



ST. JAMES CATHEDRAL
The Third Sunday of Advent
December 13, 2020

ORDER OF CELEBRATION FOR
The Third Sunday of Advent

WELCOME! A few important notes on today's liturgy:

- + **Wearing a mask is mandatory whenever you are in the Cathedral. Your mask must cover both your nose and your mouth at all times.**
- + **The clergy and readers are permitted to remove their masks, but only when they are speaking. They will wear masks at all other times.**
- + **Always observe social distance of at least six feet between family groups, including during the communion procession and as you leave.**
- + **Do not move around the Cathedral before or during Mass. Please follow the directions of the ushers as you leave the Cathedral.**
- + **Congregational singing is not permitted at this time.**
- + **Thank you! We can all help each other stay safe and comfortable by following these common sense guidelines.**

The Introductory Rites

PRELUDE

Savior of the nations, come
Nikolaus Bruhns (1665–1697)

LIGHTING OF THE ADVENT WREATH

INTROIT FOR THE THIRD SUNDAY OF ADVENT *sung by the cantor*

Gaudete in Domino
Mode I, adapt. St. James Cathedral

PENITENTIAL ACT *sung by the cantor*

Missa Pacem
L. Randolph Babin (b. 1943)

COLLECT (OPENING PRAYER)

The Liturgy of the Word

FIRST READING

Isaiah 61:1-2a, 10-11

RESPONSORIAL PSALM *sung by the cantor*

Luke 1:46-48, 49-50, 53-54
Leo Nestor (1956-2019)

SECOND READING

I Thessalonians 5:16-24

GOSPEL

John 1:6-8, 19-28

HOMILY

Archbishop Paul D. Etienne (Sunday 8:00am)
Father Michael G. Ryan (all other masses)

PROFESSION OF FAITH

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

ALL BOW
and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.
ALL STAND UPRIGHT
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy,
catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

All respond: **Lord, hear our prayer.**

The Liturgy of the Eucharist

SANCTUS *sung by the cantor*

New Plainsong Mass
David Hurd (b. 1950)

MYSTERY OF FAITH *sung by the cantor*

AMEN

LORD'S PRAYER

AGNUS DEI *sung by the cantor*

Norah Duncan IV (b. 1952)

**Please kneel following the Lamb of God and remain kneeling until it is time
for your row to go forward for Holy Communion.**

Distribution of Holy Communion

- + **Communion is given only in the hand.**
- + **Maintain six feet of separation between household groups as you come forward.**
- + **Wear your mask. Hold your hands out as flat as possible so that the minister can easily put the host on your open palm without touching your hand.**
- + **After receiving Holy Communion, lower your mask with one hand, put the host in your mouth, and then put your mask back on.**
- + **Following the procession, please exit by the door nearest you. This may not be the door you came in. Maintain social distance as you leave the Cathedral and follow the directions of the ministers.**

COMMUNION

Dicite: Pusillamines comfortamini

Say: "Take courage, you who are faint-hearted, and do not fear;
behold, our God will come and he will save us."

Mode VII

"Zion hört die Wächter singen" from *Cantata No. 140*

Zion hears the watchmen sing, her heart leaps for joy within her,
she wakens and hastily arises.

Johann Sebastian Bach

BLESSING AND DISMISSAL

PROCESSION

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

PAROCHIAL VICAR

Reverend Alex Pablo

IN RESIDENCE

Reverend David A. Brant

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Jennifer Wong, Baptism Coordinator (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

John Marquez, Julie Sharples, sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Samuel Libra, Associate Cathedral Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515); Luke Henkel (206-382-4235)

Cathedral Kitchen: Mick McHugh (Interim Director),

John Givins (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

STEWARSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome and Volunteer Coordinator (206-382-4500)

YOUTH MINISTRY

David Buchholz, Christina Buchholz, youth@stjames-cathedral.org

PARISH OFFICE

Mary MacLean, Bookkeeper (206-382-4564)

Micki-Jo Palmer, Executive Assistant for Finance (206-654-4650)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Gebregziabher Abay, Lino Nillas

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8:00am - 10:00am - 12 Noon

Weekdays 8:00am

Saturdays 8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Jennifer Wong for information, 206-619-0816.

MARRIAGE Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Margaret Lynch, 206-382-4288 or mlynch@stjames-cathedral.org.

ANOINTING of the SICK A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

FUNERALS for parishioners, contact Nancy Granger, 206-382-4269

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

WELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.

