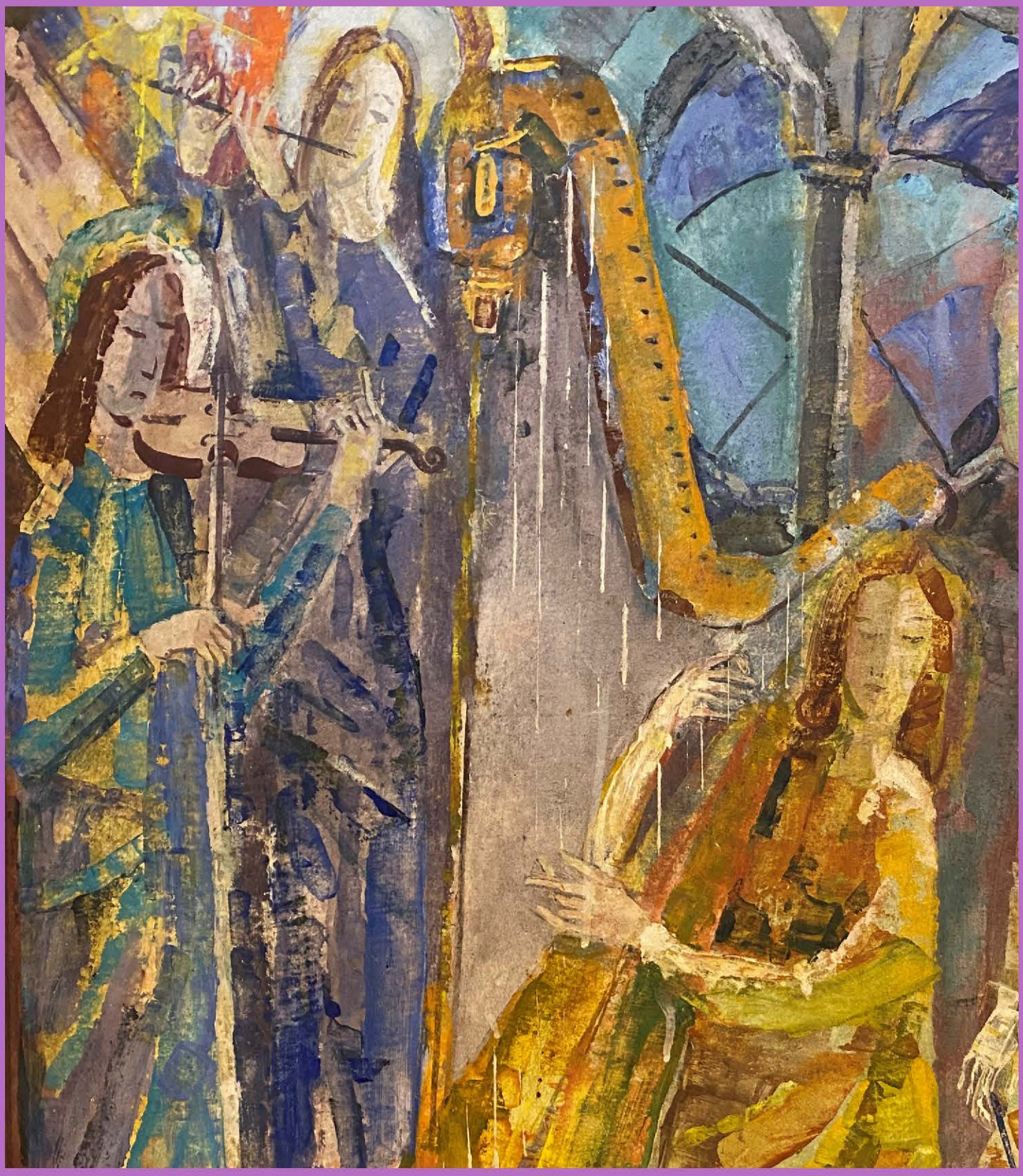


St. James Cathedral

The Third Sunday of Advent

December 15, 2024

ORDER OF CELEBRATION FOR

The Third Sunday of Advent

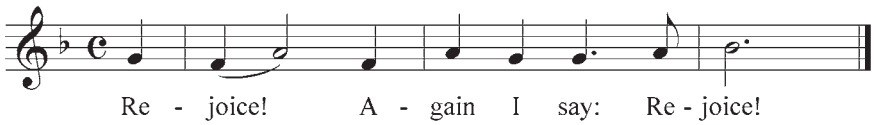
PRELUDE

Savior of the nations, come
Nikolaus Bruhns (1665–1697)
Freu dich sehr, o meine Seele
Georg Böhm (1661–1733)

