



ST. JAMES CATHEDRAL  
*The Seventh Sunday in Ordinary Time*  
February 20, 2022

ORDER OF CELEBRATION

*Seventh Sunday in Ordinary Time*

MASS WITH HEALTHCARE PROFESSIONALS (Saturday 5:30pm)

CELEBRATION OF THE SACRAMENT OF BAPTISM (Noon)

*The Introductory Rites*

PRELUDE

*Allegretto, op. 1*  
Louis Vierne (1870–1937)

ENTRANCE

*Your hands, O Lord, in days of old*  
MOZART

1. Your hands, O Lord, in days of old Were strong to heal and  
 2. And then your touch brought life and health, Gave speech, and strength, and  
 3. O be our mighty - y heal - er still, O Lord of life and

save; They tri - umphed o - ver pain and death, Fought  
 sight; And youth re - newed and health re - stored, Claimed  
 death; Re - store and strength - en, soothe and bless, With

dark - ness and the grave. To you they went, the  
 you, the Lord of light: And so, O Lord, be  
 your al - might - y breath: On hands that work and

blind, the mute, The pal - sied, and the lame, The lep - er  
 near to bless, Al - might - y now as then, In ev - 'ry  
 eyes that see, Your heal - ing wis - dom pour, That whole and

set a - part and shunned, The sick and those in shame.  
 street, in ev - 'ry home, In ev - 'ry trou - bled friend.  
 sick, and weak and strong, May praise you ev - er - more.

PENITENTIAL ACT

*Missa de angelis*  
Vatican VIII

Have \_\_\_\_\_ mer - cy on us.

WELCOMING OF THE CHILDREN TO BE BAPTIZED (Noon)

## GLORIA

Congregational Mass  
John Lee (1908-1990)

ALL

Glory to God in the highest,  
We praise you, we bless you,  
we glorify you, we give you thanks  
Lord God, heavenly King,  
Lord Jesus Christ, Only Begotten Son,  
you take away the sins of the world,  
you take away the sins of the world,  
You are seated at the right hand  
of the Father,  
For you alone are the Holy One,  
you alone are the Lord,  
with the Holy Spirit,

and on earth peace to peo- ple of good will.  
we a- dore you,  
for your great glory.  
O God, almighty- y Fa- ther.  
Lord God, Lamb of God, Son of the Father,  
have mer- cy on us;  
re- ceive our prayer;  
have mer- cy on us.  
you alone are the Most High Je- sus Christ,  
in the glory of God the Father, A - - - men.

## COLLECT (OPENING PRAYER)

*The Liturgy of the Word,*

## FIRST READING

1 Samuel 26:2, 7-9, 12-13, 22-23

## PSALM RESPONSE

Psalm 103

Richard Proulx (1937-2010)

The Lord is kind and mer - ci - ful.

## SECOND READING

1 Corinthians 15:45-49

## ALLELUIA

Mode VII

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

## GOSPEL

Luke 6:17, 20-26

## HOMILY

Archbishop Paul D. Etienne (Saturday 5:30pm)  
Father Michael G. Ryan (all other Masses)

## CREED

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

*All BOW*

and by the Holy Spirit was incarnate  
of the Virgin Mary, and became man.

*All STAND UPRIGHT*

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy, catholic  
and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL    Lord, we ask you, hear our prayer.

Litany of Saints

*The Rite of Baptism (Noon)*

INTERCESSIONS AND LITANY OF SAINTS    Lord, we ask you, hear our prayer.

BLESSING OF BAPTISMAL WATER

PROFESSION OF FAITH    *All join in the response, I do.*

ACCLAMATION FOLLOWING EACH BAPTISM

Herbolsheimer

*Please, no applause following the baptisms.*

EXPLANATORY RITES

*Anointing with Chrism, White Garment Prayer, Presentation of a Lighted Candle*

*The Liturgy of the Eucharist*

PREPARATION OF THE ALTAR AND THE OFFERINGS

(10:00)

*If ye love me*

Philip Wilby (b. 1955)

If ye love me, keep my commandments,  
and I will pray the Father, and He shall give you another Comforter.  
That he may abide with you for ever; even the Spirit of Truth.  
And ye know Him, for He dwelleth with you, and shall be in you.  
I will not leave you comfortless. I will come to you.

John 14:15-18

(Sunday evening)

*Blessed*

Bern H. Herbolsheimer (1948–2016)

SANCTUS

*Mass for the City*

Richard Proulx (1937–2010)

2

Ho - ly, ho - ly, ho - ly, Lord God of hosts.

Heav - en and earth are full of your glo - ry. Ho - san - na, ho -

san - na, ho - san - na in the high - est. Bless - ed is he who

comes in the name of the Lord. Ho-san - na, ho - san - na, ho - san - na in the high - est.

