



ST. JAMES CATHEDRAL  
*The Third Sunday of Easter*  
April 18, 2021

## ORDER OF CELEBRATION

# *The Third Sunday of Easter*

### **WELCOME! A few important notes on this weekend's liturgy:**

- + Masks are mandatory. Your mask must cover both your nose and your mouth at all times.**
- + The clergy and readers are permitted to remove their masks, but only when they are speaking. They will wear masks at all other times.**
- + Always observe social distance of at least six feet between family groups, including during the communion procession and as you leave. Please do not move around the Cathedral.**
- + Some congregational singing is permitted at this time. A 3-layer mask is required for singing.**
- + Thank you! We can all help each other stay safe and comfortable by following these common sense guidelines.**

## *The Introductory Rites*

### PRELUDE

*Variations on "O Filii et Filiæ"*

Jeanne Demessieux (1921–1968)

### ENTRANCE

*He is risen*

GOTT DES HIMMELS

He is risen, he is risen: Tell it out with joyful voice;  
He has burst his three days' prison; Let the whole wide earth rejoice.  
Death is conquered, we are free, Christ has won the victory.  
Come, ye sad and fearful-hearted, With glad smile and radiant brow;  
Lent's long shadows have departed, All his woes are over now,  
And the passion that he bore: Sin and pain can vex no more.  
Come, with high and holy hymning, Hail our Lord's triumphant day:  
Not one darksome cloud is dimming Yonder glorious morning ray,  
Breaking o'er the purple East, Symbol of our Easter-feast.

Mrs. C. F. Alexander, *alt.* (1818–1895)

### RITE OF SPRINKLING WITH BAPTISMAL WATER

*Vidi aquam*

Franz Schubert (1797–1828), adapted

## GLORIA

Congregational Mass  
John Lee (1908-1990)

ALL

Glory to God in the highest,  
We praise you, we bless you,  
we glorify you, we give you thanks  
Lord God, heavenly King,  
Lord Jesus Christ, Only Begotten Son,  
you take away the sins of the world,  
you take away the sins of the world,  
You are seated at the right hand  
of the Father,  
For you alone are the Holy One,  
you alone are the Lord,  
with the Holy Spirit,

and on earth peace to peo- ple of good will.  
we a- dore you,  
for your great glory.  
O God, almighty- y Fa- ther.  
Lord God, Lamb of God, Son of the Father,  
have mer- cy on us;  
re- ceive our prayer;  
have mer- cy on us.  
you alone are the Most High Je- sus Christ,  
in the glory of God the Father, A - - - men.

## COLLECT (OPENING PRAYER)

*The Liturgy of the Word,*

## FIRST READING

Acts 3:13-15, 17-19

## RESPONSORIAL PSALM

Psalm 4

Robert LeBlanc (b. 1948)

Lord, let your face shine on us.

## SECOND READING

I John 2:1-5a

## ALLELUIA

chant, *O filii et filie*

Al- le - lu - ia, al - le - lu - ia, al - le - lu - ia.

## GOSPEL

Luke 24:35-48

## HOMILY

Father Michael G. Ryan

## PROFESSION OF FAITH

I believe in one God, the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God, begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

[ALL BOW]

and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.

[ALL STAND UPRIGHT]

For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,

and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.

I believe in one, holy,  
catholic and apostolic Church.

I confess one Baptism  
for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

# *The Liturgy of the Eucharist*

## PREPARATION OF THE ALTAR AND THE OFFERINGS

(10:00 and Noon)

*Christ our passover is sacrificed for us*

Christ our passover is sacrificed for us, therefore let us keep the feast;  
Not with the old leaven, nor with the leaven of malice and wickedness,  
but with the unleavened bread of sincerity and truth.

John Goss (1800–1880)

I Corinthians 5:7-8

## SANCTUS

*German Mass*

Schubert, adapt. Proulx

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.

Ho - ly, Ho - ly, Ho - ly Lord God of hosts.

Heav - en and earth are full, full of your glo - ry. Ho - san - na in the high - est. Ho - san - na in the high - est.

Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est. Ho - san - na in the high - est.

## MEMORIAL ACCLAMATION

Schubert, adapt. Proulx

We pro-claim your Death, O Lord, and pro-fess your Re-sur-rec - tion,

we pro-claim your Death, O Lord, un - til you come a - gain.

## AMEN

Schubert, adapt. Proulx

A - men, a - men, a - men, a - men, a - men.

