

ST. JAMES CATHEDRAL  
*The Fourth Sunday of Lent*  
March 27, 2022

ORDER OF CELEBRATION FOR  
*The Fourth Sunday of Lent*

THE SECOND SCRUTINY OF THE ELECT (10:00am)

PRELUDE

*Rhapsody No. 1 in D-flat*  
 Herbert Howells (1892–1983)

“Cantilene” from *Sonata No. 11 in D Minor, op. 148*  
 Josef Rheinberger (1839–1901)

INTROIT

*Lætare, Ierusalem*  
 chant, adapt. St. James Cathedral

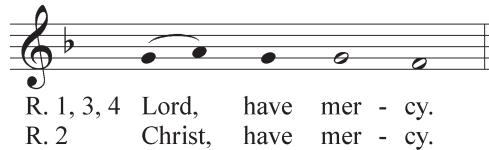


GREETING

PENITENTIAL ACT

Priest      Have mercy on us, O Lord.  
 ALL      **For we have sinned against you.**  
 Priest      Show us, O Lord, your mercy.  
 ALL      **And grant us your salvation.**

chant, Vatican XVII



OPENING PRAYER (COLLECT)

*The Liturgy of the Word*

FIRST READING

I Samuel 16:1b, 6-7, 10-13a

PSALM RESPONSE

Psalm 23

Dom Gregory Murray, OSB (1905-1992)

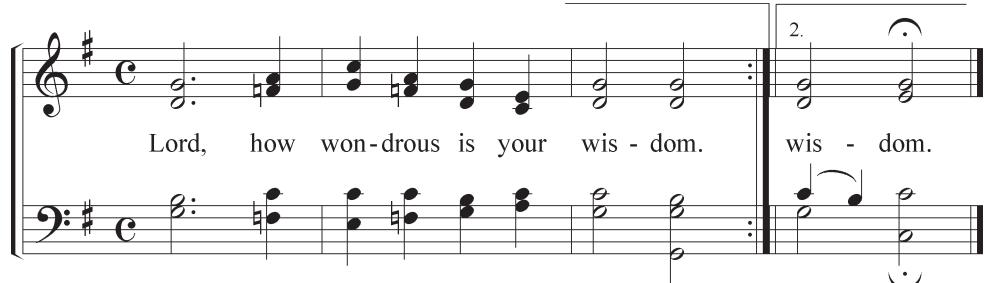


SECOND READING

Romans 5:1-2, 5-8

TRACT

Thomas B. Stratman (1939–2008)



## PROFESSION OF FAITH (except Sunday 10:00am)

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*All BOW*

and by the Holy Spirit was incarnate  
of the Virgin Mary, and became man.

*All STAND UPRIGHT*

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,

and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.  
I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic  
and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

*Second Scrutiny of the Elect (10:00am)*

## INTERCESSIONS

Litany of Saints

## PRAYER OF EXORCISM

## LAYING ON OF HANDS

*Come out from tombs of death and sin*  
TALLIS CANON

## DISMISSAL OF THE ELECT (10:00)

Thomas B. Stratman

Choir      "I give them life long and full,  
ALL      and I show them my power to save," says the Lord.

*The Liturgy of the Eucharist*

## PREPARATION OF THE ALTAR AND THE GIFTS

## Offertory (10:00)

*Jesus said to the blind man*  
Melchior Vulpius (1570–1615)

Jesus said to the blind man: What will you that I shall do for you?

He said: Lord, let me regain my sight!

And Jesus said to him: Receive your sight; your faith has cured you.

And at once he received his sight and followed Him and glorified God.

And all the people saw and praised God.

Luke 18:41-43

(Noon)

*As water tot he thirsty*  
T. Brian Coleman (1920–2015), arr. David Iliff

(Sunday evening)

*Loving shepherd of thy sheep*  
Marie Pooler (1928–2013)

## SANCTUS

*Missa Deus genitor alme*  
Vatican XVIII

San-ctus, San-ctus, San-ctus Do-mi-nus De-us Sa-ba-oth. Ple-ni sunt  
 cæ-li et ter-ra glo-ri-a tu-a. Ho-san-na in ex-cel-sis. Be-ne-dic-tus  
 qui ve-nit in no-mi-ne Do-mi-ni. Ho-san-na in ex-cel-sis.

