



Anne Arundel County Department of Health Community Health Announcements and News Releases January 2020

BIRTH AND DEATH CERTIFICATES

The Department of Health can provide certified copies of Maryland birth and death certificates. Visit www.aahealth.org/birth-certificates or call 410-222-4462 for office hours and fees.

BREAST AND CERVICAL CANCER SCREENING REFERRALS YEAR-ROUND

The Department of Health provides referrals for free breast exams, mammograms and Pap tests to eligible county residents. For details, call 410-222-6180 or visit www.LearnToLiveHealthy.org.

REACH PROGRAM HAS OPEN ENROLLMENT

The REACH health care program for uninsured adults has open enrollment for new qualifying applicants. Applicants will need to make an appointment to submit an application. To make an appointment or for more information, call 410-222-7020. REACH offers county residents low-cost doctor visits, checkups, prescription medicine, lab work and tests, radiology services and dental services.

DENTAL HEALTH SERVICES

The Department of Health provides dental services by appointment to income-eligible children, young adults, expectant mothers and to adult participants in the county REACH program. Dental clinic locations are in Annapolis (3 Harry S. Truman Parkway, 410-222-7138) and in Glen Burnie (North County Health Building, 791 Aquahart Road, 410-222-6861). Services include cleaning, fluoride treatment, periodontal treatment, sealants, fillings, root canals, extractions, crowns, bridges, oral health education and dental health referrals.

SUBSTANCE MISUSE TREATMENT SERVICES

Substance misuse assessment, referrals and treatment services are available through the Department of Health. For details, call 410-222-0117. Methadone and Suboxone maintenance services (for opiate-addicted adults) are available. For information, call 410-222-0100.

DENIALISDEADLY.ORG: SUBSTANCE MISUSE TREATMENT AND RECOVERY RESOURCES

Visit www.DENIALISDEADLY.org for facts and county data on heroin and prescription opioids. The website includes information about free Narcan response training and kits; the new wellmobile for county residents with substance use disorders; crisis stabilization, treatment and recovery programs; and local prescription drug disposal sites.

SAFE STATIONS INITIATIVE

Anne Arundel County and Annapolis City fire and police stations are designated safe environments for individuals seeking assistance from heroin/opioid addiction. Those seeking help can visit any fire or police station 24/7 to be linked with a substance use disorder treatment program.

STAR (Screening Teens to Access Recovery)

The Anne Arundel County STAR Program allows school health nurses to utilize technology to connect public high school students in a video tele-session with a Department of Health licensed therapist. High school students can go to their health room during the school day for help with substance use issues.

BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND TEENS

The Department of Health provides outpatient mental health and substance use disorder treatment for 4- to 18-year-old children and their families without private medical insurance. For more information, call 410-222-6785.

DRUG AND ALCOHOL USE PREVENTION AND EDUCATION FOR COUNTY YOUTH

The Prevention and Education Services Office helps to increase awareness of the risks associated with drug and alcohol use among young people in Anne Arundel County. The program provides information, training, presentations and exhibits to county schools, after-school programs, community groups, faith-based programs and parent groups. For information, call 410-222-6724.



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SAFE SEX KIT

The Department of Health's STI Services offers a free Safe Sex Kit, which includes fact sheets and a variety of condoms in a condom case. Order a kit at www.aahealth.org/safesexkit.

HIV/AIDS/STI SERVICES

The Department of Health offers free, confidential testing and counseling for HIV, the virus that can cause AIDS. Call one of these health centers for an appointment: Glen Burnie (410-222-6633) or Parole (410-222-7247). The department also offers free HIV case management services. Call 410-222-7108 for more information. Follow HIV/AIDS Services on Twitter at www.twitter.com/hivxpressions. Testing services for other sexually transmitted infections (STI) are offered by the department. For more information, call 410-222-7382.

ADULT EVALUATION AND REVIEW SERVICES (AERS)

AERS nurses and social workers provide in-person assessments of individuals with chronic illnesses or disabilities. AERS provides plans of care and referrals for those who require community assistance and Medical Assistance-funded care. For details, call 410-222-4361.

MEDICAL ASSISTANCE TRANSPORTATION

The Department of Health provides medical transportation services for eligible Medical Assistance (MA)/HealthChoice clients. Individuals with a valid Maryland MA/HealthChoice card and no means of public or private transportation may be eligible. For information, call 410-222-7152.

ADMINISTRATIVE CARE COORDINATION PROGRAM (ACC)

ACC provides services to clients who are enrolled in (or eligible for) Medical Assistance and HealthChoice to help them access health care. Short-term care coordination may be provided for certain groups. The Ombudsman investigates issues with managed care organizations. For more information, call ACC at 410-222-7541 or the Ombudsman at 410-222-4380.

CHILDREN'S IMMUNIZATIONS

Your baby needs immunizations at 2 months, 4 months, 6 months, and between 12 and 18 months. Boosters are given prior to entering kindergarten. Call your health care provider or the Department of Health at 410-222-4896 for details. Information on immunizations at area health centers for eligible children can be found at www.aahealth.org/immunizations.

