

ST. JAMES CATHEDRAL
The Twenty-Second Sunday in Ordinary Time
September 3, 2023

ORDER OF CELEBRATION FOR THE

Twenty-second Sunday in Ordinary Time

PRELUDE

Berceuse

Louis Vierne (1870–1937)

The Introductory Rites

ENTRANCE

Take up your cross

DUKE STREET

1. Take up your cross, the Sav - ior said,
2. Take up your cross, let not its weight
3. Take up your cross, heed not the shame,
4. Take up your cross, then in its strength,
5. Take up your cross, and fol - low Christ,
If you would my dis - ci - ple be;
Fill your weak spir - it with a - larm;
And let your fool - ish heart be still;
And calm - ly ev - 'ry dan - ger brave;
Nor think 'til death to lay it down;
Take up your cross with will - ing heart,
His strength shall bear your spir - it up,
The Lord for you ac - cept - ed death
It guides you to a bet - ter home
For on - ly those who bear the cross
And hum - bly fol - low af - ter me.
And brace your heart and nerve your arm.
Up - on a cross, on Cal - v'ry's hill.
And leads to vic - t'ry o'er the grave.
May hope to wear the glo - rious crown.

PENITENTIAL ACT

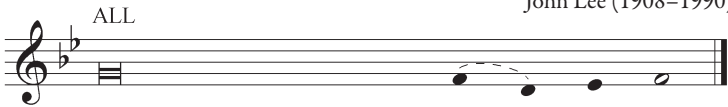
St. James Mass for Peace

Bern H. Herbolsheimer (1942–2016)

1, 3. Ky - ri - e e - le - i - son.
2. Chri - ste e - le - i - son.

GLORIA

Congregational Mass
John Lee (1908–1990)



*Glory to God in the highest,
We praise you, we bless you,
we glorify you, we give you thanks
Lord God, heavenly King,
Lord Jesus Christ, Only Begotten Son,
you take away the sins of the world,
you take away the sins of the world,
You are seated at the right hand of the Father,
For you alone are the Holy One,
you alone are the Lord,
with the Holy Spirit,*

and on earth peace to peo- ple of good will.
we a- dore you,
for your great glory.
O God, almighty y Fa- ther.
Lord God, Lamb of God, Son of the Father,
have mer- cy on us;
re- ceive our prayer;
have mer- cy on us.

you alone are the Most High Je- sus Christ,
in the glory of God the Father, A - - - men.

COLLECT (OPENING PRAYER)

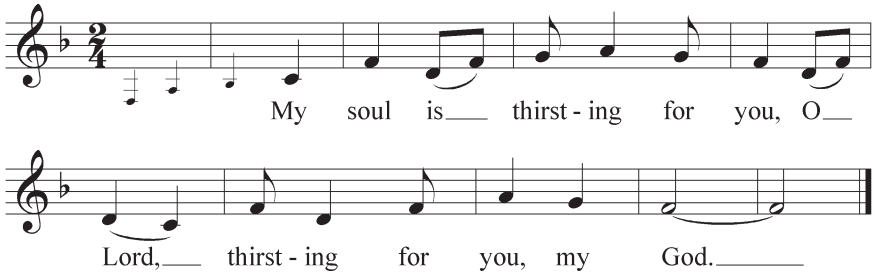
The Liturgy of the Word

FIRST READING

Jeremiah 20:7-9

PSALM RESPONSE

Psalm 63
Richard Proulx (1937–2010)



SECOND READING

Romans 12:1-2

ALLELUIA

Jacques Berthier (1923–1994)



GOSPEL

Matthew 16:21-27

HOMILY

Father Michael G. Ryan

CREED

I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,

All BOW

and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.

All STAND UPRIGHT

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,

and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic
and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

PRAYER OF THE FAITHFUL

Byzantine chant



Lord, hear our prayer.

