

Become a REST Companion™



*Delivering education and
support to those offering
a break to caregivers.*

REST, Respite Education and Support Tools,

is a unique, interactive training program,
where you will receive the education and
tools needed to be confident and successful in
providing respite care to adults and children.



Saturday, January 20, 2018

10:00 a.m. — 2:00 p.m.

Broome West Senior Center

2801 Wayne Street ♦ Endwell ♦ NY 13760

FREE TRAINING - LIMITED SPACE!

*Offered at no charge through the Broome County Office for Aging
and the New York State Caregiving and Respite Coalition*

♦ Nursing CEs Available ♦

Register by contacting:

Shellie Spinelli at:

MSpinelli@co.broome.ny.us

607.778.2946

For more information on the REST Program, visit

www.restprogram.org