

Anne Arundel County Department of Health Community Health Announcements and News Releases February 2020

BIRTH AND DEATH CERTIFICATES

The Department of Health provides certified copies of Maryland birth and death certificates at the Health Services Building, 3 Harry S. Truman Parkway, in Annapolis. Visit www.aahealth.org/birth-certificates or call 410-222-4462 for office hours and fees.

SMOKING CESSATION

For free quit-smoking kits and information on free smoking cessation classes, Anne Arundel County residents can call the Learn To Live Line 410-222-7979, or visit www.MyQuitKit.org.

BREAST AND CERVICAL CANCER SCREENING REFERRALS YEAR-ROUND

The Department of Health provides referrals for free breast exams, mammograms and Pap tests to eligible county residents. For details, call 410-222-6180 or visit www.LearnToLiveHealthy.org.

DENTAL HEALTH SERVICES

The Department of Health provides dental services by appointment to income-eligible children, young adults, expectant mothers and to adult participants in the county REACH program. Dental clinic locations are in Annapolis (3 Harry S. Truman Parkway, 410-222-7138) and in Glen Burnie (North County Health Building, 791 Aquahart Road, 410-222-6861). Services include cleaning, fluoride treatment, periodontal treatment, sealants, fillings, root canals, extractions, crowns, bridges, oral health education and dental health referrals.

DRUG AND ALCOHOL USE PREVENTION AND EDUCATION FOR COUNTY YOUTH

The Prevention and Education Services Office helps to increase awareness of the risks associated with drug and alcohol use among young people in Anne Arundel County. The program provides information, training, presentations and exhibits to county schools, after-school programs, community groups, faith-based programs and parent groups. For information, call 410-222-6724.

SAFE SEX KIT

The Department of Health's STI Services offers a free Safe Sex Kit, which includes fact sheets and a variety of condoms in a condom case. Order a kit at www.aahealth.org/safesexkit.

HIV/AIDS/STI SERVICES

The Department of Health offers free, confidential testing and counseling for HIV, the virus that can cause AIDS. Call one of these health centers for an appointment: Glen Burnie (410-222-6633) or Parole (410-222-7247). The department also offers free HIV case management services. Call 410-222-7108 for more information. Follow HIV/AIDS Services on Twitter at www.twitter.com/hivxpressions. Testing services for other sexually transmitted infections (STI) are offered by the department. For more information, call 410-222-7382.

DENIALisDEADLY.ORG: SUBSTANCE MISUSE TREATMENT AND RECOVERY RESOURCES

Visit www.DENIALisDEADLY.org for facts and county data on heroin and prescription opioids. The website includes information about free Narcan response training and kits; the new wellmobile for county residents with substance use disorders; crisis stabilization, treatment and recovery programs; and local prescription drug disposal sites.

SUBSTANCE MISUSE TREATMENT SERVICES

Substance misuse assessment, referrals and treatment services are available through the Department of Health. For details, call 410-222-0117. Methadone and Suboxone maintenance services (for opiate-addicted adults) are available. For information, call 410-222-0100.

SAFE STATIONS INITIATIVE

Anne Arundel County and Annapolis City fire and police stations are designated safe environments for individuals seeking assistance from heroin/opioid addiction. Those seeking help can visit any fire or police station 24/7 to be linked with a substance use disorder treatment program.



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Anne Arundel County Department of Health

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HEALTHY MOMS AND BABIES

The department's Healthy Moms and Babies website, www.aahealthybabies.org, has free pregnancy and childcare resources, including information on car safety seat checks.

HEALTHY START

Healthy Start nurses and social workers meet with pregnant women and the parents of children up to age 2 to discuss pregnancy, childcare, child safety and community resources. For a Healthy Start nurse home visit, call 410-222-7177.

INFANT SAFE SLEEP — ABCs

The Department of Health urges all parents, grandparents and caregivers to put babies to sleep by following the safe sleep ABCs – **A**lone, on their **B**acks, in a safe **C**rib. For details, visit www.aahealthybabies.org.

CHILDREN'S IMMUNIZATIONS

Your baby needs immunizations at 2 months, 4 months, 6 months, and between 12 and 18 months. Boosters are given prior to entering kindergarten. Call your health care provider or the Department of Health at 410-222-4896 for details. Information on immunizations at area health centers for eligible children can be found at www.aahealth.org/immunizations.

WOMEN, INFANTS AND CHILDREN (WIC)

The WIC supplemental nutrition program provides free nutritious foods, nutrition education, breastfeeding support and resource referrals for pregnant, breastfeeding and postpartum women and to infants and children up to age 5. To qualify, county residents must meet income guidelines. Call 410-222-6797 or 410-222-0139 (Spanish), or visit www.aahealth.org/wic for more information

BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND TEENS

The Department of Health provides outpatient mental health and substance use disorder treatment for 4- to 18-year-old children and their families without private medical insurance. For more information, call 410-222-6785.

STAR (Screening Teens to Access Recovery)

The Anne Arundel County STAR Program allows school health nurses to utilize technology to connect public high school students in a video tele-session with a Department of Health licensed therapist. High school students can go to their health room during the school day for help with substance use issues.

