

2018 REST Training Challenge For National Family Caregiver Month!

This November, REST will award the Trainer who trains the most Companions a **\$100 gift card**, and the State that trains the most will receive **20 Participant Guides!**

Contest winners will also be featured in the January **REST Around the Nation (RAN)** newsletter with an article highlighting their program!

Give the Gift of Time for those Caregivers who are providing Care around the Clock