



ST. JAMES CATHEDRAL
The Fourth Sunday of Lent
March 14, 2021

ORDER OF CELEBRATION FOR

The Fourth Sunday of Lent

SECOND SCRUTINY OF THE ELECT (10:00am)

WELCOME! A few important notes on today's liturgy:

- + **Wearing a mask is mandatory whenever you are in the Cathedral. Your mask must cover both your nose and your mouth at all times.**
- + **The clergy and readers are permitted to remove their masks, but only when they are speaking. They will wear masks at all other times.**
- + **Always observe social distance of at least six feet between family groups, including during the communion procession and as you leave.**
- + **Do not move around the Cathedral before or during Mass. Please follow the directions of the ushers as you leave the Cathedral.**
- + **Congregational singing is not permitted at this time.**
- + **Thank you! We can all help each other stay safe and comfortable by following these common sense guidelines.**

PRELUDE

Scherzo
Maurice Duruflé (1902–1986)

INTROIT

Letare Ierusalem
chant, adapt. Thomas B. Stratman (1939–2008)

Rejoice, rejoice, Jerusalem!

Rejoice, Jerusalem, be glad for her, all you who love her! Rejoice, rejoice for her, all you who mourned her!

Ps. 122: I rejoiced when I heard them say: "Let us go to God's house."

And now our feet are standing within your gates, O Jerusalem!

Jerusalem is built as a city, strongly compact. It is there that the tribes go up, the tribes of the LORD.

GREETING

PENITENTIAL ACT

Presider	Have mercy on us, O Lord.
ALL	For we have sinned against you.
Presider	Show us, O Lord, your mercy.
ALL	And grant us your salvation.

KYRIE *sung by the Cantors*

chant, Vatican XVI

OPENING PRAYER (COLLECT)

The Liturgy of the Word

FIRST READING

(8:00am) 2 Chronicles 36:14-16
(all other Masses) 1 Samuel 16:1b, 6-7, 10-13a

PSALM RESPONSE

(8:00am) Psalm 137
Michel Guimont (b. 1952)

Let my tongue be silenced, if I ever forget you!

By the rivers of Babylon, there we sat and wept, remembering Sion;
on the poplars that grew there we hung up our harps.

For it was there that they asked us, our captors, for songs; our oppressors, for joy. "Sing to us," they said, "one of Sion's songs."

O how could we sing the song of the LORD on foreign soil? If I forget you, Jerusalem, let my right hand wither!

O let my tongue cleave to my palate if I remember you not, if I prize not Jerusalem as the first of my joys.

(all other Masses) Psalm 23
Joseph Gelineau (1920–2008)

The LORD is my shepherd, nothing shall I want: he leads me by safe paths, nothing shall I fear.

The LORD is my shepherd; there is nothing I shall want.
Fresh and green are the pastures where he gives me repose.
Near restful waters he leads me, to revive my drooping spirit.
He guides me along the right path; he is true to his name.
If I should walk in the valley of darkness no evil would I fear.
You are there with your crook and your staff; with these you give me comfort.
You have prepared a banquet for me in the sight of my foes.
My head you have anointed with oil; my cup is overflowing.
Surely goodness and kindness shall follow me all the days of my life.
In the LORD'S own house shall I dwell forever and ever.

SECOND READING

(8:00am) Ephesians 2:4-10
(all other Masses) Ephesians 5:8-14

TRACT *sung by the Cantors*

Thomas B. Stratman

LORD, how wondrous is your wisdom!

I am the light of the world, says the LORD; whoever follows me will have the light of life.

GOSPEL

(8:00am) John 3:14-21
(all other Masses) John 9:1-41

HOMILY

Archbishop Paul D. Etienne (8:00am)
Father Michael G. Ryan (all other masses)

PROFESSION OF FAITH (except at 10:00am)

**I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
ALL BOW
and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.
ALL STAND UPRIGHT
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,**

**and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.**

**I believe in one, holy,
catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

Second Scrutiny of the Elect (10:00am)

INTERCESSIONS

All respond: **Lord, hear our prayer.**

PRAYER OF EXORCISM

LAYING ON OF HANDS

Come open, Lord, the heart and ear
EISENACH

Come open, LORD, the heart and ear / Of these elect and all who hear!
Then may they learn your truth, the way / Which leads to their baptismal day.

DISMISSAL OF THE ELECT

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory

Laudate Dominum

chant, adapt. Adam Bartlett (b. 1968)

Praise the LORD, for he is loving; sing in honor of his name, for he is gracious.
He has accomplished whatever he resolved to do in heaven and on earth.

