**

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

CONFESIONS/SACRAMENT OF RECONCILIATION Saturdays, 8:30am-9:30am (following 8:00am Mass) and by appointment**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Patty Pruitt for information, 206-274-3108.**MARRIAGE** Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Yanti Kapoyos, Wedding Office, 206-382-4288.**ANointing of the SICK** In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.**FUNERALS** for parishioners, contact Yanti Kapoyos, 206-382-4288**TRIBUNAL ADVOCATES** The parish has several advocates ready to assist with marriage cases (commonly called 'annulments'). Information, Maria Laughlin, 206-382-4284**CATHEDRAL COLUMBARIUM** Maria Laughlin, 206-382-4284**CATHEDRAL KITCHEN** serves dinner Monday to Friday, 4pm—4:45pm, and breakfast on Sundays, 7am—8am. All are welcome.**PARISH OFFICE HOURS:** Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

www.stjames-cathedral.org**WELCOME TO OUR PARISH FAMILY**

ST. JAMES CATHEDRAL

IMMACULATE CONCEPTION | CHRIST OUR HOPE

The 17th Sunday in Ordinary Time
July 28, 2024

WELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.*

ON THE COVER *A lamp to my feet is your word, a light to my path.* North transept window, St. James Cathedral. Charles Connick, artist.

FLOWERS AT THE ALTAR are offered by Phil Howrigan in loving memory of his sister, Elaine Pettit. *If you would like to offer flowers to remember a loved one, mark a special anniversary, or give thanks for an answered prayer, contact Maggie Corrigan, 206-622-3559. Current open weekends are October 20 and November 3 and 10.*

SUNDAY HOSPITALITY Come to Cathedral Hall after the 10:00am Mass for breakfast burritos, fresh fruit, and the chance to visit with fellow parishioners.

TUNING UP THE VOICES... During this past week, much-needed maintenance has begun on both the 1907 Hutchings-Votey organ in the west gallery and the 2000 Rosales organ in the Cathedral's east apse. While the work on the Hutchings-Votey organ still allows it to be played, the Rosales organ cannot be used until the work is completed. We ask for your patience this weekend while maintenance is underway. The work will keep these magnificent organs in prime condition so they can continue to enhance the liturgical life of the parish.

SUMMER FILM SERIES: THE THIRD HARMONY

Tuesday, August 6, 6:30pm, St. James Pastoral Outreach Center (907 Columbia Street) What is the story of nonviolence? Delve into the important role that nonviolence plays in the wider struggle to develop a new theory of human nature, how every one of us can add to our personal growth and fulfillment while benefiting society. After the screening, staff from the Metta Center for Nonviolence will join us for conversation. Sponsored by Pax Christi and St. James Cathedral.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each parish family in the Archdiocese of Seattle. This week we pray for the parish family of Immaculate Conception in Mount Vernon, St. Charles in Burlington, Sacred Heart in La Conner, Immaculate Heart of Mary in Sedro Woolley, and St. Catherine in Concrete.*



AUCTION ITEMS NEEDED!

Our annual dinner and auction benefiting the Cathedral Kitchen is coming up on Monday, August 26 (*see flyer in this bulletin*). We are now seeking items for our raffle and silent auction. Our wish list includes...

- Restaurant gift certificates (\$50-\$100)
- Gift cards valued at \$25 to \$50 of any kind—Amazon, Starbucks, Safeway, iTunes, etc.
- Vacation rentals make great auction items!
- Sporting event or theatre/opera/symphony tickets
- Bottles of wine for our wine roulette

If you have other ideas of items to donate, we would love to hear about them! All proceeds benefit the Cathedral Kitchen.

