

In-A-Snap Activity: People Scavenger Hunt

SEL Skill Building Opportunities:

A “people scavenger hunt,” can connect well with the following SEL Skills/Competencies:

- *Self – Awareness:* Aware of strengths, interests and things that matter to me.
- *Social – Awareness:* I know my social identity (memberships; social needs and interests
 - By completing the scavenger hunt themselves, a child/youth considers what their interests are and what matters to them.
- *Relationship Skills:* I have meaningful and healthy connections and relationships with others; I know how to start and maintain mutual (two-way) conversations.
 - By engaging with their peers to complete the hunt, children/youth might have the opportunity to make more connections and practice starting and maintaining conversations.
- *Thoughtful Decision-Making:* Able to set goals, create a plan, and follow the plan.
 - When children/youth are included in the planning process of what they wish to know about others (what they wish to put on the scavenger hunt) They are involved in planning what information they will gain from others. It's okay to tweak activities to include children/youth in planning their own learning. One might consider starting with the question “What game or activity could we do to learn more about each other?” or “How could we make a scavenger hunt that helped us reach the goal of learning about ourselves and others?”

Directions:

1. Have the children/youth help to create a list of what they may like to know about each other.
2. Put each idea in a separate box.
3. When the scavenger hunt is ready, the children/youth move amongst their peers and collect at least one signature for each box.

Directions for the children/youth:

1. Write your name in the boxes that are true for you.
2. Ask your peers to write their names in the box(es) that is/are true for them.
3. You might like to ask your peers “Follow – Up” Questions like:
 - “What’s your favorite video game?”
 - “How do you like to be creative?”
 - “Which sports are you favorite to play?”
 - “Do you have a goal you’re trying to achieve at dance class?”
4. Reflection:
 - a. Who has the same/similar interests as you?
 - b. Who has different interests?
 - c. What did you learn about yourself?
 - d. What did you learn about your peers?
 - e. Did anything surprise you?
 - f. Were you able to find someone for every box?

I help care for a pet(s):	I have a sibling(s)	I am great at giving hugs	I like to participate in sports	I enjoy listening to music
I like reading	I have brother(s) and sister(s)	I am good at helping others	I enjoy dancing	I like to practice martial arts
I like being in plays	I like to sing	I like to be creative	I have been hiking	I have been to the ocean
I am good at being kind	I like to do yoga	I am a brother or sister	I am good at taking care of myself	I like to play outside
I enjoy playing videogames	I like to do crafts	I like to swim	I am good at making people laugh	I enjoy relaxing
I like to cook	I like to spend time with my friends	I like being with my family	I have a big dream for the future	I am a member of a club, team, or organization