Christ the King-St. Stephen Catholic Church

Christ the King | 195A Brandon Road | Pleasant Hill, CA 94523
St. Stephen | 1101 Keaveny Court | Walnut Creek, CA 94597

SEPTEMBER 13, 2026 | TWENTY FOURTH SUNDAY IN ORDINARY TIME

Welcome!

MASS SCHEDULE

Weekend Masses -CTK

Saturday | 4pm Vigil also livestreamed
Sunday | 7:30am, 9am, 10:30am, & 4pm
10:30am Mass is also livestreamed

Weekend Masses -St. Stephen

Saturday | 5pm Vigil
Sunday | 9:30am

9am Daily Mass Schedule

St. Stephen
Monday, Wednesday & Friday
Christ the King
Tuesday, Thursday & Saturday

Confession

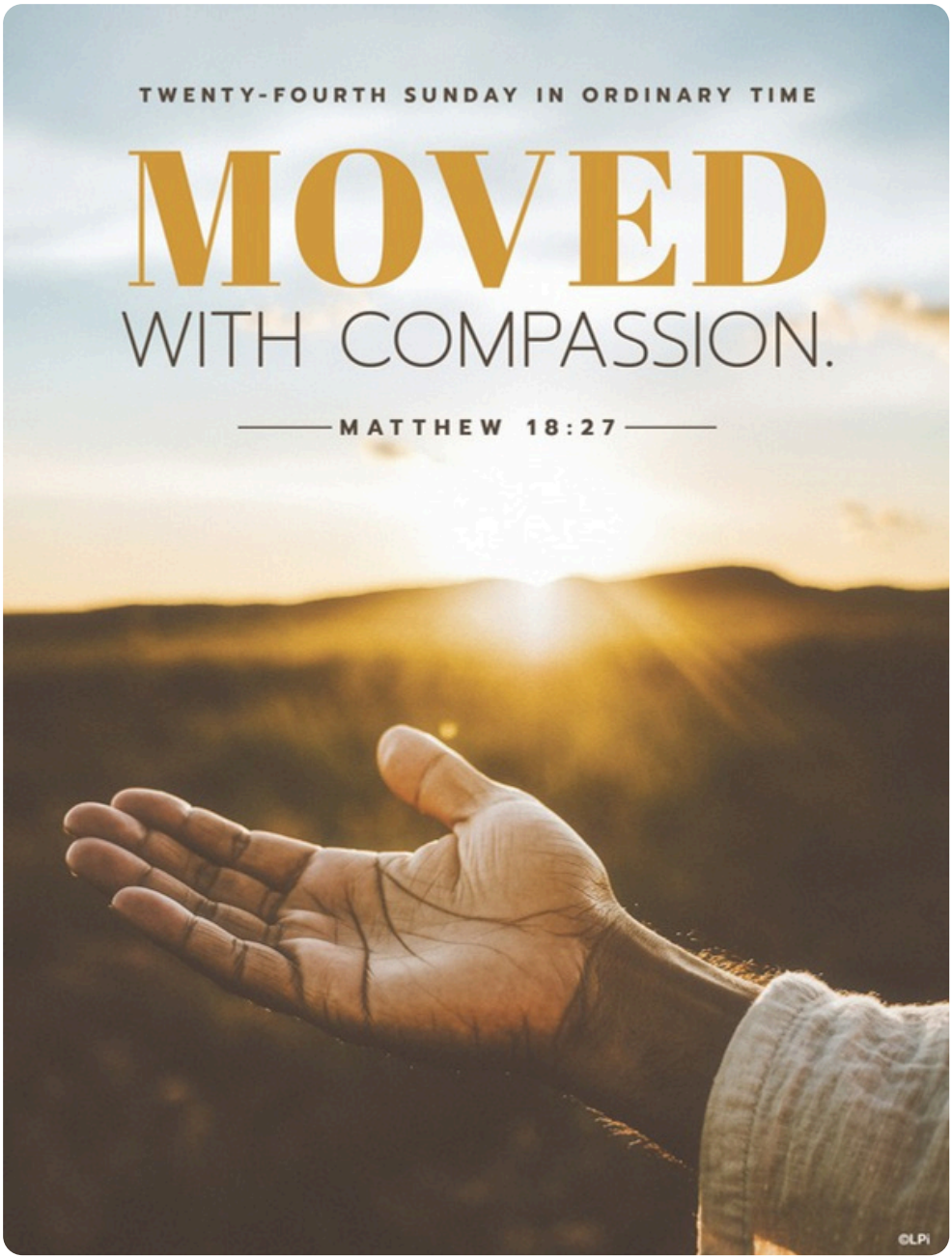
Christ the King | Saturday 3pm-3:30pm
St. Stephen | Saturday 4:30pm
Other | By Appointment