FOOD FACILITY INSPECTION REPORTS

The Department of Health conducts more than 4,600 food facility inspections in Anne Arundel County yearly. Monthly inspection summaries and individual reports are at www.aahealth.org. Enter "Food Facility" in the search bar.

WOMEN, INFANTS AND CHILDREN (WIC)

The WIC supplemental nutrition program provides free nutritious foods, nutrition education, breastfeeding support and resource referrals for pregnant, breastfeeding and postpartum women and to infants and children up to age 5. To qualify, county residents must meet income guidelines. Call 410-222-6797 or 410-222-0139 (Spanish), or visit www.aahealth.org/wic for more information.

HEALTHY MOMS AND BABIES

The department's Healthy Moms and Babies website, www.aahealthybabies.org, has free pregnancy and childcare resources.

HEALTHY START

Healthy Start nurses and social workers meet with pregnant women and the parents of children up to age 2 to discuss pregnancy, childcare, child safety and community resources. For a Healthy Start nurse home visit, call 410-222-7177.

INFANT SAFE SLEEP — ABCs

The Department of Health urges all parents, grandparents and caregivers to put babies to sleep by following the safe sleep ABCs — **A**lone, on their **B**acks, in a safe **C**rib. For details, visit www.aahealthybabies.org.

MEDICAL COVERAGE FOR FAMILIES

Does your family need health insurance? Medical Assistance for Families/MCHP has comprehensive medical coverage for income-eligible families, children and pregnant women through managed care organizations (MCOs). For application information, call 410-222-4792, or visit www.aahealth.org/mchp.

PRESCRIPTION SAVINGS PROGRAM

The Prescription Savings Program is for residents of any age and income. There is no cost to obtain the savings card. For more information, call 410-222-4531 or go to www.scriptsave.com and log in with Group #586.

Subscribe to our

You Tube Channel

www.youtube.com/aahealth



There's still time to get your flu shot!

Anne Arundel County Department of Health

Free Flu Vaccinations 2020

For ages 6 months and older!

The high-dose vaccine for ages 65+ is also available.

Flu Vaccinations by Appointment*

Glen Burnie Health Center

Call 410-222-6633

416 A Street, SW

Glen Burnie, MD 21061

Parole Health Center

Call 410-222-7247

1950 Drew Street

Annapolis, MD 21401

***Appointments are scheduled based on vaccine availability.**



Save a Life

OPIOID OVERDOSE RESPONSE TRAINING

FREE Opioid Overdose Response Training and Naloxone Kit

The Anne Arundel County Department of Health offers free training to community members on the use of intranasal naloxone to reverse an opioid overdose and prevent death. Trainees will receive a free naloxone nasal kit to administer to victims of opioid overdose.



Who Should Attend?

- At-risk individuals, family members, friends and associates of someone who is using and at risk for overdosing on heroin or prescription pain medications. Teens under 18 may take the training if accompanied by a parent or guardian.
- Staff and volunteers with treatment programs, recovery services and transitional housing.
- Anyone working with the public.

What Will I Learn?



Training will incorporate the following information:

- What an opioid is.
- How to recognize, respond to and prevent an opioid overdose.
- How to administer the naloxone intranasally.
- Information about the Good Samaritan Law, treatment and recovery services and family support.

What Is Naloxone?

Naloxone is a prescription medication that is used to reverse an opioid overdose. It cannot be used to get “high” and is not addictive.

How to Register

To register, call the Naloxone Training Line at 410-222-1937 Monday through Friday between 8:00 a.m. and 4:30 p.m.

Training Dates:

122 North Langley Rd.,
Glen Burnie, MD 21060
10:00 a.m. - 11:00 a.m.

Thursday, January 2, 2020
Tuesday, February 4, 2020
Tuesday, March 3, 2020

3 Harry S. Truman Pkwy., Front Entrance
Annapolis, MD 21401
10:00 a.m. - 11:00 a.m.

Tuesday, January 7, 2020
Monday, February 3, 2020
Monday, March 2, 2020



Anne Arundel County Department of Health

FOR IMMEDIATE RELEASE

New Year, New Goals— Quit Smoking or Vaping Today!

Department of Health and Community Medical Partners Provide Free Quit-Smoking Resources

Are you thinking about quitting smoking or vaping? Choose to quit in 2020! The Learn To Live program at the Anne Arundel County Department of Health offers free self-help information to assist adults in quitting.

- **Quit-Smoking Kit (available in English and Spanish):** Provides adults with steps for quitting and staying smoke-free. To request a kit, call the Learn To Live Line at 410-222-7979 or the Spanish Language Line at 410-222-4479. Kits can also be ordered or downloaded at www.MyQuitKit.org.

