



## Getting Ready for Easter?

As Lent approaches, we commonly think, “What can I give up this year?” Perhaps we might ask, “How can I prepare to celebrate the triumph of Jesus’ Resurrection on Easter?”

Most of us prepared for Confession and Communion as second graders. Between then and now we’ve had ample time to forget the graces and blessings of these sacraments of healing and spiritual nourishment. CTK & St. Stephen’s Adult Education team would like to help revive your memories and provide a spiritual renewal with two short courses on these sacramental “Encounters with God.”

Starting the week of February 21, and concluding Tuesday March 30, we are offering a 3-week course on Reconciliation, followed by a 3-week course on the Eucharist. Each class includes a powerful video, followed by group discussion. Study Guides for each course are available for a donation of \$6.00 (\$12.00 for both Guides), or you can print the Study Guides at [formed.org](http://formed.org).

To accommodate your busy schedule, each course will be offered twice weekly, via Zoom, once on Tuesday morning at 10:00 AM and again on Thursday evening at 7:00 PM. The final sessions on Eucharist will be on Tuesday, March 30 at 10:00 AM and again at 7:00 PM. (No class Holy Thursday.)

Please use the Sign Up Genius to reserve your spot and to let us know if you want a printed Study Guide! Then, let’s get ready for Easter together!

Sign up here: <https://www.signupgenius.com/go/8050545A9A62AA5F85-lent>

If you have questions, please contact Deacon John Ashmore at [faithformation@ctkph.org](mailto:faithformation@ctkph.org) or call direct at (925) 686-1174.