FOOD FACILITY INSPECTION REPORTS

The Department of Health conducts more than 4,600 food facility inspections in Anne Arundel County yearly. Monthly inspection summaries and individual reports are at www.aahealth.org. Enter "Food Facility" in the search bar.

MEDICAL COVERAGE FOR FAMILIES

Does your family need health insurance? Medical Assistance for Families/MCHP has comprehensive medical coverage for income-eligible families, children and pregnant women through managed care organizations (MCOs). For application information, call 410-222-4792, or visit www.aahealth.org/mchp.

PRESCRIPTION SAVINGS PROGRAM

The Prescription Savings Program is for residents of any age and income. There is no cost to obtain the savings card. For more information, call 410-222-4531 or go to www.scriptsave.com and log in with Group #586.

ADULT EVALUATION AND REVIEW SERVICES (AERS)

AERS nurses and social workers provide in-person assessments of individuals with chronic illnesses or disabilities. AERS provides plans of care and referrals for those who require community assistance and Medical Assistance-funded care. For details, call 410-222-4361.

MEDICAL ASSISTANCE TRANSPORTATION

The Department of Health provides medical transportation services for eligible Medical Assistance (MA)/HealthChoice clients. Individuals with a valid Maryland MA/HealthChoice card and no means of public or private transportation may be eligible. For information, call 410-222-7152.

ADMINISTRATIVE CARE COORDINATION PROGRAM (ACC)

ACC provides services to clients who are enrolled in (or eligible for) Medical Assistance and HealthChoice to help them access health care. Short-term care coordination may be provided for certain groups. The Ombudsman investigates issues with managed care organizations. For more information, call ACC at 410-222-7541 or the Ombudsman at 410-222-4380.

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You Tube Channel

www.youtube.com/aahealth



NEWS RELEASE

FOR IMMEDIATE RELEASE

Department of Health Promotes Heart Health Resources During American Heart Month

February is American Heart Month. The Anne Arundel County Department of Health urges county residents to improve their heart health. Heart disease is a leading cause of death in Anne Arundel County and the United States. The most common type is coronary artery disease, which can lead to a heart attack. Follow these simple tips to reduce your risk:

- Eat a healthy diet, including foods low in fat and high in fiber.
- Get regular physical activity.
- If you smoke, quit!
- Maintain a healthy weight.
- Ask your doctor about health screenings that are right for you.

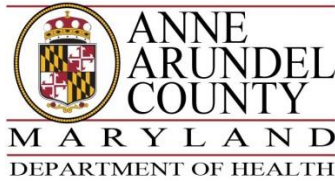
High blood pressure, also known as hypertension, is a major risk factor for heart disease. Talk with your health care provider about how often you should check your blood pressure. For year-round heart health information, visit the Heart Disease and Hypertension section at www.LearnToLiveHealthy.org.

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January 31, 2020

Media Contact:

Elin Jones, Public Information Director, 410-222-4508, hdjones@aacounty.org



COMMUNITY ANNOUNCEMENT

FOR IMMEDIATE RELEASE

Department of Health Provides STI Education, Screenings and Treatment Services Safe Sex Kit Can Be Ordered at www.aahealth.org/safesexkit

February 14 is National Condom Day, a time to remind county residents about the importance of protecting themselves and their sexual partners against sexually transmitted infections (STIs). Anne Arundel County has the fourth highest rates of gonorrhea, chlamydia, and primary and secondary syphilis infections among counties throughout Maryland. STIs are often present without symptoms, so the Department of Health urges all residents to learn what STIs are, how to prevent them, and how to get tested and treated.

The Department of Health's STI Clinical Services Program manages quality screening, treatment and education services. Eligible uninsured or underinsured county residents can receive STI evaluations and treatment from contracted medical providers. Documentation of Anne Arundel County residency is required. For more information or to obtain confidential, low-cost STI testing, call 410-222-7382 or visit www.aahealth.org/sti.

The HIV/STI Prevention and Care Program offers free Safe Sex Kits, which can be ordered by calling 410-222-7382 or by visiting www.aahealth.org/safesexkit and filling out the online order form. The kit contains condoms, facts about STI signs and symptoms, and information on prevention and testing services offered by the Department of Health. Condoms are also available at all Department of Health centers.

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January 31, 2020

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FOR IMMEDIATE RELEASE

Nicotine Free Week Set for February 23-29 In Anne Arundel County

Nicotine Free Week, which rallies children and teens across Anne Arundel County against smoking and vaping, is February 23-29, 2020. Every year, thousands of young people participate in school and community group anti-nicotine and anti-tobacco activities. Nicotine Free Week, formerly Tobacco-Free Kids (TFK) Week, is the county's premier smoking and vaping prevention event for youth.

Visit www.NicotineFreeWeek.org for tips to plan activities. The webpage has the registration form and order form to request free supplies for schools and community organizations. Only groups from Anne Arundel County are eligible to receive supplies. Registration ends Friday, February 7.

Nicotine Free Week is a Learn To Live healthy lifestyle program from the Anne Arundel County Department of Health.