LIGHTING OF THE ADVENT WREATH

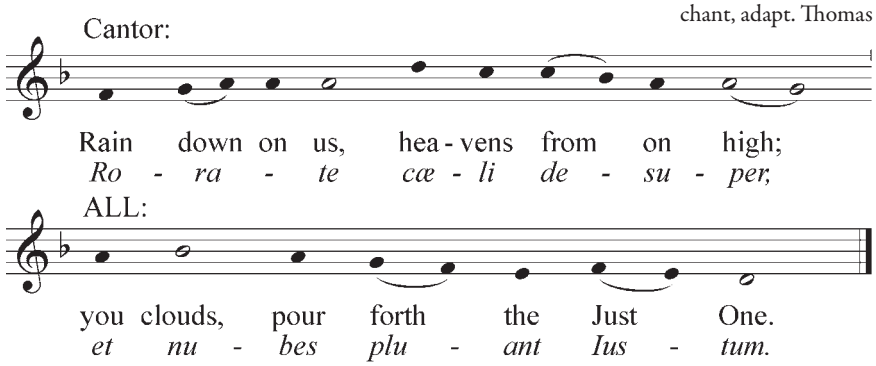
INTROIT FOR THE THIRD SUNDAY OF ADVENT

Gaudete in Domino/Rejoice, again I say rejoice
Mode VII, adapt. St. James Cathedral



SPRINKLING RITE

Rorate cæli
chant, adapt. Thomas B. Stratman (1939–2008)

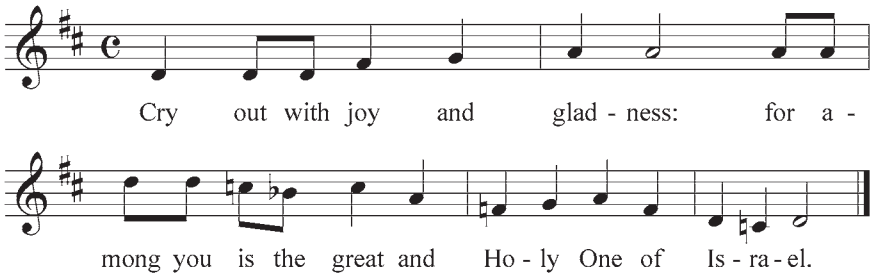


OPENING PRAYER (COLLECT)

The Liturgy of the Word

FIRST READING — Zephaniah 3:14-18a

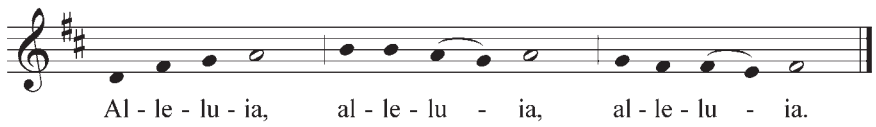
PSALM RESPONSE — Isaiah 12:2-3, 4, 5-6
Michael Guimont (b. 1952)



SECOND READING — Philippians 4:4-7

ALLELUIA

New Plainsong Mass
David Hurd (b. 1950)



GOSPEL READING — Luke 3:10-18

HOMILY — **Father Gary Lazzeroni** (Noon)
Father Michael G. Ryan (all other Masses)

CREED CHANTED ON ONE TONE

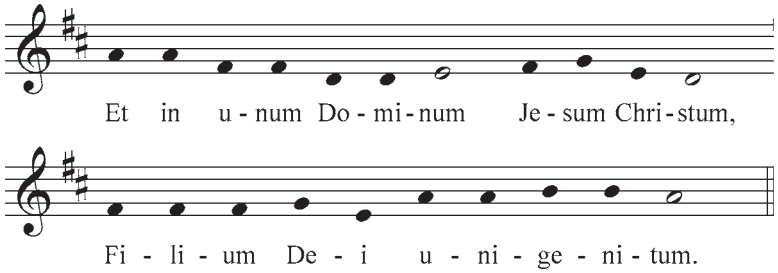
(10:00 and Sunday Evening)

chant, Mode V

Presider *Credo in unum Deum,*
Choir Patrem omnipotentem factorem cæli et terræ,
visibilium omnium et invisibilium.

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

ALL

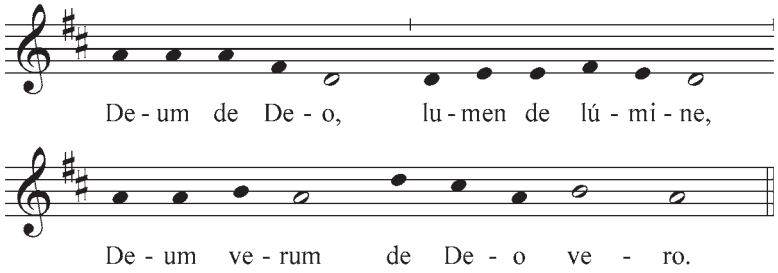


**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,**

Choir Et ex Patre natum ante omnia sæcula.

born of the Father before all ages.

ALL

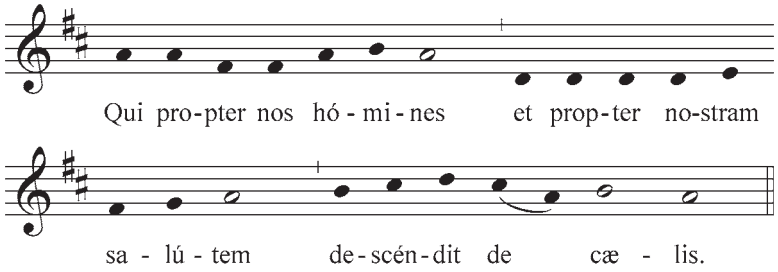


**God from God, Light from Light,
true God from true God,**

Choir Genitum, non factum, consubstantialem Patri:
per quem omnia facta sunt.