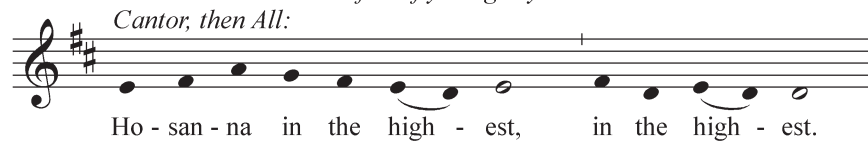
The Liturgy of the Eucharist

SANCTUS

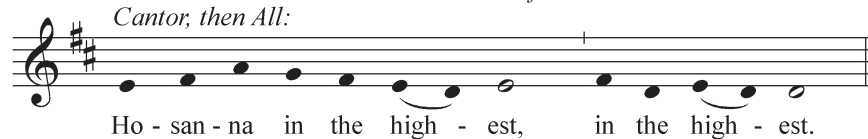
Corpus Christi Mass
Richard Proulx (1937–2010)



Choir: Heaven and earth are full of your glory.

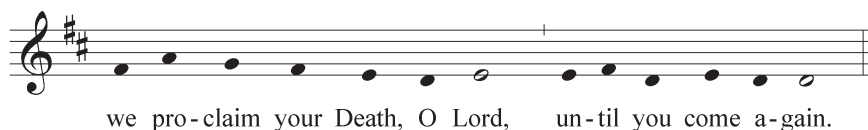
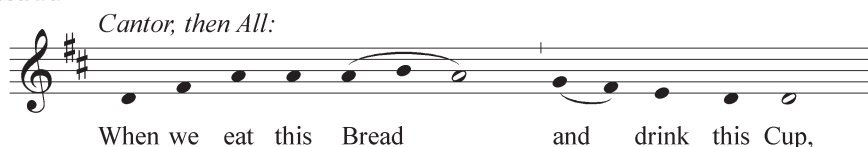


Choir: Blessed is he who comes in the name of the Lord.



MYSTERY OF FAITH

Richard Proulx



AMEN

Richard Proulx



LORD'S PRAYER

AGNUS DEI

Holy Cross Mass
David Clarke Isele (1946–2016)

Musical notation for the Agnus Dei. It consists of three staves in treble clef with a key signature of one sharp (F#). The first staff is labeled "Cantor:" and the second and third are labeled "ALL:". The lyrics are: "Lamb of God, you take a-way the sins of the world, have mer - cy on us. Lamb of God, you take a - way the sins of the world, grant us peace." There are triplets indicated by a "3" over a bracketed group of notes.

Please kneel following the Lamb of God and remain kneeling until it is time for your row to go forward for Holy Communion.

COMMUNION

If anyone wishes to come after me, let them deny themselves
and take up their cross and follow me.

