

Building Networks of Support for Caregivers



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools,
is a nationally-recognized interactive two-day
Train-the-Trainer course that prepares those
who will train respite care workers
in their own communities.



REST Training Information

**Spanish
Language
Materials
available
for Bilingual
Trainers!**



July 26-27, 2017
9:00 a.m. — 5:00 p.m.

Opelika, Alabama

Lee Russell Council of Governments

2207 Gateway Drive
Opelika, AL 36801

Training Fee: \$595

Includes lunch and snacks

Apply today at <http://restprogram.org/events-page/>



For Information, Contact



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334-528-9215.

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For more information, visit

www.restprogram.org