**begotten, not made,
consubstantial with the Father;
through him all things were made.**

ALL



**For us men and for our salvation
he came down from heaven,**

ALL BOW

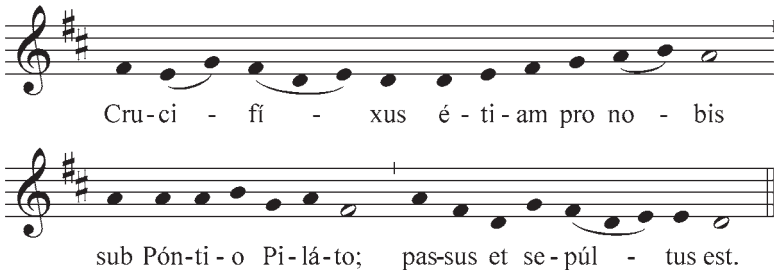
All bow at the words of incarnation, sung by the Choir:

Choir Et incarnatus est de Spiritu Sancto ex Maria Virgine,
et homo factus est.

**and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.**

ALL STAND UPRIGHT

ALL

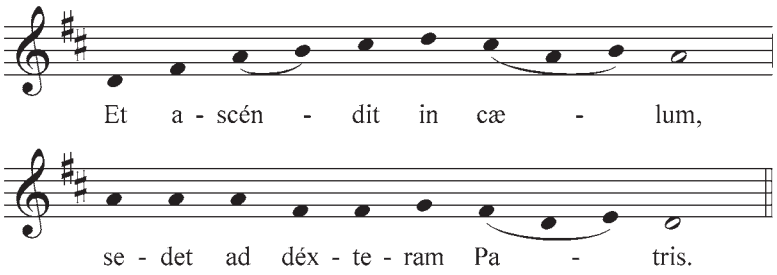


**For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,**

**and rose again on the third day
in accordance with the Scriptures.**

Choir Et resurrexit tertia die, secundum Scripturas.

ALL

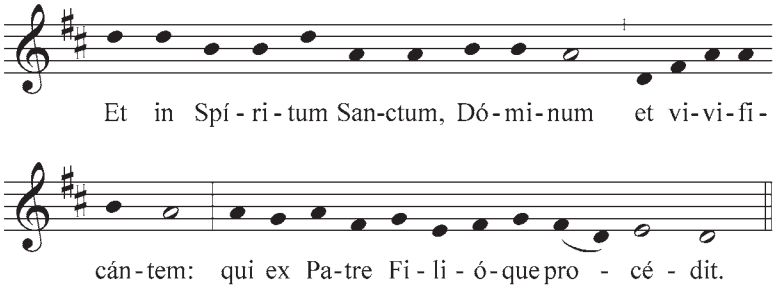


He ascended into heaven
and is seated at the right hand
of the Father.

Choir Et iterum venturus est cum gloria,
iudicare vivos et mortuos,
cuius regni non erit finis.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

ALL

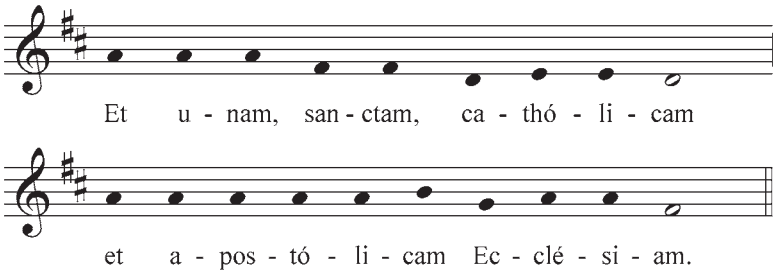


I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds
from the Father and the Son,

Choir Qui cum Patre et Filio simul
adoratur et conglorificatur:
qui locutus est per prophetas.

who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

ALL

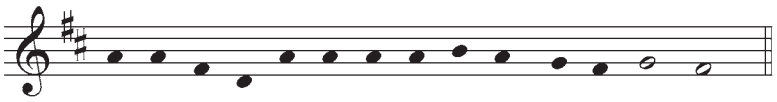


I believe in one, holy,
catholic and apostolic Church.

Choir Confiteor unum Baptisma in remissionem peccatorum.

I confess one Baptism
for the forgiveness of sins

ALL

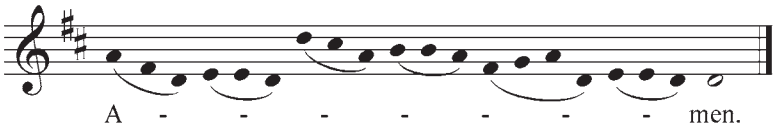


and I look forward
to the resurrection of the dead

Choir Et vitam venturi sæculi.

and the life of the world to come.

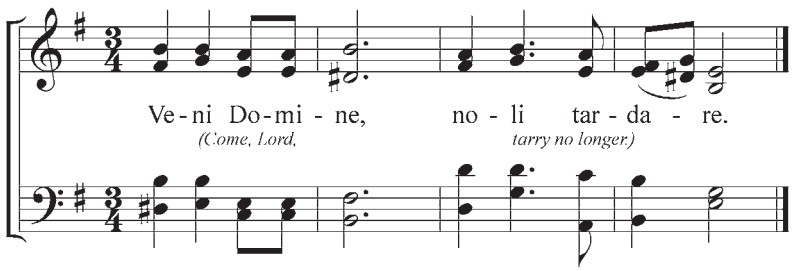
ALL



Amen.

