MAY 29, 2025
ASCENSION OF OUR LORD

taking faith home

Power is given through the ascended Christ.

ASCENSION DAY BIBLE READINGS

Take time to read and reflect on these Bible passages as part of your Ascension Day observances.

Thursday	**Luke 24:44-53**	**The ascension of Jesus**
	Acts 1:1-11	**Jesus is taken up to heaven**
	Psalm 47	**God rules the nations**
	Ephesians 1:15-23	**Paul's prayer for the people**

SCRIPTURE VERSE FOR ASCENSION DAY

"And see, I [Jesus] am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high." **Luke 24:49 (NRSV)**

PRAYERS AND BLESSING

A Prayer for Ascension Day:
Almighty and living God, we give you our thanks and praise for Jesus' victory over violence and death that we may live with the power of his resurrection and ascension. Amen.

Mealtime Prayer:
Lord Jesus, ascended above, thank you for your gifts of love. For food and home and all our days, we offer up our prayers of praise. Amen.

A Blessing to Give:
May the Lord Jesus give you power from on high.

MILESTONES MINISTRY

© 2024 Milestones Ministry, LLC. All rights reserved.

MAY 29, 2025

taking faith home

HYMN FOR ASCENSION DAY

Come Holy Spirit, Descend

ASCENSION DAY MILESTONES

Take a moment to tell or think about a recent mountain high and/or valley low in your life.

CARING CONVERSATIONS

Discuss in your home, small group, or use for personal reflections:

- Have you ever been bullied or seen someone being bullied? Explain.
- How does the Holy Spirit empower Jesus' followers?

DEVOTIONS

Read: Ephesians 1:15-23.
Ascension Day is a time for the church to recognize its true power as followers of Jesus. He had been crucified by the Roman imperial powers, human powers that are a constant challenge and source of concern for followers of Jesus. Jesus' resurrection made clear that earthly powers like violent governments and playground bullies are rendered powerless. Ephesians is an encouraging pep talk to those discouraged by the abuse of earthly powers. To grasp this mystery and deep truth, it takes the *"wisdom and revelation"* of God (v. 17). With this wisdom we are able to give praise for God's greatness and power that is beyond measure, yet very real and very powerful. Ours is not the power to conquer one earthly power with another as the apostles hoped when they asked, *"Lord, is this the time when you will restore the kingdom to Israel?"* (Acts 1:6). God put all earthly powers under the feet of our Lord Jesus Christ and gave authority for the church to do good and to heal, to forgive, and to give hope through the resurrected and ascended Christ.
Discuss: In what ways have you seen the church do good in the community? in the world?
Pray: **God of power and might, help us to see how your authority on earth leads us to use our powers for good, for healing, and for hope through our Lord Jesus Christ. Amen.**

SERVICE

Jesus calls us to serve our neighbor in love. Based on the Ascension Day Bible Readings and theme for this day, how can you help someone who is feeling bullied?

RITUALS AND TRADITIONS

Celebrate this day with a tradition of serving Ascension Day cookies. Buy or make sugar cookies. After they have cooled, spread sky blue icing on them and place miniature marshmallows on them. Before eating them, think or talk about how the cookies symbolize the sky and the clouds into which Jesus ascended.
Say: ***"But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth."*** (Acts 1:8)

MILESTONES MINISTRY

In addition to *Taking Faith Home*, celebrate milestones in your daily life as an effective faith formation tool. Go to: **www.milestonesministry.org**