

Cooking up Sweet Memories



Bringing Families Together!

The Why:

To Provide students & their families activities to strengthen inner family relationships, reduce parental stress & increase positive family engagement. Help capture family treasured moments!

Project Description:

Initially students participated in virtual zoom sessions on Fridays. Then sessions evolved into Family Fun Fridays! The Family Fun Fridays were open to all families on our case-load. It was an open group and most families came regularly, but a few asked for more zoom sessions to share with their children. Many parents shared that this at times was their one thing the whole family looked forward to. This is where our Cooking up Sweet Memories came to be.



Project Details:

A C T I V I T I E S :

4 Monthly Cooking Sessions integrated into already existing weekly Family Fun Friday Zooms

P A R T I C I P A N T N U M B E R S

9 Families on our Caseload

H O U R S O F S E R V I C E :

Recruiting Families: 3 hrs

Preparing for sessions: 1 hour X 4 Sessions= 4 hrs

Contacting Parents: 10 hrs

Putting Picture Books together: 6 hrs

Purchasing & Creating Baskets: 8 hrs

Delivering Baskets to Families: 3 hrs

Project Outcomes:

- To Increase Family Participation
- Decrease Caregivers Stress to allow for Family Engagement through Enrichment Opportunities
- Celebrate Engaged Caregivers
- Provide an opportunity to build and capture family memories to last a lifetime.



FAMILY QUOTES :

"Gracias por los detalles que nos brindo en su programa... nos ayudo como familia a trabajar mejor juntos." - Rosa Trejo

"Este libro lo voy a guardar mucho... me gusto .y nunca e tenido algo haci... muy bonita y especial, Gracias."- Yesenia Martinez

"Me gusto pasar tiempo con mis hijos haciendo comidas juntos. Algo que vamos a recordar por mucho tiempo y esperemos puedamos continuar."- Reyna Jaimes-Maldonado

"Cuando tenga mas programas haci por favor inviteme... yo hare tiempo para participar... son muy lindos momentos que pasamos juntos."

- Miriam Alegria



Grant Funds Support Project:

9 Family Baskets

Total: \$240

9 \$25 Gift Cards /Family

Total: \$225

9 Family Photo Books

Total: \$134.64



\$600 Total Budget

Success & Challenges



- + Parents built Community among themselves
- + Parents engaged in fun Activities w/ children
- + Parents Learned how to Navigate Technology
- + Students/Parent Participation Increased
- + Activities for All-Ages to Participate
- + Fun Friday Zoms helped families kick off their weekend/ Per Family feedback
- + Summertime Family Fun with Basket Activities

- Photo sharing through text
- Quality Books @ Affordable Price
- Low Quality Pictures through Texts
- Planning for Activities for All-Ages
- Shopping & Finding items in one store
- Scheduling Basket Pick ups



A Hope I have after this Grant-Funded Project

I hope to continue to build relationships with families in fun and creative ways.

I hope that students can look back many years from now and remember fun times with their families through our current tough times.

A bigger wish is that I am able to increase helping parents navigate new technology avenues and if allowed I would like to hold a session in person to help them create their own books so that this is not their one and only book, but simply the beginning of many.

Keeping parent young at heart to enjoy their children alongside the many worries, and stress that life brings us.

Let's Celebrate Family Time!