PRAYER OF THE FAITHFUL

Jacques Berthier (1923–1994)



The Liturgy of the Eucharist

PROCESSION OF GIFTS Please follow the directions of the ushers and come forward to the altar with your offering. If you give online, you are still encouraged to participate in the procession! Use one of the white envelopes in the pews and simply drop it in the basket.

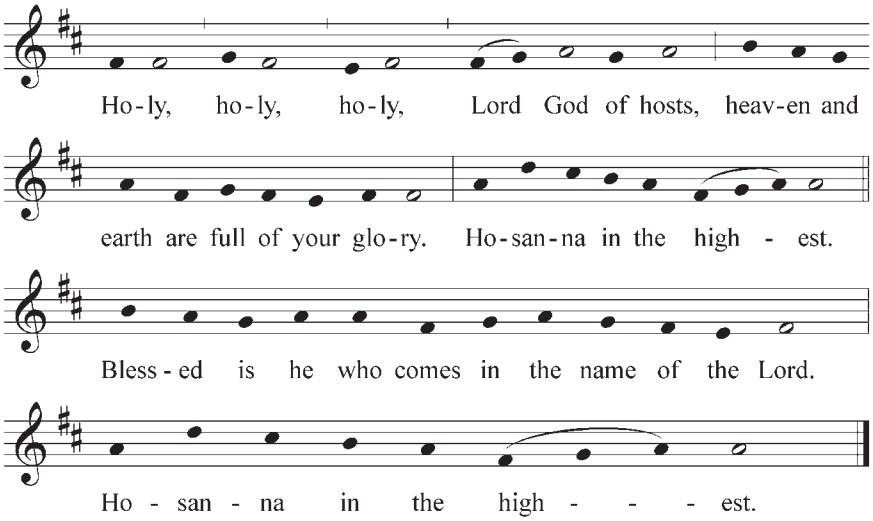
PREPARATION OF THE ALTAR AND THE GIFTS

(10:00) "And the glory of the Lord" from *Messiah*
George Frideric Handel (1685–1756)

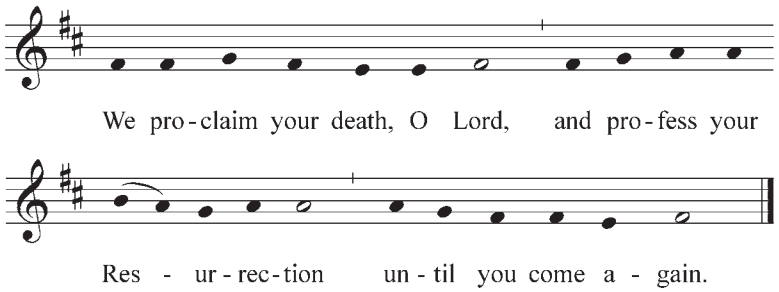
(Noon) *Lo, how a Rose e'er blooming*
Michael Praetorius (1571-1621)

(Sunday evening) *Ex ore innocentium*
John Ireland (1879–1962)

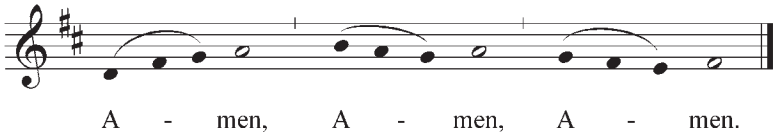
SANCTUS *New Plainsong Mass*
David Hurd



MYSTERY OF FAITH David Hurd



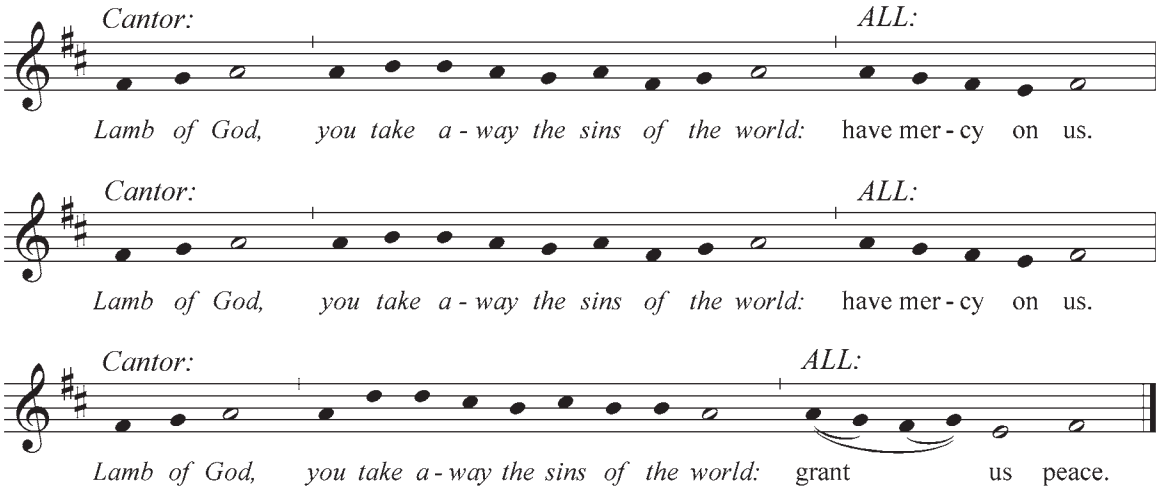
AMEN David Hurd



LORD'S PRAYER

AGNUS DEI

David Hurd



Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.