(10:00 & Noon)

Brother James's Air

Gordon Jacob (1895–1984)

The LORD's my shepherd, I'll not want, He makes me down to lie in pastures green. He leadeth me the quiet waters by.

SANCTUS *sung by the Cantors*

Missa Deus genitor alme

Vatican XVIII

MYSTERY OF FAITH *sung by the Cantors*

Roman Missal

AMEN SPOKEN BY ALL

The Communion Rite

LORD'S PRAYER

AGNUS DEI *sung by the Cantors*

Vatican XVII

**Please kneel following the Lamb of God and remain kneeling until it is time
for your row to go forward for Holy Communion.**

Distribution of Holy Communion

- + **Communion is given only in the hand.**
- + **Maintain six feet of separation between household groups as you come forward.**
- + **Wear your mask. Hold your hands out as flat as possible so that the minister can easily put the host on your open palm without touching your hand.**
- + **After receiving Holy Communion, lower your mask with one hand, put the host in your mouth, and then put your mask back on.**

COMMUNION

(8:00am) *Ierusalem quae aedificatur*

Jerusalem, built as a city whose parts are bound firmly together!

Mode IV

It is there that the tribes go up, the tribes of the LORD, to give thanks unto your name, O LORD.

(all other Masses) *Lutum fecit*

"The LORD made some clay with his spittle, and he spread it over my eyes;
and I went forth, I washed my self, I began to see, and I put my faith in God.

Mode VI

(10:00am & Noon)

Jesus sprach zu dem Blinden

Melchior Vulpius (1570–1615)

Jesus said to the blind man: "What do you want me to do for you?" And he said, "LORD, please let me see."

And Jesus said to him: "Receive your sight; your faith has saved you."

He immediately received his sight and followed Jesus, giving praise to God.

When they saw this, all the people gave praise to God.

Luke 18:41

BLESSING AND DISMISSAL

PROCESSION

"Grand jeu" from *Premier Livre d'Orgue*

Pierre DuMège (1674–1751)

- + **Following the procession, please exit by the door nearest you. This may not be the door you came in. Maintain social distance as you leave the Cathedral. Thank you for following the directions of the ministers.**

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

PAROCHIAL VICAR Reverend Alex Pablo

IN RESIDENCE Reverend David A. Brant

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)
Brenda Bellamy, Children's Faith Formation (206-274-3108)
Rosanne Michaels, Faith Formation (206-654-4658)
Jennifer Wong, Baptism Coordinator (206-619-0816)
Theresa Van de Ven, Administrative Assistant (206-219-5822)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)
John Marquez, Julie Sharples, sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist
Stacey Sunde, Director of Youth Music
Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)
Lonnie Larsen (206-382-4235)
Cathedral Kitchen: Mick McHugh (Interim Director),
John Givins (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director
Patrick Suhrbier, Immigrant Legal Services
Sayuko Setvik, Tutoring Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)
Caroline Okello, Welcome and Volunteer Coordinator (206-382-4500)

YOUTH MINISTRY

David Buchholz, Christina Buchholz, youth@stjames-cathedral.org

PARISH OFFICE

Mary MacLean, Bookkeeper (206-382-4564)
Micki-Jo Palmer, Executive Assistant for Finance (206-654-4650)
Margaret Lynch, Wedding Office (206-382-4288)
Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)
Alan Frasher, Gebregziabher Abay, Lino Nillas

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8:00am - 10:00am - 12 Noon
Weekdays 8:00am
Saturdays 8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Jennifer Wong for information, 206-619-0816.

MARRIAGE Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Margaret Lynch, 206-382-4288 or mlynch@stjames-cathedral.org.

ANointing of the SICK A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

FUNERALS for parishioners, contact Nancy Granger, 206-382-4269

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

WELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.*

The Fourth Sunday of Lent March 14, 2021

ON THE COVER "While I am in the world, I am the light of the world." *The healing of the man born blind.* Ceremonial Bronze Doors, St. James Cathedral. Ulrich Henn, artist.

WEEKDAY MASSES OPEN TO THE PUBLIC Each day from Monday through Saturday, Mass is celebrated at 8:00am in the Cathedral. All are welcome to attend without prior registration. The Mass is also livestreamed at vimeo.com/archdioceseofseattle.

SATURDAY CONFESSIONS are heard immediately following the 8:00am Mass on Saturday mornings, from 8:30am to 9:30am. During Lent, confessions will also be heard following the 8:00am Mass on Wednesday mornings.

