

Building Networks of Support for Caregivers



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools,

is a nationally-recognized interactive two-day Train-the-Trainer course that prepares those who will train respite care workers in their own communities.



2018 REST Training Locations

**Spanish
Language
Materials
available
for Bilingual
Trainers!**

**March 22-23
Endwell, NY**

**May 9-10
Hillside, IL**

**June 5-6
Escanaba, MI**

**July 17-18
Opelika, AL**

**July 17-18
Location TBA, MA**

REST Master Trainer Course:

**Bloomington, IL
March 6-7**

**Addison, IL
June 20-21**

Register today! <http://restprogram.org/event/>

For Information, Contact

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For more information, visit

www.restprogram.org