July, 2024 Choice Food and Resource Center Action



In July, the Choice Food and Resource Center (CFRC) provided fresh and shelf-stable food as well as personal care products to the following:

Number of families served 272 which comprised

Number of adults 640

Number of children 376

Of the 640 adults, 119 were Seniors.

In addition, we provided 109 sets of diapers, four set up Pull-Ups, and 10 sets of adult diapers, as well as 117 packages of wipes and 244 sets of sanitary pads.

This work cannot continue without your help. Donations of diapers in sizes 4, 5, 6, and 7 as well as adult incontinence products in all sizes are in constant demand. You can bring donation to church on any Sunday and leave them in the back, or have them shipped to "Your Name, c/o Christ Church, 418 Magnolia Street, Highland Park, NJ 08904" (the Ambos household, since someone is present daily while the office at church is not staffed 7 days a week).

The CFRC can always use pasta, peanut butter, pasta sauce in non-glass containers, and canned tuna or chicken. You can also send along any travel-size personal care products you may have acquired if you were lucky enough to travel this summer!

Join us this Sunday, August 18, after the ONE 9:30 am service to help us prepare for the remainder of the summer and the beginning of September and the school year! September's packing party will be Sunday, September 15. Supplies and instructions will be in the Children's Chapel, so you can pitch in after the 8 am or 10:30 am service!

Peace,

Catherine Ambos

Laundry Love, August 2024

On August 12 26 families joined us at the Handy Street Laundromat and were helped by Paul and Catherine Ambos. Since we did not have our dedicated volunteer Tony Scimone to help, even the lone person doing laundry for himself got their own laundry card. It's summer, we were cramped for space since renovations are ongoing at the Laundromat. Maybe in September the new tile floor will be completed and we will have our usual space back, and those doing their laundry will have their folding table back! Also, continuing thanks for Mary Lou Taylor who keeps us supplied with the Earth Breeze and dryer sheet packs that make preparing for each session so much easier.

This vital ministry depends on your donations of funds for the washers and dryers as well as your time. Having a dedicated volunteer assist people who are only doing laundry for one person has helped us stretch our funds, since very few of these guests need more than about half the value in the card to do their laundry. If you would like to spend a few hours the second Monday evening a month to help our neighbors we would love to have you join us. Knowledge of Spanish is nice; sincere compassion for our guests is necessary. Contact Catherine Ambos either at msambos@gmail.com or 732-718-2039 for further information.

Our next Laundry Love session is Monday, September 9, at the Handy Street Laundromat. If you want to volunteer, contact Catherine Ambos (msambos@gmail.com or 732-718-2039) or show up around 5:15 p.m.

Catherine Ambos, Coordinator