ADORATION OF THE BLESSED SACRAMENT Each Friday in Lent, we will have Exposition of the Blessed Sacrament following the 8:00am Mass, continuing until 1:00pm, with Holy Hour beginning at 12 Noon. All are welcome. (We no longer have Exposition of the Blessed Sacrament on Tuesdays.)

THE WAY OF THE CROSS is a wonderful Lenten tradition in the Church. Stations are prayed on Mondays following 8:00am Mass. In addition, we have prepared a special online version of the Stations led by Father Ryan, with meditations by Paul Claudel and featuring the art of Joan Brand-Landkamer. Visit www.stjames-cathedral.org anytime to join in praying the Stations this Lent. The Cathedral Stations of the Cross are the work of Joan Brand-Landkamer, inspired by 20th-century French artist Georges Rouault.

INTERESTED IN HAVING YOUR CHILD ATTEND A CATHOLIC ELEMENTARY OR HIGH SCHOOL? St. James Cathedral can help! Our Rainbow Schools program (for St. George, St. Therese, St. Joseph, and Holy Family Bilingual Schools) and the Simperman Scholars program (for Holy Names Academy, Bishop Blanchet, O'Dea, and Kennedy Catholic High Schools) have scholarships available for qualifying Cathedral families, and in-parish rates apply for all parishioners. Contact Theresa Van de Ven, 206-619-4660 or tvandeven@stjames-cathedral.org for an application packet. All information must be submitted by April 30.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. Joseph in Seattle, Tacoma, and Lynden, and the mission church of St. Joseph in Kalama.*

DO YOU SPEAK CAMBODIAN, FARSI, LAOTIAN, OR MANDINKA? St. James Immigrant Assistance is seeking volunteers to call clients once a month to provide updates and share information. Time commitment is approximately 1-2 hours each month. *Information*, Tammi Murray, tmurray@stjames-cathedral.org or 206-382-4511.

ST VINCENT DE PAUL THANKS YOU During the past year we have all heard about the many weddings that have been cancelled, rescheduled or changed from large, extravagant events to small gatherings of only the closest friends and family members. Your Cathedral Vincentians have helped pay rent for employees of wedding caterers and musicians who have lost business because of the pandemic. Wedding photographers have also suffered from a pandemic-related loss of business. One young man was successfully running his own wedding photography business before the pandemic and then saw his income drop to almost zero when nearly all the weddings he had booked were cancelled or postponed to an indefinite date in the future. He quickly depleted his savings. Soon he found himself dependent on a good friend who made sure he had enough food to eat. Eventually he called the SVdP Helpline (206-767-6449) for rent assistance. With your support, we helped keep him housed for another month, buying time he badly needed to find new sources of income and possibly a cheaper place to live – thank you! *Information*, Jo Ann Wiesner, 206-291-4012 or wiesnerjo@gmail.com.

OUTREACH OPPORTUNITIES DURING THE PANDEMIC Catholic Community Services/Catholic Housing Services (CCS/CHS) has asked the Cathedral to provide meals for their day centers and shelters. Unopened store-bought casseroles and unopened sandwich-ingredients (bread, deli meat, vegetables and condiments) are greatly appreciated. In addition, toiletries (toothpaste, toothbrushes, soaps and shampoos, feminine hygiene products), canned ready-to-eat meals (ie soup or chili), cup of noodles, easy mac & cheese, K-cup coffee, cocoa and tea, individual servings of chips, crackers, granola bars and cereals have been requested. Deliver food to Cathedral Hall (803 Terry Ave.), Tuesdays, 9am to 11am. *Information*, Patrick Barredo, pbarredo@stjames-cathedral.org.

THANK YOU TO GRAHAM CONSTRUCTION Graham Construction, the crew responsible for the work taking place on the southwest corner of Columbia and Terry, have seen the good work done by St. James Cathedral, particularly through our outreach meal programs. Wanting to support the Cathedral, the team at Graham sponsored their own food drive and donated an abundance of blessings to St. James. Pictured are Josh and Sarah of Graham. Special thanks to Sarah for her work in organizing the food drive!



Musical Prayer

FRIDAY, MARCH 19 AT 6:30PM: Join us for the next in our series of livestream musical prayer events! You can find the livestream at vimeo.com/stjamescathedral or facebook.com/stjamesseattle. For a complete archive of 40+ musical offerings since the pandemic began, visit www.stjames-cathedral.org/music.

CATHOLIC RELIEF SERVICES RICE BOWL: TRYING NEW FOODS IN TIMOR-LESTE The country of Timor-Leste has the highest rate of child malnutrition in Asia, and many children suffer from stunting, which makes a big impact on a child's growth and future. Home gardens and fishponds are helping families provide better nutrition for their children. What do you eat to stay healthy? What can you do to ensure children have enough food to thrive? Visit www.crsricebowl.org to learn more. Rice Bowls are available at the entrances to the Cathedral. If you cannot come to the Cathedral, email Joyce Mork-O'Brien (jamob14@comcast.net) with your address and one will be sent to you.

