

Building Networks of Support for Caregivers



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools,

is a nationally-recognized interactive two-day Train-the-Trainer course that prepares those who will train respite care workers in their own communities.



2017 REST Training Locations

**Spanish
Language
Materials
available
for Bilingual
Trainers!**

**January 26-27
Schenectady, NY**

**February 16-17
Syracuse, NY**

**February 27-28
Greenvale, NY**

**March 29-30
Worcester, MA**

**April 18-19
Plattsburgh, NY**

**April 26-27
Modesto, CA**

**Master Trainer Course
March 7-8 in Addison, IL**

Register today! <http://restprogram.org/event/>



For Information, Contact



Kelly Fitzgerald, REST Training Development
Manager at kfitzgerald@restprogram.org or
630-397-5658.

Lois Sheaffer, Director of REST at
lsheaffer@restprogram.org or
630-397-5655.

For more information, visit

www.restprogram.org