



ST. JAMES CATHEDRAL
Fifth Sunday in Ordinary Time
February 14, 2021

ORDER OF CELEBRATION FOR
The Sixth Sunday in Ordinary Time

SENDING OF CATECHUMENS TO THE RITE OF ELECTION (10:00)
RITE OF RECEPTION INTO FULL COMMUNION (NOON)

WELCOME! A few important notes on today's liturgy:

- + **Wearing a mask is mandatory whenever you are in the Cathedral. Your mask must cover both your nose and your mouth at all times.**
- + **The clergy and readers are permitted to remove their masks, but only when they are speaking. They will wear masks at all other times.**
- + **Always observe social distance of at least six feet between family groups, including during the communion procession and as you leave.**
- + **Do not move around the Cathedral before or during Mass. Please follow the directions of the ushers as you leave the Cathedral.**
- + **Congregational singing is not permitted at this time.**
- + **Thank you! We can all help each other stay safe and comfortable by following these common sense guidelines.**

The Introductory Rites

PRELUDE

Psalm Prelude No. 1

Ps. 34: Look towards the Lord and be radiant
Herbert Howells (1892-1983)

ENTRANCE *sung by the cantors*

Surely it is God who saves me
RAQUEL

Surely it is God who saves me;
I shall trust and have no fear.
For the Lord defends and shields me
and his saving help is near.
So rejoice as you draw water
from salvation's healing spring;
in the day of your deliverance
thank the Lord, his mercies sing.

Make God's deeds known to the peoples:
tell out his exalted Name.
Praise the Lord, who has done great things;
all his works God's might proclaim.
Zion, lift your voice in singing;
for with you has come to dwell,
in your very midst the great and
Holy One of Israel.

Text by Carl P. Daw, Jr.

PENITENTIAL ACT *sung by the cantors*

St. James Mass for Peace
Bern H. Herbotsheimer (1947-2016)

GLORIA *sung by the cantors*

Congregational Mass
John Lee (1908-1990)

COLLECT (OPENING PRAYER)

The Liturgy of the Word

FIRST READING

Leviticus 13:1-2, 44-46

RESPONSORIAL PSALM *sung by the cantor*

Psalm 32

Robert LeBlanc (b. 1948)

I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

Blessed is he whose fault is taken away, whose sin is covered.

Blessed the man to whom the LORD imputes not guilt, in whose spirit there is no guile.

Then I acknowledged my sin to you, my guilt I covered not.

I said, "I confess my faults to the LORD," and you took away the guilt of my sin.

Be glad in the LORD and rejoice, you just; exult, all you upright of heart.

I turn to you, Lord, in time of trouble, and you fill me with the joy of salvation.

SECOND READING

I Corinthians 10:31-11:1

GOSPEL

Mark 1:40-45

HOMILY

Archbishop Paul D. Etienne (8:00am)

Father Michael G. Ryan (all other masses)

SENDING OF THE CATECHUMENS FOR ELECTION (10:00am)

PRESENTATION OF THE CATECHUMENS

AFFIRMATION BY THE SPONSORS

SIGNING OF NAMES

DISMISSAL OF THE CATECHUMENS

RITE OF RECEPTION INTO FULL COMMUNION (Noon)

PRESENTATION OF THE CANDIDATES

PROFESSION OF FAITH (SEE BELOW)

ACT OF RECEPTION

CELEBRATION OF THE SACRAMENT OF CONFIRMATION

PROFESSION OF FAITH

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.

For us men and for our salvation

he came down from heaven,

ALL BOW

and by the Holy Spirit

was incarnate of the Virgin Mary, and became man.

