



CAMINO SEATTLE

A FOUR-WEEK PILGRIMAGE, JUNE 25—JULY 23, 2023

SET YOUR WALKING AND PRAYER GOAL!

Everyone can determine their own mileage goal, based on their time and physical ability. We suggest a goal of 60 miles or more—the minimum to receive a *compostela* in Spain. You're also encouraged to bring your own special intentions to your walking, and to set a prayer goal as well. This might be saying a prayer as you set out, or offering a rosary or listening to a prayerful podcast as you walk.

COLLECTING STAMPS

Each week, you can collect stamps to indicate your progress. A stamp station is available in the Cathedral Bookstore.



CONCLUSION Camino Seattle will conclude with the Feast of St. James, July 23, 2023. Please join in the celebration of St. James the Greater after the 10:00am and Noon Masses!

NAME: _____ GOAL: _____ MILES

WEEK ONE June 25-July 1

25	26	27	28	29	30	1	STAMP HERE
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WEEK TWO July 2-8

2	3	4	5	6	7	8	STAMP HERE
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WEEK THREE July 9-15

9	10	11	12	13	14	15	STAMP HERE
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WEEK FOUR July 16-22

16	17	18	19	20	21	22	STAMP HERE
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