## LORD'S PRAYER

## AGNUS DEI

Schubert

R 1, 2 Have mer - cy on \_\_\_\_\_ us.

R 3 Give \_\_\_\_\_ us \_\_\_\_\_ your peace.

**Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.**

*Distribution of Holy Communion*

- + **Communion is given only in the hand.**
- + **Maintain six feet of separation between household groups as you come forward.**
- + **Wear your mask. Hold your hands out as flat as possible so that the minister can easily put the host on your open palm without touching your hand.**
- + **After receiving Holy Communion, lower your mask with one hand, put the host in your mouth, and then put your mask back on.**

## COMMUNION

*Cantate Domino*

Mode II

Sing unto the Lord, alleluia; sing to the Lord, bless his name;  
proclaim his salvation day after day, alleluia, alleluia.

(10:00 &amp; Noon)

*This joyful Eastertide*

William H. Harris (1883–1973)

This joyful Eastertide, Away with sin and sorrow!  
My Love, the Crucified, Hath sprung to life this morrow.  
Had Christ, that once was slain, Ne'er burst his three-day prison, Our faith had been in vain:  
But now hath Christ arisen.

Cowley Carol Book

## BLESSING AND DISMISSAL

## PROCESSION

*Response for Eastertide*

Jeanne Demessieux

## ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

### PASTOR

The Very Reverend Michael G. Ryan

### PAROCHIAL VICAR

Reverend Alex Pablo

### IN RESIDENCE

Reverend David A. Brant

### PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

### FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Rosanne Michaels, Faith Formation (206-654-4658)

Jennifer Wong, Baptism Coordinator &

Children's Faith Formation (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

### LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

John Marquez, Julie Sharples, sacristy (206-654-4646)

### MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

### SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Lonnie Larsen (206-382-4235)

Cathedral Kitchen: Mick McHugh (Interim Director),

John Givins (206-264-2091)

### MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

### ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

### STEWARSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome and Volunteer Coordinator (206-382-4500)

### YOUTH MINISTRY

David Buchholz, Christina Buchholz, youth@stjames-cathedral.org

### PARISH OFFICE

Mary MacLean, Bookkeeper (206-382-4564)

Micki-Jo Palmer, Executive Assistant for Finance (206-654-4650)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

### FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Michelle Knipp, Lino Nillas

### CELEBRATIONS of the SACRAMENTS

#### MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am

Saturdays 8:00am & "Vigil" 5:30pm

#### VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

**BAPTISM** Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Jennifer Wong for information, 206-619-0816.

**MARRIAGE** Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Margaret Lynch, 206-382-4288 or [mlynch@stjames-cathedral.org](mailto:mlynch@stjames-cathedral.org).

**ANOINTING of the SICK** A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

**FUNERALS** for parishioners, contact Nancy Granger, 206-382-4269

**PARISH OFFICE HOURS:** Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: [www.stjames-cathedral.org](http://www.stjames-cathedral.org)

**W**ELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.

## Third Sunday of Easter April 18, 2021

**ON THE COVER** Jesus was made known to them in the breaking of bread. The Supper at Emmaus. East Apse Stained Glass Window. Hans Gottfried von Stockhausen, artist.

### ST VINCENT DE PAUL ASKS FOR YOUR CONTINUING SUPPORT DURING THESE CHALLENGING TIMES.

The pandemic has not stopped your Cathedral Vincentians from helping our neighbors in need. During the first three months of 2021, your donations allowed us to assist 202 residents of St James parish who lack sufficient income to pay essential living expenses. That's a monthly average of over 67 people helped financially and with referrals to other possible sources of help. Even more people need help. Over 99% of our financial assistance helped pay rent. The eviction moratoriums in Seattle are set to end June 30. Most experts expect they will end then or later this year. When they end, many will face eviction if they cannot pay as little as one month's rent. And others will have built up a large debt of unpaid rent over months. This year marks the 100th anniversary of the Society of St Vincent de Paul at St James Cathedral – a good time to make a special gift of \$100 to SVdP, if you can afford it. But we are thankful for any amount you can give, and each year donors give us amounts ranging from \$1 to \$10,000 or more. Best way to donate is online via the St James website (<https://www.stjames-cathedral.org/BusinessCenter/Giving.aspx>) – be sure to indicate your gift is for "SVdP." Or make your check payable and deliver it to St James Cathedral – be sure to write "SVdP" or "St Vincent" on the memo/for line. Thank you! Information, Jo Ann Wiesner, 206-291-4012 or [wiesnerjo@gmail.com](mailto:wiesnerjo@gmail.com).

