

Systems Survey Practitioner Key



This key may be used in formulating a support protocol based on a patient's **systems survey form** results.

Step 1: Tally the total score for each group.

Step 2: Identify the groups that have high scores.

Step 3: Use this key to identify product recommendations to help support your patient.

Other valuable tips:

- Attempt to address the first complaint listed in the "Important" section.
- Suggest Catalyn® as general support to all patients.*
- **Many clients need support in high-priority groups.** Often, if these groups are supported, others benefit as well. These high-priority groups are:
 - » **Group 3** (blood sugar) » **Group 5** (liver/gallbladder) » **Group 6** (digestion)
- Products listed in bold are primary; products listed in non-bold are secondary.
- The patient should be re-evaluated every 30-60 days.

Each product in the table below is recommended as being beneficial in its designated category. While a practitioner may, in his or her individual professional judgment, decide to recommend more than one product in combination in each category, this Practitioner Key is not intended to recommend and should not be interpreted as recommending protocols of multiple products in each designated category. This Practitioner Key is not intended for use by patients.

	Standard Process Products	Therapeutic Dose	MediHerb® Products	Therapeutic Dose
GROUP 1 Questions 1-19 <i>Sympathetic Support</i>	Organically Bound Minerals	1 tablet per meal	Nevaton® Forte	1 tablet 3-4 times daily
	Symplex® F (women)	2 tablets per meal or 6 at bedtime on an empty stomach	Kava Forte	1 tablet 2-3 times daily
	Symplex® M (men)	2 tablets per meal or 6 at bedtime on an empty stomach		
GROUP 2 Questions 20-40 <i>Parasympathetic Support</i>	Paraplex®	2 tablets per meal or 6 at bedtime on an empty stomach	Adrenal Complex or Adrenal Tonic Phytosynergist®	1 tablet 2-3 times daily; 5 mL diluted in water or juice 2-3 times daily
	Circuplex®	2 capsules 2 times daily	Ashwagandha Complex	1 tablet 3 times daily
			Rhodiola & Ginseng Complex	1 tablet 2-4 times daily
GROUP 3 Questions 41-54 <i>Blood Sugar Support</i>	Cataplex® B	3 tablets 2 times daily	Gymnema	1 tablet 1-2 times daily
	Diaplex®	3 capsules 2 times daily with food		
	Drenamin®	3 tablets 2 times daily		
	Cataplex® GTF	1 tablet per meal		
GROUP 4 Questions 55-70 <i>Cardiovascular Support</i>	Cardio-Plus®	4 tablets 2 times daily	Garlic Forte	1 tablet 1-2 times daily
	Cataplex® B	4 tablets 2 times daily	Hawthorn	1 tablet 2-3 times daily
	Cyruta® Plus	2 tablets per meal	Vascular Care Complex	1 tablet 2-3 times daily
	Cataplex® E ₂	3 tablets 2 times daily		
	Cod Liver Oil	2 perles 2 times daily		
GROUP 5 Questions 71-94 <i>Liver and Gallbladder Support</i>	Livaplex®	1 capsule per meal	Livton® Complex	1 tablet 3-4 times daily
	A-F Betafood®	3 tablets 2 times daily	LivCo® (if patient has no gallbladder)	1 tablet 3-4 times daily
	Cholacol® (if patient has no gallbladder)	1 tablet per meal		