Information, Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org

WHO IS MY NEIGHBOR: A NOVENA FOR FAIR AND JUST HOUSING JULY 25 – AUGUST 2, 2024 This past Thursday, the newly-combined Housing Advocacy Committee of St. James Cathedral and St. Joseph Parish began a 9-day Novena, in communion with the saints and holy men and women of the Catholic Church, to pray for our unhoused sisters and brothers, and to learn about the issues contributing to the housing crisis. You can still sign up to receive the Novena prayers each morning. The Novena concludes this coming Friday at 6.30pm in the Cathedral. *To receive Novena prayers*, Patrick Barredo, pbarredo@stjames-cathedral.org.

INTERESTED IN BECOMING CATHOLIC? Are you, a family member, or a friend interested in joining the Catholic Church? Are you curious about how a person becomes Catholic or do you simply want to learn what Catholicism is all about? *Information*, John Marquez, jmarquez@stjames-cathedral.org, 206-654-4640.

A BETTER KIND OF POLITICS (<https://www.usccb.org/resources/5-Tips-from-Pope-Francis.pdf>) In *Fratelli Tutti*, Pope Francis calls for “a better kind of politics, one truly at the service of the common good” (p. 154). Essential to a better kind of politics is the ability to foster a social love among people through dialogue across perspectives, inspiring “new ways of approaching the problems of today’s world, of profoundly renewing structures, social organizations and legal systems from within” (p. 183). What is “a better kind of politics”? It means working across differences to listen to one another and connect around shared values, resulting in creative solutions for the common good. (From the U.S. Catholic Bishops)

WEEKLY MENTAL HEALTH AND WELLNESS GROUPS

Open to anyone who needs support, weekly groups are held every Friday of the month, 10-11:30am. The Mental Health and Wellness Ministry is offering different groups for mental health support, including art, board games, a mental health support group, mindfulness, yoga, and prayer, and a movie. Everyone is welcome! Held in the Pastoral Outreach Center. *Information*, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.

ST. JAMES IMMIGRANT ASSISTANCE (SJIA) PROVIDES INDIVIDUALIZED SUPPORT TO THOSE SEEKING CITIZENSHIP

ALEXANDER (not his real name) sought SJIA’s help with applying for US citizenship. He experienced tragedies in his home country, and as a result suffers from anxiety. At his first naturalization interview, his legal representative noticed that his anxiety was heightened by the long wait time at the Immigration office. Additionally, he was scheduled to be interviewed remotely over a computer in an open room where others were also being interviewed. The combination of the noise and the challenge of being interviewed via computer heightened Alexander’s stress such that he was unable to demonstrate his knowledge to pass the civics requirement. Having observed this, his legal representative advocated for Alexander to have his second (and final) interview in person and in a private office, a request that Immigration accommodated. At this second interview, Alexander was able to concentrate more easily. He passed his exams and was approved to naturalize. Because SJIA was with him at his first interview, we were able to see the obstacles and advocate for a more appropriate testing environment for him. If you or someone you know is interested in becoming a U.S. Citizen, we can help. *Information*, Patrick Suhrbier psuhrbier@stjames-cathedral.org or Laura Murton lmurton@stjames-cathedral.org, 206-382-4511.

NEW SUMMER WALKING GROUP Join the Mental Health and Wellness Ministry every Wed. at 11am in front of the Pastoral Outreach Center, 907 Columbia St. this summer! We will be walking together around the neighborhood of the Cathedral, while we get to know each other and improve our physical and mental health. All abilities and dogs are welcome. Last walk on August 28. *Information*, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.

SENIOR ICE CREAM SOCIAL Seniors of the parish, come join us for an ice cream social to celebrate summer! Wednesday, August 21, 1-3pm, Pastoral Outreach Center Courtyard. RSVP requested by August 19. *Information*, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.

MASS FOR SUICIDE HEALING AND REMEMBRANCE

September is Suicide Prevention Awareness Month. Join us at this special Mass, 9/14 at 5:30pm, as we pray for all who have been lost to suicide, for survivors of suicide, and for those who have lost a family member, friend, or colleague. We also pray that, as Church and as individuals, we can help prevent suicide by raising awareness and knowing how to help those in need. Archbishop Paul D. Etienne, celebrant.