**CONSIDER A LITURGICAL MINISTRY** Lay ministers support liturgies at the Cathedral in a variety of ways, serving as ushers/greeters, altar servers, readers, and Extraordinary Ministers of Holy Communion. If you would like to support the parish in this way, or just want to find out more, contact Corinna Laughlin, [claughlin@stjames-cathedral.org](mailto:claughlin@stjames-cathedral.org).

**WEDNESDAY TOURS RESUME** Beginning Wednesday, May 5, our regular 1:00pm tours of the Cathedral will resume! No registration is required; just meet your guide in the Cathedral vestibule at 1:00pm. *Masks are required and social distancing will be observed during our tours.*

**PARISH REMEMBRANCE** Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. George in Seattle, St. Mark in Shoreline, and St. George (Byzantine Rite) in Olympia.

**INTERESTED IN HAVING YOUR CHILD ATTEND A CATHOLIC ELEMENTARY OR HIGH SCHOOL?** St. James Cathedral can help! Our Rainbow Schools program (for St. George, St. Therese, St. Joseph, and Holy Family Bilingual Schools) and the Simperman Scholars program (for Holy Names Academy, Bishop Blanchet, O'Dea, and Kennedy Catholic High Schools) have scholarships available for qualifying Cathedral families, and in-parish rates apply for all parishioners. Contact Theresa Van de Ven, 206-619-4660 or [tvandeven@stjames-cathedral.org](mailto:tvandeven@stjames-cathedral.org) for an application packet. All information must be submitted by April 30.

**FIND OUT MORE ABOUT BECOMING CATHOLIC** Are you, a family member, or a friend interested in learning more about the Catholic Church? You're invited to a no-strings-attached Zoom gathering to ask questions and find out more information on Wednesday, May 5, at 7:00 pm. *Information and registration*, Kathleen McCabe a [kmccabe@stjames-cathedral.org](mailto:kmccabe@stjames-cathedral.org) to register for the session.

**IMMIGRANT ASSISTANCE GROOPIT** This online platform provides an opportunity to support immigrants and connect with one another. When you join the Immigrant Assistance GroopIt, you'll see requests for specific needs such as a ride to the doctor, furniture, clothing, meals, help setting up a TV, etc. If you are available to help, there's an easy way to respond to get all the information you need. In addition, you will see posts about events, advocacy alerts, and immigration-related news; and can recommend books and movies, share good news and good acts, and connect to others like you who are concerned with justice for immigrants. Come join us. *Information*, Chris Koehler, [ckoehler@stjames-cathedral.org](mailto:ckoehler@stjames-cathedral.org).

**PRIORITIZE CARE FOR CREATION IN THE ARCHDIOCESE OF SEATTLE** To mark Earth Day this year (April 22, 2021), the Creation Care Network of Catholic parishes and institutions (which includes the St James Cathedral Care for Creation committee) welcomes you to join us in asking Archbishop Etienne to rise to the challenge of the climate crisis. Please read the Creation Care Network's letter to Archbishop Etienne and indicate your support for our proposals for personal and community-based actions to care for our common home. To read the letter and sign on to support it, visit <https://forms.gle/EPTuTJrTJewKfViEA>. All signatures are due by April 19. Thank you!

**CATHEDRAL KITCHEN NEWS** Last month, the Cathedral Kitchen was able to re-open its doors for indoor dining. While most of our guests continue to take their meals to-go, we are able to welcome 18 indoor guests to eat inside Cathedral Hall. We look forward to the time when we are able to return to our full dinner service! Since last summer, the Cathedral Kitchen has been blessed to have Seattle restaurateur Mick McHugh serve as interim director. We are pleased to announce that Mick is now the official Director of the Cathedral Kitchen. In addition to working full-time in the Kitchen, Mick will also be putting his knowledge and skill-set to use with the Seattle Kraken, serving as a dining consultant for their practice facility. Congratulations, Mick!

## *Musical Prayer*

**LIVESTREAMED FRIDAYS AT 6:30PM  
ON FACEBOOK AND VIMEO**

- **April 23**–Ko-Ichiro Yamamoto, trombone & Joseph Adam, organ
- **April 30**–Joseph Adam, organ

You can find the livestream at [vimeo.com/stjamescathedral](https://vimeo.com/stjamescathedral) or [facebook.com/stjamesseattle](https://facebook.com/stjamesseattle). For a complete archive of 40+ musical offerings since the pandemic began, visit [www.stjames-cathedral.org/music](http://www.stjames-cathedral.org/music).

