

# Social and Emotional Learning in Afterschool Series

*A Virtual Training Series with Consultation Support for  
Out-of-Schooltime Program Administrators and  
Directors to Focus on Building SEL in their Programs*



- In this series, we will lay a foundation for understanding SEL in the context of afterschool and provide a monthly deep dive into specific topics connected to the implementation of SEL in afterschool programs.
- Together, we will look at elements that make SEL thrive in an afterschool setting, gain specific knowledge of SEL skills, learn practices that support skill development, and provide implementation suggestions to strengthen the quality of programs for our children, youth, and families.
- Participation in the series will involve a monthly three-hour work session and will include a post-meeting action plan. Each program will have access to an ACROSS NH consultant to support the completion of SEL implementation assignments designed to implement systemic change.

**Series Launch:** October 27<sup>th</sup> “An Introduction to Social and Emotional Learning”

**Session 1:** November 10<sup>th</sup> “Establishing SEL Connected Core Values”

**Session 2:** December 8<sup>th</sup> “Self-Aware and Well-Regulated Adults”

**Session 3:** January 12<sup>th</sup> “Knowing Your Youth: Culture, Climate and Connection Practices”

**Session 4:** February 9<sup>th</sup> “Social and Emotional Learning Routines”

**Session 5:** March 9<sup>th</sup> “Building Foundational Skills: Self-Awareness and Self-Regulation”

**Session 6:** April 13<sup>th</sup> “Assessing Our Programs and Planning Ahead”

**Session 7:** May 11<sup>th</sup> “What Happens Next?”

**Facilitators:** Abigail Blodgett, BS, SEL Project Coordinator for ACROSS NH; NH ECMP & ASMP PM, WT, ASA Level 3 and ADS Level 6, and Eric Mann, MSW, SEL Consultant with SERESC, Inc.

**Time:** 9:00am - 12:00pm all sessions via Zoom Meeting (all meetings are on Tuesdays)

**PD Hours:** 24 PD Hours. Attendance of all sessions is required for PD credit. Missed sessions will need to be made up to earn the complete 24 hour credit. You will need an account in the NH Professional Registry at <https://nhportal.naccraware.net/nh/>.

**Application:** Please complete a brief application to participate in this series by October 22<sup>nd</sup>.

**Cost:** There is no cost to participate in this series.

**Questions:** Please call 206-6848 or email [cathy@seresc.net](mailto:cathy@seresc.net).

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*ACROSS NH is a project of SERESC funded by the Bureau of Child Development and Head Start Collaboration. Our goal is to provide statewide technical assistance and professional development opportunities to afterschool providers to support their work in creating high quality, innovative programs for schoolage children.*

*Susan Gimilaro, Project Director • Cathy Hazelton, Project Assistant*