GET IN TOUCH

Christ the King | 925-682-2486
Office Hours Mon. - Fri. 9am to 5pm
ctkph.org
St. Stephen | 925-274-1341
Office Hours Mon. & Weds. 11am -2pm
ctkph.org

DONATE ONLINE

Donating online is easy! Just aim your phone camera at the QR Code and follow the link. Thank you!



Our Mission Statements

To Hear the Gospel and Make A Differnce
To Live and Love In Christ

Dear Friends,



The Catholic Church has a beautiful and sometimes misunderstood teaching about conscience. The Second Vatican Council, in Gaudium et Spes, describes conscience as the "most secret core and sanctuary" of the human person—the interior place where we stand before God and hear His voice calling us to love what is good and reject what is evil. The Catechism states clearly: "A human being must always obey the certain judgment of his conscience." To deliberately act against what we sincerely judge to be morally required would itself violate conscience.

But there is an equally important part of Catholic teaching that we sometimes forget: we have an obligation not only to follow our conscience, but also to form our conscience. The Church understands conscience as a judgment of reason about the moral quality of a particular action. Because we can misunderstand, rationalize, be influenced by self-interest, or simply be mistaken, conscience can be wrong. That is why the Catechism teaches, "Conscience must be informed and moral judgment enlightened," and adds, "The education of the conscience is a lifelong task."

WE CAN HAVE A SINCERE CONSCIENCE AND STILL BE WRONG

Let me illustrate this with a simple story. A father gave his son a compass before a hiking trip and told him, "If you get lost, trust the compass." During the hike, the boy became separated from his friends. He carefully followed his compass but soon realized he was heading in the wrong direction. An experienced hiker discovered the problem: a small magnet in the boy's pocket was interfering with the compass.

The boy had sincerely followed the compass—but the compass itself needed correcting.

Our conscience can be much the same. We must follow it, but we also have a responsibility to form it well. Many "magnets" can pull our conscience off course—politics, social media, culture, individualism, anger, prejudice, fear, and self-interest.

That is why it is not enough to say, "I'm following my conscience." We must also ask, "What is forming my conscience?"



Whether we realize it or not, our consciences are being formed every day—by politics, social media, news, family, friends, culture, our experiences, our fears, our economic interests, and even our resentments. Gradually, something spiritually dangerous can happen: the loudest voices around us begin forming our conscience more than Jesus Christ does. We may even turn to Scripture or Church teaching not to discover the truth, but simply to find something that confirms what we have already decided to believe. That is not the formation of conscience. It is the confirmation of preference.

Forming conscience therefore requires humility.

It requires the courage to say: "Perhaps I am wrong." Perhaps I need to learn more. Perhaps my political party does not have this right. Perhaps my culture has taught me something contrary to the Gospel. Perhaps my personal preference is not God's will. Perhaps Jesus is asking me to change."

Ultimately, a well-formed conscience is not one that always tells me what I want to hear, but one that has learned to listen for the voice of God.