Qui vult venire post me
Mode I

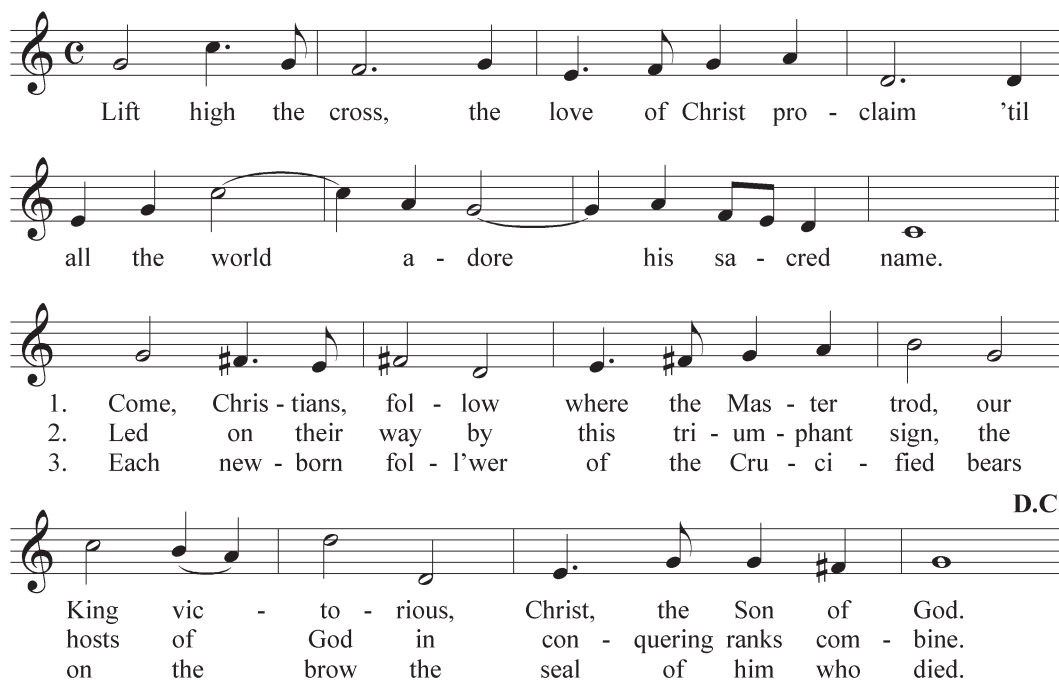
COMMUNION PROCESSION

Psalm 34: Taste and See
James Moore (b. 1951)

Musical notation for the Communion Procession. It consists of three staves in treble clef with a key signature of one flat (Bb) and a common time signature (C). The lyrics are: "Taste and see, taste and see the good - ness of the Lord. O taste and see, taste and see the good - ness of the Lord, of the Lord." There are long horizontal lines in the lyrics indicating long notes.

HYMN OF PRAISE

Lift high the cross
CRUCIFER



Lift high the cross, the love of Christ pro - claim 'til

all the world a - dore his sa - cred name.

1. Come, Chris - tians, fol - low where the Mas - ter trod, our
2. Led on their way by this tri - um - phant sign, the
3. Each new - born fol - l'wer of the Cru - ci - fied bears

D.C.

King vic - to - rious, Christ, the Son of God.
hosts of God in con - quering ranks com - bine.
on the brow the seal of him who died.

PRAYER AFTER COMMUNION

FINAL BLESSING AND DISMISSAL

PROCESSION

Les cloches de Hinckley
Louis Vierne

ICON OF THE CRUCIFIXION by Cathedral Iconographer Joan Brand-Landkamer. ACKNOWLEDGEMENTS: Penitential Rite from *St. James Mass for Peace* by Bern H. Herbolsheimer, copyright © 1983 by Bern H. Herbolsheimer. Used with permission. All rights reserved. Gloria from *Congregational Mass* by John Lee, Psalm response by Richard Proulx, Eucharistic acclamations from *Corpus Christi Mass* by Richard Proulx, Agnus Dei from *Holy Cross Mass* by David Clarke Isele, Communion procession refrain by James Moore, copyright © 1986, 2010, by GIA Publications, Inc., Chicago, IL. Reprinted under OneLicense.net #A706828. All rights reserved. Alleluia by Jacques Berthier, copyright © 1978, 1980, 1981 by Les Presses de Taizé (France), GIA Publications, Inc., Chicago, IL, exclusive agents. Reprinted under OneLicense.net #A706828. All rights reserved.

ST. JAMES CATHEDRAL

The Most Reverend Paul D. Etienne, Archbishop of Seattle

PASTOR

The Very Reverend Michael G. Ryan

PAROCHIAL VICAR Reverend Alex Pablo

IN RESIDENCE Reverend David A. Brant

PASTORAL ASSISTANT for ADMINISTRATION

Lawrence N. Brouse (206-382-4280)

FAITH FORMATION

John Simpson, Director of Faith Formation (206-654-4658)

John Marquez, RCIA (206-654-4640)

Tami Kowal, Children's Faith Formation (206-219-5822)

Open Position, Youth & Young Adults (206-382-2018)

Leticia Escobar, Faith Mentors & Faith Friends (206-619-0816)

Patty Pruitt, Administrative Assistant (206-274-3108)

LITURGY

Corinna Laughlin, Pastoral Assistant for Liturgy (206-264-2086)