	Standard Process Products	Therapeutic Dose	MediHerb Products	Therapeutic Dose
GROUP 6 Questions 95-103 <i>Digestion Support</i>	Zypan® (at the end of each meal)	2 tablets with each meal	DiGest Forte (before each meal)	1 tablet 3 times daily
	Zymex® Capsules	3 capsules 2 times daily		
	Spanish Black Radish	3 tablets 3 times daily		
	ProSynbiotic	1 capsule 2 times daily		
GROUP 7A Questions 104-118 <i>Thyroid Support*</i>	Thyrophin PMG®	2 tablets per meal or 6 at bedtime on an empty stomach	Bugleweed 1:2	5 mL diluted in water or juice daily
	Antronex®	3 tablets 3 times daily		
GROUP 7B Questions 119-133 <i>Thyroid Support*</i>	Thyrophin PMG®	2 tablets per meal or 3 in the a.m. and 3 at bedtime on empty stomach	Thyroid Complex	1 tablet daily
	Cataplex® F Tablets	3 tablets 2 times daily		
	Cataplex® E	3 tablets 2 times daily		
	Trace Minerals-B ₁₂ ™	1 tablet per day		
GROUP 7C Questions 134-137 <i>Pituitary Support*</i>	Pituitrophin PMG®	2 tablets per meal or 6 at bedtime on an empty stomach	Chaste Tree	1 tablet 1-4 times daily
	Symplex® F (women)	2 tablets per meal or 6 at bedtime on an empty stomach		
	Symplex® M (men)	2 tablets per meal or 6 at bedtime on an empty stomach		
GROUP 7D Questions 138-144 <i>Pituitary Support*</i>	Pituitrophin PMG®	2 tablets per meal or 6 at bedtime on an empty stomach	Chaste Tree	1 tablet 1-4 times daily
	E-Manganese™	1 tablet daily		
	Symplex® F (women)	2 tablets per meal or 6 at bedtime on an empty stomach		
	Symplex® M (men)	2 tablets per meal or 6 at bedtime on an empty stomach		
GROUP 7E Questions 145-150 <i>Adrenal Support*</i>	Drenamin®	5 tablets 2 times daily	Ashwagandha 1:1	5 mL diluted in water or juice daily
	Drenatrophin PMG®	6 tablets at bedtime on empty stomach	Valerian Complex	1 tablet 2-4 times daily
	Paraplex®	1 tablet per meal		
GROUP 7F Questions 151-164 <i>Adrenal Support*</i>	Adrenal Desiccated (short term)	2 tablets 2 times daily	Adrenal Complex or Adrenal Tonic Phytosynergist®	1 tablet 2-3 times daily; 5 mL diluted in water or juice 2-3 times daily
	Drenamin®	5 tablets 2 times daily	Rhodiola & Ginseng Complex	1 tablet 2-4 times daily
	Cataplex® C	3 tablets 2 times daily	Nevaton® Forte	1 tablet 3-4 times daily

	Standard Process Products	Therapeutic Dose	MediHerb Products	Therapeutic Dose
GROUP 8 Questions 165-191 <i>Foundational Support*</i>	Cataplex® B	2 tablets 2 times daily	Vitanox®	1 tablet 1-2 times daily
	Cataplex® G	2 tablets 2 times daily	HerbaVital	1 tablet 2-4 times daily
	Cod Liver Oil	2 perles 2 times daily		
	Catalyn®	3 tablets 2 times daily		
Female Only* Questions 192-201	General Support			
	Symplex® F	2 tablets per meal or 6 at bedtime on an empty stomach	Chaste Tree	1 tablet 1-4 times daily
	Black Currant Seed Oil	2 perles 2 times daily	FemCo	1 tablet 3-4 times daily
	Menopause Questions 198, 199			
	Symplex® F	2 tablets per meal or 6 at bedtime on an empty stomach	Wild Yam Complex	1 tablet 3-4 times daily
	Drenamin®	3 tablets 2 times daily		
Male Only* Questions 202-212	Symplex® M	2 tablets per meal or 6 at bedtime on an empty stomach	Tribulus	1 tablet 1-3 times daily
	Cataplex® F Tablets	3 tablets 2 times daily		
	Palmettoplex®	2 capsules 2 times daily		
	Wheat Germ Oil	2 perles 2 times daily		
	Zinc Test™ (every patient)			
	Zinc Liver Chelate™ (based on Zinc Test™ results)	1 tablet per meal (short term); retest; 1 tablet per day (long term)		