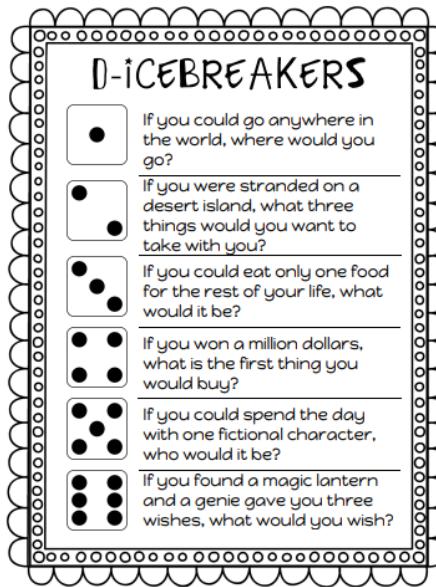


# Activity: Dice-Inquiries

**Resource:** Adapted by Abigail Blodgett from “D-icebreakers” activity created by Genia Connell  
<https://www.scholastic.com/content/dam/teachers/blogs/genia-connell/migrated-files/dicebreakers.pdf>

## Resources Needed:

Children/youth  
A caring adult(s)  
A die or dice  
A writing implement  
paper  
10-15 minutes



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## Directions:

**For Younger Children/Youth:** Prepare the activity by creating a list of six questions that the children/youth and adults will answer. On the paper, draw the six dice faces and write one of the questions next to each number. In a group, everyone will take a turn to roll the die and answer the question that correlates with the dice face they rolled.

**For Older Children/Youth:** Work together with the children/youth to generate a list of questions/prompts for the group to answer together. Consider together how many questions/prompts will be used and the amount of dice needed. Assign each question/prompt to one of the numbers (sums) that could be rolled depending on the number of dice in play. In a group, everyone will take a turn to roll the die/dice and answer the question that correlates with the number indicated by their roll.

## Considerations:

As with any activity, it is great to adapt them as needed. One adaptation to consider might be assigning two questions/prompts to each correlating dice face or number/sum. This would allow the person who rolled the die/dice to have a choice of which question they would answer.

## Sample Questions:

1. What is something that excites you?
2. What is something that makes you feel calm?
3. Where is a place you like to go and why?
4. Who makes you feel safe?
5. What do you do to be a caring friend?
6. When do you feel sad?