Julie Sharples, Spencer Truong, Peter Burns, Wendell Dyck, sacristy (206-654-4646)

MUSIC MINISTRY (206-382-4874)

Joseph Adam, Director of Music & Cathedral Organist

Christopher Stroh, Assistant Director of Music & Organist

Stacey Sunde, Director of Youth Music

Marjorie Bunday, Music Office Assistant

SOCIAL OUTREACH and ADVOCACY

Patrick Barredo, Director (206-382-4515)

Peter Burns, Outreach Assistant

Cathedral Kitchen: Mick McHugh (Director) (206-264-2091),

Tom Bentler, Obed "Mike" Sanchez (206-264-2091)

MENTAL HEALTH AND WELLNESS MINISTRY

Anisa Ralls, Director (206-382-4269)

ST. JAMES IMMIGRANT ASSISTANCE (206-382-4511)

Patrick Suhrbier, Senior Immigrant Legal Services

Sayuko Setvik, Tutoring Coordinator

Laura Murton, Immigration Legal Coordinator

Erica de Klerk, Refugee Welcome Coordinator

STEWARDSHIP and DEVELOPMENT

Maria Laughlin, Director (206-382-4284)

Caroline Okello, Welcome & Volunteer Coordinator (206-654-4650)

PARISH OFFICE

Yanti Kapoyos, Weddings and Funerals (206-382-4288)

Bev Mauser, Louise Mennella, Wedding Coordinators

Mary MacLean, Bookkeeper (206-382-4564)

Maggie Corrigan, Office Manager (206-622-3559)

FACILITIES and GROUNDS

Tang Nguyen, Facilities Supervisor (206-264-2087)

Alan Frasher, Brian Jones, Abeba Ghezai, Tim Williamson, facilities

CELEBRATIONS of the SACRAMENTS

MASS

Sundays 8:00am - 10:00am - 12 Noon - 5:30pm

Weekdays 8:00am (M, T, W, Th, F, S) & 12:10pm (M,W,F)

Saturdays 8:00am & "Vigil" 5:30pm

VESPERS and BENEDICTION of the BLESSED SACRAMENT

Sundays at 4:00pm

CONFESSIONS/SACRAMENT OF RECONCILIATION

Saturdays, 8:30am-9:30am (following 8:00am Mass) and by appointment

BAPTISM Communal celebrations are held monthly. A preparation program for parents and godparents is required. Contact Patty Pruitt for information, 206-274-3108.

MARRIAGE Registered parishioners may begin the scheduling process up to 14 months in advance. Contact Yanti Kapoyos, Wedding Office, 206-382-4288.

ANointing of the SICK In case of serious illness, impending surgery, or advanced age, please call the parish office. The Sacrament of the Anointing of the Sick should not be delayed until the person is unconscious or in imminent danger of death. Call the parish office for information.

FUNERALS for parishioners, contact Yanti Kapoyos, 206-382-4288

CATHEDRAL COLUMBARIUM Maria Laughlin, 206-382-4284

PARISH OFFICE HOURS: Monday through Friday, 9:00 am - 5:00 pm.

After-hours Emergency answering service for parishioners: 206-467-3049

804 Ninth Avenue, Seattle, WA 98104

Telephone: 206-622-3559 FAX: 206-622-5303

Website: www.stjames-cathedral.org

WELCOME, VISITORS! *If you are a visitor to the Cathedral, we want you to know how welcome you are – whether you have come from another part of the country, from across the world, or simply from another parish here in the Archdiocese.*

The 22nd Sunday in Ordinary Time September 3, 2023

ON THE COVER. *Whoever wishes to come after me must deny himself, take up his cross, and follow me.* East Apse Stained Glass window, St. James Cathedral. Hans Gottfried von Stockhausen, artist. 1994.

FLOWERS AT THE ALTAR are offered by Richard Ferry in loving memory of his wife, Maude Ferry.

HOSPITALITY AFTER SUNDAY 10:00AM MASS Join us in Cathedral Hall for quiche, fresh fruit, and the chance to visit with fellow parishioners.