ST VINCENT DE PAUL THANKS YOU

A young woman enjoys her work at a nearby restaurant. Living close to her place of employment, she walks to work and does not need other transportation. Sadly, one evening she was assaulted and robbed on her way home. Having to take time off work while her injuries healed, the young woman lost income she needed to pay her rent. This neighbor called the St. Vincent de Paul Helpline (206-767-6449 or online <https://svdpseattle.org/get-help/online-help-request-form/>). With your help, assistance was given and she was able to catch up with her rent obligation. This young woman impressed us with her optimism and resilience as she looked forward to getting back to work. *Information*, Jo Ann Wiesner, 206-291-4012 or wiesnerjo@gmail.com.

OPPORTUNITIES IN OUR PARISH FAMILY

WEEKDAY MASSES IN THE CATHEDRAL'S NEW 'FAMILY'

All are welcome to attend weekday Masses in any of the parishes in our family. The Cathedral's weekday Masses continue to be at 8:00am daily, and at 12:10pm on Mondays, Wednesdays, and Fridays. Immaculate Conception Church has two weekday Masses, Wednesday at 6:00pm (ample parking available) and Thursday at 8:00am (some parking available). Christ Our Hope offers Masses on Tuesday and Thursday at 12:10pm, and at 7:00am on Wednesdays.

IMMACULATE CONCEPTION PARISH 47TH ANNUAL LU'AU

All are welcome to this community event supporting our neighbors at Immaculate Conception Church. The event is on Saturday, August 24. Tickets are available at <https://pushpay.com/g/icseattlepay>.

LOOKING FOR WAYS TO SERVE OUR COMMUNITY?

Are you interested in discovering a vibrant faith group that serves our local community in meaningful ways? Jesuit Volunteer EnCorps will support you in your commitment! We are a group, ages 40+, that meets monthly in-person. As a program of JVC Northwest, we explore our commitment to values: social and ecological justice, community, simple living and spirituality. We assist group members to explore volunteer options in our community. Program begins in September. Apply by August 31 to be included in the opening retreat. And applications are accepted throughout the program year. *Information*, Sarah Thompson, jvencorps@jvcnorthwest.org or visit www.jvencorps.org.

MONTHLY FOOT CARE CLINIC Seattle and King Co Public Health is offering free monthly foot clinics and blood pressure checks, last Wednesday of every month, 1-4pm, held at Pastoral Outreach Center, 907 Columbia St. No registration required.

A SPIRITUALITY OF GRIEVING WITH FATHER RON ROLHEISER Presented by St Michael Parish, Olympia, Saturday, September 21. Mass at 9am, talk 10am-1pm. Join us for a free presentation on grieving through the lens of our Catholic faith. *Information*, <https://saintmichaelparish.org/a-spirituality-of-grieving/>

TOILETRY DONATIONS If you are traveling and staying at a hotel, consider bringing the small toiletries back to St. James so they can be distributed to those in need. Donations can be dropped off at the Cathedral Bookstore. Especially needed at the moment is sun tan lotion. Thank you!

WEEKLY MENTAL HEALTH AND WELLNESS GROUPS Open to anyone who needs support, weekly groups are held every Friday of the month, 10:00-11:30am. The Mental Health and Wellness Ministry is offering different groups for mental health support, including art, board games, a mental health support group, mindfulness, yoga, and prayer, and a movie. Everyone is welcome! Held in the Pastoral Outreach Center. *Registration*, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.

JOIN THE CATHEDRAL USHERS At all the Masses on weekends, holy days, and other special occasions, Cathedral ushers welcome visitors, hand out bulletins, answer questions, and assist with the collection and communion procession. And we can always use more ushers! All training is provided. If you'd like to try this ministry on for size, please contact Corinna Laughlin, claughlin@stjames-cathedral.org.