The Department of Health, in partnership with community health care providers, sponsors free quit-smoking classes for adults who live, work or attend school in the county. The classes include counseling and may offer patches, gum or other FDA-approved nicotine replacement therapy. Pre-registration is required. The following local health care providers offer the quit-smoking classes:

- **Anne Arundel Community College**, Health and Wellness Center, 101 College Parkway, Arnold. Call 410-777-2480 or visit www.aacc.edu. (Search tobacco cessation.)
- **Anne Arundel Medical Center**, 2000 Medical Parkway, Belcher Pavilion, Annapolis. Call 443-481-5555 or 443-481-5366, or visit www.aahs.org/events.
- **Bay Community Health** (Formerly Owensville Primary Care), 134 Owensville Road, West River. Call 443-607-1432 or 410-867-4700, or visit www.baycommunityhealth.org.
- **University of Maryland Baltimore Washington Medical Center**, 301 Hospital Drive, Glen Burnie. Call 410-553-8103 or visit www.umbwmc.org/healthyliving.

For more information about smoking and vaping prevention and cessation and about cancer prevention, visit www.LearnToLiveHealthy.org or call 410-222-7979.

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December 30, 2019

Media Contact: Elin Jones, Public Information Director, 410-222-4508, hdjones@aacounty.org



FOR IMMEDIATE RELEASE

Kits and Online Class Provide Advice on Home Safety for Babies and Toddlers

The Anne Arundel County Department of Health offers free Healthy Babies and Healthy Pregnancy Kits that contain information about home safety for infants and toddlers. County residents can order the kits on the Department of Health's website, www.aahealthybabies.org, or by calling 410-222-7223.

A free online Home Safety class is also available at www.aahealthybabies.org. The Home Safety class certificate of completion provides one credit toward the Continuing Training Certificate from the Maryland Department of Education Office of Child Care.

The kits and class, which are helpful for parents, parents-to-be, grandparents and childcare providers, include the following tips on preventing injuries and fatalities.

Poisoning

- Keep medicine and poisons out of sight and reach. Visit www.aahealth.org/MEDS for more information. If there is a poisoning emergency, call the Maryland Poison Center at 1-800-222-1222.
- Put safety latches or locks on drawers and cabinets in the home, storage sheds and garages.
- Hide or securely cover trash cans.

Falls

- Use baby gates and window guards.
- Secure furniture and televisions so that they cannot tip over if pulled.

Burns

- Keep matches, lighters and lit candles out of reach.
- Keep your child away from hot surfaces such as stoves, fireplaces and heaters.
- Always check the water temperature before placing your child in a bath.

Injury Treatment

- Keep first aid kits in your home, car and diaper bag.
- Call your health care provider for injuries that need treatment.
- Call 911 if injuries are severe or for any head injuries.

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December 30, 2019

Media Contact: Elin Jones, Public Information Director, 410-222-4508, hdjones@aacounty.org



Family First!

Middle School Students and Parents Groups

- Family Resources
- Light Snacks
- Gift Card Raffles



Adolescent and Family Services

For more information, contact
Clinical Consultant **Darin R. Ford** at
hdford88@aacounty.org or 410-222-6070.

Starts January 21, 2020
6:30 p.m. - 8:00 p.m.
839 Bestgate Road
Annapolis, MD 21401

“Family First!” is an 8-week series that offers middle school students and their parents a safe place to discuss their fears, concerns, frustrations and hesitations while building closer family relationships. Parents and students will meet in separate groups for an hour and a half, once a week for 8 weeks to discuss family connection, social media, bullying, self-confidence, acceptance, conflict resolution techniques and more.



NEWS RELEASE

FOR IMMEDIATE RELEASE

Anne Arundel County Department of Health Provides In-School Vision and Hearing Screenings

Anne Arundel County Department of Health vision and hearing technicians and school nurses conduct mandated vision and hearing screenings in public schools each year. The screenings are for children in preschool, kindergarten, first and eighth grade, and for students new to Anne Arundel County schools. Special education students receiving speech therapy may also be recommended for screening. Department of Health vision and hearing technicians also administer vision and hearing screenings at private schools, nurseries and day care programs to ensure that the appropriate children are screened. Children who wear glasses should bring them to school on the day of the screening. Students in the following schools and programs will be screened in January:

January 2	Sunset Elementary
January 6	Jessup Elementary
January 7	North Glen Elementary Woodside Elementary
January 8	Crofton Elementary Pershing Hill Elementary
January 9	Annapolis Middle
January 10	Germantown Elementary
January 13	High Point Elementary Phoenix of Annapolis

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Anne Arundel County Department of Health In-School Vision and Hearing Screenings

January 14	Arundel Middle
January 15	Crofton Middle
January 16	George Cromwell Elementary Windsor Farm Elementary
January 17	High Roads Academy Severn School
January 22	Hillsmere Elementary Meade High School
January 23	Lindale Middle
January 24	West Meade Early Education Center
January 27	Brock Bridge Elementary Central Special
January 31	Montessori International Children's House

Children are screened in order to detect vision or hearing problems that may impair a child's ability to perform successfully in school. If a potential deficiency is detected, a letter is sent to the parents or legal guardians informing them of the results. The parents are advised to contact the child's doctor for further testing and advice. For more information on the School Vision and Hearing Program, call Kim Roussey, vision and hearing technician supervisor, at 410-222-6838.

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