HOSPITALITY AFTER SUNDAY NOON MASS All are invited to Cathedral Hall for a light lunch following the Noon Mass. Chicken and cheese taquitos are on the menu!

MONDAY IS LABOR DAY There will be one Mass in the Cathedral at 8:00am. After Mass, the Cathedral will close for the holiday. The regular schedule will resume on Tuesday.

CHILDREN'S FAITH FORMATION 2023-2024 St. James Cathedral provides the Children's Faith Formation program from September to June for children ages 4-11, and Confirmation (for children 7th and 8th Grade). Classes take place on Sunday from approximately 11:00 am to 12:10pm. Register TODAY, September 3, after the 10:00am and Noon Masses.

ST VINCENT DE PAUL THANKS YOU: A young man experienced a spinal cord injury in his teenage years. While his initial prognosis was unfavorable, with fortitude and a lot of work he regained his ability to walk. He strives to live independently and to work instead of applying for disability benefits. When a seasonal job ended, his income lapsed and his ability to pay all of his rent disappeared. This neighbor called the St Vincent de Paul Helpline requesting assistance (206-767-6449 or online <https://svdpseattle.org/get-help/online-help-request-form/>). Thanks to your donations, we were able to help with enough rent to keep him current. *Information*, Jo Ann Wiesner, 206-291-4012 or wiesnerjo@gmail.com.

PARISH REMEMBRANCE *Throughout the year, because we are the Cathedral Church, we remember in prayer at Mass and Vespers each of the parishes and missions of the Archdiocese of Seattle on a Sunday near their feast day. This week we pray for the parishes of St. Rose in Longview, St. John Chrysostom (Byzantine) in Seattle, and Holy Cross in Tacoma and Granite Falls.*

LABOR AND THE CATHOLIC CHURCH In the Catholic tradition, work is more than a way to make a living; it is a form of continued participation in God's creative action. As we mark Labor Day, we are invited in a special way to reflect on the persistence of low wages and inequality in our workplaces. In your own experience of work—in an office setting, serving others, as a student, or working in the home—how have you experienced work as a form of participation in God's creative action? How are persistent low wages a barrier to full participation in that creative action? What can you do to support workplaces built upon justice and dignity? *Information*, www.usccb.org.

CARE FOR CREATION TIP OF THE WEEK The global Season of Creation (www.seasonofcreation.org) runs from September 1 to October 4 (the feast of St. Francis). This year's theme is "Let Justice and Peace Flow." We are called to join the river of justice and peace, to take up climate and ecological justice, and to speak out with and for communities most impacted by climate injustice and the loss of biodiversity. As the people of God, we must work together on behalf of all Creation, as part of that mighty river of peace and justice.

ST. JAMES CATHEDRAL BOOK CLUB Thursday, September 7, 6:30–8:00pm in the Pastoral Outreach Center The Cathedral Book Club and the Racial Solidarity Team are jointly sponsoring a discussion of Isabel Wilkerson's *Caste*, an exploration of the unspoken and unacknowledged caste system that has shaped our country's history.

GRIEF SUPPORT GROUP Tuesdays, September 12 through October 31, 10:00–11:30am in the Pastoral Outreach Center. You are invited to join this 8-week support group facilitated by Anisa Ralls, Director of the Mental Health and Wellness Ministry. *Register*, Anisa Ralls, 206-382-4269 or aralls@stjames-cathedral.org.

FAITH FRIENDS INCLUSION MINISTRY Faith Friends is an inclusion ministry serving children and teens from across the Archdiocese of Seattle. We are a unique blend of our Faith Mentor and Children's Faith Formation program, and provide Sacramental Preparation, as well as opportunities for friendship with other youth. Sessions begin September 24. *Information*, Leticia Escobar, 206-619-0816, faithfriends@stjames-cathedral.org.

