

# Building Networks of Support for Caregivers



*Delivering education and support to those offering a break to caregivers.*

## **REST, Respite Education and Support Tools,**

is a nationally-recognized interactive two-day Train-the-Trainer course that prepares those who will train respite care workers in their own communities.



## **REST Training Information**

**Spanish  
Language  
Materials  
available  
for Bilingual  
Trainers!**



**July 26-27, 2017**

**9:00 a.m. — 5:00 p.m.**

**Opelika, Alabama**

**Lee Russell Council of Governments**

**2207 Gateway Drive**

**Opelika, AL 36801**

**Training Fee: \$595**

*Includes lunch and snacks*

Apply today at <http://restprogram.org/events-page/>



**For Information, Contact**



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*For more information, visit*

**www.restprogram.org**