The Third Sunday of Advent December 13, 2020

ON THE COVER "I baptize with water; but there is one among you whom you do not recognize." *Virgin and Child with Six Saints* (detail). Neri di Bicci, ca. 1456. St. James Cathedral Chapel.

WEEKDAY MASSES OPEN TO THE PUBLIC Each day from Monday through Saturday, an 8:00am Mass is celebrated in the Cathedral. All are welcome to attend without prior registration. On Tuesdays, the 8:00am Mass is followed by Exposition of the Blessed Sacrament, concluding with rosary at 12 Noon.

CONFESIONS IN ADVENT Traditionally, Advent is a time to confess our sins as part of our preparation for Christmas. We have expanded hours for confession this month for those who wish to do so. Please note these special times for confessions: Confessions will be heard on Saturdays, December 5, 12, and 19 at 2:00pm in the Cathedral Chapel. Confessions will also be heard on Wednesday mornings, December 9, 16, and 23, following the 8:00am Mass. All are welcome without appointment or registration.

FAITH AND RACIAL HEALING Mondays, 6:30pm-9pm starting on January 18, 2021. Through new learning from articles, videos, and resource books, the Faith and Racial Justice small group program from JustFaith Ministries lends new insights to participants' awareness of privilege and racism. By encouraging new spiritual practices and informed action, it cultivates an expanding community of Christians who work to dismantle racism in their respective contexts. This process will challenge your own thinking about racism, its causes, and its impact, while helping you discern practical steps to address it. *Information and registration*, Patrick Barredo, pbarredo@stjames-cathedral.org.

LOOKING AHEAD TO CHRISTMAS MASSES Masses on Christmas Eve, December 24, will be at 4:00pm, 6:00pm, and 10:00pm. On Christmas Day, December 25, Masses will be at 8:00am, 10:00am, and 12 Noon. Registration will be required for all Masses and each Mass will be limited to 200 persons. Registration will open on December 21. Be sure to sign up for our email newsletter to get early notice when registration opens. Visit www.stjames-cathedral.org and click "Join our mailing list."

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. John in Vancouver and Seattle; St. John Mission in Montesano and Mukilteo; and St. John of the Woods in Tacoma.

Dear Friends,

It's wonderful that you are able to join us in the Cathedral for Mass. I'm happy you are making the effort, and I trust it's a rewarding experience for you. It certainly is for me!

I want to remind you how important it is to follow the instructions of the ministers who welcome you and show you to your seat at Mass. At every Mass, these faithful volunteers get a certain amount of resistance from people who are unhappy with the seat they've been given, or who want to get up and move around before Mass, lighting candles, visiting with others, etc. I need to remind you that the rules we have in place are not our rules, but they have been established for your safety and the safety of others, and it is more important now than it has ever been to follow them carefully.

It's equally important that we treat the ministers of hospitality with patience, respect, and cooperation. They are generously giving hours of their time to keep you safe, and it's difficult for them when they have to deal with complaints.

Thank you for thinking about these things, and again, thank you for making attending Mass a priority. It is wonderful to be able to celebrate the Eucharist with you.

Father Ryan

TAKE ANOTHER LOOK AT THE CATHOLIC CHURCH

You are invited to an online Cathedral program for Catholics who have been away, and are wanting to take another look at their Church. Be part of a small zoom community, ask questions, and learn about changes in the Church. The program begins Monday, January 11, 6:30 - 8:00 pm, and runs for six Monday nights.

Information: Rosanne Michaels, rmichaels@stjamescathedral.org

ST VINCENT DE PAUL THANKS YOU A family in another country sent their son to an American college and paid his tuition and living expenses. Then mom became seriously ill, and her medical expenses made it impossible for the family to continue supporting their son. The son was then accepted at a less expensive college. He was eager to transfer quickly to that college, but the pandemic intervened, putting his college plans on hold. Without his family's financial support, he wound up homeless and stayed in a shelter until finally finding low-income housing. Unable to attend college, he faced the added expense of an immigration attorney to avoid deportation. He took jobs delivering food and earned enough to meet his expenses in the early days of the pandemic, but as the months went by, his hours were getting fewer. He called the SVdP Helpline (206-767-6449). We visited by phone and helped by paying part of his rent, referring him to other possible sources of rent help and praying that he could return to college soon. Thank you for making our help possible! *Information:* Jo Ann Wiesner, 206-291-4012 or wiesnerjo@gmail.com.