## MYSTERY OF FAITH

Roman Missal

When we eat this Bread and drink this Cup,  
 we pro-claim your Death, O Lord, un-til you come a-gain.

## AMEN

*Christus vincit*

A - men, A - men, A - - - men.

*The Communion Rite*

## LORD'S PRAYER

## AGNUS DEI

Vatican XVII

R. 1, 2 mi - se - re - re no - bis.  
 R. 3 do - na no - bis pa - cem.

## COMMUNION

*Lutum fecit*  
Mode VI

The Lord made some clay with his spittle, and he spread it over my eyes;  
 and I went forth, I washed myself, I began to see, and I put my faith in God.

(10:00am)

Psalm 23: *The Lord is my shepherd*  
John Rutter (b. 1945)

(Noon)

Psalm 84: *How lovely is that dwelling place*  
Scottish melody, arr. David Iliff

Upon returning to your place after Holy Communion, please kneel or be seated.

**Low-gluten hosts are distributed at the credence table near the presider's chair.**

## HYMN OF PRAISE

*The King of Love my shepherd is*  
ST. COLUMBA

1. The King of love my shep - herd is,  
 2. Where streams of liv - ing wa - ter flow  
 3. In death's dark vale I fear no ill  
 4. You spread a ta - ble in my sight;  
 5. And so through all the length of days

Whose good - ness fails me nev - er;  
 My ran - somed soul he's lead - ing,  
 With you, dear Lord, be - side me,  
 Your sav - ing grace be - stow - ing;  
 Your good - ness fails me nev - er;

I noth - ing lack if I am his,  
 And where the ver - dant pas - tures grow  
 Your rod and staff my com - fort still,  
 And O what trans - port of de - light  
 Good Shep - herd, may I sing your praise

And he is mine for ev - - - er.  
 With food ce - les - tial feed - ing.  
 Your cross be - fore to guide me.  
 From your pure chal - ice flow - ing!  
 With in your house for ev - - - er.

## PROCESSION

*Præludium in C Major, BWV 547*  
Johann Sebastian Bach (1685–1750)  
“Con moto mæstoso” from *Sonata No. 3, op. 65/3*  
Felix Mendelssohn (1809–1847)

## ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### PAROCHIAL VICAR

Reverend Alex Pablo

### IN RESIDENCE

Reverend David A. Brant

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

John Marquez, Interim Director of RCIA (206-654-4640)

John Simpson, Faith Formation (206-654-4658)

Andrew Casad, Children's Faith Formation (206-274-3108)

Jennifer Wong, Faith Mentors & Faith Friends (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharpies, Peter Burns, John Marquez, sacristy (206-654-4646)

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Maria Tally (Assistant Director) (206-264-2091)

### MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Senior Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Immigration Legal Coordinator

Erica de Klerk, Refugee Welcome Coordinator

Marina Ortiz, Immigrant Legal Services Assistant

### STEWARSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome and Volunteer Coordinator (206-654-4650)

### YOUTH MINISTRY

David Buchholz, Christina Buchholz, youth@stjames-cathedral.org

### PARISH OFFICE

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-654-4650)

Open Position, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Michelle Lazo, Lino Nillas

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

### CONFESIONS/SACRAMENT OF RECONCILIATION

Saturdays, 8:30am-9:30am (following 8:00am Mass) and by appointment

### BAPTISM

Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Theresa Van de Ven for information, 206-219-5822.

### MARRIAGE

Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Wedding Office, 206-382-4288.

