

# **SOCIAL AND EMOTIONAL LEARNING IN AFTERSCHOOL COHORT 2021-2022**

At the heart of our field is the need to build positive relationships, create quality learning opportunities, and contribute to lifelong thriving outcomes for our youth. The profound way these values are connected within the field of SEL is the core of the ACROSS NH Social and Emotional Learning in Afterschool Cohort.

First, we will lay a foundation for understanding SEL in the context of afterschool. Each month we will provide a deep dive into specific topics connected to the implementation of SEL in afterschool programs. The specific skills of SEL will be outlined. We will examine the elements that make SEL thrive in an afterschool setting. Practices that support skill development and provide implementation suggestions to strengthen the quality of programs for our children, youth, and families will be shared.

Participation in the cohort will include a monthly 3-hour virtual work session and a post-meeting implementation assignment. Each program will have access to an ACROSS NH consultant to support the completion of SEL implementation assignments.

**Session 1:** Tues, 10/26 "Cohort Launch: An Introduction to SEL"

**Session 2:** Tues, 11/9 "SEL Connected Core Values"

**Session 3:** Tues, 12/7 "Self-Aware and Well-Regulated Adults"

**Session 4:** \*Thursday, 1/6 "SEL Supportive Culture and Climate"

**Session 5:** Tues, 2/1 "SEL Supportive Routines"

**Session 6:** Tues, 3/8 "Building SEL Skills"

**Session 7:** Tues, 4/5 "Assessing Our Programs and Planning Ahead"

**Session 8:** Tues, 5/3 "Where We Were, Where We Are, and What Happens Next?"

**Session Info:** This cohort is virtual. All sessions will meet from 9:00am-12:00pm. You will receive an email with an invitation to the Zoom meeting after you register in [Eventbrite](#), and prior to the first session.

**Questions:** Please email [cathy@seresc.net](mailto:cathy@seresc.net) or call 603-206-6848.

**Presented by:**  
Abigail Blodgett, B.S.;  
ACROSS NH SEL Project  
Coordinator, NH ASMP WT,  
PM, ASA Level 3,  
and ADS Level 6,  
and Eric Mann, MSW, SEL  
Consultant with SERESC, Inc.



*A Free Virtual Training Cohort  
with Consultation Support for  
Out-of-Schooltime Program  
Administrators and Directors  
to Focus on Building SEL in  
their Programs*

## **REGISTER ON EVENTBRITE:**

<https://www.eventbrite.com/e/across-nh-social-and-emotional-learning-in-afterschool-cohort-registration-171229872157>

*You will receive 24 hours of PD  
(professional development) in  
your NH Connections  
Information System ([NHCIS](#))  
registry profile upon  
completion of the cohort.*