So perhaps the question to carry with us this week is very simple: **Who is forming my conscience?**

MASS INTENTIONS

MASS INTENTIONS

Monday, September 14
9:00am | Ramon Blanch, Sr. ✝
9:00am | Virginia Villanueva ✝
Tuesday, September 15
9:00am | Herrea Ventura ✝
Wednesday, September 16
9am | Ray-an Chris Ramirez
Thursday, September 17
9:00am | Raymond Velasco ✝
Friday, September 18
9:00am | Raymond Adrian Ramirez ✝

Saturday, September 19
9:00am | James Spurs ✝
4:00pm | Pat Consul ✝
4:00pm | Amy Decena ✝
5:00pm | (SS) Tillie Ferris ✝
Sunday, September 20
7:30am | Jack Cardoza ✝
7:30am | Feliciano & Andres Meneses ✝
7:30am | Eli Quichocho ✝
9:00am | Grace Rulow ✝
9:30am | (SS) John George ✝
10:30am | Louie Baylosis ✝
4:00pm | Joseph Go-Alcantara ✝
4:00pm | Gladys Ruffinelli ✝
4:00pm | Louie Baylosis ✝



NEED PRAYER?

Confidential Prayer requests can be sent to: prayerline@ctkph.org

NEWS AND EVENTS

GIVE A LITTLE LOVE!
CTK/SS PARISH & SCHOOL

Baby Shower!

A parish-wide collection for babies and families in need



Please help our CTK St. Vincent de Paul Conference replenish the baby supplies for the Hillcrest Church/SVDP and Walking with Moms in Need Layette Programs!

DONATION DRIVE: **September 26th - October 4th, 2026**

WHAT TO DONATE

BABY CLOTHING
- New baby clothing (sizes 3, 6, 9, and 12 months only, please)
- Fleece sleep sacks
- Sleep n Play outfits (footed one-piece)
- Outfits (2 or 3 pieces)
- Sweaters, jackets, and zipped sweatshirts

DIAPERS & WIPES
- Disposable diapers, sizes 1-5
- Wipes (medium-size packets, approximately 80)

Bins will be in the back of the church at CTK

EVERYDAY ITEMS
- Baby blankets (approximately 24 x 36 inches), burp cloths
- ABC 1-2-3 board books (small or medium size)
- Stuffed animals (new only), 12-20 inches
- Target or Amazon $25 gift cards

SECOND COLLECTIONS

September 13 – Diocesan Priest Retirement

September 27 – Hospitality

October 4 – Catholic Education

NEWS & EVENTS

CHILDREN'S LITURGY OF THE WORD IS BACK ON SUNDAY, OCTOBER 11 - 9AM MASS

Children will have the opportunity to join a special Children's Liturgy.

They will listen to the readings of the day in an interactive, child-friendly way so they can better understand God's Word and strengthen their faith.

CLOW Details
Time: 2nd & 4th Sundays
9:00am Mass
Ages: 4 years old - 4th Grade

No registration necessary.
Questions? Mea McGraw
mauld20@gmail.com

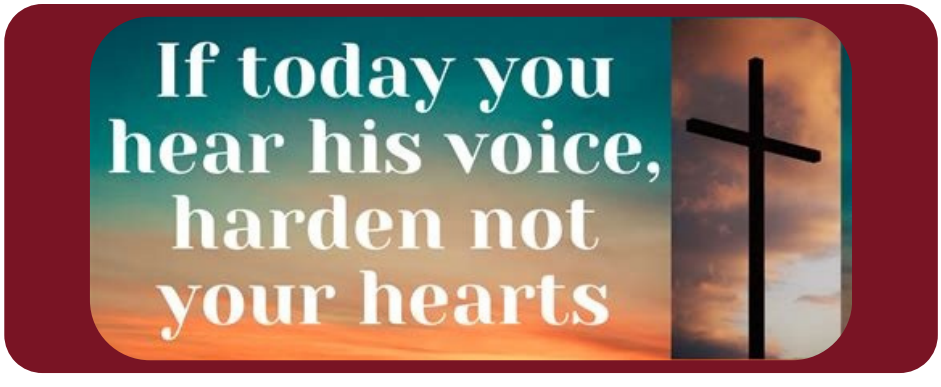


EXPOSITION OF THE BLESSED SACRAMENT

Join us every Friday in CTK's Ministry Center Chapel for Adoration of the Blessed Sacrament from **3:00 PM to 5:00 PM.**