COMMUNION

Dicite: Pusillanimes confortamini

chant, Mode VII

Say, take courage, you who are fainthearted, and do not fear;
behold, our God will come and he will save us.

(10:00)

Rejoice in the Lord

attr. John Redford (c1500–1547)

Rejoice in the Lord alway: and again I say, rejoice.
Let your moderation be known nto all. The Lord is e'en at hand.
Be carful for nothing; but in all prayer and supplication
Let your petitions be manifest unto God with giving of thanks.
And the peace of God,which passeth all understanding,
Keep your hearts and minds througgh Christ Jesu.

(Noon)

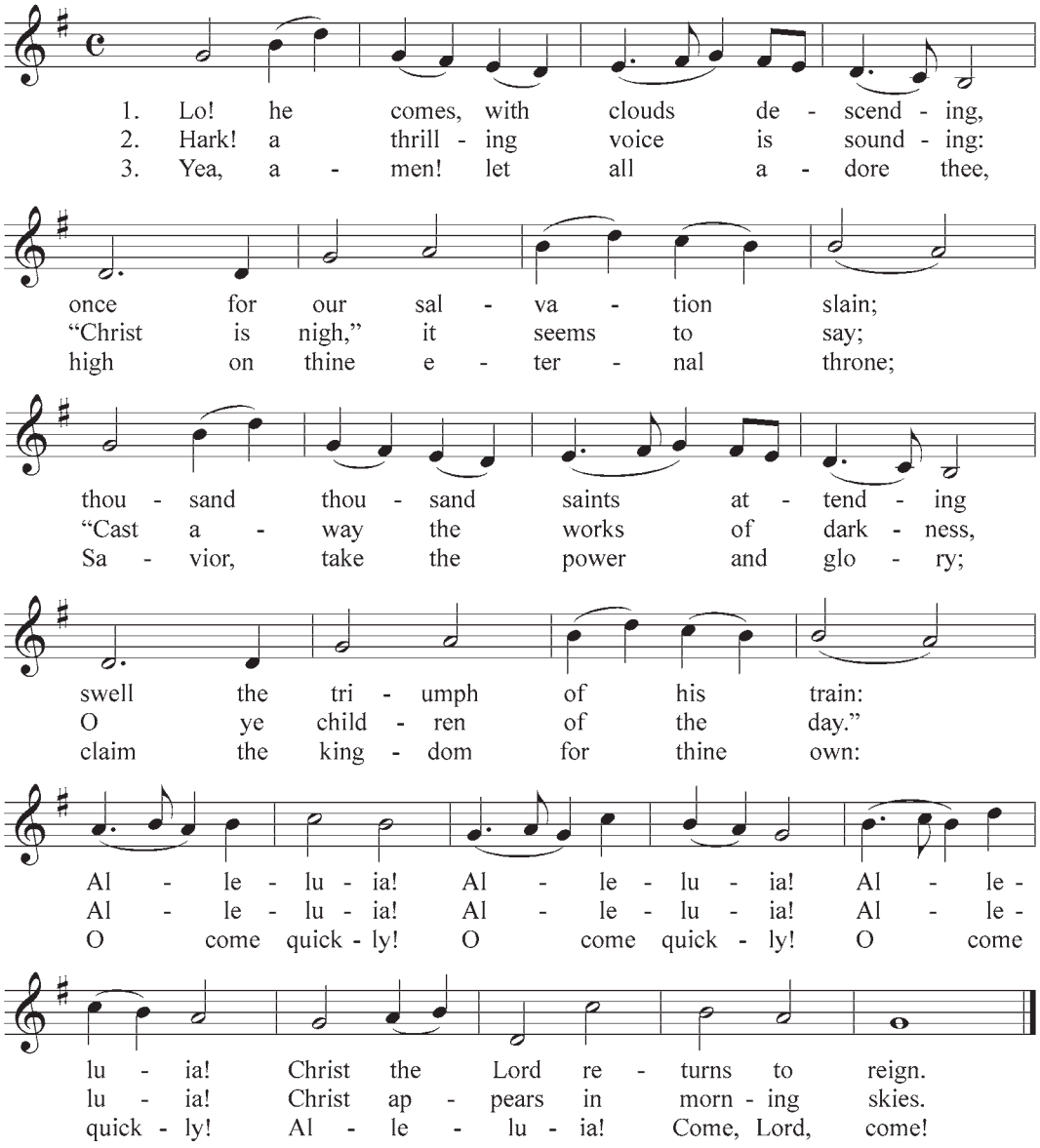
Zion hears the watchmen calling

Johann Sebastian Bach (1685–1750)

Upon returning to your place after Holy Communion, please kneel or be seated.