Ho - san - na, ho - san - na, ho - san - na in the high - est.

## MYSTERY OF FAITH

Proulx

When we eat this Bread and drink this Cup, we pro-  
claim your Death, O Lord, un - til you come a - gain.

AMEN

Proulx

A - men, a - men, a - - - men.

## LORD'S PRAYER

## AGNUS DEI

*Missa de angelis*  
Vatican VIII

R. 1, 2: have mer - cy on us.  
R. 3: give us your peace.

**Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.**

## COMMUNION PROCESSION

*Ubi caritas et amor*  
chant, Mode VI

Where true love and char - i - ty are found, God is al-ways there.

## COMMUNION

*Narrabo omnia mirabilia tua*

I will relate all your wondrous deeds. I will be glad and rejoice in you;  
I will sing to the honor of your name, O Most High.

Mode II

(10:00)

*Tantum ergo*  
Déodat de Séverac (1873–1921)

Such a great mystery, then, let us bow down and adore,  
and let the old covenant give way to the new:  
let faith provide for the weakness of the senses.

To the Father and the Son let there be praise and jubilation,  
salvation, honor, strength and blessing;  
and to the Spirit proceeding from both let there be equal glory. Amen.

## HYMN OF PRAISE

*Lord of all nations, grant me grace*

BEATUS VIR

## PRAYER AFTER COMMUNION

## DISMISSAL

## PROCESSION

*Toccata in G Major*  
Théodore Dubois (1837–1927)

## ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### PAROCHIAL VICAR

Reverend Alex Pablo

### IN RESIDENCE

Reverend David A. Brant

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

John Marquez, Interim Director of RCIA (206-654-4640)

John Simpson, Faith Formation (206-654-4658)

Andrew Casad, Children's Faith Formation (206-274-3108)

Jennifer Wong, Faith Mentors & Faith Friends (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharpies, Peter Burns, John Marquez, sacristy (206-654-4646)

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bundy, Music Office Assistant

### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Maria Tally (Assistant Director) (206-264-2091)

### MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Senior Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Immigration Legal Coordinator

Erica de Klerk, Refugee Welcome Coordinator

Marina Ortiz, Immigrant Legal Services Assistant

### STEWARSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome and Volunteer Coordinator (206-654-4650)

### YOUTH MINISTRY

David Buchholz, Christina Buchholz, youth@stjames-cathedral.org

### PARISH OFFICE

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-654-4650)

Open Position, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Michelle Lazo, Lino Nillas

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

### CONFESIONS/SACRAMENT OF RECONCILIATION

Saturdays, 8:30am-9:30am (following 8:00am Mass) and by appointment

### BAPTISM

Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Theresa Van de Ven for information, 206-219-5822.

### MARRIAGE

Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Wedding Office, 206-382-4288.

### ANOINTING of the SICK

In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

### FUNERALS

for parishioners, contact Corinna Laughlin, 206-264-2086

### CATHEDRAL COLUMBARIUM

Maria Laughlin, 206-382-4284

### PARISH OFFICE HOURS:

Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

**804 Ninth Avenue, Seattle, WA 98104**

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**W**ELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.

## The Seventh Sunday in Ordinary Time February 20, 2022

**ON THE COVER** Just as we have borne the image of the earthly one, we shall also bear the image of the heavenly one. Expulsion of Adam and Eve from the Garden of Eden. Ceremonial Bronze Doors, St. James Cathedral. Ulrich Henn, artist.

**SATURDAY 5:30PM - MASS FOR HEALTH CARE PROFESSIONALS AND CAREGIVERS** Archbishop Etienne is offering this Mass for all health care professionals and caregivers. Please know our prayers for you and our gratitude for your service of our community, especially during these years of the pandemic.

**ST. VINCENT DE PAUL COLLECTION** This is the Third Sunday of the Month! As you leave the Cathedral, the ushers will be at the doors to receive any offering you are able to make in support of our St. Vincent de Paul Society outreach to the poor and needy in our downtown neighborhood. Your support makes a tremendous difference! Thank you.

**YOUR SUPPORT OF SVDP MAKES ALL THE DIFFERENCE** An older woman was forced to go on unemployment when experiencing health issues during the pandemic. Unable to return to the high pressure job that she had performed for over 20 years, she applied for unemployment. When unemployment ran out, the woman called the SVDP Helpline requesting assistance (206-767-6449). Thanks to your support, we were able to pay a portion of her rent and provide other resources. The woman is pursuing remote employment in the hope that she can work safely from her home. *Information, Jo Ann Wiesner, 206-291-4012 or [wiesnerjo@gmail.com](mailto:wiesnerjo@gmail.com)*

**VISIT THE CATHEDRAL COLUMBARIUM** The Cathedral's new Columbarium was blessed by Archbishop Etienne on December 22, 2021. A columbarium is a cemetery for the reverent burial of cremated remains. The way we honor the mortal remains of our deceased family members and friends is a reflection of the faith we profess in the Nicene Creed: we believe in the resurrection of the dead, and the life of the world to come. The columbarium is now open for prayer whenever the Cathedral is open. It is a beautiful place to visit and pray for all our beloved dead.