ALL STAND UPRIGHT

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,

and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy,
catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

All respond: **Lord, hear our prayer.**

The Liturgy of the Eucharist

PREPARATION OF THE ALTAR AND THE GIFTS

Offertory (10:00 & Noon)

If ye love me

Thomas Tallis (c1505-1585)

If ye love me, keep my commandments, and I will pray the Father,
and he shall give you another comforter,
that he may abide with you forever, even the spirit of truth.
John 14:15-17

SANCTUS *sung by the cantors*

St. James Mass for Peace

Bern H. Herbolsheimer

MYSTERY OF FAITH *sung by the cantors*

AMEN

LORD'S PRAYER

AGNUS DEI *sung by the cantors*

St. James Mass for Peace

Bern H. Herbolsheimer

**Please kneel following the Lamb of God and remain kneeling until it is time
for your row to go forward for Holy Communion.**

Distribution of Holy Communion

- + **Communion is given only in the hand.**
- + **Maintain six feet of separation between household groups as you come forward.**
- + **Wear your mask. Hold your hands out as flat as possible so that the minister can easily put the host on your open palm without touching your hand.**
- + **After receiving Holy Communion, lower your mask with one hand, put the host in your mouth, and then put your mask back on.**

COMMUNION

They ate and were fully satisfied; the Lord gave them all they desired,
they were not deprived of their wants

Manducaverunt

chant, Mode I

(10:00 & Noon)

Draw nigh and take the Body of the Lord

Eric H. Thiman (1900-1975)

Draw nigh and take the Body of the Lord;
And drink the holy Blood for you outpoured.
Saved by His Body, hallowed by His Blood,
With souls refreshed, we render thanks to God.

7th-century hymn, translated by J.M. Neale

BLESSING AND DISMISSAL

PROCESSION

Preludium in C Major, BWV 547

Johann Sebastian Bach (1685-1750)

- + **Following the procession, please exit by the door nearest you. This may not be the door you came in. Maintain social distance as you leave the Cathedral. Thank you for following the directions of the ministers.**

ACKNOWLEDGEMENTS: Ordinary of the Mass from *St. James Mass for Peace* by Bern H. Herbolsheimer, copyright © 1983 by Bern H. Herbolsheimer. Used with permission. All rights reserved. Gloria by John Lee, Psalm 132 by Robert LeBlanc, copyright © 1979, 1986, 2010 by GIA Publications, Inc., Chicago, IL. Reprinted under OneLicense.net #A706828. All rights reserved. *Draw nigh and take the Body of the Lord* by Eric H. Thiman, copyright © 1960 by Novello & Company Limited.

ASH WEDNESDAY

at ST. JAMES CATHEDRAL



Wednesday, February 17, 2021

8:00am Mass

Father Lyle Konen, C.Ss.R, Presider & Homilist

12:10pm Mass

Archbishop Paul D. Etienne, Presider & Homilist

6:00pm Mass

Father Michael G. Ryan, Presider & Homilist

Registration will be required to attend Ash Wednesday Masses, and attendance will be strictly limited to 200 persons at each Mass. Registration will open on Friday, February 12.

In accordance with directives from the Vatican, due to Covid-19, ashes will not be imposed on the forehead this year. Instead, the minister will sprinkle ashes on the top of the head. In order to allow as many as possible to participate in this important ritual marking the beginning of Lent, ashes will also be distributed *outside of Mass* at 10:00am, 11:00am, 2:00pm, 3:00pm, and 4:00pm. No advance registration will be required to participate at these times.

The three Ash Wednesday Masses will be livestreamed. Visit the Cathedral website for details.

For more information, visit www.stjames-cathedral.org

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

PAROCHIAL VICAR

Reverend Alex Pablo

IN RESIDENCE

Reverend David A. Brant

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

Kathleen McCabe, Director (206-382-2018)

Brenda Bellamy, Children's Faith Formation (206-274-3108)

Rosanne Michaels, Faith Formation (206-654-4658)

Jennifer Wong, Baptism Coordinator (206-619-0816)

Theresa Van de Ven, Administrative Assistant (206-219-5822)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

John Marquez, Julie Sharples, sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Lonnie Larsen (206-382-4235)

Cathedral Kitchen: Mick McHugh (Interim Director),

John Givins (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Nancy Granger, Parish Mental Health Nurse (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Christopher J. Koehler, Director

Patrick Suhrbier, Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

STEWARSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome and Volunteer Coordinator (206-382-4500)

YOUTH MINISTRY

David Buchholz, Christina Buchholz, youth@stjames-cathedral.org

PARISH OFFICE

Mary MacLean, Bookkeeper (206-382-4564)

Micki-Jo Palmer, Executive Assistant for Finance (206-654-4650)

Margaret Lynch, Wedding Office (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Gebregziabher Abay, Lino Nillas

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8:00am - 10:00am - 12 Noon

Weekdays 8:00am

Saturdays 8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Jennifer Wong for information, 206-619-0816.