THE SPIRITUAL EXERCISES IN EVERYDAY LIFE (SEEL)

Puget Sound is a 9-month retreat format of the Spiritual Exercises of St. Ignatius that goes from September through May. It is a dynamic program of prayer, monthly communal retreat mornings and individual spiritual direction. SEEL will offer two options to experience the retreat in 2024-2025 – a mostly in-person retreat held at St. Joseph in Seattle, and an online retreat for those unable to meet in person. SEEL is accepting applications now for the program starting in late September and offers the retreat at no set fee so that all who are accepted can participate. *Information*, www.seelpugetsound.org.

SPONSOR SOMEONE IN RCIA Would you like to share the meaning of your Catholic faith with someone who is new to the Church? Does the thought of accompanying someone as they seek to become Catholic appeal to you? Could you introduce someone to Christian discipleship as lived at St. James? Perhaps you would make a good RCIA sponsor. Learn more about what's involved in sponsorship. *Information*, John Marquez, 206-654-4640 or jmarquez@stjames-cathedral.org.

VISIT THE CATHEDRAL BOOKSTORE Located in Archbishop Murphy Courtyard on the south side of the Cathedral, the Cathedral Bookstore is open weekdays 11-3 and after each weekend Mass. *Information*, Caroline Okello, 206-654-4650 or cokello@stjames-cathedral.org.

Who is My Neighbor?

A Novena of Mercy for Fair and Just Housing in Seattle and King County



Sheltering by Timothy Paul Schmalz

The newly-combined Housing Advocacy Committee of St. James Cathedral and St. Joseph Parish invites you to pray a 9-day novena, in communion with the saints and holy men and women of the Catholic Church, for our unhoused sisters and brothers, and to learn about the issues contributing to the housing crisis.

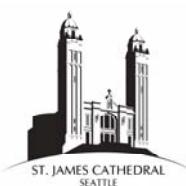
July 25, 6:30pm: *Opening Novena Prayer at St. Joseph Church*

July 26-August 1: *Days of Novena Prayer*

Every morning of the novena, the daily prayers will be emailed to participants, who can then pray the novena at any time suitable for their schedules.

August 2, 6:30pm: *Contemplative Prayer with music from Taizé at St. James Cathedral.* On the first Friday of August, novena participants are invited to gather together to conclude the novena for fair and just housing in our region.

Registration for Novena Prayers and other information,
Patrick Barredo, pbarredo@stjames-cathedral.org | 206-382-4515



ST. JOSEPH PARISH

WHO IS MY NEIGHBOR?

Contemplative Evening Prayer
with music from Taizé



Friday, August 2, 2024

6:30pm

St. James Cathedral

Eternal God, you meet us in places where we were not expecting it. Even when we have the impression of being as in a desert, in our times of deep solitude, you come towards us. And our hearts wake up when little by little we grasp that we matter to you, we are precious in your eyes.

Brother Matthew of Taizé

On the first Friday of each month, all are welcome to a contemplative prayer in the Cathedral, with song, silence, and candlelight. The service includes the meditative chants of the ecumenical Taizé community in France, founded by Brother Roger Schutz as a sign of reconciliation after World War II.



Youth
MUSIC
at St. James Cathedral

Choir Camp 2024

9am-4pm daily, Cathedral Place
August 12th-16th
August 18th 10am Sunday Mass



REGISTER



All unchanged treble voices entering grades 1-8 are encouraged to register for camp!

St. James Cathedral
Cathedral Place
803 Terry Avenue
Seattle, Washington



LIFT EVERY VOICE

PAY TUITION or request scholarship

CAMP TUITION
\$150 per child
No chorister is ever turned away based on financial need!



Sing with the Cathedral Choir!



The Cathedral Choir has openings in all voice parts for the 2024-25 season!

Auditions are held by appointment over the summer months. Singers must know how to read music and be able to keep up with a fast pace of repertoire—we sing more than 70 different motets during a typical church year.