**PARISH REMEMBRANCE** Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parish of St. Peter in Seattle and the Mission Churches of St. Peter in Deming, Suquamish, and Tenino.

## **CAPPELLA ROMANA CONCERT: ARVO PÄRT: KANON POKAJANEN (CANON OF REPENTANCE)**

Friday, February 25 at 7:30pm. Arvo Pärt's largest a cappella choral work, the *Kanon Pokajanen*, is a work for our time. The Eastern Orthodox understanding of repentance is not morose sorrow for the past. Instead it creates optimism for the future: from the Greek *metánoia*, a change of mind, a fundamental transformation of one's outlook. Pärt's work is an expansive musical meditation on the true meaning of repentance. Tickets and more information, visit [cappellaromana.org](http://cappellaromana.org) or 503-236-8202. For pay-what-you-can parishioner passes, contact the Cathedral music office: [musicoffice@stjames-cathedral.org](mailto:musicoffice@stjames-cathedral.org) or 206-382-4874. *Proof of full vaccination or recent negative PCR test is required to attend this concert.*

**JOB OPENING: CUSTODIAN** St. James Cathedral has an opening for a Custodian to perform basic janitorial and floor care responsibilities. This person will also work with the Cathedral Facilities staff in setting up for special events and basic maintenance tasks. This is a full time position with an Archdiocesan Benefits package. To receive a job description and details, interested applicants should download the Seattle Archdiocesan Job Application at: <http://archseattle.org/wp-content/uploads/2020/12/HR1.2-EmploymentApp2019Parish.pdf> and send it with a resume, via e-mail, to Tang Nguyen, [tnguyen@stjames-cathedral.org](mailto:tnguyen@stjames-cathedral.org).

**FAITH FRIENDS INCLUSION MINISTRY** Do you know a child or teen age 7-18 with physical, cognitive and/or intellectual disabilities? Faith Friends is a unique blend of our Faith Mentor, children's faith formation program, and an inclusion ministry. *Information*, [faithfriends@stjames-cathedral.org](mailto:faithfriends@stjames-cathedral.org) or [stjames-faithfriends.weebly.com](http://stjames-faithfriends.weebly.com).

**APPLY NOW FOR CATHOLIC SCHOOLS SCHOLARSHIPS** for the Rainbow Schools: St. Therese, St. Joseph, St. George, and Holy Family Bilingual Schools, or for the Simperman Scholar Schools: Bishop Blanchet, O'Dea, Holy Names, and Kennedy Catholic. Eligibility requirements include being a registered and active parishioner at St. James. For full requirements and an application packet, Theresa Van de Ven, [tvandeven@stjames-cathedral.org](mailto:tvandeven@stjames-cathedral.org).

**AFFORDABLE HOUSING FOR AFGHAN NEWCOMERS** St. James has now welcomed two Afghan families through Sponsor Circles. The Refugee Support Team is working to secure safe, affordable housing for each family of three, ideally offering access to public transportation. We could use your help! Do you know of any affordable housing opportunities? *Information*, Erica de Klerk, [edeklerk@stjames-cathedral.org](mailto:edeklerk@stjames-cathedral.org).

**TEMPORARY HOSTS FOR AFGHAN NEWCOMERS** Afghan newcomers are continuing to arrive in our community and in some cases need temporary accommodations until their housing is ready. This could be a private unit, or separate bedroom(s) and bathroom(s) with access to a shared kitchen. If you might be able to host Afghan newcomers, for 1-4 weeks, please let us know. *Information*, Erica de Klerk, [edeklerk@stjames-cathedral.org](mailto:edeklerk@stjames-cathedral.org).

## **HEALTHY BODY, HEALTHY MIND, HEALTHY PLANET**

Thursday, March 3, 7pm-8pm on Zoom. Join us for a discussion of Healthy Mind, the second in a series on Healthy Body, Health Mind, Healthy Planet. Not only does what we eat greatly impact our physical health, it is also a key factor in achieving mental well-being. Learn how food and mood are closely related and how it is possible to avoid the pitfalls of nutrition driven irritability, and energy ups and downs. Share with others your own personal observations on how food effects the way you feel. We will notice how the foods that are good for our brains are the foods that are good for our overall health, and are also good for the environment. *Registration*, Patrick Barredo, [pbarredo@stjames-cathedral.org](mailto:pbarredo@stjames-cathedral.org) or 206-382-4515.

