

# 2018 REST Companion Challenge For National Family Caregivers Month!

REST will award a \$30 Walmart gift card to the Companion who serves the most hours, between November 1- 30.

Qualifications: Send the following information to Lois Sheaffer by **Dec. 15, 2018**, at **lsheaffer@restprogram.org**, or 164 S. Prairie Ave., Bloomingdale, IL 60108:

- Your name, address and phone number
- The hours you served during November
- The names and phone numbers of the caregivers you served
- You also can submit your information at: **<http://restprogram.org/companions/>**

***Start setting up your respite visits now to start serving in November!***



[www.restprogram.org](http://www.restprogram.org)

[info@restprogram.org](mailto:info@restprogram.org)

630.397.5655