HYMN OF PRAISE

Lo, he comes with clouds ascending
HELMSLEY



PRAYER AFTER COMMUNION

BLESSING AND DISMISSAL

PROCESSION

Magnificat primi toni, BuxWV 203
Dieterich Buxtehude (1637–1707)

ICON OF THE BAPTISM OF THE LORD. ACKNOWLEDGEMENTS: Psalm response by Michel Guimont; Alleluia, Eucharistic Acclamations, and Agnus Dei from *New Plainsong Mass* by David Hurd, copyright © 1986, 2010 by GIA Publications, Inc., Chicago, IL. Reprinted under OneLicense.net #A706828. All rights reserved. General Intercessions response copyright © 1979, 1982 Les Presses de Taizé (France), GIA Publications, Inc., Chicago, IL, exclusive agent. Reprinted under OneLicense.net #A706828. All rights reserved.

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR
The Very Reverend Michael G. Ryan

PAROCHIAL VICAR Rev. Alex Pablo

IN RESIDENCE Rev. Bryan Hersey, Rev. David Brant

PASTORAL ASSISTANT for ADMINISTRATION
Lawrence N. Brouse (206-382-4280)

FAITH FORMATION
John Simpson, Director of Faith Formation (206-654-4658)
John Marquez, RCIA (Becoming Catholic) (206-654-4640)
Patty Pruitt, Administrative Assistant (206-274-3108)

CHILDREN'S FAITH FORMATION
Tami Kowal, Director of Children's Faith Formation (206-219-5822)
Leticia Escobar, Faith Mentors & Faith Friends (206-619-0816)

LITURGY
Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)
Julie Sharples, Spencer Truong, Peter Burns, Wendell Dyck, sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)
Joseph Adam, Director of Music & Cathedral Organist
Christopher Stroh, Assistant Director of Music & Organist
Stacey Sunde, Director of Youth Music
Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY
Patrick Barredo, Director (206-382-4515)
Peter Burns, Outreach Assistant
Cathedral Kitchen: Mick McHugh (Director) (206-264-2091), Tom Bentler, Nathan Braxton, March Blasquez (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY
Anisa Ralls, Director (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)
Erica de Klerk, Director
Patrick Suhrbier, Senior Immigrant Legal Services
Sayuko Setvik, Tutoring Coordinator
Laura Murton, Immigration Legal Coordinator

STEWARDSHIP and DEVELOPMENT
Maria Laughlin, Director (206-382-4284)
Caroline Okello, Welcome & Volunteer Coordinator (206-654-4650)

PARISH OFFICE
Yanti Kapoyos, Weddings and Funerals (206-382-4288)
Bev Mauser, Louise Mennella, Wedding Coordinators
Mary MacLean, Bookkeeper (206-382-4564)
Maggie Corrigan, Office Manager (206-622-3559)

FACILITIES and GROUNDS
Tang Nguyen, Facilities Supervisor (206-264-2087)
Alan Frasher, Brian Jones, Khai Nguyen, Tan Nguyen, facilities

CELEBRATIONS of the SACRAMENTS

MASS

Sundays	8:00am - 10:00am - 12 Noon - 5:30pm
Weekdays	8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)
Saturdays	8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT
Sundays at 4:00pm

CONFESSIONS/SACRAMENT OF RECONCILIATION Saturdays, 8:30am-9:30am (following 8:00am Mass) and by appointment

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Patty Pruitt for information, 206-274-3108.

MARRIAGE Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Yanti Kapoyos, Wedding Office, 206-382-4288.

ANOINTING of the SICK In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

FUNERALS for parishioners, contact Yanti Kapoyos, 206-382-4288

TRIBUNAL ADVOCATES The parish has several advocates ready to assist with marriage cases (commonly called 'annulments'). Information, Maria Laughlin, 206-382-4284

CATHEDRAL COLUMBARIUM Maria Laughlin, 206-382-4284

CATHEDRAL KITCHEN serves dinner Monday to Friday, 4pm—4:45pm, and breakfast on Sundays, 7am—8am. All are welcome.

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104
Telephone: 206-622-3559 FAX: 206-622-5303
www.stjames-cathedral.org

WELCOME TO OUR PARISH FAMILY

ST. JAMES CATHEDRAL
IMMACULATE CONCEPTION | CHRIST OUR HOPE

The Third Sunday of Advent
December 15, 2024

WELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese. Please note that restrooms are located at the Terry and Marion entrance to the Cathedral (northeast corner).*

ON THE COVER *Be glad and exult with all your heart, O daughter Jerusalem!* Detail of stucco lustro art by Sepp Mayrhuber, St. James Cathedral.

HOSPITALITY AFTER 10:00AM MASS Come to Cathedral Hall after the 10:00am Mass for breakfast burritos, fresh fruit, and fellowship.

ST. VINCENT DE PAUL COLLECTION This is the Third Sunday of the Month! As you leave the Cathedral, the ushers will be at the doors to receive any offering you are able to make in support of our St. Vincent de Paul Society outreach to the poor and needy in our downtown neighborhood. You can also give via the QR code. Your support makes a tremendous difference!

CALLING ALL YOUNG ADULTS! Come help prepare the Cathedral for Christmas! On Sunday, December 22 at 6:30pm, young adults will kick off "the greening"—that is, the decoration of the Cathedral for Christmas. We will start with pizza, then head to the Cathedral for a work party with Father Ryan and the Cathedral team. RSVP to Blake Steller, blsteller@gmail.com.