WELLNESS WEDNESDAYS St. James Cathedral's Mental Health and Wellness Ministry and the Archdiocese of Seattle Mental Health Ministry are sponsoring Wellness Wednesdays, an educational forum featuring professionals from various mental health disciplines speaking on topics related to mental health. The next installment on Wednesday, October 4, 2023, will be a special hybrid (virtual/in-person) event on Spirituality and Dementia, featuring Sr Judy Ryan and Father James Eblen. It will occur both on Zoom and live at St. Mark Episcopal Cathedral. Register, <https://bcrook.wufoo.com/forms/dementia-and-spirituality-hope-on-the-journey/>



PARTNERS IN THE GOSPEL is a strategic and pastoral planning effort taking place across the Archdiocese of Seattle in the coming months. Most of our parish and mission churches will become part of a "parish family" under a single pastor. Each family will be served by one, two, or more priests. A "Current Reality" video is available, which explains more about the changing realities for the Church in western Washington and how Partners in the Gospel will help us respond to the times.

Currently, consultation is underway with parish staff and leadership groups across the Archdiocese. **Public consultation about the proposed family groups will soon begin.** Register now for one of these sessions!

Saturday, September 23, 2023
10:00am–11:30am in Cathedral Hall

Wednesday, September 27, 2023
5:30pm–7:00pm ZOOM

Thursday, October 5, 2023
6:00pm–7:30pm ZOOM

Monday, October 9, 2023
2:00pm–3:30pm ZOOM

Your input is absolutely essential as this process will impact the Cathedral and surrounding parishes for decades to come. Please plan on attending one of these sessions.

Information, Maria Laughlin, 206-382-4284 or mlaughter@stjames-cathedral.org.



REGISTER NOW!

ARE YOU CALLED TO BE A CATECHIST? Do you want to share in the mission of Jesus Christ which you have experienced in the Catholic Church? Do you want to accompany young people as the Holy Spirit guides them—and you—into deeper knowledge of the truth? Then you might be called to be a catechist for Children's Faith Formation! Materials and support provided. Please reach out to explore how you can serve our children and together with them attend to the voice of the Good Shepherd. *Information*, Tami Kowal, Director of Children's Faith Formation, 206-219-5822 or tkowal@stjames-cathedral.org.

Mass for Suicide Healing & Remembrance

Saturday, September 9, 2023 5:30pm Mass
Archbishop Paul D. Etienne, *presider*



September is Suicide Prevention Awareness Month. At this special Mass, we pray for all who have been lost to suicide, for survivors of suicide, and for all who have lost a family member, friend, or colleague. We also pray that, as Church and as individuals, we can help prevent suicide by raising awareness and knowing how to help those in need. *All those who have been impacted by suicide – who have lost a friend or loved one, or been touched by suicide or a suicide attempt in any way – will be invited to participate in a special entrance procession and light a candle of remembrance.*

*God, lover of souls,
you hold dear what you have made
and spare all things, for they are yours.*
(Order of Christian Funerals)

If you or someone you know is in crisis, please contact the 988 Suicide and Crisis Lifeline
Call or text 988 | Chat at 988lifeline.org

*Sponsored by: Archdiocesan Mental Health Ministry
and St. James Mental Health & Wellness Ministry.*