**OUTREACH AND ADVOCACY NEWSLETTER** Learn about upcoming events and opportunities as well as stay informed on Catholic social teaching by receiving this twice-monthly newsletter. *Subscribe*, [outreach@stjames-cathedral.org](mailto:outreach@stjames-cathedral.org).

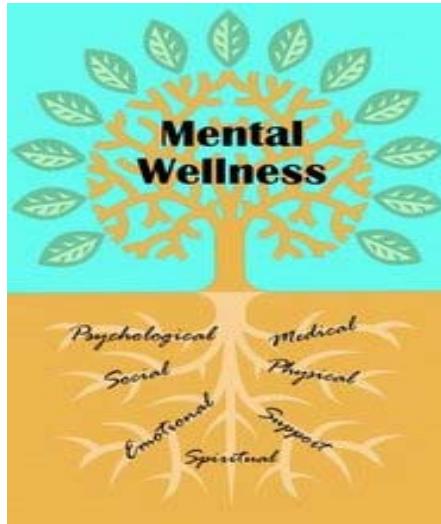
**CATHOLIC RELIEF SERVICES RICE BOWL: REJOICING IN THE EASTER SEASON** Thank you! St. James has changed lives this Lent, and CRS Rice Bowl wants to say THANK YOU! Don't forget to turn in your CRS Rice Bowl if attending Sunday Mass in person, by mailing your donation to St. James, or visiting [www.crsricebowl.org/give](http://www.crsricebowl.org/give).

**OUTREACH OPPORTUNITIES DURING THE PANDEMIC** Catholic Community Services/Catholic Housing Services (CCS/CHS) has asked the Cathedral to provide meals for their day centers and shelters. Unopened store-bought casseroles and unopened sandwich-ingredients (bread, deli meat, vegetables and condiments) are greatly appreciated. In addition, toiletries (toothpaste, toothbrushes, soaps and shampoos, feminine hygiene products), canned ready-to-eat meals (ie soup or chili), cup of noodles, easy mac & cheese, K-cup coffee, cocoa and tea, individual servings of chips, crackers, granola bars and cereals have been requested. Deliver food to Cathedral Hall (803 Terry Ave.), Tuesdays, 9am to 11am. *Information*, Patrick Barredo, [pbarredo@stjames-cathedral.org](mailto:pbarredo@stjames-cathedral.org).

**RACIAL EQUITY AT ST. JAMES CATHEDRAL** For the last eight months, St. James parishioners have been studying the structures and history of systemic racism. Informed by that study, a Racial Equity team is being formed to address the ways that the Cathedral can engage in dismantling oppressive systems that strip dignity away from people due to their race. *Information*, Patrick Barredo, Director of Social Outreach and Advocacy, [pbarredo@stjames-cathedral.org](mailto:pbarredo@stjames-cathedral.org) or 206-382-4515.

**ST. JAMES CATHEDRAL ON SOCIAL MEDIA** Be sure to follow the Cathedral on social media for up-to-date information about ongoing events in the life of the Cathedral! On Instagram: [@stjamescathedral](https://@stjamescathedral). On Facebook and Twitter: [@stjamesseattle](https://@stjamesseattle). The Cathedral has a podcast as well! Search "St. James Cathedral, Seattle" on Apple podcasts or visit <https://stjamescathedral.simplecast.com>. And of course, you can always visit [www.stjames-cathedral.org](http://www.stjames-cathedral.org) for up to date information on Cathedral happenings, or to sign up for our weekly e-bulletin.

St. James Mental Health & Wellness Ministry  
is pleased to announce a new educational program  
**HEALING MONDAYS**



**Weekly Presentations about Emotional and Mental Health**

- \* Every Monday at 7:00 PM
- \* Educational Talk
- \* Time For Your Questions
- \* Online via Zoom
- \* Discussion
- \* Answers From Experts

*Presented by local parishioners and psychiatric providers:  
Antonina Kozlowska, ARNP and Ava Kozlowska, ARNP*

