## CDC reports that in recent years 1 in 4 adolescents have had thoughts of ending their lives

## **How Can I Make A Difference?**



## **▲**safeTALK

Thursday, August 4, 2022 9 am – 12:30 pm

Hilton Garden Inn, Seattle Airport, 3056 S 188 St, SeaTac

SafeTALK-trained helpers can recognize expressions of those seeking help and act by connecting them with life-saving intervention resources.

\$45 Registration \* Scholarships available Information / Registration: Cassandra Pina savinglives2005@gmail.com