ONLINE EVENING OF REFLECTION On Friday, March 19, 6pm to 7:30pm, CRS's West Coast staff invite you to a virtual night of reflection on migration and the new challenges that have emerged from Covid-19. In the midst of increasing desolation, polarization and global confrontation we are being invited by Pope Francis in *Fratelli Tutti* to dream 'as one humanity': not an individual dream but invites us to dream together to seek new solutions. *Registration*, crswest@crs.org.

YOUR FEEDBACK IS NEEDED! Last March, the Archdiocese launched an online survey collecting nearly 8,000 responses from Catholics across the region. This survey was followed by listening sessions in October, centered on the preliminary elements of the mission statement, guiding principles, and a shared vision. These sessions informed the development of the Pastoral Plan Draft. We invite all Catholics to review the draft and share feedback in this survey. <https://archseattle.org/about-the-archdiocese-of-seattle/archbishop-etienne/pastoralplanning/>



OUTREACH AND ADVOCACY NEWSLETTER Learn about upcoming events and opportunities as well as stay informed on Catholic social teaching by receiving this twice-monthly newsletter. Subscribe, outreach@stjames-cathedral.org.

Sacred Steps

REST IN PEACE Please pray for the repose of the soul of *Gladys Shankle*.

The Year of St. Joseph

December 8, 2020 – December 8, 2021



Joseph and Son. Sr Marie Celeste Fadden OCD, artist.
Used with permission of Carmel of Reno.

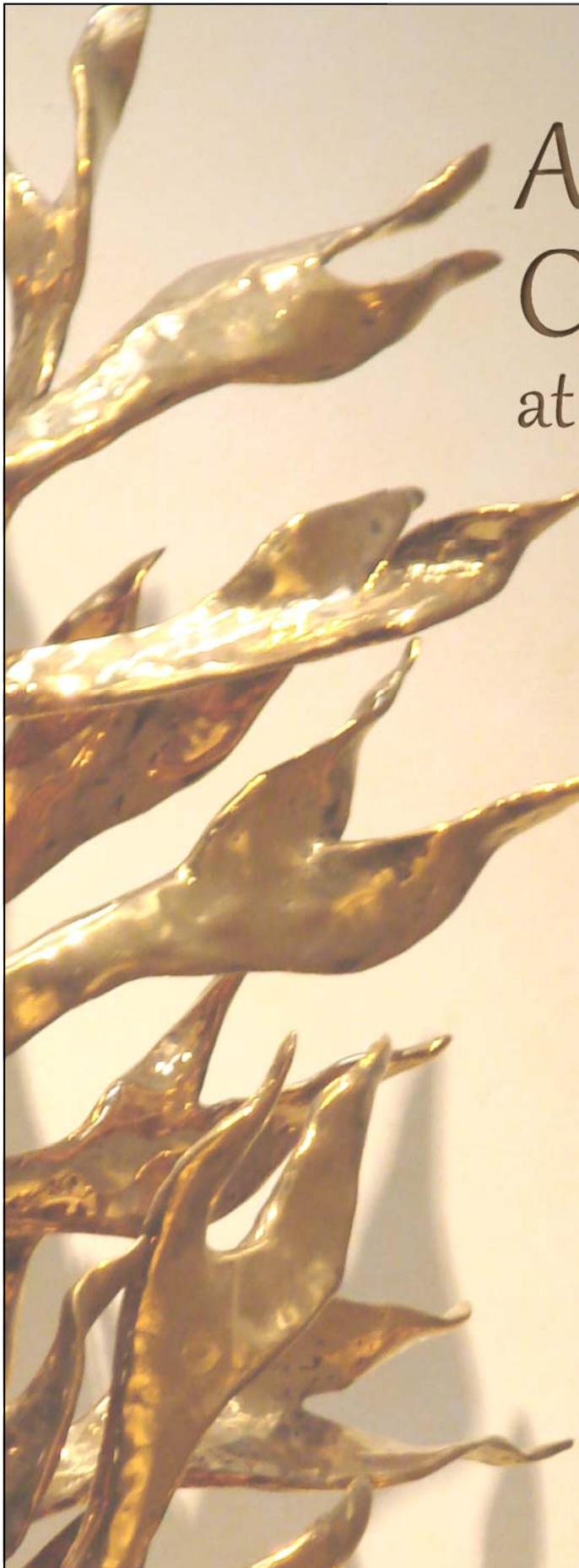
Celebrate the Solemnity of St. Joseph on Friday, March 19, by joining in the 8:00am Mass. Archbishop Etienne will preside. No registration required to attend in person. The Mass will also be livestreamed @Archdioceseofseattle on Facebook or Vimeo. "Each of us can discover in Joseph – the man who goes unnoticed, a daily, discreet and hidden presence – an intercessor, a support and a guide in times of trouble. Saint Joseph reminds us that those who appear hidden or in the shadows can play an incomparable role in the history of salvation." (Pope Francis)

