

# Wrapping Our Arms Around Asheville



## Helping with Food Needs

One of our closest community partners needs our support and will help us wrap our arms around Asheville in this time of crisis. ABCCM (Asheville Buncombe Community Christian Ministry) reaches over 14,000 families and individuals yearly through their four crisis centers. The coronavirus epidemic will stretch their resources to the max. They desperately need food donations and volunteers. [Here's how you can help!](#)

- **Donate Food Items**- Bring food donations to the church atrium entrance. Leave them just outside in the box beneath the covered walkway. Items needed: canned fruit, canned vegetables, canned meat, self-rising flour (we break down the larger bags into smaller bags), cooking oil (we break down larger containers into smaller containers), sugar, cereal, peanut butter, and jelly. We need \$5 gift cards from Ingles to purchase milk.
- **Sort & Box Food** - Volunteers are needed to box food and sort donations at the Crisis Center. Call Mary Massarra with ABCCM at 828-398-6805 for an assignment.
- **Deliver Food to People**- Some have chosen to isolate. Volunteers are needed to take food to those persons--safety precautions are in place and you drop food off at their door.

**What to Do If You Have Questions - Contact Cliff Christian,**  
[cliffchristian77@gmail.com](mailto:cliffchristian77@gmail.com)

### **Health and Safety Reminders:**

- Do not make an **EXTRA** trip to the grocery store. Do this **AS YOU GO**.
- If you are in an at-risk group, limit any additional gatherings.
- Always clean your hands as encouraged by the CDC.
- If you are ill or living with someone who is ill, stay at home.