

EMPOWER LIVES

Volunteer for Meaningful Day Learning Sessions

At Humanim, we are dedicated to creating inclusive environments where individuals with intellectual or developmental disabilities (I/DD) can participate fully in community life. Our Meaningful Day programs offer a variety of social, recreational, educational, and vocational activities aimed at fostering personal growth and community integration.

VOLUNTEER ROLE DESCRIPTION:

We are seeking volunteers to enrich our Meaningful Day programs by sharing their expertise, professional experiences, or personal hobbies and interests in informal learning sessions. Learning Session volunteers play a crucial role in empowering program participants to explore their talents and passions in a supportive environment. We welcome and encourage all volunteers who are passionate about creating inclusive and enriching experiences to share their ideas for learning sessions with us.



Calling volunteers to enhance our current curriculum offerings:

SPORTS & FITNESS FANATICS:



Organize and facilitate adaptive sports activities tailored to the abilities and interests of participants.

CULINARY AFICIONADOS:

Collaborate with our culinary team to assist participants in developing culinary skills and exploring diverse cuisines in a safe environment.



ART & DRAMA ENTHUSIASTS:



Engage participants in creative art or theatrical productions that encourage self-expression and skill development.



IDEAL VOLUNTEERS WILL HAVE:

- ▶ A willingness to share their knowledge and skills.
- ▶ Ability to engage with individuals in a supportive manner.
- ▶ Creativity and enthusiasm for adapting activities to meet diverse needs.



LEARNING SESSION STRUCTURE & SUPPORT:

Learning sessions should be casual, hands-on, or interactive, and can be one-time events or a series of sessions leading to a culminating activity. Sessions should be scheduled during our Meaningful Day Program hours (Monday-Friday, 9am – 3pm) and can take place at a Humanim facility (locations in Baltimore City and Howard County) or in a community setting.

Humanim staff will help in planning, implementing and facilitating sessions to ensure volunteers and participants have a positive experience.



CONTACT

To further discuss Learning Session ideas, please contact:

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Community Engagement
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