ADVENT ROSARY FOR MENTAL HEALTH Join the Mental Health and Wellness Ministry for an advent rosary for mental health in the chapel, Friday, December 20, after 12:10pm mass. All are welcome! *Information* Anisa Ralls, Director of Mental Health and Wellness, 206-382-4269 or aralls@stjames-cathedral.org.

QUESTIONS ABOUT CATHOLICISM? Do you have questions about the Catholic faith? Are you new to Mass and wondering what it's all about? Are you cautiously curious about the Church, or perhaps decidedly interested in becoming Catholic? *Information*, John Marquez, 206-654-4640, jmarquez@stjames-cathedral.org.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each parish family in the Archdiocese of Seattle.* This week we pray for the parish family of St. Stephen the Martyr and St. Anthony, Renton.

SUNDAY HOSPITALITY VOLUNTEERS NEEDED The coffee hour is a wonderful opportunity to extend the Sunday celebration, and provide a warm and welcoming atmosphere for parishioners to connect, visit with friends, and share community. Would you like to help with this important ministry? Hospitality is offered every Sunday following the 10:00am Mass, once a month (on the 2nd Sunday) after the 8:00am Mass, and once a month (on the 1st Sunday) after the Noon Mass. *Information*, Caroline Okello, cokello@stjames-cathedral.org or 206-382-4650.

THE CATHEDRAL KITCHEN We have a special opportunity for a pianist who could play from 4pm to 4:45pm on Fridays. Music is a wonderful gift to our guests. Would you consider helping out in the Kitchen? (No concert resume necessary!) *Information*, Mick McHugh, Director of the Cathedral Kitchen, 206 -949-6114.

WEEKLY MENTAL HEALTH AND WELLNESS GROUPS Open to anyone who needs support, weekly groups are held every Friday of the month, 10-11:30am. The Mental Health and Wellness Ministry is offering different groups for mental health support, including art, board games, a mental health support group, mindfulness, yoga, and prayer, and a movie. Everyone is welcome! Held in the Pastoral Outreach Center. *Registration*, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org

NO MONTHLY FOOT CARE CLINIC IN DECEMBER Seattle and King County Public Health are offering free monthly foot clinics and blood pressure checks, on the last Wednesday of every month, 1-4pm, in the Pastoral Outreach Center, 907 Columbia St. No registration required. Please note: there will be no clinic in December. The next clinic will be on January 29, 2025.

ADVENT GIVING TREE AND SOCK DRIVE THANK YOU to all who have supported St. James Cathedral's annual holiday giving through your prayers and generous donations. Your gifts are a true blessing for young people in detention, homeless men, and young families in King County and the Skagit Valley. Thank you! This year's Sock Drive continues, with a goal of collecting 2,024 pairs of men's athletic socks.

CARE FOR CREATION ADVOCACY Recently released research has explored the health impacts of airports and their flights upon community members who breathe the air pollution and hear the noise. As SeaTac airport considers expanding its number of flights, consider the effects on those who live under the flight paths. A period of public comment is open right now, for a limited time. *Information*, https://fixtheharm.org/.

MINISTRY WITH HOMELESS WOMEN Our partners at Operation Nightwatch will soon be opening a desperately needed women's shelter. There will be opportunities to volunteer by providing transportation from Nightwatch (on the corner of 14th Ave S and S Main St) to St. Mark's Cathedral, where the shelter will be located. *Information*, Patrick Barredo, pbarredo@stjames-cathedral.org or 206-382-4515.

SEASON OF SERVICE To honor the history of the local Church, while embracing our Catholic Social teachings, the Archdiocese of Seattle will host a "Season of Service." From March 1 to May 31, 2025, local Catholics, parishes, schools, ministries and families are invited to participate in service with the goal of reaching 175,000 collective hours of service across Western Washington. More information to come to learn how you can participate through St. James Cathedral.

SACRAMENT OF CONFIRMATION FOR ADULTS The Sacrament of Confirmation will be celebrated on Sunday, May 18, 2025, at 5:30pm. Weekly classes for adults, college age and older, in preparation for the Sacrament begin on Tuesday, February 25, 2025, at 7pm. Registration is required. Must be baptized in the Catholic Church and have received First Communion. *Information,* John Marquez, jmarquez@stjames-cathedral.org, 206-654-4640.

PEACE-MAKING AND NONVIOLENCE EVENT Wednesday, January 15, 7pm-8:30pm on Zoom The documentary film The Third Harmony tells the story of nonviolence, the greatest overlooked resource in human experience. Join St. James parishioners and local Catholics for this virtual film screening and short discussion afterwards with members of the film's production team. Featured in the film is Rev. Dr. Martin Luther King, Jr., who focused on peace-making in the last years of his life, and on whose birthday this event will take place. Co-sponsored by the St. James Life, Peace and Justice commission and Racial Solidarity Team. *Registration*, Patrick Barredo, pbarredo@stjames-cathedral.org or 206-382-4515.

ARE YOU A REGISTERED PARISHIONER AT ST. JAMES? Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. We strongly encourage you to register. Registered parishioners receive important mailings from the Cathedral (including offering envelopes!), are recipients of the Cathedral's journal *In Your Midst*, are able to celebrate their wedding at the Cathedral, and their children may attend any of the Catholic Rainbow Schools at parishioner rates (and become eligible for Cathedral scholarships). To register, visit www.stjames-cathedral.org or use the QR code.