### ANOINTING of the SICK

In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

### FUNERALS

for parishioners, contact Corinna Laughlin, 206-264-2086

### CATHEDRAL COLUMBIARIUM

Maria Laughlin, 206-382-4284

### PARISH OFFICE HOURS:

Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

**804 Ninth Avenue, Seattle, WA 98104**

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**W**ELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.

## The Fourth Sunday of Lent March 27, 2022

**ON THE COVER** *One thing I do know is that I was blind and now I see.* The healing of the man born blind. Detail of the Ceremonial Bronze Doors, St. James Cathedral. Ulrich Henn, artist.

**MASK MANDATE LIFTING** The statewide mask mandate was lifted effective March 12, 2022. Masking is no longer required for any liturgies or meetings at the Cathedral. You should feel absolutely free to continue to wear a mask until you feel safe and comfortable without one. All who are unvaccinated or immunocompromised in any way are encouraged to continue to wear a mask in public settings. Please note that for the time being, we will continue to offer socially distanced seating at all weekend Masses. *Masks will be required for those requesting seating in this section*, and the communion minister for this section will wear a mask. To reserve seating in the socially distanced section, contact Caroline Okello, [cokello@stjames-cathedral.org](mailto:cokello@stjames-cathedral.org) or 206-654-4650.

**ADULT CONFIRMATION** Is God calling you to take the next step in your faith life? If so, and you are a baptized Catholic who has not yet been confirmed or received your first communion, this is a wonderful opportunity to grow in faith. The ten sessions will begin Thursday, March 31, 7:00 – 8:30 pm. This will be an in-person class and we will meet in Cathedral Place. *Information, or to register*, John Simpson at 206-654-4658 or [jsimpson@stjames-cathedral.org](mailto:jsimpson@stjames-cathedral.org).

### OPUS 7 CONCERT: FINDING LIGHT IN DARKNESS

Saturday, April 2 at 8:00pm. Opus 7 Vocal Ensemble, with special guests Naomi Kato, harp, Kevin Krentz, cello, and Karen Sunmark, percussion, presents a collection of extraordinary works spanning six centuries from some of the greatest European and American choral composers, setting some of the most profound and prayerful texts in the choral repertoire. Composers include Howells, Parry, Schütz, Gibbons; Welsh native Paul Mealor; and Seattle's own Peter Hallock and John Muehleisen. For tickets and more info about this evening of restorative and inspirational music featuring inspirational texts of faith, hope, and love, visit [opus7.org/music/concerts/](http://opus7.org/music/concerts/) or call 206-782-2899. A limited number of pay-what-you-can parishioner passes are available through the Cathedral music office, [musicoffice@stjames-cathedral.org](mailto:musicoffice@stjames-cathedral.org) or 206-382-4874.

**PARISH REMEMBRANCE** Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. Louise in Bellevue and St. Patrick in Seattle and Tacoma.

**ST VINCENT DE PAUL THANKS YOU** A woman and her elderly mother were pleased to find housing after experiencing homelessness. The daughter shared that it was scary being homeless and expressed her gratitude for having an apartment. When the daughter lost her job and source of income, the women found themselves anxious about being short of rent money. They called the SVdP Helpline requesting assistance (206-767-6449). Thanks to your support we were able to pay enough of their rent to relieve their anxiety. In addition, the daughter found full time work and has a steady income. Thank you! *Information*, Jo Ann Wiesner, 206-291-4012 or [wiesnerjo@gmail.com](mailto:wiesnerjo@gmail.com).

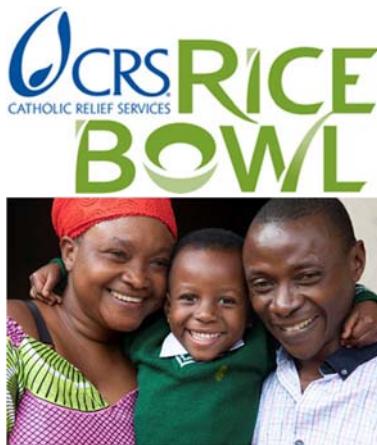
#### **CRS RICE BOWL**

**STORIES** “For a healthy relationship between love of one’s native land and a sound sense of belonging to our larger human family, it is helpful to keep in mind that global society is not the sum total of different countries, but rather that communion that exists among them.” - Pope Francis. Living in Kigali, Rwanda,