**Upcoming Topics:**

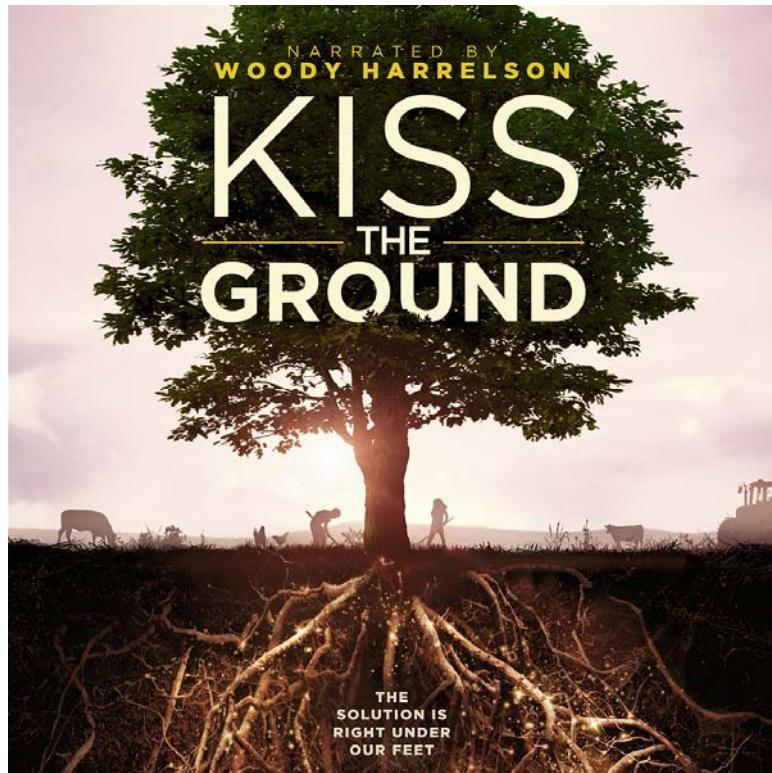
- 4/19/21 When Loved Ones Are Struggling With Addictions
- 4/26/21 Why do I Behave, Think, and Feel this Way

**Link for ZOOM Meeting:** [https://us02web.zoom.us/j/83364268237?  
pwd=Q3ZyeTJPRjBrKzRxTVIHRE1GaTA0Zz09Z00](https://us02web.zoom.us/j/83364268237?pwd=Q3ZyeTJPRjBrKzRxTVIHRE1GaTA0Zz09Z00)

**Meeting ID 833 6426 8237 Passcode: Healing**

Questions: contact [info@healingtms.com](mailto:info@healingtms.com) or  
Nancy Granger ngranger@stjames-cathedral.org

ST. JAMES CATHEDRAL CARE FOR CREATION, SEATTLE FIRST BAPTIST CHURCH,  
BET ALEF MEDITATIVE SYNAGOGUE AND PROSPECT CONGREGATIONAL UNITED  
CHURCH OF CHRIST PRESENT ...



**WATCH FOR FREE: APRIL 10 TO 26, 2021**  
**ZOOM DISCUSSION: APRIL 26, 2021, 7:00PM-8:00PM**

“INSPIRES A RARE FEELING OF HOPE”  
- New York Times

“EARTH’S CLIMATE SAVIOR”  
- LA Times

Narrated by Woody Harrelson, *KISS THE GROUND* is an inspiring and groundbreaking film that reveals the first viable solution to our climate crisis.

*KISS THE GROUND* reveals that, by regenerating the world’s soils, we can completely and rapidly stabilize Earth’s climate, restore lost ecosystems and create abundant food supplies. Using compelling graphics and visuals, along with striking NASA and NOAA footage, the film artfully illustrates how, by drawing down atmospheric carbon, soil is the missing piece of the climate puzzle.

*KISS THE GROUND* is positioned to catalyze a movement to accomplish the impossible – to solve humanity’s greatest challenge, to balance the climate and secure our species future.

*Film and Discussion Registration, Patrick Barredo, pbarredo@stjames-cathedral.org*

# Grief Support Group



**Tuesdays, May 4—June 22, 2021  
6:30pm-8:00pm, on ZOOM**

Are you grieving the death of someone close to you?  
Grief and loss can have a significant impact on our lives  
long after the death of the person we love.

The grieving process has no timeline and is unique to each individual,  
but meeting with others who are going through a similar experience  
can provide support and help us cope.

You are invited to join this 8-week grief support group  
facilitated by St. James Cathedral Staff Nancy Granger  
and Rosanne Michaels

*Information and registration, Rosanne Michaels, 206-790-1519  
or [rmichaels@stjames-cathedral.org](mailto:rmichaels@stjames-cathedral.org)*