MARRIAGE Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Margaret Lynch, 206-382-4288 or mlynch@stjames-cathedral.org.

ANOINTING of the SICK A communal celebration is held twice yearly. In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

FUNERALS for parishioners, contact Nancy Granger, 206-382-4269

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

WELCOME, VISITORS! If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.

The Sixth Sunday in Ordinary Time February 14, 2021

ON THE COVER "The people kept coming to him from everywhere." Detail of the Ceremonial Bronze Doors, St. James Cathedral. Ulrich Henn, artist.

FLOWERS AT THE ALTAR are offered by Anamaria Lloyd in celebration of Valentine's Day.

MUSIC AND COVID-19 Per the latest guidance from the State of Washington, we are once again permitted to have a small ensemble instead of a single cantor. This will allow us to have choral music at 10:00am and 12 Noon Masses each Sunday. In keeping with State guidelines, the singers will wear surgical-grade masks and will observe added social distance of 9'-12' between each other and the assembly.

WEEKDAY MASSES OPEN TO THE PUBLIC Each day from Monday through Saturday, an 8:00am Mass is celebrated in the Cathedral. All are welcome to attend without prior registration.

SATURDAY CONFESSIONS are heard immediately following the 8:00am Mass on Saturday mornings, from 8:30am to 9:30am. During Lent, confessions will also be heard following the 8:00am Mass on Wednesday mornings, beginning Wednesday, February 20.

ADORATION OF THE BLESSED SACRAMENT

Beginning with the first Friday in Lent, February 19, we will have Exposition of the Blessed Sacrament following the 8:00am Mass, continuing until 1:00pm, with Holy Hour beginning at 12 Noon. All are welcome. (We no longer have Exposition of the Blessed Sacrament on Tuesdays.)

INTERESTED IN HAVING YOUR CHILD ATTEND A CATHOLIC ELEMENTARY OR HIGH SCHOOL?

St. James Cathedral can help! Our Rainbow Schools program (for St. George, St. Therese, St. Joseph, and Holy Family Bilingual Schools) and the Simperman Scholars program (for Holy Names Academy, Bishop Blanchet, O'Dea, and Kennedy Catholic High Schools) have scholarships available for qualifying Cathedral families, and in-parish rates apply for all parishioners. Contact Theresa Van de Ven at 206-619-4660 or tvandeven@stjames-cathedral.org for details and an application packet. All information must be submitted by April 30, 2021.

PARISH REMEMBRANCE Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parish of Holy Disciples in Puyallup and the Mission Church of St. Yves in Harmony.

CELEBRATING BLACK CATHOLICS DURING BLACK HISTORY MONTH Venerable Pierre Toussaint (1776-1853), a philanthropist and founder of many Catholic charitable works, was born a slave in Haiti and brought from Haiti to New York as an apprentice under a popular hairstylist in the city. He eventually became the most sought-after hairdresser of high society women. Upon the death of his master, he gained his freedom and quickly succeeded as one of the country's first black entrepreneurs. He became quite wealthy, but instead of spending lavishly on himself, he supported the Church and the poor. He and his wife sheltered orphans, refugees, and others out on the streets in their home. He founded one of New York's first orphanages and raised money for the city's first cathedral. During yellow fever epidemics, Toussaint would risk his life to help others by nursing the sick and praying with the dying. "I have never felt I am a slave to any man or woman but I am a servant of Almighty God who made us all. When one of his children is in need, I am glad to be His slave."