Gloriose and her husband Karekezi are no strangers to hardship and hard work. They have a dream to send their three children to a good school, so Gloriose sells vegetables and water in a kiosk and Karekezi sells vegetables at a market. It’s a full day’s work. They often return home late at night, but are thankful for the blessings they have. They faced many challenges. Their daughter, Nshutinziza, was malnourished—like many other children in their village. Then Gloriose joined Gikuriro, a project funded by the U.S. government and led by Catholic Relief Services to support the Rwandan government’s efforts to combat malnutrition, improve community health, and train farmers to grow healthy food. In Gikuriro, Gloriose learned how to prepare balanced meals for her children. She also learned about the importance of good hygiene. She shared these and other skills—like how to grow a kitchen garden—with her husband so they could support their children together. She later joined a CRS-led micro-savings group and learned how loans could help her grow her business and make more money. Now she earns enough to support her family. She and Karekezi can also afford to fulfill their dream of sending their kids to school. Gloriose says because parents in her village have gained knowledge about balanced diets, their children are receiving the food they need to grow. But what she considers truly wonderful is how, by participating in the program, “a woman has been given a voice.”

Learn more at [www.CRSRiceBowl.org](http://www.CRSRiceBowl.org).

**FLORAL OFFERINGS ARE A WONDERFUL WAY** to remember a deceased loved one, celebrate an anniversary, or give thanks for a prayer that has been answered. Weekends open for floral offerings include May 8, May 22, June 12, and July 10. *Information*, Maggie Corrigan, [mcorrigan@stjames-cathedral.org](mailto:mcorrigan@stjames-cathedral.org) or 206-622-3559.



**STATIONS OF THE CROSS** Stations of the Cross will be prayed after the 12:10pm Mass on Monday, March 28. All are welcome.

**EXPOSITION OF THE BLESSED SACRAMENT** Friday, February 4 is First Friday. Exposition of the Blessed Sacrament will follow the 8:00am Mass, continuing until 12:00pm, with rosary at 11:30am.

#### **MASS FOR CHILD ABUSE PREVENTION MONTH**

April is National Child Abuse Prevention Month. To mark the beginning of this month-long observance, Archbishop Etienne will celebrate Mass on Monday, April 4 at 8:00am. During this Mass, we will acknowledge the sins and failings of the past, pray for all victim survivors of abuse, and strengthen our resolve that every home, school and parish will be a safe place for children.

**CHRISM MASS** On Thursday, April 7 at 7:00pm, Archbishop Etienne will gather with the priests, deacons, and lay leaders of the local Church to bless the holy oils that will be used in the celebration of the sacraments at Easter and throughout the coming year. All are invited to participate in this special celebration.

**FAITH FRIENDS INCLUSION MINISTRY** Do you know a child or teen age 7-18 with physical, cognitive and/or intellectual disabilities? Faith Friends is an inclusion ministry. We are a unique blend of our Faith Mentor and Children’s Faith Formation program, and provide sacramental preparation as well opportunities for friendship with other parish youth. *Information*, [faithfriends@stjames-cathedral.org](mailto:faithfriends@stjames-cathedral.org) or [stjames-faithfriends.weebly.com](http://stjames-faithfriends.weebly.com).

- “What I want is for the Church to be a refuge where *all* are welcome.”
- “I want the Church to be a place for my daughter to grow, a place where she will have role models.”
- “These sessions are Vatican II, continued.”



