4th Annual First Hill Brain Health Block Party

EXPLORE FIRST HILL AND CELEBRATE BRAIN HEALTH

Friday, June 26, 2026, 11am-2pm

Fun and Free Event For All Ages | Special invite to folks age 50+!

Healthy Snacks

1 Start at any participating location

2 Enjoy a fun brain-healthy activity







3 Get your passport map stamped*

4 Head to the next location of your choice

*Get 3 passport stamps for a chance to be entered into a prize drawing

ST. JAMES CATHEDRAL SEATTLE

The Memory Hub

UW Medicine UNIVERSITY of WASHINGTON MEMORY & BRAIN WELLNESS CENTER

Virginia Mason Franciscan Health Center for Neurosciences & Spine

FRYE Art Museum

murano INDEPENDENT LIVING ASSISTED LIVING | MEMORY CARE

SKYLINE

Dementia Friends Washington

UNION GRAND A VINEYARD PARK COMMUNITY

BELLWETHER HOUSING

KLINE GALLAND MARY SCHWARTZ SUMMIT

MUSEUM HOUSE

Horizon House

Providence SWEDISH

FREEWAY PARK ASSOCIATION

Learn more: https://tinyurl.com/BHBP2026