

# Building Networks of Support for Caregivers



*Delivering education and support to those offering a break to caregivers.*

## **REST, Respite Education and Support Tools,**

is a nationally-recognized interactive two-day Train-the-Trainer course that prepares those who will train respite care workers in their own communities.



## **REST Training Information**

**April 18-19, 2017**

**9:00 a.m. — 5:00 p.m.**

**Hosted by NYS Caregiving & Respite Coalition**

**Russell Barnard Senior Housing**

**46 Flynn Ave**

**Plattsburgh, NY 12901**

**Registration Fee \$595**

*(Includes lunch and snacks)*

**Limited spots available!**

Register today at <http://restprogram.org/events-page/>

**Spanish Language  
Materials available  
for Bilingual Trainers!**



**For Information, Contact**



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*For more information, visit*

**www.restprogram.org**