ARE YOU A REGISTERED PARISHIONER AT ST. JAMES? Many who attend St. James regularly and consider the Cathedral their parish have never officially registered. We strongly encourage you to register. Registered parishioners receive important mailings from the Cathedral (including offering envelopes!). You can register online at www.stjamescathedral.org.

ST. JAMES CATHEDRAL ON SOCIAL MEDIA Be sure to follow the Cathedral on social media for up-to-date information about ongoing events in the life of the Cathedral! On Instagram: [@stjamescathedral](https://www.instagram.com/stjamescathedral). On Facebook and Twitter: [@stjamesseattle](https://www.facebook.com/stjamesseattle). Did you know the Cathedral has a podcast? Father Ryan's homilies are available on iTunes. Just search "St. James Cathedral, Seattle" on Apple podcasts. And of course, you can always visit the Cathedral website at www.stjames-cathedral.org for up to date information on Cathedral happenings, or to sign up for our weekly e-bulletin.

OUTREACH & ADVOCACY NEWSLETTER At the beginning of each month, a digital newsletter is sent out with news, information and stories about the Life, Peace and Justice ministries of the Cathedral. Recently, we've highlighted our work with immigrants, mental health services and encounters with our neighbors who are homeless. If you'd like to receive this newsletter, please send a message to outreach@stjamescathedral.org and ask to subscribe to the newsletter.

Musical Prayer

THURSDAY, DECEMBER 17 AT 6:30PM: Please note that this week's Musical Prayer in the Cathedral is on THURSDAY. Cathedral Musicians and friends present a half-hour of meditative music to soothe the soul and bring a quiet end to a busy week. This week, Cathedral Organist Joseph Adam offers Olivier Messiaen's *La Nativité*. Join at vimeo.com/stjamescathedral or facebook.com/stjamesseattle.

SUNDAY, DECEMBER 20 AT 6:30PM: A Service of Readings and Carols. This year's Readings and Carols will be livestreamed only. Join at vimeo.com/stjamescathedral or facebook.com/stjamesseattle.

*Above all, let your love
for one another be intense*

1 PETER 4:8



SUNDAY GIVING AT ST JAMES CATHEDRAL

RESULTS THROUGH DECEMBER 7, 2020

Total pledges received.....	627
Average pledge.....	\$47 weekly
% participation so far (out of 2,617 households).....	24%
Participation goal.....	40% (420 more pledges!)

A huge thank you to all who have turned in a pledge! If you haven't already done so, please remember to drop your commitment card for 2021 in the mail or make your pledge online. Your commitment makes it possible for the Cathedral to plan its budget in the coming year. If you donate via *Our Sunday Visitor*, be sure to login and update your giving preferences there. *Information*, Maria Laughlin, mlaughlin@stjames-cathedral.org.

www.stjames-cathedral.org

SUNDAY GIVING AT ST. JAMES CATHEDRAL 2021

Giving Tree

Opportunities to Give this Advent Season



This year's Giving Tree is going online! The Giving Tree provides for the needs of the region while also ensuring the health and safety of the St. James community. Unfortunately, this year's **ADVENT BAZAAR** will not take place. However, please support the following efforts this Advent season!

WARM HEARTS & SOLES SOCK DRIVE

- The annual sock drive has a goal this year of 2,021 pairs of new socks for homeless men and women. You can drop socks off at the parish office (call 206-622-3559 to confirm open hours) or order them online and have them shipped directly to the Cathedral.

ADVENT GIVING TREE

- The Virtual Giving Tree is at <https://www.stjames-cathedral.org/Events/2020/givingtree.aspx>, where you can donate a gift for someone in need.
- This year we are partnering with **Skagit Valley Migrant Farmworker Families, CCS Pregnancy Support Services, King County Juvenile Detention, the Frederick Ozanam House, and St. James Immigrant Assistance**. Gifts must be delivered by December 20.
- Handy links are provided so you can order the gift online and have it shipped to the Cathedral, or you can pick up a gift while you are out shopping and drop it by the Parish Office during the week (call 206-622-3559 to confirm open hours!).

Information, Patrick Barredo, pbarredo@stjames-cathedral.org.