The choir season begins in mid-September and runs through early June. Cathedral Choir sings for the 10:00am Sunday Mass (usually a 9:00am call time) and has a weekly rehearsal on Thursdays from 7:30–9:30pm. Additional liturgies are sung throughout the year (including All Souls Requiem, Christmas Eve, Holy Week, and Ordination of Priests). The Cathedral Choir depends on regular attendance at rehearsals and liturgies to achieve the high standards we have for our music ministry.

To schedule an audition, contact the Cathedral music office via email at musicoffice@stjames-cathedral.org or call 206-382-4874. Please let us know your voice part (soprano, alto, tenor, or bass) and what kind of choral singing experience you have.





Meet Our New Parish Family!

All members of the parish family of St. James Cathedral, Christ Our Hope, and Immaculate Conception are invited to gatherings this summer to learn more about the parishes of our family, pray together, share a meal, and get to know one another. The evenings will include tours of each church. RSVP requested!



ST. JAMES CATHEDRAL 804 9th Avenue, Seattle

Thursday, July 25, 2024, 6:30-8:30pm

RSVP by July 18, Maria Laughlin, 206-382-4284 or mlaughlin@stjames-cathedral.org



CHRIST OUR HOPE 1902 2nd Avenue, Seattle

Thursday, August 22, 2024, 6:30-8:30pm

RSVP by August 16, Deanne Tighe, 206-448-8826 or dtighe@christourhopeseattle.org



IMMACULATE CONCEPTION 820 18th Avenue, Seattle

Thursday, September 12, 2024, 6:30-8:30pm

RSVP by September 6, Barbara Connor, 206-322-5970 or bconnor@icseattle.org

Mass for Suicide Healing ∅ Remembrance

Saturday, September 14, 2024 5:30pm Mass
Archbishop Paul D. Etienne, presider



September is Suicide Prevention Awareness Month. At this special Mass, we pray for all who have been lost to suicide, for survivors of suicide, and for all who have lost a family member, friend, or colleague. We also pray that, as Church and as individuals, we can help prevent suicide by raising awareness and knowing how to help those in need. *All those who have been impacted by suicide – who have lost a friend or loved one, or been touched by suicide or a suicide attempt in any way – will be invited to participate in a special entrance procession and light a candle of remembrance.*

*God, lover of souls,
you hold dear what you have made
and spare all things, for they are yours.*
(Order of Christian Funerals)

If you or someone you know is in crisis, please contact the 988 Suicide and Crisis Lifeline
Call or text 988 | Chat at 988lifeline.org

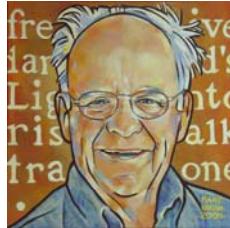
*Sponsored by: Archdiocesan Mental Health Ministry
and St. James Mental Health & Wellness Ministry.*

PAGLIACCI PIZZA AND ST JAMES CATHEDRAL PRESENT THE 27TH ANNUAL
ARCHBISHOP RAYMOND G. HUNTHAUSEN
Charity Golf Tournament & Benefit Dinner

MONDAY, AUGUST 26, 2024 | GLENDALE COUNTRY CLUB
13440 MAIN STREET | BELLEVUE, WA 98005

**The Hunthausen
Charity Golf
Tournament is back!**

Since 1997, this tournament has raised funds to support the neediest in our community.



In 2023, the event raised an extraordinary \$215,000 for our neighbors in need—our biggest year ever! This year, we hope you will be there to make the event even better.

Your support is urgently needed as our region continues to grapple with a massive housing and food insecurity crisis. Your support of this event is a tangible response, helping us provide resources directly to those in need. This event makes possible our Cathedral Kitchen, serving hot, nutritious meals every weeknight to homeless and low-income men and women. The tournament also supports other Cathedral outreach ministries, including our Sunday Early Breakfast, Immigrant Assistance Program, Solanus Casey Center, and Mental Health Ministry.

On behalf of the many, many people who are helped through the outreach programs of St. James Cathedral, **THANK YOU** for your generous support of the Archbishop Hunthausen Charity Golf Tournament.

