

# Building Networks of Support for Caregivers



*Delivering education and support to those offering a break to caregivers.*

**REST, Respite Education and Support Tools,**  
is a nationally-recognized interactive two-day  
Train-the-Trainer course that prepares those  
who will train respite care workers  
in their own communities.



## REST Training Information

**Spanish Language  
Materials available  
for Bilingual Trainers!**



**April 18-19, 2017**

**9:00 a.m. — 5:00 p.m.**

**Hosted by NYS Caregiving & Respite Coalition**  
Russell Barnard Senior Housing  
46 Flynn Ave  
Plattsburgh, NY 12901

**Registration Fee \$595**  
(Includes lunch and snacks)

**Limited spots available!**

Register today at <http://restprogram.org/events-page/>

 **For Information, Contact** 

Doris Green, Director NYS Caregiver & Respite  
Coalition at [dgreen@lifespan-roch.org](mailto:dgreen@lifespan-roch.org) or  
585-287-6393.

Kelly Fitzgerald, REST Training Development  
Manager [kfitzgerald@restprogram.org](mailto:kfitzgerald@restprogram.org) or  
630-397-5658.

*For more information, visit*

**www.restprogram.org**