

Building Networks of Support for Caregivers



Delivering education and support to those offering a break to caregivers.

REST, Respite Education and Support Tools,

is a nationally-recognized interactive two-day Train-the-Trainer course that prepares those who will train respite care workers in their own communities.



2018-2019 REST Training Locations

**Spanish
Language
Materials
available
for Bilingual
Trainers!**

**November 28-29
St. Louis Park, MN**

**January 9-10
Kingston, NY**

**January 23-24
San Antonio, TX**

**Jan 31 & Feb 1
Boynton Beach, FL**

***REST Master Trainer Course
June of 2019***

Register today! <http://restprogram.org/event/>

 **For Information, Contact** 

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For more information, visit

www.restprogram.org