**Put together a foursome
or join us as a solo golfer!**

**Registration opens 10:30am
Shotgun start 12:00pm**

The entry fee of \$325* per golfer includes
Golf Cart - Tee Prizes - Beverage Tickets
Box Lunch - Awards Dinner

**\$100 of each player registration is tax-deductible*

Sponsorship Opportunities

Your sponsorship directly supports our outreach ministries

Co-Sponsor	\$10,000
Four complimentary foursomes, course signage, corporate name and logo on all tournament literature	
Double Eagle Sponsor	\$7,000
Two complimentary foursomes, course signage, corporate name and logo on all tournament literature	
Eagle Sponsor	\$3,500
One complimentary foursome, course signage, corporate name and logo on all tournament literature	
Birdie Sponsor	\$2,000
One complimentary twosome, course signage, listing in program	
Tournament Sponsor	\$1,000
One complimentary golf registration, course signage, listing in program	
Dinner Sponsor	\$500
Two tickets to the <i>Benefit Dinner & Auction</i> , listing in souvenir program	
Hole Sponsor	\$350
Course signage, listing in program	

**Join us for the benefit dinner
and auction!**

The Benefit Dinner is a fun early evening event after the tournament. Join us for a silent auction, a delicious dinner, and a fundraiser for the Cathedral Kitchen.

5:00pm Happy Hour | 6:00pm Benefit Dinner

\$100 per person

To register visit www.stjames-cathedral.org/golf

Information, Maria Laughlin at 206-382-4284 or mlaughlin@stjames-cathedral.org
ST. JAMES CATHEDRAL | 804 NINTH AVENUE | SEATTLE, WA 98104

PLAYER REGISTRATION

If you are registering as a single player, you may list names of other golfers you would like in your foursome.

Player #1

Name _____

Address _____

City/State/ZIP _____

Phone _____

E-Mail _____

Player #2 _____

E-Mail _____

Player #3 _____

E-Mail _____

Player #4 _____

E-Mail _____

SPONSOR REGISTRATION

Sponsor/Corporate Name*

Sponsorship Category _____

Contact Person _____

Address _____

City/State/ZIP _____

Phone _____

E-Mail _____

* Include name as you would like it to appear on all tournament literature and signage. If you would like your corporate logo to appear on signage, please e-mail logo to mlaughlin@stjames-cathedral.org.

DINNER ONLY REGISTRATION

Name(s) _____

Address _____

City/State/ZIP _____

Phone _____

E-Mail _____

ARCHBISHOP HUNTHAUSEN CHARITY GOLF TOURNAMENT & DINNER

Monday, August 26, 2024
Glendale Country Club, Bellevue

SPONSORSHIP OPPORTUNITIES

(be sure to complete SPONSOR INFO box at left)

Co-Sponsor \$ 10,000 _____

Double Eagle Sponsor \$ 7,000 _____

Eagle Sponsor \$ 3,500 _____

Birdie Sponsor \$ 2,000 _____

Tournament Sponsor \$ 1,000 _____

Dinner Sponsor \$ 500 _____

Hole Sponsor \$ 350 _____

Freewill offering/gift \$ _____

GOLFERS

(be sure to complete PLAYER REGISTRATION box at left)

Foursome \$ 1,300 _____

Single Golfer \$ 325 _____

BENEFIT DINNER & AUCTION

(be sure to complete DINNER ONLY box at left)

Dinner Only \$ 100 _____

TOTAL AMOUNT \$ _____

Check enclosed (payable ST. JAMES CATHEDRAL GOLF)

Bill my VISA/MasterCard (circle one)
Visit the website below to use Amex/Discover

Credit Card Number _____

Name as it appears on card _____

\$ _____
Expiration date _____ Total amount to charge _____

Billing address on card (if different from address at left) _____

City, State ZIP (if different from address at left) _____

If you prefer, you may register and make your credit card payment at our secure website,
www.stjames-cathedral.org/golf