In preparation for St. Joseph's feast day, please join in praying a novena to St. Joseph beginning Wednesday, March 10.

**Hail,
Guardian of the Redeemer,
Spouse of the
Blessed Virgin Mary.
To you God entrusted
his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy,
and courage,
and defend us from every evil. Amen.**

- Pope Francis, Patris Corde

**Joseph most just, pray for us.
Joseph most strong, pray for us.
Joseph most faithful, pray for us.**



Adult Confirmation at St. James Cathedral

A 10-week preparation series for adult Catholics who have not yet been confirmed.

This is a wonderful opportunity to reconnect with your faith, have your questions answered, and become part of a small community of other adults seeking Confirmation.

Zoom sessions begin Wednesday, March 10, 6:30–8:15pm, and continue each Wednesday evening through the end of May.

For more information, or to register, Rosanne Michaels, 206-790-1519, or email rmichaels@stjames-cathedral.org.

www.stjames-cathedral.org



Stained glass window, Seattle University

Take time to pray...

The First Spiritual Exercises

a classic retreat in Catholic spirituality

As originally conceived by St. Ignatius and adapted by Michael Hansen, S.J.

Mondays, April 12, 19, 26 and May 3, 10
6:30 – 8:15pm (on Zoom)

Retreat guide: Rosanne Michaels

INNER PEACE IN FRIENDSHIP WITH JESUS
A guided retreat, given in the context of everyday life,
focusing on different expressions of God's love for you.

Requirements

- 30 minutes of prayer each day, guided by Michael Hansen's text (available online or at the Cathedral Bookstore)
- Weekly gatherings for spiritual listening, small group conversation and guidance

Registration for this retreat is required.
Rosanne Michaels, 206-790-1519 or rmichaels@stjames-cathedral.org



Our active participation in the liturgy is a reflection of our active participation in the mission of Christ.

When it comes to the liturgy, it is not enough simply to be present, because we are not to be “silent spectators” or consumers, but devout collaborators with Christ in the holy work of redemption. Our active participation in the liturgy is a reflection of our active participation in the mission of Christ. Gathering time and again to celebrate the liturgy, we experience and participate in Christ’s self-offering in the Eucharist. And even as we share in the fruits of his sacrificial love, we are called to make that love the model of our own lives: We are called to offer ourselves for others. The liturgy is not only the model for our lives, but forms us to live our day-to-day lives with this same sacrificial love of Christ.

This way of life is captured beautifully in the Morning Offering prayer: “Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day ... in union with the Holy Sacrifice of the Mass.” The divine life of Christ shared with us in baptism is nourished in us with every Eucharist that we may complete the mission of Christ in our lives. The Catholic life is a Eucharistic life. We, too, are to be blessed, broken, multiplied, and shared so that others may come to know Jesus Christ (see John 6:1-15). Our faith is to be integrated into every aspect of our life, because as Catholics we no longer live for self, but it is Christ who lives in us (see Galatians 2:20).

Archbishop Paul D. Etienne

The Work of Redemption: Eucharistic Belief and Practice in the Archdiocese of Seattle

Read the whole pastoral letter at NWCatholic.org

St Catherine of Siena on, the Eucharist

By this light I shall come to know that you, eternal Trinity, are *table* and *food* and *waiter* for us. You, eternal Father, are the *table* that offers us as *food* the Lamb, your only-begotten Son. He is the most exquisite of foods for us, both in his teaching, which nourishes us in your will, and in the sacrament that we receive in holy communion, which feeds and strengthens us while we are pilgrim travelers in this life. And the Holy Spirit is indeed a *waiter* for us, for the Spirit serves us this teaching by enlightening our mind’s eye with it and inspiring us to follow it. And the Spirit serves us charity for our neighbors and hunger to have as our food.



St. Catherine of Siena
(1347-1380)

For Reflection

Are there aspects of my life that I keep separate from my faith life?

Where can I integrate my faith more fully in every aspect of my life?

What does it mean to live a “Eucharistic life”?