

ORDER OF CELEBRATION FOR
The Third Sunday of Lent

WELCOME! A few important notes on today's liturgy:

- + **Wearing a mask is mandatory whenever you are in the Cathedral. Your mask must cover both your nose and your mouth at all times.**
- + **The clergy and readers are permitted to remove their masks, but only when they are speaking. They will wear masks at all other times.**
- + **Always observe social distance of at least six feet between family groups, including during the communion procession and as you leave.**
- + **Do not move around the Cathedral before or during Mass. Please follow the directions of the ushers as you leave the Cathedral.**
- + **Congregational singing is not permitted at this time.**
- + **Thank you! We can all help each other stay safe and comfortable by following these common sense guidelines.**

INTROIT

Oculi mei

chant, adapt. Thomas B. Stratman (1939-2008)

I will pour clean water upon you.

I will prove the holiness of my great name.

Thus the nations will know I am the LORD,

when in their sight I prove my holiness through you.

I will sprinkle clean water upon you to cleanse you from all your impurities.

I will give you a new heart and place a new spirit within you,
taking from your bodies your stony hearts, and giving you human hearts. (Ezekiel 36)

GREETING

PENITENTIAL ACT

Presider Have mercy on us, O Lord.

ALL **For we have sinned against you.**

Presider Show us, O Lord, your mercy.

ALL **And grant us your salvation.**

KYRIE *sung by the Cantors*

chant, Vatican XVII

OPENING PRAYER (COLLECT)

The Liturgy of the Word

FIRST READING

(8:00am) Exodus 20:1-17

(all other Masses) Exodus 17:3-7

PSALM RESPONSE

(8:00am) Psalm 19

Richard Proulx (1937-2010)

Lord, you have the words of everlasting life.

The law of the Lord is perfect, it revives the soul.

The rule of the Lord is to be trusted, it gives wisdom to the simple.

The precepts of the Lord are right, they gladden the heart.

The command of the Lord is clear, it gives light to the eyes.

The fear of the Lord is holy, abiding for ever.

The decrees of the Lord are truth and all of them just.

They are more to be desired than gold, than the purest gold
and sweeter are they than honey, than honey from the comb.

(all other Masses) Psalm 95
Richard Proulx

If today you hear God's voice, O harden not your hearts.
Come, ring out your joy to the Lord; hail the rock who saves us.
Let us come before God, giving thanks, with songs let us hail the Lord.
Come in; let us bow and bend low; let us kneel before the God who made us
for this is our God and we the people who belong to God's pasture, the flock that is led by God's hand.
O that today you would listen to God's voice! "Harden not your hearts as at Meribah,
as on that day at Massah in the desert when your ancestors put me to the test;
when they tried me, though they saw my work."

SECOND READING

(8:00am) 1 Corinthians 1:22-25
(all other Masses) Romans 5:1-2, 5-8

TRACT *sung by the Cantors*

Thomas B. Stratman

LORD, how wondrous is your wisdom!
Lord, you are truly the Savior of the world;
give me living water, that I may never thirst again.

GOSPEL

(8:00am) John 2:13-25
(all other Masses) John 4:5-42

HOMILY

Archbishop Paul D. Etienne (8:00am)
Father Stephen V. Sundborg, SJ (all other masses)

PROFESSION OF FAITH (except at 10:00am)

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

ALL BOW

and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.

ALL STAND UPRIGHT
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,

and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy,
catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

First Scrutiny of the Elect (10:00am)

INTERCESSIONS

All respond: **Lord, hear our prayer.**

PRAYER OF EXORCISM

LAYING ON OF HANDS

At noon you came to Jacob's well
chant

DISMISSAL OF THE ELECT

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory

Justitiae Domini

chant, adapt. Adam Bartlett (b. 1968)

The ordinances of the Lord are right, bringing joy to all hearts,
sweeter than honey or the honeycomb. Therefore your servant will observe them.

(10:00 & Noon)

If ye love me

Thomas Tallis (c1505–1585)

If ye love me, keep my commandments, and I will pray the Father, and he shall give you another comforter,
that he may bide with you for ever, e'en the spirit of truth.

SANCTUS *sung by the Cantors*

Missa Deus genitor alme

Vatican XVIII

MYSTERY OF FAITH *sung by the Cantors*

Roman Missal

AMEN SPOKEN BY ALL

The Communion Rite

LORD'S PRAYER

AGNUS DEI *sung by the Cantors*

Vatican XVII

**Please kneel following the Lamb of God and remain kneeling until it is time
for your row to go forward for Holy Communion.**

Distribution of Holy Communion

- + **Communion is given only in the hand.**
- + **Maintain six feet of separation between household groups as you come forward.**
- + **Wear your mask. Hold your hands out as flat as possible so that the minister can easily put the host on your open palm without touching your hand.**
- + **After receiving Holy Communion, lower your mask with one hand, put the host in your mouth, and then put your mask back on.**

COMMUNION

(8:00am) *Passer invenit*

The sparrow has found herself a home, and the turtle dove a nest in which to lay her young:

Mode I

at your altars, O Lord, of hosts, my King and my God!

Blessed are they who dwell in your house, they shall praise you for ever and ever.

(all other Masses) *Qui biberit aquam*

Mode VII

“Whosoever drinks the water that I shall offer,”

said the Lord (to the Samaritan woman),

“shall have within them a spring of water welling up unto eternal life.”

(10:00am & Noon)

Psalm 42: Sicut cervus

Giovanni Pierluigi da Palestrina (c1525–1594)

Like the deer that years for running streams,
so my soul is yearning for you, my God.

BLESSING AND DISMISSAL

PROCESSION

- + **Following the procession, please exit by the door nearest you. This may not be the door you came in. Maintain social distance as you leave the Cathedral. Thank you for following the directions of the ministers.**

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