Christmas 2020

at ST. JAMES CATHEDRAL



Thursday, December 24, 2020

4:00pm *

**THE NATIVITY OF THE LORD—
VIGIL MASS**

The Very Reverend Michael G. Ryan,
Presider & Homilist

6:00pm

**THE NATIVITY OF THE LORD—
VIGIL MASS**

The Very Reverend Michael G. Ryan,
Presider & Homilist

10:00pm **

**THE NATIVITY OF THE LORD—
MASS DURING THE NIGHT**

The Most Reverend Paul D. Etienne,
Archbishop of Seattle, Presider & Homilist

Friday, December 25, 2020

8:00am **

THE NATIVITY OF THE LORD—MASS AT DAWN
Archbishop Etienne, Presider & Homilist

10:00am *

**THE NATIVITY OF THE LORD—
MASS DURING THE DAY**

Father Ryan, Presider & Homilist

12 Noon

**THE NATIVITY OF THE LORD—
MASS DURING THE DAY**

Father Ryan, Presider & Homilist

4:00pm

SOLEMN VESPERS OF CHRISTMAS

Father Ryan, Presider

Registration will be required to attend Christmas Masses, and attendance will be strictly limited to 200 persons at each Mass. Registration will open on Monday, December 21. In order to get early notice of registration, make sure you are on the Cathedral email list! Visit www.stjames-cathedral.org and click on "Join our email list." Masses marked with an asterisk will be livestreamed (* = livestreamed on St. James Cathedral Facebook/Vimeo; ** = livestreamed on Archdiocese of Seattle Facebook/Vimeo).

For more information, visit www.stjames-cathedral.org



Take another look

The program will begin Monday, January 11, and will run for six Monday evenings, from 6:30 - 8:00 pm **on Zoom**.

This is an opportunity to gather with other Catholics who have been away from active participation in the Church.

These sessions will offer opportunity to experience community, to learn about changes to the Church, ask questions, and perhaps to once again become part of your faith community...

If you have questions, or would like to sign up, contact Rosanne Michaels, rmichaels@stjames-cathedral.org, or 206-790-1519.

Year OF THE Eucharist

Archdiocese of Seattle

Unity is not easy. Unity requires give and take.

As a local Church, unity is more than one goal among many. Unity is essential to our mission. The prayer of Jesus for his disciples on the night before he died was that we might be one: "I pray not only for them, but also for those who will believe in me through their word, so that they may all be one, as you, Father, are in me and I in you, that they also may be in us, that the world may believe that you sent me" (John 17:20-21). The effectiveness of our witness depends on our unity. Nowhere is that unity more important than in our celebrations of the Eucharist.

Unity is not easy. Unity requires give and take. As Pope Benedict XVI has written, "Union with Christ is also union with all those to whom he gives himself. I cannot possess Christ just for myself; I can belong to him only in union with all those who have become, or who will become, his own. Communion draws me out of myself towards him, and thus also towards unity with all Christians." The intimate sharing with Christ we experience when we participate in the Eucharist and receive Holy Communion is not strictly between God and myself, because the Mass is not an individual devotion but a communal prayer. For this reason, our celebrations of the Eucharist should be marked not by individual expressions of piety, but by unity.

The singing, the spoken responses, and the postures we take during the Mass — standing, bowing, kneeling — are important signs of that unity, and more: They can actually help build the unity we seek.

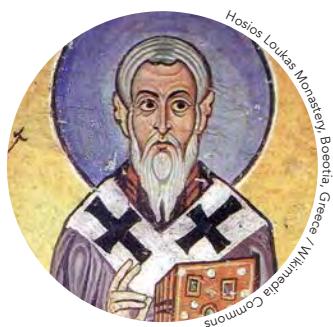
Archbishop Paul D. Etienne

The Work of Redemption: Eucharistic Belief and Practice in the Archdiocese of Seattle

Read the whole pastoral letter at NWICatholic.org

The Saints and the Eucharist

Pray, then, come and join this choir, every one of you; let there be a holy symphony of minds in concert; take the tone all together from God, and sing aloud to the Father with one voice through Jesus Christ, so that he may hear you and know by your good works that you are indeed members of his Son's Body. A completely united front will help to keep you in constant communion with God... Let no one be under any illusion; a man who excludes himself from the sanctuary is depriving himself of the bread of God, for if prayer of one or two individuals has such efficacy, how much more powerful is that of the bishop together with his whole church.



St. Ignatius of Antioch
(c. 35-107)

For Reflection

What unites me with my parish community—with my Catholic family throughout the world?

What gets in the way of unity in the Church today?

Are there ways I can be an instrument of unity in our increasingly polarized world?