#### **WHAT IS YOUR DREAM FOR THE CHURCH?**

Beginning in Lent and continuing into Easter, every member of the Cathedral community is invited to participate in the worldwide Synodal process initiated by Pope Francis. “Every encounter—as we know—calls for openness, courage and a willingness to let ourselves be challenged by the presence and the stories of others.... the experience of encounter changes us; frequently it opens up new and unexpected possibilities” (Pope Francis). **Sign up online to attend a synodal gathering:**

- Tuesday, March 29 at 6:30pm (Zoom)
- Wednesday, March 30 at 4:00pm (Zoom)
- Sunday, April 3 at 11:15am (in person)
- Monday, April 4 at 4:00pm (Zoom)
- Tuesday, April 5 at 6:30pm (Zoom)

ST. JAMES CATHEDRAL

*Parish Communal Celebration of*  
THE SACRAMENT OF PENANCE



*The Fifth Station*  
Joan Brand-Landkamer, Cathedral Iconographer

Monday, March 28, 2022  
7:00pm

During this beautiful service of readings, reflection, and song, we will open ourselves to experience the gift of God's gracious and loving forgiveness in the Sacrament of Penance. *It has long been a tradition in the Church to confess one's sins before celebrating the great feast of Easter. This will be the ideal time to do so.*

# RENEWAL

Contemplative Prayer  
with music from Taizé



**Friday, April 1, 2022**  
**6:30pm**

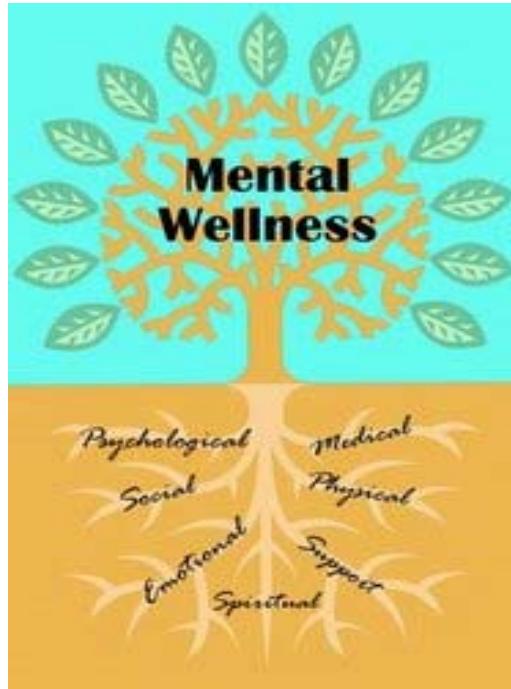
St. James Cathedral

*Living God, at times we are strangers on the earth, disconcerted by the violence, the harsh oppositions. Transfigure the deserts of our doubts and so prepare us to be bearers of reconciliation wherever you place us, until a hope of peace arises in our world.*

Brother Alois of Taizé

On the first Friday of each month, all are welcome to a contemplative prayer in the Cathedral, with song, silence, and candlelight. The service includes the meditative chants of the ecumenical Taizé community in France, founded by Brother Roger Schutz as a sign of reconciliation after World War II.

St. James Cathedral Mental Health & Wellness Ministry  
and Seattle Archdiocese Mental Health Ministry  
are pleased to announce  
**WELLNESS WEDNESDAYS**



This educational forum, taking place every first Wednesday, will feature professionals from various mental health disciplines speaking on topics of interest.

Our first guest speaker on Wednesday, April 6 is Dr. Travis L. Osborne, PhD, ABPP. Dr. Osborne is the Co-Director of the Anxiety Center and the Director of Training at the Evidenced based Treatment Center of Seattle (EBTCS). He specializes in the treatment of anxiety and related problems, including hoarding.

Dr. Osborne's talk, entitled "**Understanding Hoarding Disorder**," will provide an overview of hoarding, as well as current treatment modalities. There will be a discussion of how family members can encourage their loved ones to get help.

Wednesday, April 6, 2022 from 7-9 pm. Everyone is invited.

To Register: <https://archseattle.org/ministries/outreach-ministries/mental-health-ministry/wellness-wednesdays/>

Zoom link to join: <https://seattlearch-org.zoom.us/j/87157205880>