All are welcome to come and spend quiet time in prayer and reflection.





NEWS & EVENTS



CHILDREN'S MASS

Join us every third Sunday at the 9am Mass at CTK for a special children's Mass.

The next Mass will be Sunday, September 20

We are looking for children as greeters, readers, Altar servers. Contact Teresa Gonzales tgonzales@ctkph.org





FUNERAL USHERS:

If you would like to serve occasionally as a greeter/usher for funerals ~ please contact Sr. Dominic Marie at 925-246-1122 or

sisterdominic.marie@gmail.com

FLOWERS FOR THE CHURCH:

Do you enjoy arranging flowers? If 'yes' consider doing the flower arrangements for the church on a rotation basis; once every 8 weeks. Please contact Sr. Dominic Marie at 925-246-1122 or

sisterdominic.marie@gmail.com



Join the CTK Family Choir!

Do you enjoy singing? Would you love to share the joy of making music with your children, grandchildren, or other kids in your extended family? The CTK Family Choir is returning for its fifth season, and we'd love to welcome new singers and families!

The Family Choir is open to children of all ages and their families. We sing at the 9:00 Mass on the first and third Sundays of each month, as well as at the Family Mass on Christmas Eve. Our first Sunday back will be September 20, when we'll sing for the Children's Liturgy.

We sing fun, accessible music that the whole family can enjoy, and no formal musical training or choir experience is necessary—just a love of music and a willingness to sing!

Whether you've sung with us before or are thinking about joining for the first time, we'd love to have you. For more information, please email Jennifer Bennett at jbennett@ctkph.org.

Hope to see you in the choir loft this fall!

VIRTUS® PROTECTING GOD'S CHILDREN

Safe Environment
Protecting God's Children
Are you involved in ministry at CTK or St. Stephen?

Diocesan policy requires Safe Environment training for every adult engaged in ministry. If you have trained on Virtus you will be notified by email when to recertify.

If you have not trained, and you volunteer at CTK or SS in any way, please go online to www.virtus.org and follow the instructions for Safe Environment training.

For questions, contact the CTK parish office at 925-682-2486.





CTK STAFF CONTACTS

CTK Office: office@ctkph.org

Fr. Paulson Mundanmani
925-682-2486
frpaulson@ctkph.org

Fr. Lee Chompoochan
925-682-2486
lleescj49@hotmail.com

Deacon Nelson Gonzales
925-676-1174
ngonzales@ctkph.org

Deacon Wynn Norona
wnorona@ctkph.org

Sr. Dominic Bonnici OP
925-246-1122
sisterdominic.marie@gmail.com

Dr. Joe Silveira, Principal
925-685-1109
jsilveira@ctkschool.org

Helen Christian, Office Manager
925-682-2486
hchristian326@gmail.com

Kathy Ridgway, Parish Office
925-682-2486
kridgway02@gmail.com

Rick Grand-Lejano
Religious Education Director
925-510-2259
rgrandlejano@ctkph.org

Phil Tafoya, Confirmation Coordinator
925-246-1128
ptafoya@ctkph.org

Rosa Panelli, RE Office
925-686-1017
rpanellictkre@gmail.com

Jennifer Bennett, Music Ministry
jbennett@ctkph.org

ST. STEPHEN STAFF CONTACTS

Chris Lang, St. Stephen Liaison
saintstephenwc@gmail.com