



safeTALK: A Suicide Prevention Workshop for Youth

Please join us for safeTALK, a suicide intervention workshop led by youth members of the archdiocesan *Catholic Lifesavers Corps**. This 4-hour workshop will cover how to spot suicidal ideation, how to intervene, and how to connect a person with someone who can help. There will be scheduled breaks and opportunities to practice the skills built in the workshop, including practice on how to talk about this subject with someone. (Service hours available for students. Food provided.)

Wednesday, August 10th

9:00 AM – 1:00 PM

Holy Family Parish, Kirkland

7045 120th Ave NE Kirkland, WA 98033

Registration: <https://archseattle.org/ministries/outreach-ministries/mental-health-ministry/event-registration-safetalk/>

To learn more about Catholic Lifesaving Corps: <https://mycatholicschool.org/wp-content/uploads/2022/04/CLC-Project-Report.pdf>

For more information, please contact Nancy Granger 206-382-4269 or ngranger@stjames-cathedral.org