WWW.STJAMES-CATHEDRAL.ORG

Our Sister Phoebe

AN EVENING OF PRAYER AND REFLECTION

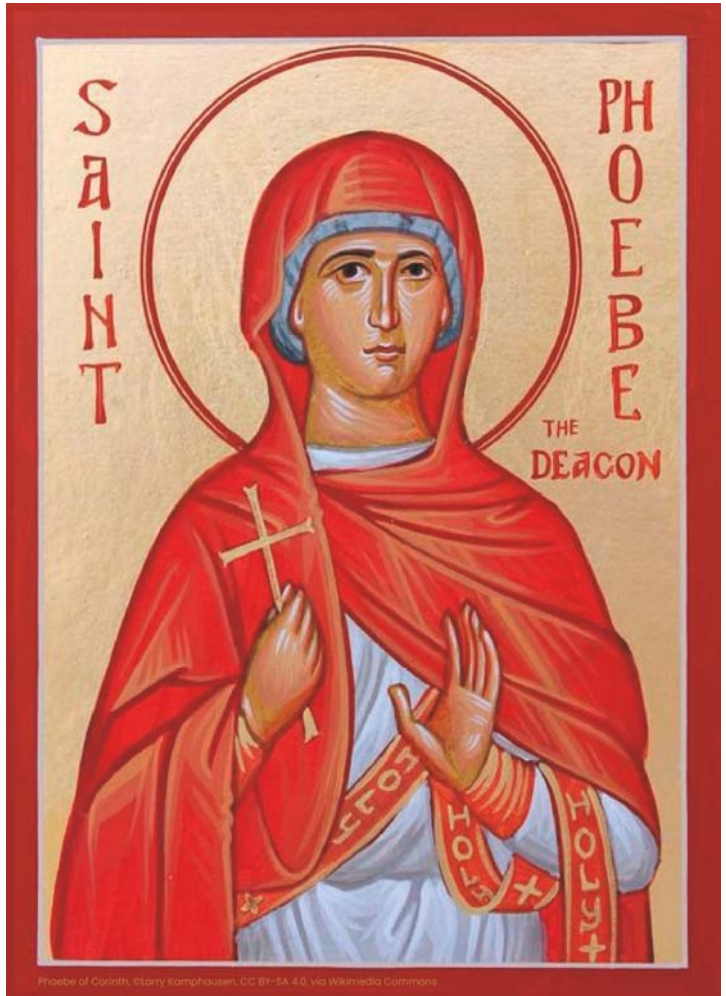
MONDAY, SEPTEMBER 11, 2023 | 6:30PM IN THE CATHEDRAL

St. Phoebe was a deacon of the early Church who worked alongside St. Paul and even delivered Paul's letter to the Romans. She has been honored as a saint in the Church for centuries. In this celebration of Evening Prayer, we celebrate St. Phoebe—and give thanks for all the women who help us to live our faith in Christ, who was “born of a woman” (Galatians 4:4). The service will include beautiful music sung by the Women of St. James Schola and preaching by ANNA ROBERTSON of Discerning Deacons. FATHER RYAN will preside.

After the prayer, we gather in the Holy Names Room, Pastoral Outreach Center (907 Columbia Street) for a short presentation on the past, present, and future of women in the diaconate.

CORINNA LAUGHLIN will present a short overview of the history of women deacons in the Church, and ANNA ROBERTSON will talk about the state of the question today, and the work of Discerning Deacons in promoting conversation about women's leadership in the Church, and the diaconate for women. The question of restoring the diaconate for women is being discussed at the Synod in Rome this October, making this evening of prayer and reflection especially timely! **All are welcome.**

Information, Corinna Laughlin, claughlin@stjames-cathedral.org





Leaves of Remembrance

Prayer Service and Dedication

Monday, September 18, 2023 at 2:00pm

St. James Cathedral's Terry and Marion Entrance
and at the entrance of Cathedral Hall

Reception to Follow

Leaves of Remembrance bear the names of deceased homeless women and men, so that every person has a place to be remembered. At special locations throughout Seattle where bronze Leaves are installed, we are called to recognize and honor those who have died, and to make known the crisis facing so many in our community. Since 2003, **The Homeless Remembrance Project** – a collaborative community effort facilitated by the homeless and formerly homeless women of WHEEL – has created these places of hope, healing, and beauty to honor and remember people who have experienced homelessness who have died in King County. Visit www.fallenleaves.org for stories and photos.

The St. James Housing Advocacy Committee is proud to share that the Cathedral will be the newest location for the Leaves of Remembrance. Join Father Ryan and other faith leaders, members of the homeless community, service providers, and parishioners of the Cathedral as we remember those homeless women and men who have died.