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January 31, 2020

Media Contact:

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FOR IMMEDIATE RELEASE

Free Kit Provides Advice on Car Safety Seats for Babies and Toddlers

The Anne Arundel County Department of Health offers a free Baby Care Kit that contains information about child car safety seats for infants and toddlers. The kit also contains other health and safety information for pregnant women, parents and caregivers. County residents can order the kit on the Department of Health's website, www.aahealthybabies.org or by calling 410-222-7223.

Car seats prevent serious injuries and death. Maryland law requires that all children under age 8 be in a car seat or booster seat while riding in a vehicle, unless the child is taller than 4'9" or over 65 pounds.

The Baby Care Kit includes the following tips for properly using car safety seats:

- Choose a car seat that fits your child's age, weight and height.
- Do not use a car seat if it is more than six years old, has been in a crash or has unknown history.
- Always follow the car seat instructions and vehicle manuals to install the seat. Install the car seat by using the vehicle's safety belts or LATCH device. The back seat is the safest place for children to ride.
- Install the car seat tightly. The seat should not move more than one inch from side to side or towards the front of the car when you pull on the seat where it attaches to the car.
- For optimal protection, children under the age of two should ride rear-facing. Modern infant and convertible seats allow children to remain rear-facing until they weigh 30-45 pounds, depending on the model instructions.
- When your child is ready to face forward, review your car seat manual and make necessary adjustments to the car seat.
- Follow the car seat manual instructions for buckling up your child.
- Only use products that come with your child's car seat.
- Never leave a child alone in a car seat or vehicle.

For more information on car seats and car seat inspection dates, go to the Maryland Kids In Safe Seats (KISS) website, www.mdkiss.org, or call their helpline at 800-370-SEAT (800-370-7328).

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January 30, 2020

Media Contact: Elin Jones, Public Information Director, 410-222-4508, hdjones@aacounty.org

Anne Arundel County Healthy Babies ♦ 3 Harry S. Truman Parkway ♦ Annapolis, MD 21401
410-222-7223 ♦ fax 410-222-7294 ♦ www.aahealthybabies.org

2020 Anne Arundel County Car Seat Check-Up Events



BY APPOINTMENT ONLY

Make an appointment:

<https://tinyurl.com/aaco2020>

800-370-7328

NO APPOINTMENT NECESSARY:

Fitzgerald Auto Mall

34 Hudson Street

May 13 and September 9

2:00 p.m.—5:00 p.m.

(Drive-ups accepted until 4:30 p.m.)

February 11

2:00 p.m.—5:00 p.m.

AACO Fire Dept. Station 8

991 Bay Ridge Road

April 6

10:30 a.m.—1:30 p.m.

Odenton Regional Library

1325 Annapolis Road

May 12

2:00 p.m.—5:00 p.m.

Marley Fire Station 18

7726 Baltimore-Annapolis Blvd.

June 12

9:00 a.m.—noon

Edgewater Community Library

25 Stepneys Lane

August 11

2:00 p.m.—5:00 p.m.

Armiger Fire Station 30

304 Mountain Road

November 10

2:00 p.m.—5:00 p.m.

AACO Fire Dept. Station 5

1300 Waugh Chapel Road

November 20

9:00 a.m.—noon

Edgewater Community Library

25 Stepneys Lane





FOR IMMEDIATE RELEASE

**Anne Arundel County Department of Health Provides
In-School Vision and Hearing Screenings**

Anne Arundel County Department of Health vision and hearing technicians and school nurses conduct mandated vision and hearing screenings in public schools each year. The screenings are for children in preschool, kindergarten, first and eighth grade, and for students new to Anne Arundel County schools. Special education students receiving speech therapy may also be recommended for screening. Department of Health vision and hearing technicians also administer vision and hearing screenings at private schools, nurseries and day care programs to ensure that the appropriate children are screened. Children who wear glasses should bring them to school on the day of the screening. Students in the following schools and programs will be screened in February:

February 3	Severna Park Elementary
February 4	Manor View Elementary Oakwood Elementary
February 5	Ruth Parker Eason Waugh Chapel Elementary
February 6	Marley Glen Special School Nantucket Elementary
February 7	Brooklyn Park Middle
February 10	Millersville Elementary Northeast High
February 11	Arnold Elementary Four Seasons Elementary

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Anne Arundel County Department of Health In-School Vision and Hearing Screenings

February 12	South River High
February 13	Fort Smallwood Elementary Tracey's Elementary
February 14	Chesapeake Montessori School Primrose School of Gambrills
February 19	Meade Middle
February 20	Seven Oaks Elementary
February 21	Magothy River Middle
February 24	Cape St. Claire Elementary
February 25	Central Middle
February 26	Chesapeake Bay Middle
February 27	Old Mill Middle North
February 28	Severn School Chesapeake Campus The Key School

Children are screened in order to detect vision or hearing problems that may impair a child's ability to perform successfully in school. If a potential deficiency is detected, a letter is sent to the parents or legal guardians informing them of the results. The parents are advised to contact the child's doctor for further testing and advice. For more information on the School Vision and Hearing Program, call Kim Roussey, vision and hearing technician supervisor, at 410-222-6838.

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January 31, 2020
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