ST VINCENT DE PAUL THANKS YOU A middle aged man lives on his disability check and discovered recently that he had been paying the wrong rent amount. The building's management has changed many times recently and he wasn't notified until back payments had built up for nearly a year. He has lived in the building for five years and feels a strong sense of community there. He is determined to make things work. Thanks to you, the SVdP ministry was able to help with a portion of his back his rent. Those in need of assistance can call the SVdP Helpline (206-767-6449 or apply online https://svdpseattle.org/get-help/online-help-request-form/) *Information*, Blake Steller, 907-244-6683 or blsteller@gmail.com.



Cathedral Children's Christmas Party

Sunday, December 15
after the Noon Mass in Cathedral Hall

At the party, children are invited to pick up their "Christmas Around Cathedral Hall" passport and visit fun activity stations around Cathedral Hall.

Be sure to visit the **Cathedral Youth Unite** station to pick up a NEW Cathedral Youth Unite Hoodie in a NEW color!

There will also be a pizza lunch and a visit from Santa!

Information or to RSVP, Tami Kowal, 206-219-5822 or tkowal@stjames-cathedral.org



Parish Communal Celebration of the SACRAMENT *of* RECONCILIATION

Monday, December 16, 2024
7:00pm

During this beautiful service of readings, reflection, and song, we will open ourselves to experience the gift of God's gracious and loving forgiveness in the Sacrament of Penance.

Pope Francis says: "The Sacrament of Reconciliation... enables us to touch the grandeur of God's mercy with our own hands. For every penitent, it is a source of true interior peace." *It has long been a tradition in the Church to confess one's sins before celebrating the great feast of Christmas. This will be the ideal time to do so.*

Christmas 2024

at St. James Cathedral



Tuesday, December 24, 2024

4:30pm (NOTE TIME!)
The Nativity of the Lord—
Vigil Mass with Children and Youth
Blessing of the Christmas Crib
The Very Reverend Michael G. Ryan,
Presider & Homilist
with youth readers, musicians, and servers

9:00pm **Carol Service**

10:00pm*
The Nativity of the Lord—
Mass during the Night
The Most Reverend Paul D. Etienne,
Archbishop of Seattle, Presider & Homilist

Wednesday, December 25, 2024

8:00am*
The Nativity of the Lord—Mass at Dawn
Father Ryan, Presider & Homilist

Wednesday, December 25, 2024 continued

10:00am*
The Nativity of the Lord—
Mass during the Day
Father Ryan, Presider & Homilist

12 Noon
The Nativity of the Lord—
Mass during the Day
Archbishop Etienne, Presider & Homilist

4:00pm
Solemn Vespers of Christmas
Father Ryan, Presider

5:30pm
The Nativity of the Lord—
Evening Mass on Christmas Day
Father Ryan, Presider & Homilist

*Masses marked with * will be livestreamed.*

For more information, visit www.stjames-cathedral.org



MORNING MOBILITY



Saturday, January 4, 2025, 11:00am to 11:45am
St. James Cathedral Pastoral Outreach Center
Led by Blake Steller, Certified Personal Trainer

Join us every other month in 2025 for a refreshing and rejuvenating experience, sponsored by the Mental Health and Wellness Ministry!

Morning Mobility will now be held on the first Saturday of every other month, starting in January of 2025!

Through 45-minutes of gentle, guided movements, you'll enhance flexibility, alleviate joint stiffness and muscle tightness, and learn mobility exercises you can practice daily at home.

No matter your age or fitness level, this class is perfect for anyone recovering from an injury, wanting to improve daily movement, or simply looking to feel more energetic.

Please RSVP by January 1!

Blake Steller
(907) 244-6683
blake@stellercoaching.com

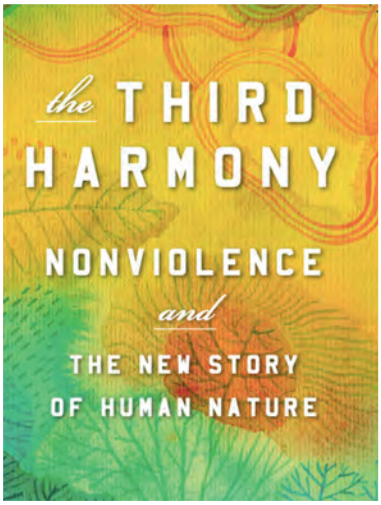
THE THIRD HARMONY

Virtual Film Screening and Discussion

Wednesday, January 15, 2025 | 7pm-8:30pm on Zoom



The documentary film *The Third Harmony* tells the story of nonviolence, the greatest overlooked resource in human experience. Join St. James parishioners and local Catholics for this virtual film screening and short discussion afterwards with members of the film's production team from The Metta Center. Featured in the film is Rev. Dr. Martin Luther King, Jr., who focused on peacemaking in the last years of his life, and on whose birthday this event will take place.



Co-Sponsored by the St. James Cathedral
Life, Peace and Justice Commission and Racial Solidarity Team

Information and registration, Patrick Barredo,
pbarredo@stjames-cathedral.org or 206-382-4515