CIRCLE OF HOPE: BEGINS THIS WEEK The Cathedral's Mental Health and Wellness Ministry is happy to introduce *Circle of Hope*, a Zoom gathering where those who find themselves struggling with life's daily challenges can experience fellowship and support in a safe, faith-filled environment. Whether you live with a chronic mental illness or feel the emotional impact of the effects of COVID, you are invited to join this welcoming group. Facilitators Nancy Granger, Parish Mental Health Nurse and Cathedral parishioner David Pina look forward to joining you in this community of faith and support. The group will meet on Thursdays via Zoom for 8 sessions, beginning this Thursday, February 18, 6:30-8:00pm. *For information and to determine whether this group is right for you, contact Nancy Granger, 206-382-4269 or ngranger@stjames-cathedral.org.*

CATHOLIC RELIEF SERVICES RICE BOWL: WE ARE CALLED Join our faith community—and more than 12,000 Catholic communities across the United States—in a life-changing Lenten journey with the Catholic Relief Services Rice Bowl. During the 40 days of Lent, we will reflect on how hunger and malnutrition affect our human family, and on the need to take action to end this global injustice. Pick up your family's CRS Rice Bowl as you exit the Cathedral on Ash Wednesday, February 17. If you are unable to attend Mass, but would still like to participate in Rice Bowl, email Joyce Mork-O'Brien, jamob14@comcast.net with your mailing address. Visit crsricebowl.org to learn more about how we, as Catholics, welcome the stranger through prayer, fasting, and alms-giving.

PARISH VISION SURVEY Every five years, Father Ryan convenes a Vision Council to create a new vision for the parish. We need your input! Please complete a brief survey to let us know how we're doing as a parish, what the parish's priorities should be, what you think could be done better, what's working, and what's not. Visit <https://www.surveymonkey.com/r/cathedralvision>. The deadline to complete the survey is Monday, February 22.

Musical Prayer

FRIDAY, FEBRUARY 19 AT 6:30PM: This week, we welcome Gary Stroutsos, North American Indian flutes, whose live performances have captivated audiences around the world. His meditative flute music evokes the lands and cultures that he has studied over the course of his 36-year career. Gary's mission is to carry the music forward to future generations and to promote stewardship of diverse cultures and the natural environment. He will play selections from his catalog of recordings on Hopi Long Flutes, Lakota flute, and Dakota Elk flute. You can find the livestream at vimeo.com/stjamescathedral or facebook.com/stjamesseattle. For a complete archive of 40+ musical offerings since the pandemic began, visit www.stjames-cathedral.org/music.

OUTREACH OPPORTUNITIES DURING THE PANDEMIC

Catholic Community Services/Catholic Housing Services (CCS/CHS) has asked the Cathedral to provide meals for their day centers and shelters. Unopened store-bought casseroles and unopened sandwich-ingredients (bread, deli meat, vegetables and condiments) are greatly appreciated. In addition, toiletries (toothpaste, toothbrushes, soaps and shampoos, feminine hygiene products), canned ready-to-eat meals (ie soup or chili), cup of noodles, easy mac & cheese, K-cup coffee, cocoa and tea, individual servings of chips, crackers, granola bars and cereals have been requested. Deliver food to Cathedral Hall (803 Terry Ave.), Tuesdays, 9am-11am. *Information, Patrick Barredo, pbarredo@stjames-cathedral.org.*

ST VINCENT DE PAUL THANKS YOU In 2020, your Cathedral Vincentians made nearly 500 visits (in person before and by phone during the pandemic) and helped 875 people living downtown, on First Hill and Capitol Hill and in the Pioneer Square, International and SODO districts. One was a man who worked at the Pike Place Market selling items at a table. The table's owner employed him for well over a decade, but he lost his job due to the pandemic. When he called the SVdP Helpline (206-472-3971), he was looking for another job, waiting for unemployment benefits to start, borrowing from family and unsure as to what his future might be. He was already using food banks and appreciated hearing from us about the Cathedral Kitchen. With your support, we paid part of his rent. In this most difficult time, we appreciate your donations and your prayers more than ever – thank you! *Information, Jo Ann Wiesner, 206-291-4012 or wiesnerjo@gmail.com*

ST. JAMES CATHEDRAL ON SOCIAL MEDIA Be sure to follow the Cathedral on social media for up-to-date information about ongoing events in the life of the Cathedral! On Instagram: [@stjamescathedral](https://www.instagram.com/stjamescathedral). On Facebook and Twitter: [@stjamesseattle](https://www.facebook.com/stjamesseattle). Did you know the Cathedral has a podcast? Just search "St. James Cathedral, Seattle" on Apple podcasts. And of course, you can always visit the Cathedral website www.stjames-cathedral.org for up to date information on Cathedral happenings, or to sign up for our weekly e-bulletin.