Information, Patrick Barredo, Director of Social Outreach and Advocacy
206-382-4515 or pbarredo@stjames-cathedral.org

CELEBRATING TEN YEARS OF POPE FRANCIS

A Catholic Church at the Crossroads

Wednesday, September 20, 2023

7pm to 8:30pm | Cathedral Hall, 912 Columbia Street



On March 13, 2013, Jorge Mario Bergoglio stepped out onto the balcony of St. Peter's as Pope Francis. He blessed us and asked for our blessing. That moment offered a hint that this papacy would be full of surprises. And ten years later, we have not been disappointed. Pope Francis has made a profound impact not just on the Church, but on all people throughout the world. He has led us to crossroads of reform, compassion, and justice as a Catholic Church and as a planet.

St. James Cathedral's Life, Peace and Justice Commission has invited a panel of distinguished local speakers to lead a reflection on the first decade of Pope Francis' monumental papacy.

What have been the blessings? What have been the limitations? Where might the Spirit be inviting us all to journey as a Church?

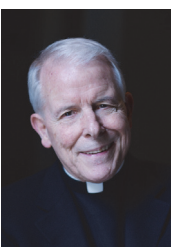
PANELISTS



REV. MICHAEL RASCHKO, Professor Emeritus of Systematic Theology at Seattle University's School of Theology and Ministry, will be our main presenter, identifying key blessings and limitations of Francis' papacy.



MS. ANNA JOHNSON, MA, North America's Senior Programs Manager for the Laudato Si' Movement, will address the deep connection of faith and Care for Creation.



REV. MICHAEL G. RYAN, pastor of St. James Cathedral since 1988, will speak to the pastoral dimension that Francis has brought to the Church.



MS. ANNIE NIETO BAILEY, MA, Advisor for High School & University Engagement for Catholic Relief Services, will focus on the Church's growing response to the Cry of the Poor.

ALL ARE WELCOME.

Information, Patrick Barredo, 206-382-4515 or pbarredo@stjames-cathedral.org

St. James Cathedral, Seattle | www.stjames-cathedral.org

TOGETHER

Gathering of the People of God

Friday, September 22, 2023

PRAYER | 6:30pm

SYNODAL GATHERING for YOUTH and YOUNG ADULTS | 7:30pm

St. James Cathedral
804 9th Avenue, Seattle, 98104

Together, we gather to pray for the Church as we prepare for the Ordinary General Assembly of the Synod of Bishops which begins on October 1. All are welcome to this celebration of Evening Prayer with the beautiful music of the ecumenical community of Taizé in France. **In a special way, all youth and young adults are invited to participate.** This prayer is part of a worldwide prayer vigil leading up to the next phase of the Synod. Find out more at <https://together2023.net/>

Following the prayer, youth and young adults are invited to gather in Cathedral Place Hall for a meal and an experience of synodality with Archbishop Etienne. Together, we share our own experiences and hopes for our Church, and reflect on how we can carry out our mission more effectively. The Archbishop wants to carry the voices of young people with him when he goes to Rome to participate in the Synod as a delegate. Please come, pray, share, and experience what synodality is all about!

All are welcome to join in the prayer. Youth/young adults must register for the dinner and synodal gathering that follows.

The prayer will be livestreamed at <https://vimeo.com/event/3538193> and at <https://www.facebook.com/ArchdioceseofSeattle/>

Youth and young adults, register for the event!



Mass of the Holy Spirit

ON THE EVE OF THE SYNOD

Saturday, September 23 | 5:30pm Mass
St. James Cathedral

Pope Francis has appointed Archbishop Etienne as a delegate to the Synodal assembly in Rome this October. In this special Mass of the Holy Spirit, we pray together with him in preparation for this extraordinary time for the whole Church. All are welcome.

A SYNODAL CHURCH....

- ...is a listening Church
- ...is a Church of encounter and dialogue
- ...desires to be humble, and knows it must ask forgiveness and has much to learn
- ...is open, welcoming and embraces all
- ...is a Church of discernment
- ...offers a prophetic witness to a fragmented and polarized world

*From the Instrumentum Laboris
(Working Document for the Synod)*

This Mass will also be live-streamed on
VIMEO <https://vimeo.com/event/3593826>
FACEBOOK <https://www.facebook.com/ArchdioceseofSeattle/>