## **JOB OPENING: WEDDING AND FUNERAL**

**COORDINATOR** St. James Cathedral has an opening for Wedding and Funeral Coordinator. Applicant must be an active member of a Catholic parish, have excellent people skills, and be familiar with Microsoft Office and Excel. This is a full-time position with an Archdiocesan Benefits package. Interested applicants should download the Archdiocesan Job Application at <https://archseattle.org/wp-content/uploads/2020/12/HR1.2-EmploymentApp2019Parish.pdf> and send with a resume, via e-mail, to Larry Brouse, [lbrouse@stjames-cathedral.org](mailto:lbrouse@stjames-cathedral.org).

## **PREPARES (PREGNANCY AND PARENTING SUPPORT)**

**PREPARES** is a nurturing response of the Catholic community in Washington State to "walk the journey" with pregnant and parenting women, men, and families with children up to age 5 who find themselves lacking a healthy support network. The program, an initiative of our state's bishops, came into being five years ago. Around the state, PREPARES has been active in helping provide basic needs to parents and their children, organizing parent support groups, providing opportunities for parents and children to get together, and family companions to share relationships with a parent in the community. If you are interested in being part of PREPARES at St. James Cathedral, contact Ted Nutting, [theodorenutting@msn.com](mailto:theodorenutting@msn.com).

## *Sacred Steps*

**REST IN PEACE** Please pray for the repose of the soul of *Betty Hedreen*.

**SYNOD 2023** Beginning in Lent and continuing into Easter, every member of the Cathedral community will be invited to participate in the worldwide Synodal process initiated by Pope Francis. "Every encounter – as we know – calls for openness, courage and a willingness to let ourselves be challenged by the presence and the stories of others.... the experience of encounter changes us; frequently it opens up new and unexpected possibilities" (Pope Francis).





**Join Concert Pianist Adam Neiman for  
an entertaining and educational *Morning of Music***

**St. James Cathedral Mental Health & Wellness Ministry is pleased to  
partner with The Seattle Chamber Music Society in presenting world-  
renowned classical pianist Adam Neiman in a free interactive concert  
at St. James Cathedral**

**Saturday, February 26 10:30am -12:00pm  
Proof of vaccination and masks required**

Mr. Adam Neiman is delighted to be in Seattle performing Chopin Etudes Op. 10 and 25; a collection of twenty-four short, technically brilliant, contrasting compositions which span a vast range of emotions from intense sadness to unbridled joy.

This collection includes the famous Etude Op. 10 No. 3 nicknamed the *Tristesse* or "Sadness," which Chopin himself described as one of the most beautiful he had ever written. In contrast, this collection also includes Etude Op. 25 No. 9 known playfully as the "Butterfly" etude. Experience these etudes with Adam when he will give a short talk on Chopin followed by a performance of select works and an audience Q&A.

Adam's journey toward becoming a concert pianist began at the tender age of five, at his mother's tutelage. By age eight, young Adam gained momentum with a succession of regional and national competition triumphs, recital and concerto appearances across the United States, and by his early teens, successful forays onto the international concert and competition circuit. As a 17-year-old undergraduate piano major at the Juilliard School, Adam won three of America's most prestigious classical music awards: an Avery Fisher Career Grant, Gilmore Young Artist Award, and the Young Concert Artists International Auditions. In the same year, Neiman was nominated for a Grammy Award, all before graduating from the Juilliard School with highest honors. Neiman has gone on to become one of the most sought-after soloists and chamber musicians of his time.

**Information, Nancy Granger, [ngranger@stjames-cathedral.org](mailto:ngranger@stjames-cathedral.org)**

planting seeds of

# HOPE

TAKING ACTION  
FOR OUR COMMON HOME

Saturday, March 19<sup>th</sup> from 9am–3pm  
Seattle University, Campion Hall  
914 E Jefferson St, Seattle, WA 98122

All are welcome, to join the Creation Care Network for an earth justice summit to take action for our common home. Join Archbishop Paul D. Etienne, Care for Creation team leaders, passionate youth and local leaders as we explore the *Laudato Si' Action Platform*.

This free in-person event is open to all and will include a vegetarian boxed lunch and parking. Masks and vaccination or negative PCR test within 72 hours are required for attendance.

For more information email: [ipjc@ipjc.org](mailto:ipjc@ipjc.org)

**To register, please click here!**

**What you can expect:**

- Master of Ceremonies former **King 5 Meteorologist, Jeff Renner**
- Welcome and prayer by **Archbishop Paul D. Etienne**
- **Youth** discussion on environmental justice
- Keynote from **Ken Workman, member of Duwamish Tribe** and direct descendant of the Chief Si'ahl (Chief of Seattle)
- Workshops on ***Laudato Si' Action Platform***
- Interactive small groups
- Group reflections
- And much more!

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