STORIES FOR *Fire, Font, & Feast*

LENT SCRIPTURE STUDY



PATTY BOWMAN & PATTY REPIKOFF, PRESENTERS

Tuesdays of Lent, February 23 and March 2, 9, 16, 23 and 30
7:00pm-8:30pm, via Zoom

This Lent, you are invited to join a six-week Scripture study focusing on the readings and Psalms we hear at the Great Easter Vigil. From the creation story in the Book of Genesis; to the Prophets' powerful exhortations to turn and embrace God's healing wisdom, forgiveness, and new life; to Mark's narrative of the Resurrection, the readings of the Easter Vigil tell the history of salvation.

In addition to the general sessions on Tuesday evenings, there will be an opportunity to join in small group reflection which will be offered later in the week. **Registration required.**

Information, Kathleen McCabe,
kmccabe@stjames-cathedral.org or 206-382-2018

www.stjames-cathedral.org



For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me. —Matthew 25:35

Dear Families,

The season of Lent gives us a wonderful opportunity to reflect and make room in our hearts to welcome the stranger. Through our **prayer**, we encounter Jesus, who is present in the face of every member of our human family. When we **fast**, we encounter the obstacles that prevent us from fully loving God and our neighbor. When we **give** alms, we share what we have with others.

During Lent, our community will participate in CRS Rice Bowl, a faith-in-action program that invites us to reflect on the challenges of global hunger—and our Gospel call to care for our global human family.

Matthew's Gospel invites us to remember that we are responsible for helping all of our sisters and brothers, even those who are strangers to us. When we do this, we care for Christ. In Matthew 25:40, Jesus tells us that, "Whatever you did for one of these least brothers of mine, you did for me." Through our Lenten prayers, fasting and almsgiving, we can respond to the needs of our sisters and brothers, including the millions of men, women and children around the world who experience chronic hunger.

CRS Rice Bowl provides many resources for daily reflection throughout Lent. Consider these suggestions in your family's Lenten plan:

- Use your CRS Rice Bowl and Lenten Calendar each day to guide your prayer, fasting and almsgiving.
- Read the Stories of Hope and daily reflections to inspire your Lenten journey.
- Use the CRS Rice Bowl recipes to prepare simple, meatless meals on the Fridays of Lent to eat in solidarity with our sisters and brothers around the world.
- Visit crsricebowl.org to watch videos of the people and communities you support through your Lenten gifts to CRS Rice Bowl.

Your sacrifices during this holy season have the power to change lives by providing enough nutritious food for families to thrive. And by practicing the pillars of Lent through CRS Rice Bowl, I hope both your faith and connection to our one human family deepens.

CRS Rice Bowls will be collected at the end of Lent, so stay tuned to learn more. Thank you for participating in CRS Rice Bowl with your family.

Sincerely,

Patrick Barredo
Director of Outreach and Advocacy

CRS Rice Bowl is sponsored by Catholic Relief Services, the official international humanitarian agency of the Catholic community in the United States. CRS is motivated by the example of Jesus Christ to assist poor and suffering people in more than 100 countries, without regard to race, religion or nationality.



Adult Confirmation at St. James Cathedral

A 10-week preparation series
for adult Catholics who have not
yet been confirmed.

This is a wonderful opportunity
to reconnect with your faith,
have your questions answered,
and become part of a small
community of other adults
seeking Confirmation.

Zoom sessions begin
Wednesday, March 10, 6:30-
8:15pm, and continue each
Wednesday evening through the
end of May.

*For more information, or to
register, Rosanne Michaels,
206-790-1519, or email
rmichaels@stjames-
cathedral.org.*