

# Become a REST Companion™



*Delivering education and  
support to those offering  
a break to caregivers.*

**REST, Respite Education and Support Tools,**  
is a unique, interactive training program,  
where you will receive the education and  
tools needed to be confident and successful in  
providing respite care to adults and children.

**TRAINING  
OPPORTUNITY!**

## Upcoming REST Training Location

August 11, 2018 8AM to Noon

Pinnacle Lutheran Church

250 Pinnacle Rd

Rochester NY 14623

For Information, Contact

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**[www.restprogram.org](http://www.restprogram.org)**

